

# TALENT PUSH



7  
COUNTRIES



21  
YOUTH  
WORKERS



6  
DAYS

GERMANY • PORTUGAL • NORTH MACEDONIA •  
SERBIA • GREECE • TÜRKIYE • GEORGIA

# VERTICAL VOICES

Digital Storytelling Tools  
for Youth Workers

## INFOPACK

EVERYTHING  
YOU NEED BEFORE  
YOU TRAVEL



12 to 19  
November 2026

Berlin, Germany

**KA153-YOU**

Mobility of youth workers

PROJECT CODE KA153-YOU-1FE7EC5F



Co-funded by  
the European Union



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## FOUR DATES TO PUT IN YOUR CALENDAR

|                          |                                                                             |
|--------------------------|-----------------------------------------------------------------------------|
| <b>15 SEPTEMBER 2026</b> | Tell us if you need a visa or an invitation letter — earlier is better      |
| <b>12 OCTOBER 2026</b>   | Deadline for us to confirm your travel itinerary — before you book anything |
| <b>12 NOVEMBER 2026</b>  | Arrival day. Check-in from 15:00, please arrive by 18:00                    |
| <b>19 NOVEMBER 2026</b>  | Departure after breakfast                                                   |

This pack covers everything from what the training is about to which bus stops at the gate. Sections 09 to 12 are the ones to read before you book a ticket — travel is reimbursed only up to a ceiling, and only if you confirm your itinerary with us first.

Questions about anything in here: [michal@talentpush.org](mailto:michal@talentpush.org)

# ABOUT THE PROJECT

**Vertical Voices – Digital Storytelling Tools for Youth Workers** is an international Erasmus+ Training Course for youth workers, educators, trainers and facilitators who want to work with the format young people actually use.

**What happens when we give young people the tools to tell their own story – on the screen they already hold?**

Young people build identity, argue, joke, organise and grieve in short vertical video. Most youth work still meets them somewhere else. Usually not out of unwillingness, but because nobody ever handed youth workers a method: how to get from a young person's raw idea to a finished story, how to film it with nothing but a phone, and how to do all of that without exposing someone who did not fully understand what they were agreeing to.

During the week we work through the whole process in the order you would use it with a group: finding the story, shaping it into a script, filming it, editing it, and then deciding – deliberately – whether it gets published at all. This is Talent Push's **Find Your Voice & Tell Your Story** method, adapted for a vertical screen and for groups working with no budget and no equipment beyond what is already in their pockets.

The ethical side is not an afterthought at the end of the manual. Alongside the making, we work on consent, privacy, image rights, what happens when a story is also about someone else, and what to do when a young person wants to post something they may regret in two years. These are treated as facilitation skills you practise, not paragraphs you sign.

And no – this is not a week of watching someone else edit. Expect to film, cut, mess up, re-record, present, receive feedback, run a short session yourself, and probably argue productively about whether a story needs music.

The aim is not to turn you into a video producer. It is to leave with a method you can run on a Tuesday afternoon with six young people and five phones.

## MAIN THEMES

- Vertical storytelling as a youth work method
- Find Your Voice & Tell Your Story
- From idea to script to storyboard
- Filming with phones and low-cost tools
- Editing and clarity of message
- Consent, privacy and responsible publishing
- Digital and media literacy
- Inclusive and trauma-aware facilitation
- Micro-facilitation and peer feedback
- Turning the week into local practice at home

By the end of the week you will have made at least one finished vertical story of your own – found, scripted, filmed and edited – and watched twenty others being made. You do not need to be a filmmaker, an editor or a content creator. You need curiosity, a charged phone and a willingness to experiment.

# AIMS & OBJECTIVES

Every training says it builds competences. Here is what we actually mean by it.

## 01 Build real digital storytelling competence

Story discovery, scripting, storyboarding, filming, sound, editing and publishing — practised end to end, with your own hands, on your own device. You leave having made things, not having seen slides about making things.

## 02 Make the method usable on Monday

Every block is designed backwards from a real youth work session. You adapt each method for one specific group you work with, and you test it on colleagues before you test it on young people.

## 03 Strengthen ethics, consent and safe digital practice

Informed consent, privacy, image rights, safeguarding and responsible publishing — including the harder cases: stories about third parties, minors, conflict, and content a young person may want removed later.

### THE OVERALL AIM

To close the gap between how young people communicate and what youth workers are equipped to do with it — so that digital self-expression becomes an educational, inclusive and safe part of everyday youth work rather than something that happens to young people unsupervised.

