



ERASMUS+ · KA153
TRAINING COURSE

SHOCKING! You won't believe this...

~~My vote doesn't matter.~~

Share before it gets deleted!!!

Source: a WhatsApp group

~~Politics isn't my thing.~~

100% TRUE

~~I don't care.~~

~~They're all the same.~~

Click here for the truth

CIVIC APATHY × DISINFORMATION

Between noise and silence, we build **a bridge.**

B.R.I.D.G.E. – an Erasmus+ training course for youth workers who want to bring young people back into democratic life and help them spot fake news.

Iași, Romania · 9-19 November 2026

RO

AT

TR

IT

RS

BG

UA

28 youth workers · 7 countries



Funded by
the European Union

ABOUT US

ASOCIATIA TINERILOR IESENI

Our main activities focus on: identifying and developing the skills of young people; organizing cultural, sports & environmental events; improving the level of cooperation and communication among young people; promoting civic spirit; supporting and promoting the interests of young people to local authorities; social integration, awareness and acceptance of diversity;

The objectives we pursue to achieve long-term respond to the following priorities:

1. **NONFORMAL EDUCATION:** Improving the offer of nonformal education in local community. Direction of action: expansion of volunteering activities initiated by NGOs and their youth.

2. **PARTICIPATION AND VOLUNTEERING:** Increasing the degree of participation of young people in community life, in all its aspects: social, educational, cultural, economic, health



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THE IDEA

BEHIND THIS ERASMUS+ PROJECT:

More and more young Europeans are turning away from democratic life. Many feel ignored by institutions and get their news from social media, where fake news spreads quickly. Youth organisations could help change this, but they often lack engaging methods to tackle civic apathy and disinformation.

B.R.I.D.G.E. will train 28 youth workers from 7 countries in non-formal methods for civic education and spotting fake news. Back home, they will run at least 25 workshops for 250+ young people and produce an open Best Practice Guide. The result will be a network of stronger youth organisations



MORE ABOUT THE PROJECT

#PARTICIPATION, #FAKENEWS, #DISINFORMATION, #SOCIALMEDIA ARE PRIORITIES... BUT FIRST, THE BIG PICTURE:

The objectives of the project are:

- O1. Professional competence development: training 28 youth workers from 7 European countries during the mobility in Iași.
- O2. Local civic activation: organising at least 25 local workshops on civic and democratic engagement for at least 250 young people.
- O3. Creation of sustainable educational resources: developing a Best Practice Guide and sharing it with at least 40 youth institutions across Europe.
- O4. Strengthening institutional capacity: strengthening the resilience of at least 7 organisations by the end of the project.

This experience will be about non-formal learning. This means that the activities are adapted to your experience, motivation and needs. During local preparations, the mobility and follow-up / dissemination part, non-formal education methods and methodologies will assure balance between theory and practice - examples: group works, workshops, games, role play, games, dances, pitches.

All participants will receive YouthPass certificates after project involvement.

GROUP REQUIREMENTS FOR EACH COUNTRY



- **4 YOUTH WORKERS AGED 18-25** (AT LEAST 2 WITH FEWER OPPORTUNITIES)
- PLEASE RESPECT **GENDER BALANCE** PRINCIPLE IN SELECTION
- **PROFILE:** ACTIVE IN YOUTH WORK, MEMBERS OF SENDING ENTITY, USING NON-FORMAL METHODS, PREVIOUS VOLUNTEERING EXPERIENCE, ABILITY TO FACILITATE/HOLD WORKSHOPS
- **ACTIVE CONTRIBUTION:** BEFORE, DURING & AFTER MOBILITY
- **SPECIFIC TASKS:** ATTEND ONLINE MEETINGS BEFORE MOBILITY, CONTRIBUTE TO TRAINING DURING MOBILITY, ORGANIZE 1 LOCAL WORKSHOP FOR 10 YOUNG PEOPLE ABOUT PROJECT TOPIC., CREATE SOCIAL MEDIA POSTS, CONTRIBUTE TO THE GUIDE



*SENDING NGOS SHOULD FIND MORE PARTICIPANTS INTERESTED IN PARTICIPATING. IN CASE SOMEONE CAN NO LONGER PARTICIPATE, WE WILL HAVE A LIST OF PARTICIPANTS ON HOLD

PARTNER ORGANISATIONS

COUNTRY	NGO	CONTACT
BULGARIA	GREEN FOXX	GREENFOXX.NGO@GMAIL.COM
AUSTRIA	SPARKLE AUSTRIA	SPARKLE.NGO.AUT@GMAIL.COM
TURKIYE	BURUCIYE GENCLIK VE EGITIM DERNEGI	ADEMDEMIR@CUMHURIYET.EDU.TR
ITALY	IL SENTIERO ODV	ANTONIOLUCASCIOTTO@GMAIL.COM
UKRAINE	NGO "LIVING LIBRARY"	NIKITINA.GALYNA@GMAIL.COM
SERBIA	IDEJNET KLUB	SLOBODAN.IDEJNET@GMAIL.COM
ROMANIA	ASOCIATIA TINERILOR IESeni	EUINCLUDESU@GMAIL.COM



WHAT TASKS WE HAVE TO ACHIEVE TOGETHER?



