

Program for Training Course
“Social inclusion of young people through volunteering in local communities”
Bitola, Macedonia 10 – 17 April 2011

10th of April 2011 (Sunday) – Arrival day

Day 1	11 th April 2011 (Monday)	Topics	Methods
<i>Morning</i>	Objectives: To introduce participants, partners, team, aims, program and methodology To inform participants about logistic details (accommodation, travel, costs, free time possibilities...) To initiate group dynamic and warm up for learning experience To collect needs and contributions from participants To support participants to create personal learning aims and learning plan for this training course	Introduction to the TC Group building activity Expectations Self – directed learning	Games Presentation Exercise Reflection Small groups work Reflection Presentation Individual work Coaching
<i>Afternoon</i>	Objectives: To introduce participants to concept of social inclusion and create common understanding of the topic To discuss the challenges and perspectives for social inclusion of young people	Social inclusion- concepts, challenges and perspectives	Exercise Reflection Presentation Discussion
	REFLECTION GROUPS Objectives: <i>To reflect on learning needs</i> <i>To share feelings and needs</i>	<i>Reflection Groups (every day, except free afternoon)</i>	
<i>Evening</i>	To welcome the participants and to create space for better knowing each other	Welcome party	

Day 2	12 th of April 2011 (Tuesday)	Topics	Methods
<i>Morning</i>	To share experiences and data among participants on social exclusion in different countries To learn about different perspectives and realities in other countries	Facts & figures of social exclusion of young people within the participating	Exercise Reflection Small groups work Presentation

	To introduce participants with existing policies of social inclusion on national and European level To understand the possibilities for cooperation regarding policy development among participants	countries Policies related to social inclusion within the participating countries and on European level	Exercise Reflection Presentation Discussion
Afternoon	To introduce participants of various approaches, methods for social inclusion on local, national and European level To create understanding among participants how to motivate young people to take individual responsibility To discuss what can young people do on daily basis to contribute to social inclusion in their realities () REFLECTION GROUPS	Different models methods and programs for social inclusion of young people A Europe of shared and social responsibility – the role of young people on individual basis	Exercises Reflection Presentation Small groups work Exercise Reflection Presentation Discussion
Evening	To get to know each other programs and activities	Organizational fair	Fair

Day 3	13 th of April 2011 (Wednesday)	Topics	Methods
<i>Morning</i>	To discuss who are people who volunteer To realize positive impact of volunteering on individuals, groups and society To understand rights and responsibilities of volunteers and organizations	Exploring benefits of volunteering for volunteers, beneficiaries and society	Exercise Reflection Small groups work Presentation
<i>Afternoon</i>	To discuss different benefits of local volunteering To realize how to combine local initiatives with European programs To identify steps in volunteering management To realize importance of quality standards in volunteering activities REFLECTION GROUPS	Volunteering on local level – local volunteer service Steps in effective volunteer management	Exercises Reflection Presentation Small groups work Reflection Presentation

<i>Evening</i>	To give participants opportunity to discover the city life and traditional food	Dinner in Bitola	
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Day 4	14th of April 2011 (Thursday)	Topics	Methods
<i>Morning</i>	To learn how to identify needs, target groups and set up objectives for social inclusion of young people in volunteering initiatives in local communities	Planning volunteering activities	Presentation Small groups work Coaching
<i>Afternoon</i>	To experience reality of volunteering projects To discover host community	Guided tour in Bitola and visit to local volunteering projects	Presentation Small groups work Coaching
<i>Evening</i>	To provide space to learn about each other cultures	Intercultural evening	Theatre play Presentation

Day 5	15th of April 2011 (Friday)	Topics	Methods
<i>Morning</i>	To learn how to motivate and recruit volunteers To learn how to promote volunteering	Motivating and recruiting volunteers	Exercise Presentation Small groups work Coaching Reflection
<i>Afternoon</i>	To raise awareness of importance of adequate preparation of volunteers To identify relation between volunteering and non formal education To understand what is and how to provide adequate task oriented support To understand why it is necessary and hot to provide personal support to volunteers REFLECTION GROUPS	Education and preparation of volunteers Supervising and supporting volunteers	Exercise Presentation Small groups work Coaching Reflection
<i>Evening</i>	To learn from examples of good practices	Movie evening on social inclusion and volunteering	Presentation Movies

Day 6	16th of April 2011 (Saturday)	Topics	Methods
<i>Morning</i>	To learn how to identify, measure and prove results of volunteering To understand importance and how to promote results To learn how to advocate for volunteering	Measuring, evaluating and presenting impact of volunteering	Exercise Presentation Small groups work Coaching Reflection

	To provide participants with opportunity to plan future common projects and activities To introduce participants to different European initiatives and funding possibilities	Possibilities for European cooperation in development of local volunteering programs	Presentation Individual work Small groups work
Afternoon	To provide participants space to reflect on learning process, learning outcomes and new learning objectives To evaluate outcomes of the training course To give certificates and close activity	Reflection on learning process Evaluation Recognition Closure	Presentation Group discussion Exercise Questionnaires Group reflection
Evening		Farewell party	
17th of April 2011 (Sunday) - departure day			