### WHAT YOU LEAVE WITH

- At least one finished vertical story of your own
- A script and storyboard template you can reuse with a group
- A session plan for one method, adapted to your own young people

## 04 Increase participation and self-expression

Especially for young people with fewer opportunities. The method is deliberately low-threshold, so it works in rural areas, in under-resourced organisations, and with young people who would never call themselves creative.

## 05 Build a European network through peer learning

Twenty-one youth workers from seven countries, one group agreement, and a week of doing rather than presenting. Peer learning is not the coffee break here. It is the method.

## 06 Take it home

Every participant leaves with a concrete implementation plan — which method, which group, when — and runs at least one local activity within three to six months. Dissemination is part of the deal, not homework.

### YOUTHPASS

Every participant receives a Youthpass certificate recognising the competences developed during the training. The programme is built on the ETS Competence Model and the Youthpass key competences. You start with a baseline self-assessment on Day 1 and work on the certificate through the week — not in a rush on the last morning.

- A consent and publishing checklist you can actually hand out
- An implementation plan with a date on it
- A Youthpass certificate and twenty colleagues in seven countries

# SHORT OVERVIEW

## KEY FACTS

|                     |                                                                      |
|---------------------|----------------------------------------------------------------------|
| PROJECT             | Vertical Voices: Digital Storytelling Tools for Youth Workers        |
| PROGRAMME           | Erasmus+ · KA153 Mobility of Youth Workers                           |
| PROJECT CODE        | KA153-YOU-1FE7EC5F                                                   |
| NATIONAL AGENCY     | JUGEND für Europa (DE04)                                             |
| DATES               | 12–19 November 2026                                                  |
| DURATION            | 6 programme days + 2 travel days                                     |
| VENUE               | Zeltlagerplatz Heiligensee – Gruppenhaus, Berlin, Germany            |
| WORKING LANGUAGE    | English                                                              |
| COUNTRIES           | Germany, Portugal, North Macedonia, Serbia, Greece, Türkiye, Georgia |
| PARTICIPANTS        | 21 youth workers — three from each partner organisation              |
| TRAINING TEAM       | 5 people (3 facilitators + 2 support staff) — total group of 26      |
| AGE                 | 18+, typically 22–55                                                 |
| FEWER OPPORTUNITIES | 7 dedicated places                                                   |
| PARTICIPATION FEE   | None                                                                 |
| RECOGNITION         | Youthpass certificate                                                |
| FRAMEWORK           | ETS Competence Model & Youthpass key competences                     |
| EQUIPMENT           | Your own smartphone. That is genuinely the whole kit list.           |

### This training is for people who...

- are active in youth work, education, training, mentoring or non-formal learning;
- work directly with young people or communities;
- want to use video, storytelling and digital tools in an educational and ethical way;
- want practical methods you can bring back to your own work;
- are open to experimenting, being on camera and learning from an international group;
- are willing to take an active part in the whole training and its follow-up.

### You do not need to...

- be a filmmaker or a content creator;
- own a camera, a microphone or a gimbal;
- know any editing software;
- have an audience, a following or a channel;
- have any previous video experience at all.

#### Curiosity beats experience here.

Come ready to participate, create, share, watch each other's work and try things that may be new to you — and return home with a method you can actually use with young people.

# WHO IS BEHIND IT

## TALENT PUSH E.V. – COORDINATOR

Talent Push e.V. is a Berlin-based youth education and storytelling organisation. We design and deliver non-formal learning programmes where young people – and the youth workers who support them – build self-empowerment, communication and literacy skills through structured storytelling.

Our flagship method, **Find Your Voice & Tell Your Story**, helps participants discover authentic personal narratives and turn them into clear story structures and scripts. It builds confidence and voice in a safe, supported process, and it strengthens the soft skills that are hardest to teach directly: self-expression, empathy, resilience, boundary-setting and peer connection. In our workshops, the outcome participants name most often is that they became less afraid to speak up, express what they feel, and say no.

Alongside storytelling, our work draws on mindfulness, mental health and emotional literacy, life coaching, and non-formal education. Our trainings use learning by doing, guided reflection and documentation so that learning actually transfers into daily practice, with structured check-ins and reflection circles that build emotional literacy and help prevent burnout – so youth workers can hold space for young people ethically and confidently.