- SIGN LEARNING AGREEMENT (WITH RULES OF BEHAVING, RULES ABOUT NO ALCOHOL OR DRUGS OR BAD ATTITUDES, RESPECTING THE LOCAL LAW, NOT DESTROYING HOTEL, ETC) + OTHER DOCUMENTS SUCH AS GDPR, IMAGE CONSENT, ETC.
- ATTEND LOCAL MEETINGS (ONLINE OR OFFLINE) TO PREPARE LOGISTICALLY, CULTURALLY, LINGUISTICALLY IF NEEDED WITH THE SENDING NGO
- ATTEND ONLINE MEETING BEFORE MOBILITY ABOUT PROJECT TOPIC FUNDAMENTALS (AND EVERYBODY CAN CONTRIBUTE)
- MAKE AN INTRODUCTORY COMMENT ABOUT YOURSELF ON THE FACEBOOK PROJECT GROUP - PASSIONS, MOTIVATION, EXPECTATIONS
- RESEARCH SITUATION IN YOUR COUNTRY WITH YOUR TEAM - MAKE A POST ABOUT: CIVIC APATHY IN YOUR OWN COMMUNITY AND COLLECT EXAMPLES OF FAKE NEWS FROM HOME
- SHARE WITH US WHAT WOULD BE HELPFUL FOR YOU TO BUY FOR THE PROJECT (MAYBE AGENDA, MAYBE A BACKPACK, PERSONALISED MUG/BOWL/CUTLERY, ETC.)
- CONTRIBUTE TO ALL MOBILITY ACTIVITIES WITH FULL ENGAGEMENT AND PARTICIPATION
- PROVIDE ALL DOCUMENTS REQUIRED FOR REIMBURSEMENT OF TRANSPORT
- **EACH PERSON ORGANIZES A WORKSHOP WITH 10 YOUTHS BACK HOME**
- **POST A TESTIMONIAL ONLINE ABOUT MOBILITY EXPERIENCE & YOUR HOME WORKSHOP**
- **CONTRIBUTE TO CREATING A BEST PRACTICES GUIDE FOR PROJECT OUTPUT**
- COMPLETE SURVEYS OR EVALUATION FORMS REGULARLY (FORMAL / INFORMAL)
- **MAKE A DISSEMINATION EVENT BACK HOME WITH 25 PEOPLE TO SHARE PROJECT GUIDE - PEOPLE SHOULD BE FROM AT LEAST 5 INSTITUTIONS/ORGANISATIONS**
- STAY IN TOUCH WITH THE PEOPLE MET IN THE MOBILITY... AND BUILD A COMMUNITY

ABOUT THE MOBILITY IN IASI, ROMANIA



ARRIVAL DATE IN IASI: 09.11.2026
DEPARTURE DATE FROM IASI: 19.11.2026

The mobility is planned to take place in Tudor Vladimirescu students campus, very close to the business center of Iași, Romania - the 2nd city in the country as population size, after Bucharest, the capital. Iași (pronounced Iashi) is very important due to its many prestigious schools, universities and companies which came and invested locally (Amazon, AMD, Continental, BitDefender, etc.). It has an important place in Romanian history and culture, which you will discover in our Facebook group with preparatory posts and here when you arrive. We will have access to conference room, outside fields, local food providers and a shopping mall.



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**Iulius
Mall
Iasi**




we meet there

All participants will have double, decent and comfortable rooms with bathroom + fridges - students dormitory level of quality. There will be: WI-FI (RO is good at this), big meeting rooms, huge shopping mall / markets right near, outdoor fields and 24/7 security in the campus.

COSTS? NO.



This project (and its activities) is implemented with financial support from the European Commission, within the Erasmus+ Programme. For the mobility & its activities: hotel, food, travel and activities costs are covered by project budget. No participation fee from organizers will be perceived, but please respect what you receive and be involved in all phases.



FOOD: Each participant will receive a daily budget for food and will decide for himself/herself what and where will eat that day OR if this solution will not be possible, we will arrange catering food at the mobility location.



TRAVEL: Each person with sending NGOs will establish an itinerary and will explore the most economical **green travel option (car, van, bus, train, bike)**. **Final decision and reimbursement payment belong to ORGANIZERS.** If approved, travel costs will be paid by ATI host NGO after all necessary documents are provided.



