

	20.11.2026.	21.11.2026.	22.11.2026.	23.11.2026.	24.11.2026.	25.11.2026.	26.11.2026.	27.11.2026.
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
8:00 – 9:30	A R R I V A L	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:30 – 11:00		Triving through connections: creating our safe learning community	SEL workshops: Exploring inner compas of identity- strengths, values, dreams Emotional literacy and vulnerability	SEL workshops: Stress-management and coping styles	SEL Workshops: Social awareness and management- Supportive relationships Empathy and conflict management	From ideas to actions: Youth participations starter Why and how?	From ideas to actions: presentations	D E P A R T U R E
11:00 – 11:30								
Coffee Break								
11:30 – 13:00								
13:00 – 14:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:30 – 16:00		Synergy of SEL and NFE European Youth Goal 5 and Positive mental health TC approach and emotional intelligence model	SEL Workshops: Dear Fear Greatfulness and science of happiness	Active SELF) self	Social awarneesess and management: Team work, collaborative problem solving, leadership	From ideas to actions: Youth participations local actions designing teams	3 level reflection Evaluation of the training course Youthpass ceremony	
16.00 – 16:30								
Coffee break								
16:30 – 18:00	Welcome evening. Alphabet of us. <i>*Starting time of this session will be agreed with participants, based on the arrival times.</i>							
19:00 – 20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:30		INTERCULTURAL EVENING						