

# "APPETISER"

AN INTRODUCTION TO INTERNATIONAL YOUTH WORK



## OUTLINE OF THE TRAINING SEMINAR



**SALTO-YOUTH**  
TRAINING AND COOPERATION  
RESOURCE CENTRE

# What is "Appetiser"?

"Appetiser" is a training seminar which aims to get together **youth workers/leaders** from all over Europe, who are not experienced in working internationally, and introduce them the possibility to expand their activity level to, and benefit from, the *international youth*

"I am definitely looking at myself as a more European Citizen linked to so many other citizens and my aim is to deliver this message to the youth I work with. It made me want to have another similar experience. I want to discover more and more!"

*work* field. It promotes the use of **Youth in Action** program and it constitutes an activity favourable to the development of young people's **active citizenship** in general and **European citizenship** in particular. It is build upon the principles of non

formal learning struggles for its promotion and **recognition** (among others, by providing participants with a Youthpass certificate).

## Some history...

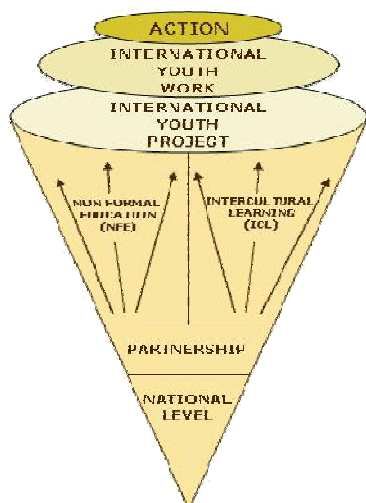
"Appetiser" started as a pilot project in **2004**. It was firstly realized in Malta and since then, **13** more Appetisers were realized in **9 different countries**. In total, **172** participants from **24 countries** have taken part. Until now, **3** *planning and evaluation* meetings have taken place, offering the opportunity to the trainers and the supporting NAs to improve the quality of the seminar towards advanced effectiveness and efficiency. It became a **Network Training**, under the umbrella of **SALTO Training & Cooperation Resource**

**Centre**, in **2007** thus validating its usefulness and the need for maintenance and further development. Its pool of trainers was represented in the annual meeting of **Network Trainings 2007** so that the concept follows all the latest developments in the - international youth work - scene and also for the regulation of specific technicalities (info packs, evaluation system etc.).

Recently, the pool published a **Joint Report 2004 - 2007** which is available at

[www.salto-youth.net/appetiser](http://www.salto-youth.net/appetiser).

I appreciate your effort to provide us best working conditions, food, accommodation and working environment was perfect (maybe too perfect☺). It was nice to know your country's hospitality and culture! Thank



## What's on the menu?

Surprisingly, when ordering an "Appetiser", you get a very delicious *ice cream*! The "ice cream" model helps us to neatly visualize its main "ingredients". The core of the curriculum (middle of the "ice cream") is comprised by the concepts of **non formal education/learning** and **intercultural learning**. Participants' **active involvement** and

**participation** in the learning process, is promoted, encouraged and supported.

"I have learned a lot about the YOUTH program. I didn't know much about it and has been great to go deep in it. Now I know how many opportunities I have to do something related to international youth work."

A full, **3-days program** of activities (plus arrival and departure) ensures adequate acquaintance of participants with international youth work relevant concepts and elements. A special focus is given to the presentation of **good practices**; projects of high quality that have been realized with the support of the **Youth in**

**Action** program. Although it is not a *contact making seminar* and thus partnership building is not part of its anticipated set of outcomes, **a natural space** for the development of cooperation is offered and participants are encouraged to make use of it; and so far, they greatly did! From **2007**, and after the introduction of **Youthpass**, the trainers have taken the necessary measures so that it is smoothly incorporated into the processes and sessions while ensuring its maximum value of doing so.

## Day by day...

A well structured, coherent daily program of activities has been developed after analysis of feedback and utilization of the experience collected so far. A good deal of free, unstructured time is provided, so that participants get to know each other *naturally*, and through these encounters to understand their role and place in the new, **European** reality. The *logical line* goes from participants' experience, to the acquaintance with the tools and means to go *international* and finally to the understanding of the added value that international youth work will offer to their contexts.

"There was a good balance between theory and practice and self-involvement of the participants in the learning process."

I day	II day	III day	IV day	V day	
Arrivals of the participants	Group Building	Intercultural Learning Theory & Practice	<b>"Youth in Action"</b>	Departure of the participants	
	<b>Introduction to</b> The seminar Youth in Action Youthpass		Good practices		
	<b>Lunch</b>				
	Organisations Bazaar	Non-Formal Learning	The value of international youth work		
		Dessert Time			
Welcome evening	Sharing of experiences	Hot Topics	Evaluation of the seminar		
	Dessert time	Dessert time			
<b>Dinner</b>					
Ice Breaking	Intercultural Night	Dinner in town	Farewell party		

## Why "Appetiser"?

- Because **88%** of the participants had the chance for **the first time** in their lives to *experience an international youth project!*
- Because **92%** of the participants *tasted intercultural learning...and they liked it!*
- Because **81%** of the participants profoundly *understood the possibilities offered by the Youth program!*
- Because **67%** of the participants believe that they have adequately *seen examples of quality youth projects supported by the Youth program!*
- Because **89%** of the participants managed, in the short time given, to soundly *imagine how their own youth work practice can benefit from the international context.*



"I think when I return to my home I am going to start to organize activities to make a first contact with the youth of my local community. It's going to be a small but very significant step in order to proceed."

...and because of many other reasons, well justified in the **Joint Report** ([www.salto-youth.net/appetiser](http://www.salto-youth.net/appetiser)).

## Cooked by...

...**Yvor Broer**, from *the Netherlands*, **Monika Kezaite** from *Lithuania*, **Athanasios (Sakis) Krezios** from *Greece* and **Eylem Certel** from *Turkey*. They all maintain a **SALTO TOY** profile, so feel free to go through. They have been running this training seminar **together** since its conception; therefore the accumulated experience sets the basis for the deliverance of high quality programs. The team's **diverse background** ensures pluralism in the approaches...in other words, it's making it *tasty!* Hungry for more?

## Bet you are!

**The trainers' team,**  
Eylem Certel, Monika Kezaite, Sakis Krezios and Yvor Broer