

TRAINING FOR TRAINERS

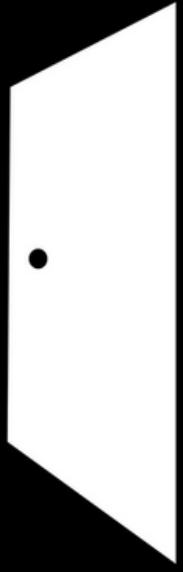
Participatory Learning through Arts for Youth | IMMERSION LAB

CALL FOR PARTNERS

23rd of February - 3rd of March 2027
Ribes de Fraser (Girona), Spain

Co-funded by the European Union

INTERNATIONAL NETWORK FOR CULTURE AND ARTS
inca catalunya



IMMERSION LAB

BACKGROUND

IIMMERSION LAB is a practical and creative training for trainers, youth workers, educators, artists and theatre-makers who want to explore new ways of using performing arts in their work.
Through theatre, movement and interactive activities, participants discover tools to encourage creativity, inclusion and social connection.
The course combines hands-on experimentation with opportunities to develop skills in designing and facilitating creative processes with groups.
By sharing ideas, exploring different approaches and creating together, participants gain new tools to engage people, strengthen communities and bring artistic practices into educational and social settings.

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ABOUT INCA

INCA Catalunya is an organization dedicated to utilizing performing arts to benefit the community through immersive and participatory strategies. It promotes youth development and educational initiatives via a variety of programs, emphasizing international collaboration and community empowerment. By providing access to the arts and opportunities for cultural exchange, skill development, and audience engagement, INCA Catalunya seeks to enhance learning experiences. Its innovative projects aim to foster vibrant, inclusive communities that thrive on creativity and collaboration.

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OBJECTIVES

1. Develop practical skills in theatre, movement, clowning and interactive methods for creative and participatory learning.

2. Strengthen facilitation skills to design and lead engaging activities using space, the environment and group dynamics.

3. Foster collaboration and inclusion through shared artistic experiences that build trust, creativity and group cohesion.

4. Apply and adapt performing arts methods to engage young people and support learning, social connection and community participation.

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PARTNERS' PROFILE

We are looking for organisations with a valid OID working in youth work, arts, education or community development, and interested in using creative methods in non-formal education.

Partner organisations should:

- Have a valid OID and be eligible for Erasmus+ training activities.
- Work with youth workers, educators, trainers, artists or performers.
- Engage regularly with young people or local communities.
- Be interested in theatre, movement, immersive practices and participatory methods.
- Want to strengthen their staff's skills and share creative tools with others.
- Be willing to support participants before and after the training and share the learning outcomes locally.

We welcome applications from: youth organisations and NGOs, theatre and dance companies, cultural centres, educational institutions, training providers and organisations promoting social inclusion through the arts.

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What partners will benefit from?

By joining this training course, partner organisations will:

- strengthen their staff's skills in immersive and interactive theatre.
- Gain practical tools to create engaging and participatory learning experiences.
- Build international partnerships in arts and youth work.
- Develop their capacity to design innovative educational projects.



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PARTICIPANT'S PROFILE

The training is open to youth workers, educators, trainers, and young artists—including dancers, actors, performers, and creators of theatre or dance.
Participants must belong to an organisation with an OID.
This course is designed for professionals interested in developing their capacity to train others in immersive and interactive theatrical methods, and in integrating creative approaches into educational and community settings.

METHODOLOGY

Through a series of workshops and training sessions, participants will explore creative and interactive facilitation methods using the body, space and movement.
The course includes work on interactivity, body expression, improvisation, humor, and rhythm, equipping trainers with tools to guide playful and expressive group processes.
A key component is site-specific theatre, focusing on how different environments can shape and enhance storytelling, participation, and group learning.

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ACTIVITY SPACE

Participants will be hosted at “La Cremallera”: a peaceful, remote artistic center located in Ribes de Freser (Girona).
www.lacremallera.art
The venue offers 6 apartments with bathrooms (you will share rooms and bathrooms), a working room, a common room and a serene, wooded area ideal for outdoor activities and exploration.
Food will be provided at the venue from our cook.
Food will be Vegetarian. We will ask you for special needs during the selection phase.
Surrounded by nature, the location provides an ideal environment for participants to fully immerse themselves in an enriching intercultural experience.



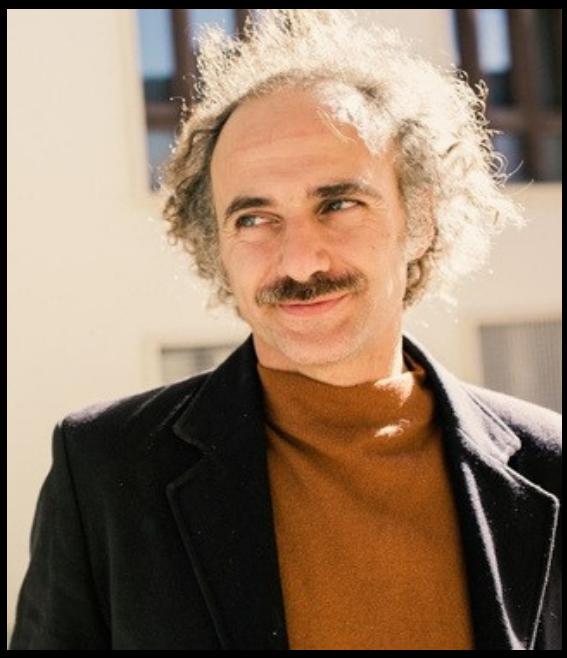




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Stefano D'Argenio

began as a self-taught circus and street theatre artist in southern Italy, later exploring theatre, clowning and visual arts. Now based in Catalonia, he blends these disciplines in artistic and educational projects, using performing arts to question everyday life and bigger issues. The approach is handmade, crafting each piece with care and its own unique identity. www.teatrodargenio.com



