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## **TAKE INITIATIVE!** for tandems of **young people** and **coaches!**

European training course aiming at empowering young people with fewer opportunities and their coaches to set up youth initiatives

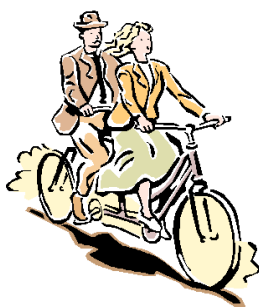
1 – 6 April 2012 in Vienna, Austria

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[www.take-initiative.eu](http://www.take-initiative.eu)

### **BACKGROUND**



Within the 'Youth in Action' programme a group of at least 4 young people can set up a so called youth initiative, a project designed and run by the young people in their own environment and get money to make it happen. If they want they can have a coach to support them in the project and learning process.

This training course is specifically aimed at tandems of a young person and a coach.

Are you a youngster who is willing to turn a crazy idea in a local project? Are you ready to dive into the process of setting up a project designed and run by you? Are you up for meeting other youngsters from all over Europe to learn from each other and share your enthusiasm for your project idea?

Or are you a young person, youth worker or coach who wants to support the learning process in a youth initiative? Are you willing to discover what it means that a youth initiative is a self-directed learning experience and figure out how you can support this process as a coach?

Are you both ready to form a tandem in this training course and learn, laugh, walk and do so much more together?

**Yes?**

**→ Then you are the participants we are looking for!**

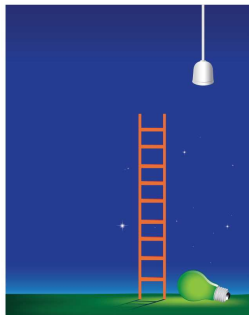
## AIMS OF THE TRAINING COURSE



### The aims of this training are:

1. Inclusion of young people with fewer opportunities in society in general and in this training course in particular.
2. Empowerment of youngsters (with fewer opportunities) to take initiative/action and stimulate their active participation in the local community:
3. Create a safe non formal learning environment
4. Enable the ability of participants to set up projects in their local community by using the Youth in Action Programme
5. Building trust in the tandems of coach and youngster
6. Preparing the coaches for their supporting role
7. Provide basics of project management to enable the tandems to apply for a youth initiative

## APPROACH



### Structured self-directed learning approach:

This means that the trainers set up the safe learning environment and the flow of the training but that the actual content will be highly determined by the learning needs of the participants. These needs will be collected and made visual before the training so they can be incorporated.

### Open Space:

We will have one day for the participants to fill with their needs and offers. The trainers will support the agenda setting process but then it is up to the participants to fill their open space and pursue their learning needs. All information will follow after you are selected.

### Separate sessions for young people and coaches:




To make sure that both the youngsters and the coaches will be able to get the most out of this training we will have parallel sessions. We will reconnect and update in between so the tandems are for sure in this together but also following their own learning path.




### Peer learning

We will put great emphasis on creating connections and learning from each other – we are all full of resources!

### Online preparations

Already 6 weeks before there will be an online forum for the participants available to prepare for 'Take Initiative!'. With this online

	<p>phase we want to start building connections within the group and get an overview of the needs and ideas the participants have for the training so we can put in as much as possible.</p> <p><b>Multi-faceted learning environment</b></p> <p>Fun and effective learning not just needs sessions and sharing but also relaxing, playing, physical exercising, chatting, eating and drinking, having fun, going for a walk, etc. We will together with you create a learning environment where all this will be possible!</p>
<p><b>WORKING LANGUAGE</b></p>	<p>English</p> 
<p><b>PLACE AND DATE</b></p>	<p>April 1 to April 6 in Vienna, Austria</p>
<p><b>PARTICIPANTS</b></p> 	<p>12 tandems of young person and coach (= person who is willing to support the project and learning process. This person does not have to be a professional coach or a youth worker, but can also be a peer) of YIA Program countries</p>
<p><b>PROFILE OF PARTICIPANTS</b></p> 	<p><b>The participants:</b></p> <ul style="list-style-type: none"> <li>• Are willing and able to communicate in basic English</li> <li>• Are tandems of a young person who wants to set up a youth initiative (local project in own environment) and youngsters, youth workers or coaches who want to be a coach for a youth initiative</li> <li>• For the young person: has a first idea for a local project or is willing to develop one at the training</li> <li>• For the coach: is curious about what a youth initiative as a self-directed learning process and coaching as the support for that process means</li> <li>• Are willing to learn, experiment and go for it!</li> </ul>

<p><b>TRAINERS TEAM</b></p>	<ul style="list-style-type: none"> <li>• Julia Kastler, Austria</li> <li>• Ann Daniels, Belgium (Flanders)</li> </ul> 
<p><b>APPLICATION PROCEDURE</b></p> 	<p><b>Interested?</b>  <b>YES, then apply here <a href="http://www.salto-youth.net/mySALTO/applicationonline/842/">http://www.salto-youth.net/mySALTO/applicationonline/842/</a></b>  <b>now or at the latest on the 3rd of February 2012!</b></p> <p>The selection will be done by Interkulturelles Zentrum, the Austrian National Agency (NA) for the Youth in Action programme (and main funder of this training!) together with the other NAs sending participants.</p>
<p><b>MONEY</b></p> 	<p><b>Thanks to the funding through the Youth in Action programme all the hosting costs (board and lodging) will be covered. When you are selected you have to check with your sending NA if 100% or less of the travel costs will be paid for.</b></p>