[www.talentpush.org](http://www.talentpush.org)

## HOW SELECTION WORKS

- 01** A shared call for participants goes out through all seven partners, in English and in local translations.
- 02** You complete an application and motivation form covering your youth work experience, your motivation, one real youth group you work with, and one local activity you plan to run after the training.
- 03** Your own national partner reviews applications, holds a short interview and scores candidates against a shared assessment grid. Each partner nominates three participants plus two reserves.
- 04** Final selection is agreed online between the coordinator and all partners, balancing country, gender, experience and fewer-opportunity places.

## THE PARTNERSHIP

Vertical Voices is a cooperation between seven organisations working in youth, education and non-formal learning across Europe and the neighbouring region.

### GERMANY

#### Talent Push e.V.

Berlin · Coordinator · [talentpush.org](http://talentpush.org)

### PORTUGAL

#### EduMansha

Lisbon · Digital inclusion, entrepreneurship and participation · [edumansha.eu](http://edumansha.eu)

### NORTH MACEDONIA

#### BRANCH Kavadarci

Kavadarci · Non-formal education, intercultural dialogue, youth wellbeing

### SERBIA

#### Dečiji centar

Zaječar · Inclusive youth work and media culture · [decijicentar.org.rs](http://decijicentar.org.rs)

### GREECE

#### REALISE

Kozani · Social inclusion, empowerment, cyber safety · [realisegr.com](http://realisegr.com)

### TÜRKİYE

#### KARAVAN

Samsun · Digital transformation, gamification, youth mental health · [karavan.org.tr](http://karavan.org.tr)

### GEORGIA

#### Kazbegi Youth Hub

Kazbegi · Outreach to young people in geographically isolated areas

Each partner organisation selects three participants – from their own staff, volunteers, or from local cooperating organisations. Total group: 21 participants plus a five-person training team.

Each sending organisation designates a mentor or contact person to support its participants before, during and after the training.

# PROGRAMME

## THE LEARNING ARC

- 01 Getting comfortable with the group and mapping our real practice
- 02 Finding the story and shaping it into a script
- 03 Making it — filming and editing with phones
- 04 Facilitating it, adapting it and taking it home

### This is not a spectator sport.

Every day combines input, hands-on practice, reflection and transfer planning. Expect small mixed-country groups, rotating roles — facilitator, writer, camera, editor — peer feedback circles, and a short session that you run yourself.

You decide what parts of your own story you bring into the room, and you decide what happens to anything you film. The detailed timetable may still move a little depending on the group, energy and learning process — because good non-formal education is alive, not carved into stone.

## DAY BY DAY

### 12 NOV ARRIVAL

- AFTERNOON Arrival & check-in from 15:00
- EVENING Dinner · Informal welcome · Getting settled

### 13 NOV DAY 1

- MORNING **Hello, Humans!** Getting to know each other · Team building · Group agreement, consent and safe participation · Baseline self-assessment and learning goals
- AFTERNOON **Our Practice, Honestly.** Youth work realities and needs mapping · Why vertical · Storytelling foundations for youth work
- EVENING Reflection circle & intercultural evening

### 14 NOV DAY 2

- MORNING **Find Your Voice.** Story discovery with young people · Prompts, structure templates and reflection questions
- AFTERNOON **From Idea to Script.** Turning a raw idea into a clear 60-second story · Ethics, consent and safe digital practice
- EVENING Reflection & informal evening

### 15 NOV DAY 3

- MORNING **Seeing It First.** Visual concept and storyboarding for a vertical frame
- AFTERNOON **Shoot Day.** Filming with phones · Sound, light and framing with no equipment · Filming consent in practice
- EVENING Creative work / reflection

### 16 NOV DAY 4

- MORNING **Cut It.** Editing and clarity of message · Captions, pacing, music and rights
- AFTERNOON **Facilitation Lab.** Micro-teaching in small groups · Peer and trainer feedback
- EVENING Reflection & group time

### 17 NOV DAY 5

- MORNING **Inclusion Lab & Adaptation Clinic.** Adapting the method for different groups, languages, abilities and support needs
- AFTERNOON **Stories Come Alive.** Finishing and screening the stories · Peer feedback · Publish or not: the decision session · Portfolios and learning evidence
- EVENING Reflection & community time

### 18 NOV DAY 6

- MORNING **What Do I Take Home?** Local transfer design workshop · Dissemination and multiplier planning
- AFTERNOON Endline self-assessment · Youthpass reflection · Final evaluation · Next steps · Closing
- EVENING Closing celebration

### 19 NOV DEPARTURE

- MORNING Breakfast · Departure

# TRAINERS



## Michaela Sabo

LEAD TRAINER & PROJECT LEAD · STORYTELLING AND FACILITATION DESIGN

Michaela is a Berlin-based writer, creative producer and development executive with deep expertise in storytelling craft, structured learning design and mentoring. Beyond her own writing and production work, she works internationally as a story development mentor and pitching coach in high-standard professional environments. She translates complex narrative principles into accessible youth work tools — story prompts, structure templates, reflection questions — and leads the methodological line of the week.