Emanuele Nargi

holds an MA in Performance Making and has dedicated his professional life to the arts and education, with a background in movement and physical theatre. As a trainer, he consistently engages at the intersection of theatre and participation, bringing a unique blend of creativity to his work. Discover more about Emanuele at emanuelenargi.com

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FINANCIAL RULES

Travel, board and lodging expenses are covered by the European fund. Regarding the travel: the ~~expenses will be reimb~~ursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ (distance calculator) and according to the rules of the ERASMUS+. The project dates are 23rd of February - 3rd of March (travel days included). To get reimbursed, you need to send us, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).
GREEN TRAVEL IS NOT CONSIDERED.

Costs and Funding

The course is funded through the Erasmus+ program, thanks to the accreditation of INCA Catalunya. The costs of participation, accommodation, meals, and materials are covered for all selected participants. However, places are limited, and selection will be based on motivation and experience. There is a fee of 70 €.

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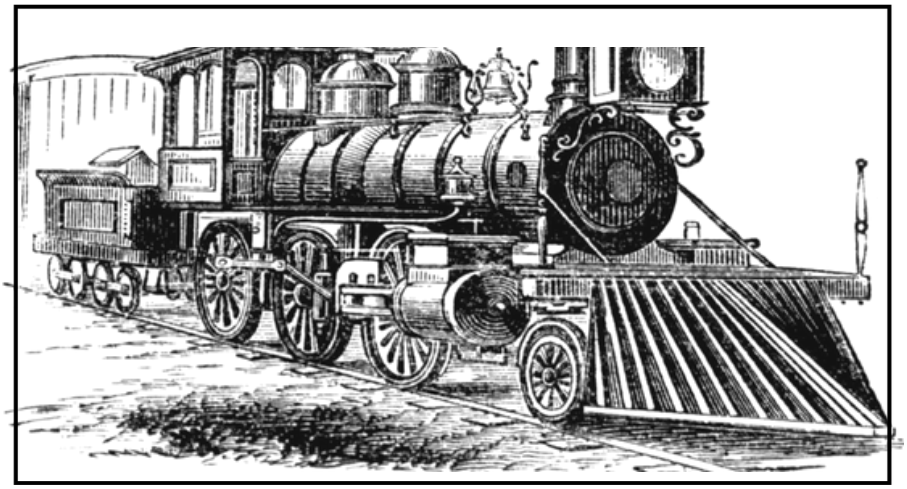
HOW TO REACH THE VENUE



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IMPORTANT

Option 1
YOU HAVE TO LAND IN BARCELONA IN THE MORNING (THE LATEST AT 2PM) Otherwise you will miss THE TRAIN CONNECTIONS.
From the Airport:
Take the RENFE train (R2 line) from El Prat airport (direction: Sant Celoni) and get off at Sants station.
Here take the train R3 Line and get off at Ribes de Freser.
The trip will take approximately 3.30 hours from the airport.
Option 2
Fly to Girona: take the coach L28 to Vic and after the train L3 line and get off at Ribes de Freser. Duration approx. 2.30h.



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DISCLAIMERS



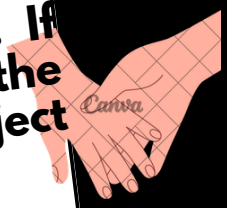
Bring a ***notebook***

Activities will be done without shoes



Opt-out of work. Focus on the process. Enjoy the moment.

Some of the activities involve physical contact in the respect of the participants, specifically during the energisers, team building, physical theatre and dance. If functional physical contact during the activities is not accepted, this project might not be right for you :)





COMFY CLOTHES: you'll need comfortable clothes for physical activities (no heels, no skirts, etc.)

Feel free to bring a musical instrument, if you have one ;)

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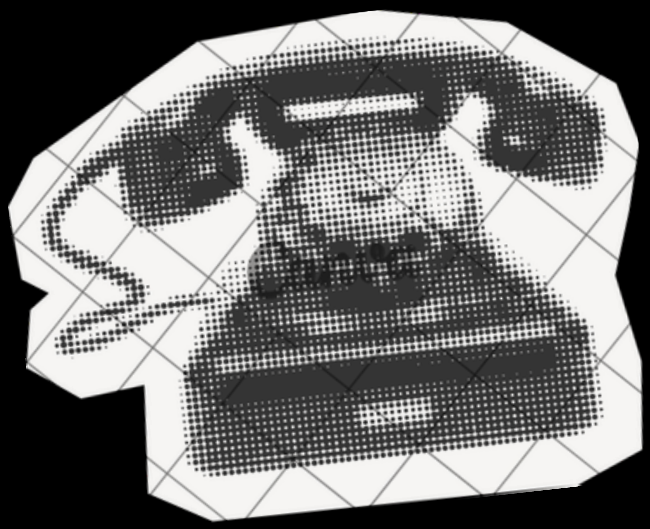
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CONTACTS

For any question, please, don't hesitate to contact us:

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