ACCOMMODATION: For mobility, accommodation will be assured to the group travelling to Romania (youths, leader). Check weather before coming, so you take clothes accordingly.



No special visa is required for EU citizens, participants will need only to have valid ID - you should double-check with organizers the suitable solutions.

LEGAL DOCUMENTS: Various legal documents will be provided for completing before start of/during mobility (GDPR, image consent, participation table, learning/parents agreement).

TRAVEL COSTS

This Training Course project is implemented with financial support from the European Commission, within the Erasmus+ Programme. Hotel, food, travel, as well as activities costs will be covered from the project budget. You can stay some days more before or after the project for better transportation costs (still reimbursed), but you will cover extra staying costs, according to rules.

For travel arrangements, the procedure is the following: each participant has a transportation budget limit and will contact the sending NGO. Together, you will establish a travel itinerary in a shared Excel document. This itinerary will be sent to us for approval before buying any ticket (euincludesu@gmail.com). For approval, choose the cheapest ways of transportation (economy class), **especially GREEN where mentioned (car, van, bus, train, bike)**, planes if not. Travel expenses will be reimbursed (but not more than the budget allocated) after collecting all travel documents: invoices, e-tickets, proof of payments (bank extras / receipt), original boarding passes (planes) + after all project tasks are completed (detailed in a learning protocol). For planes, try to have online CHECK-IN (so you don't have to send by post the boarding passes after mobility). **RECOMMENDED AIRPORTS: Iasi, Suceava, Bacau, Bucharest (OTOPENI).** If you can not make it green, then budget is reduced. For green travel, accommodation on the road is REIMBURSED!

COUNTRY	BUDGET	GREEN TRAVEL?
AUSTRIA, BULGARIA, ITALY	417E / PERS.	YES
SERBIA, TURKIYE	417E / PERS.	YES
UKRAINE	417E / PERS.	YES
ROMANIA	56E / PERS. (10-99KM) DISTANCE	YES

Reimbursement will be done in EURO, by bank transfer, regardless of the currency indicated on your documents. We will calculate your travel costs according to the exchange rates from official European Commission web site, at purchase day: https://ec.europa.eu/info/funding-tenders/procedures-guidelines-tenders/information-contractors-and-beneficiaries/exchange-rate-infoeuro_en

Please keep copies (scans/pictures) of your documents before coming to Romania. You can not buy any travel ticket without authorization from the hosting NGO. In case of exceeding the maximum allowed budget per person, the refund will be made only with the maximum budget allocated (established by the E+ programme, not by us). If economies will be made from transportation, the funds will be reallocated to improve the quality of your stay & activities in the project. Helping video with required documents for reimbursement from our partner: <https://youtu.be/ZiiJfvNwMoE>

No visa is required for EU citizens, participants will need only to have valid ID. For outside EU citizens, please find most suitable solution to attain visa - contact organizers.

For Turkish citizens, VISA can be reimbursed (budget was requested for this).

MORE INFORMATION

HEALTH & TRAVEL INSURANCE

You should have the European Health Card or buy a travel insurance, for your safety (reimbursed). In the project, we will wave a local treasure hunt to explore key points in the city, depending on the need you might have. Make sure you pack your medicine (if needed) and provide information about any health or diet condition in the registration form.



RULES



You are expected to participate fully in all activities. Language used: English. Unauthorized absence from activities and workshops won't be allowed. You will sign a learning protocol before project. We would really appreciate your energy and active participation. Smoking is prohibited inside of the building. COVID protocol will be followed, if pandemic context gets worse. Social inclusion is a MUST - all participants, no matter what background, can be part of mobility. Activities schedule will be posted on the Facebook group. Bring student cards. Emergency number: 112. Exchange rate: 1 EURO = around 5,3 RON (local currency).

CULTURAL NIGHTS

Don't forget to bring some traditional foods and drinks for the intercultural evenings. We will have one cultural night per country, where you can present flags, games, traditions, stories, videos, dances, souvenirs, but in a creative way (try to avoid the usual PowerPoints). Also, prepare energizers to present to the others. Bring reusable cup/mug/bottle.



OFFICIAL PROJECT HASHTAG: #BRIDGETC - PLEASE USE! :)

CONTACT

THE HOST NGO DETAILS



asociatia_tinerilor_ieseni@yahoo.com
euincludesu@gmail.com



Google Form:
forms.gle/hoL5skUmifLqEYUq7



facebook.com/asociatia.tinerilor.ieseni
instagram.com/asociatia.tinerilor.ieseni

Facebook group:
facebook.com/groups/bridgetc

***fill form & join group only after you are selected by your sending NGO**

Coming soon



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Enjoy