**EXPECT** Stories, structure, sharp questions and no filler.



## Laris Guerri

CO-FACILITATOR · CREATIVE & PSYCHOLOGICAL METHODS

Laris is an Italian trainer, facilitator and youth worker with more than 20 years of experience in non-formal education and personal development. Her work combines creative writing, theatre, autobiographical methods, inner-child work and trauma-aware facilitation. On this course she holds the emotional-safety side of working with personal material: how deep to go, how to invite without pushing, and how to close a session properly.

**EXPECT** Creativity, reflection and meaningful challenges.



## Michal Stifter

PROJECT MANAGER & CO-FACILITATOR · WELLBEING, GROUP PROCESS, DIGITAL PLATFORMS

Michal brings experience in youth work, international projects, group leadership, inclusion and digital platforms, including certified training in project management in youth work. He runs the practical side of the training and is the person to come to with anything you need — logistics, participation, reimbursement or how you are doing.

**EXPECT** Energy, practical thinking and keeping things moving.

The full team on site is five people — three facilitators plus two support staff for logistics, participant support and learning documentation — so with 21 participants we are a group of 26. A designated first-aid contact and a designated safeguarding and emotional support contact are introduced to the group on arrival.

### WHO TO ASK FOR WHAT

#### METHOD & FEEDBACK

Michaela and Laris — your story, your script, your edit, your session plan

#### EVERYTHING PRACTICAL

Michal — travel, documents, reimbursement, room, food, timing

#### A DIFFICULT MOMENT

The safeguarding and emotional support contact, introduced on arrival. Or any of us.

# ACCOMMODATION & FOOD

We will stay at **Zeltlagerplatz Heiligensee – Gruppenhaus**, surrounded by nature in the green north-west of Berlin, within walking distance of Lake Heiligensee and the Havel.

**This is a group house, not a hotel.**

## ROOMS & FACILITIES

- Shared rooms of varying size, separate for women and men, with lockable cupboards and a small table. Simple, clean, warm — a group house standard, not a hotel standard.
- Bathrooms, showers and toilets are shared and separated by gender, with one **gender-neutral toilet** available.
- They are in the **same building** as the bedrooms, but reached from outside — the hallway running between the rooms is open air rather than enclosed.
- Bed linen is provided and covered by the project. **Bring your own towel.**
- Common spaces: a large seminar room, a smaller group room, a games and reading room, a kitchen, a fire pit and an open-air stage. Forest on one side, the Havel five minutes away.

**Good to know.** Because the sanitary facilities are reached from outside rather than directly from the bedrooms, bring slippers or easy shoes and something to throw on for moving between the two. In November you will be glad you did. Quiet outdoors from **22:00**.

## CARE ON SITE

Dietary, medical and accessibility needs are collected in advance and shared confidentially with the venue. First-aid materials are available at all times, and both a first-aid contact and a safeguarding and emotional support contact are introduced to the group on arrival.



ZELTLAGERPLATZ HEILIGENSEE – RALLE  
NWEG 4, 13505 BERLIN

The venue was chosen for on-site accommodation and catering, indoor and outdoor workshop spaces adaptable for creative and movement-based work, quiet corners that work as filming locations, accessible facilities for different physical and dietary needs, and a peaceful nature-based setting. **Full board is included and covered by the project.**

## FOOD

### KITCHEN

The venue has its own kitchen, and we will have our own chef throughout the project.

### MEALS

Three meals every day — breakfast, lunch and dinner — plus coffee breaks with snacks.

### EVERY MEAL

A vegan option and an omnivore option.

### DIETARY NEEDS

We collect dietary requirements, allergies and intolerances before the project so the kitchen can plan accordingly.

So yes — you will be fed. Regularly. No surviving on coffee and Erasmus biscuits required.

