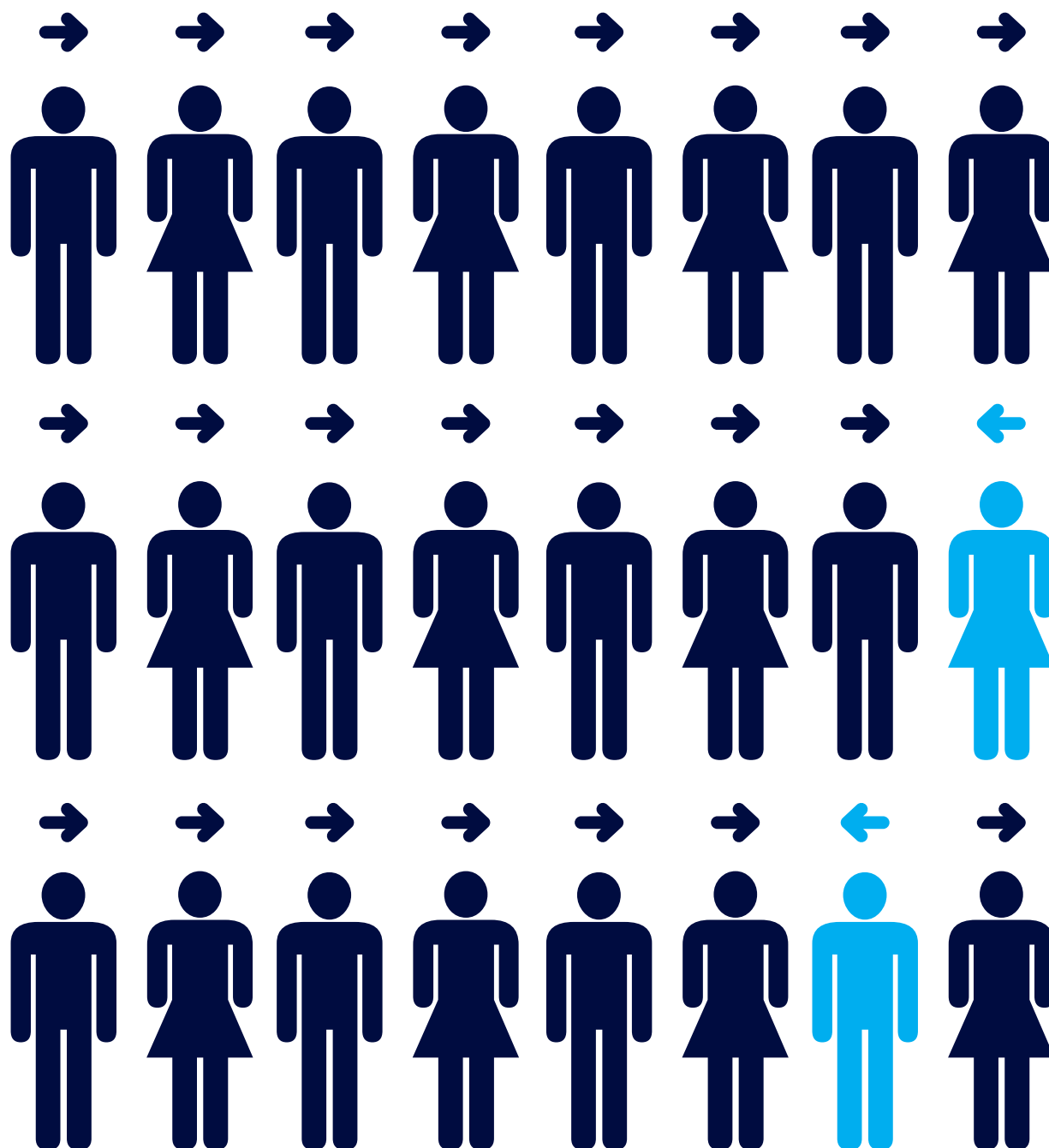


Call for Participants for a Training Course



# youU-Turn

Arrivals: 21 October  
Departures: 28 October  
Estonia

**NEEDING AN ENERGY BOOST?  
FEELING A LACK OF MOTIVATION?  
LOOKING FOR INSPIRATION?  
SEARCHING FOR PEOPLE TO SHARE, LEARN  
AND EXPERIENCE TOGETHER WITH?  
ARE YOU EAGER TO FIND WAYS TO BECOME MORE  
ACTIVE IN LIFE? TO BE ABLE TO REACH, MOTIVATE  
AND INVOLVE OTHERS IN YOUR ACTIONS???**