Venue: [zev-berlin.com/gruppenhaus](http://zev-berlin.com/gruppenhaus) · full travel directions in Section 11

# PARTICIPANT PROFILE

Youth workers, educators, mentors, project coordinators and active volunteers who work directly with young people and want to bring storytelling, digital creation and real media literacy into their practice.

## WHO WE ARE LOOKING FOR

- Working directly with young people or communities
- Actively engaged in non-formal education or inclusion-related youth work
- Motivated to use storytelling and digital tools in daily practice
- Ready to be on camera, behind a camera, and in front of a group
- Committed to inclusion, safeguarding and ethical media use
- Interested in running follow-up activities and sharing results locally

## AGE

All participants are 18 or over. The typical range is 22 to 55 — the usual span of youth workers across Europe — and we treat that spread as a strength: it allows intergenerational learning and brings fresh perspectives and experienced insight into the same room. There is no strict upper limit if you are active in youth work practice.

## ABOUT DIGITAL SKILLS

Prior video or editing experience is **not** a selection criterion. We ask about your current digital confidence in the preparation form only so that we can pair people well and pace the technical sessions properly. Nobody is graded on their editing.

## Taking a place means taking the whole thing.

## WHAT WE ASK FROM YOU

- Be there for the full programme from arrival to departure. Not partly. Not from Sunday.
- Take part actively — this training does not work as a spectator sport, and one disengaged person changes the temperature of a group this size.
- Complete the preparation we send before the project: short tasks, the dietary form, travel documents, emergency contact form, and the online preparation meeting.
- Bring a smartphone that can film, and install the apps we name in the preparation pack before you travel.
- Do the follow-up. Run at least one local activity using the method within three to six months, share it inside your organisation, and tell us how it went.
- Take part in evaluation and Youthpass during the week and afterwards.

## SEVEN DEDICATED PLACES

Seven of the twenty-one places are dedicated to participants with fewer opportunities — one per partner organisation, so at least a third of the group comes from this background. We especially encourage applications from:

- Youth workers from rural, remote or economically disadvantaged areas
- People with migrant, minority or LGBTQIA+ backgrounds
- People without formal qualifications, or with non-traditional learning paths
- Youth workers with limited access to professional development
- Youth workers who have faced emotional challenges themselves and now work to support others

We will ensure a balanced representation of genders, experience levels and countries. Support is available for participants with linguistic, emotional or accessibility needs — tell us what you need and we will work it out together. Where genuinely required, an accompanying person can be considered in line with Erasmus+ provisions.

Travel reimbursement is linked to active participation. Unjustified absence from sessions can reduce the amount reimbursed. If anything about taking part feels difficult, your sending organisation's contact person — or we — would much rather hear it early.

# TRAVEL RULES

## BEFORE YOU BOOK ANYTHING

**Send us your itinerary and the total price. Wait for our written confirmation. Then book.**

Not the other way around. A ticket booked without confirmation is a ticket you may end up paying for yourself – and untangling it afterwards is unpleasant for everyone.

SEND ITINERARIES TO      info@talentpush.org

CONFIRMATION DEADLINE      12 October 2026

## PLAN INSIDE YOUR LIMIT

Plan your journey from your place of residence to the venue and back, within the ceiling for your country shown on the next page. Anything above the ceiling is at your own cost.

## ARRIVING EARLY OR LEAVING LATE

You may arrive up to 2 days before or leave up to 2 days after the training, for justified reasons and only with our confirmation.

All costs during those extra days are yours – accommodation, food, transport, everything. The venue is booked for the project dates only, so you will need to arrange your own place to stay.

## DOCUMENTS WE NEED

- Tickets showing your name, the price, the date and the full itinerary
- Booking or reservation confirmations
- Boarding passes – outbound and return, including any connecting flights
- Invoices or receipts for any other travel cost you are claiming
- Local transport tickets – airport transfer, tram, bus, S-Bahn

## VISAS – START NOW

Berlin is in the Schengen area. What you need depends on your nationality, not on your organisation.

- **Türkiye:** you will need a Schengen visa. Appointment slots and processing take weeks, sometimes longer in autumn. Start immediately.
- **Georgia, North Macedonia, Serbia:** holders of biometric passports normally travel visa-free for short stays. Check your own document and status early.
- **EU participants:** a valid ID card or passport is enough.

Tell us by **15 September 2026** if you need a visa or a formal invitation letter. We will issue invitation letters, confirmations of participation and accommodation, and help with the paperwork – but we cannot speed up a consulate.

Entry requirements for visa-exempt travellers can change during 2026. Check the current rules with the German embassy or consulate in your country before you book, and keep your insurance documents with you – a Schengen visa application normally requires travel health insurance covering at least €30,000.

## GREEN TRAVEL

For this project only the German flow is funded at the green travel rate. If you are travelling **within Germany**, more than half of your total journey – out and back combined – must be by train, coach or shared car, or the eligible amount drops. For all other countries the rate is the same whichever way you travel, so lower-emission options are encouraged rather than budgeted.

Legs by plane, motorbike or a car carrying only you do not count as green travel.

**Keep everything.** Boarding passes, tickets, booking confirmations, invoices. All of them. Both directions. Including the ones you think nobody could possibly want.

Yes, including the bus ticket from the S-Bahn station.

Digital tickets are fine. Screenshots of a booking app usually are not – send the PDF confirmation. Without these documents, reimbursement is not possible. No exceptions, and no amount of goodwill from us can fix a missing boarding pass.

# TRAVEL REIMBURSEMENT

Travel is reimbursed based on real, documented costs, up to the maximum for your country. It is not a flat payment and not pocket money – if your journey costs less than the ceiling, you receive what you actually spent.

## MAXIMUM PER PARTICIPANT

|                 |       |                                                                                         |
|-----------------|-------|-----------------------------------------------------------------------------------------|
| Portugal        | € 395 |                                                                                         |
| Türkiye         | € 395 |                                                                                         |
| Georgia         | € 395 |                                                                                         |
| Greece          | € 309 |                                                                                         |
| North Macedonia | € 309 |                                                                                         |
| Serbia          | € 309 |                                                                                         |
| Germany         | € 285 | on the condition that you travel green. If you fly, the eligible amount drops to € 211. |

Ceilings cover the whole journey from your place of residence to the venue and back, including local transport at both ends. If your trip costs more than the ceiling, the difference is yours. This is why we ask for the itinerary and the price before you book – so we can tell you in advance if a route will leave you out of pocket.

### WHAT COUNTS AS GREEN TRAVEL

More than half of the total journey, out and back combined, made by train, coach or shared car. It changes the eligible amount for the German flow only – but it is welcome from everyone.

## HOW IT WORKS

**01 Before travelling.** Send your itinerary and price to [info@talentpush.org](mailto:info@talentpush.org). Wait for written confirmation. Book.

**02 Before and during the training.** Keep all outbound documents and complete the reimbursement form. We will send you all the details with the confirmation email.

**03 After the training.** Upload your return boarding passes as soon as you have them.

**04 After all documents are in.** Talent Push transfers the reimbursement to each sending organisation. The organisations then reimburse their participants.

We cannot start step 04 until every participant has submitted everything. One missing boarding pass delays the whole group, which is a genuinely annoying way to make new friends.

## A NOTE ON MONEY

Reimbursement goes through your sending organisation, not directly to you. If paying for your travel up front is a problem, tell us early. Seven places are reserved for participants with fewer opportunities, and we would rather solve this early than have you drop out later.

There is no participation fee for this project. Nobody will ask you for a contribution, before departure or at any other point.

## THREE THINGS DECIDE WHETHER YOU ARE REIMBURSED

**01** You sent us the itinerary and waited for written confirmation before booking.

**02** If you are travelling within Germany, more than half the journey was green.

**03** You kept every document, both directions, and sent them in on time.

All three are covered in detail in Section 09.

# GETTING TO THE VENUE

## THE ADDRESS

### Zeltlagerplatz e.V. Berlin-Heiligensee

Rallenweg 4, 13505 Berlin, Germany

Heiligensee is in Reinickendorf, in the green north-west corner of Berlin, on the Havel and next to the Tegeler Forst. It is inside the city, but it is the quiet end of it.

## BY PUBLIC TRANSPORT

**A** U6 to Alt-Tegel. From there bus 222 towards Tegelort runs every ten minutes during the day – take it to Falkenplatz. From Falkenplatz you can either walk to the venue in 15–20 minutes, or change to bus 324 towards Alt-Heiligensee, which runs every 30 minutes during the day and takes two stops to Rallenweg – almost at our gate.

Bus 222 at Alt-Tegel can also be reached on the S25: from Tegel station it is only a few minutes' walk to the bus stop.