**IF THESE QUESTIONS HAVE MADE SENSE TO YOU,  
THEN PROBABLY YOU SHOULD JOIN US  
IN THIS CHALLENGING SPACE!!!**



Please Note:

**DEADLINE FOR APPLICATIONS  
MUST STRICTLY BE:  
25 SEPTEMBER, 2010**

Introduction:

We are happy to invite you to apply to join us in an intense learning and sharing experience. During **7 days** a group of **27 young people** coming from 5 different European countries will meet in the beautiful and mystic **Estonia**. You will find there a space for personal development, self- and group exploration. Together we will discover and focus on how we participate in our communities and societies, how to take an active role, what to do to have a wider and deeper impact that would trigger a change for better in our surrounding environment. For all that we will start by asking ourselves questions and seeking for answers about our own inner being! What is it that makes us “move”? How do we make choices? How do we reach and involve others?

During this one week you will be the main actor exploring and discovering! We aim to reenergize and empower ourselves as well as to develop together our competences in order to become the change we want to see in our lives, in our local communities and in our world!!!



### Course Aim & Objectives:

The aim of the training course “yoU-Turn” is to offer you a space where you can explore yourself and the group allowing you to better understand the complexity of interrelations in our societies and, based on these realizations, create your vision and action plan for change.

The objectives outlined below give you an insight to the pedagogical principles and flow of the programme that will be used. In this course you will have time, space and support to:

- reflect on yourself, your surrounding environment and others in terms of interdependency, impact and influence;
- get more motivated, feel inspired and strengthen your confidence to become an active agent of change;
- visualise the change that you desire with an emphasis on its potential impact;
- enhance your skills, knowledge and attitudes necessary for active agents of change, focusing on your own strengths and weaknesses;
- explore possibilities for sharing with, attracting, reaching and involving others;
- create realistic actions planning that will be followed during and after the training course.

### Participants profile:

If yoU are aged **between 18 and 30 years** (with possible exceptions); ...

...are a yoUth worker, yoUth leader, educator...a yoUng person ready for...

...an inspiring and amazing experience...

...willing to bring this experience back home

...to share it with others, and...

...are motivated...

...to become more active in your community...

...we hope you will fill in the application form and send it to us!!!

### Participation Costs and Travel Arrangements:

Travel expenses are reimbursed for 70% of the actual costs made (upon presentation of the relevant receipts) according to the rules and the procedures of the Youth in Action Programme of the European Commission.

You must opt for the cheapest travel possibilities. Food, beds and all other nice surprises will be covered by the organizers!!! There is no participation fee !

### Participating countries and number of participants:

We expect to involve 27 participants from the following countries:

- **Belgium**
- **Estonia**
- **Greece**
- **Portugal**
- **Romania**

### Methodology of the Training Course:

The training course is designed as a set of **mutual learning** situations in which the participants will have the space to experience and reflect upon the diverse experiential exercises and discussions held during the training course. The course will require an **active participation and engagement** on individual and group level. Our methodology is based on non-formal learning methods, experiential learning and a **participatory approach**.

**Language of the Training Course:**

The course will be held in **English**.

**Ready to apply?:**

Fill in the enclosed Application Form and send it by e-mail to [zapanjiti@gmail.com](mailto:zapanjiti@gmail.com)

Make sure it arrives before 25 September, 2010.

Participants will be selected on the basis of their applications and ensuring a balance in terms of gender and participation background. The approved candidates will receive course information packs directly. Please note that the applications sent after the deadline will not be accepted.

**FINALLY, IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE DO NOT HESITATE TO GET IN CONTACT WITH THE PROJECT COORDINATOR TEVE @ OUR E-MAIL [ZAPANJITI@GMAIL.COM](mailto:ZAPANJITI@GMAIL.COM) OR HER ESTONIAN MOBILE NUMBER +372 55 674 798.**



**SO, IF YOU GOT INSPIRED TO ACTIVELY TAKE PART  
AND PARTICIPATE IN THE TRAINING COURSE,**

**PLEASE FILL IN THE ATTACHED  
APPLICATION FORM, AND SEND IT TO US!**

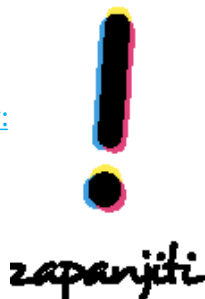
**THE DEADLINE TO RECEIVE APPLICATIONS  
IS THE LATEST **25 SEPTEMBER, 2010**.**



**youU-Turn**

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NGO ESTONIAN VILLAGE  
MOVEMENT KODUKANT  
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Concept by:



Education and Culture DG

'Youth in Action' Programme