**B** S25 to Heiligensee. From there bus 124 towards Alt-Heiligensee runs every 20 minutes. From its terminus Alt-Heiligensee you can either walk to the venue in 15–20 minutes, or change to bus 324 towards Konradshöhe / Falkenplatz and ride to the Rallenweg stop – and find yourself almost in front of our gate at Rallenweg 4.

## ARRIVAL BY CAR

On the A111 city motorway – coming from the direction of Berlin city centre or from the direction of Hamburg – take the Waidmannsluster Damm / Hermsdorfer Damm exit and drive just a few hundred metres west on Waidmannsluster Damm, towards Alt-Tegel / Heiligensee. Turn right into Karolinenstraße, and at the next opportunity turn left onto Heiligenseestraße. Follow this through the forest. When the houses of the Heiligensee district begin, turn left into the Elchdamm and follow it until it merges into the Alt-Heiligensee road. Here, at the Heiligensee outdoor swimming pool, turn left. The next street on the left is Rallenweg, at the end of which on the left is house number 4. You have reached your destination.

## COMING FROM FURTHER AWAY

### FROM BER

Take the FEX Airport Express or a regional train (RE7, RB14, RB22) from Flughafen BER Terminal 1–2 to Berlin Hauptbahnhof, about 30–40 minutes, then follow route B. Allow around two hours in total. BER is in fare zone C, so you need an ABC ticket.

### BY TRAIN

Most international and long-distance trains stop at Berlin Hauptbahnhof. Take the S25 towards Hennigsdorf – route B.

### BY COACH

FlixBus and most coaches stop at ZOB Berlin (Messe Nord/ICC). Take the S41/S42 ring to Gesundbrunnen, then the S25. Zone AB.

### AT NIGHT

The N22 night bus serves the Rallenweg stop and connects to U Alt-Tegel and S Waidmannslust, so a late landing is not a disaster.

## TICKETS

|                                    |         |
|------------------------------------|---------|
| Single, zones AB (within Berlin)   | € 4.00  |
| Single, zones ABC (needed for BER) | € 5.00  |
| 4-trip ticket, AB                  | € 12.40 |
| 24-hour ticket, ABC                | € 12.90 |

Buy at the machines in every station or in the BVG app. You cannot pay cash on the bus. Tickets must be validated before travel unless bought in the app. Keep them – they are reimbursable.

## ARRIVAL DAY

Check-in from **15:00**. Please arrive by **18:00**. Dinner at **19:00**, informal welcome afterwards.

Participants travel to the venue independently – there is no group pickup. Berlin public transport is good, runs late, and gets you to the door. If you will arrive later than 18:00, tell us in advance. Do not just turn up at midnight and hope.

**Arrival day contact: Michaela Sabo, +49 173 5116708**

Plan the journey live. Route numbers change and roadworks happen, so check the connection on the day. The venue recommends the VBB journey planner at [fahrinfo.vbb.de](http://fahrinfo.vbb.de); the BVG Fahrinfo and VBB apps are the same data, free and available in English. Enter Rallenweg 4, 13505 Berlin as your destination.

# PRACTICAL INFORMATION

## WHAT IS COVERED

Accommodation and all meals are 100% covered by the project. So is the programme, all materials, and every activity we do together. Travel is reimbursed up to the ceiling for your country.

There is no participation fee. No contribution will be asked of you before departure or at any other point.

Your own money is only needed for personal spending, anything on the extra days if you arrive early or stay late, and whatever you decide to buy in Berlin.

## INSURANCE – THIS ONE IS ON YOU

**Every participant must have valid health insurance and valid travel insurance for the whole period.** This can come from your sending organisation, your national health system, or a policy you buy yourself.

The project does not provide insurance. Bring your European Health Insurance Card (EHIC) if you have one, or your private policy documents. If you are applying for a Schengen visa you will need travel health insurance anyway – bring the same policy with you.

You will also be asked to share emergency contact details through a secure form before the activity, and to bring any medication you need.

## THE WEATHER IN NOVEMBER

Roughly **2–9 °C**, rain likely, dark by about 16:15. Snow unlikely but not impossible. The venue sits in a forest by the water – it is beautiful, and it is cold. There is no such thing as too many layers.

Practical consequence for us: most of the filming happens in daylight, so mornings and early afternoons are the shooting slots. Forecast closer to the date: wetter.com, or the DWD Warnwetter app.

## WHAT TO BRING

### THE ESSENTIALS

- European Health Insurance Card, or your private insurance documents
- ID card or passport – and your visa, if you need one
- Any medication you need
- Personal hygiene products and **your own towel**
- Slippers or easy shoes for moving around the house
- Reusable water bottle – there are refill points at the venue

### FOR THE SEASON

- Warm layers, jumpers, thermal socks
- Waterproof jacket and warm outdoor shoes
- Hat, scarf, gloves
- Comfortable indoor clothes – a lot of the week is spent inside on the floor
- Something with a torch – your phone counts

### FOR THE METHODS

- **A smartphone that can film.** This is your camera, your microphone and your editing suite. Any phone from the last few years is fine.
- Free space on it. Clear a few gigabytes before you travel – video fills a phone fast.
- Charger, cable and a plug adapter – Germany uses Type F, 230V
- A power bank if you have one. Filming outdoors in the cold drains batteries.
- Headphones or earphones – needed for editing and sound work
- A free editing app, installed before you arrive. We will name the one we use in the preparation pack, so install it at home on your own wifi rather than in a forest.
- A phone tripod or clip, if you happen to own one. Not required – we will work without.
- A laptop, if you have one. Not required.
- A notebook and a pen you like writing with

# STORIES, CONSENT & PRIVACY

We are going to ask you to work with personal material and to point cameras at each other. So here is exactly what happens to it.

## WHAT STAYS IN THE ROOM

Everything personal that is shared during sessions stays with the group. We agree this together on Day 1, and we take it seriously.

You choose the depth. Every method has a shallow end and a deep end. Nobody is asked to justify where they stand, and stepping back is always an available answer — including on camera. Being filmed is never a condition of taking part in an exercise.

All forms of harassment, bullying, hate speech and micro-aggression are addressed immediately and seriously.

## FILMING DURING THE WEEK

- Nobody is filmed or photographed without agreeing to it. You can opt out entirely, and we ask before the first session rather than after.
- Ask before you film another participant. Same rule for all of us, trainers included.
- Sessions involving personal or emotional work are not filmed or photographed.
- You can ask for any photo or footage of you to be removed at any time, during or after the project.
- What happens on your own phone is your responsibility too — footage of other people is not yours to post.

## WHAT YOU CREATE

The scripts, footage and finished stories you make during the week belong to you. Nothing you create is published by us without your explicit, separate written consent. Consenting to one use is not consenting to all uses — we will ask specifically. You can withdraw permission later; change your mind months afterwards and email us. That is a legitimate thing to do, not an inconvenience.

## YOUR DATA

We collect what the project requires: contact details, dietary and medical needs, emergency contacts, travel documents, and the information needed for Youthpass and for reporting to our National Agency, JUGEND für Europa. It is used for the project and stored according to GDPR. It is not shared with anyone else or used for anything else.

Dietary, medical and accessibility information is shared confidentially with the venue so the kitchen and the house can plan.

## IF THE WEEK GETS HEAVY

Working with your own story occasionally surfaces more than expected — and seeing yourself on screen can do the same. That is normal, and it is not a problem to be hidden.

A designated safeguarding and emotional support contact — one of the trainers or support staff — is available for one-to-one conversations throughout the week. Michal runs the practical side and is the person to come to for anything at all.

We are trainers, not therapists, and we will say so if something needs more support than a training course can give. But nobody handles a difficult moment alone here.

## CONTACTS

|                                    |                                           |
|------------------------------------|-------------------------------------------|
| <b>TRAINING &amp; APPLICATIONS</b> | Michal Stifter ·<br>michal@talentpush.org |
|------------------------------------|-------------------------------------------|

|                                   |                     |
|-----------------------------------|---------------------|
| <b>TRAVEL &amp; REIMBURSEMENT</b> | info@talentpush.org |
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| <b>ARRIVAL DAY &amp; EMERGENCIES</b> | Michaela Sabo · +49 173 5116708 |
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|                                |                       |
|--------------------------------|-----------------------|
| <b>VISAS &amp; INVITATIONS</b> | michal@talentpush.org |
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| <b>DATA QUESTIONS</b> | michal@talentpush.org |
|-----------------------|-----------------------|

|                |                    |
|----------------|--------------------|
| <b>WEBSITE</b> | www.talentpush.org |
|----------------|--------------------|

You can also find us on Facebook and LinkedIn as Talent Push e.V.

## SEE YOU IN BERLIN.

Bring warm clothes. Bring a charged phone. Bring a story you have not finished telling.



Co-funded by  
the European Union