



Funded by  
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# SPORTIVE HORIZONS

2026-1-CY01-KA153-YOU-000391164

Transforming Youth Futures Through  
Sports and Tourism Entrepreneurship

AGROS, 8 – 16 OCTOBER 2026





# CYPRUS

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Cyprus, the third-largest island in the Mediterranean, is a vibrant blend of ancient history and modern life, known for its rich cultural heritage, sunny weather, and passionate sports community. Located at the crossroads of Europe, Asia, and Africa, Cyprus is an ideal location for hosting international sports-based gatherings.

# AGROS



Agros is a picturesque mountain village nestled in the Troodos region of Cyprus, renowned for its rose products, traditional charm, and breathtaking natural surroundings. Surrounded by lush greenery and scenic trails, it offers a peaceful retreat for those looking to experience authentic Cypriot culture. The village is also famous for its local craftsmanship, including handmade sweets, smoked meats, and the centuries-old tradition of rosewater distillation. Visitors can explore small family-run workshops, sample local delicacies, and enjoy warm hospitality in a setting that beautifully blends nature, culture, and heritage.

# RODON HOTEL AND RESORT



Rodon Hotel and Resort is a 4-star hotel situated in the scenic mountain village of Agros, Cyprus, at an elevation of 1,100 meters above sea level. The hotel offers panoramic views of the surrounding valley and mountains. It features 154 rooms, including standard, superior, family, and executive suites, all equipped with modern amenities such as air conditioning, satellite TV, mini fridge, and free Wi-Fi. Guests can enjoy various facilities, including two swimming pools, a spa center, tennis court, fitness center, and multiple dining options offering Cypriot and international cuisine. The hotel also provides conference facilities and is accessible for guests with disabilities. Located approximately 45 km from both Limassol and Nicosia, Rodon Hotel serves as a convenient base for exploring the Troodos Mountains and nearby attractions.

# ABOUT US



Moufflons is a registered non-profit association based in Cyprus, dedicated to empowering youth, especially those from disadvantaged backgrounds, through sports and non-formal education. Since its founding project, a basketball camp in 2012, Moufflons has focused on creating inclusive, experiential learning environments that build confidence, life skills, and community engagement. The association's core mission revolves around designing and implementing development programs led by experienced volunteer coaches, trainers, and educators who use innovative approaches to support the holistic growth and social integration of young people from diverse backgrounds.



# OBJECTIVES OF THE PROJECT



- 1.Strengthen the competencies of youth workers in entrepreneurship, with a focus on the sports and tourism sectors.
- 2.Equip youth workers with practical tools for idea development, market analysis, business planning, funding, marketing and project implementation.
- 3.Promote entrepreneurial thinking, innovation and creativity among young people through youth work.
- 4.Empower young people with fewer opportunities by using entrepreneurship to improve confidence, employability and transferable skills.
- 5.Encourage entrepreneurship as a tool for addressing unemployment, social inclusion, gender inequality and environmental sustainability.
- 6.Explore opportunities for sports and tourism based enterprises that contribute to local and regional development.
- 7.Develop youth workers' practical capacity to design, manage and evaluate entrepreneurial initiatives.
- 8.Promote international cooperation, peer learning and exchange of good practices among youth workers.
- 9.Build the long-term capacity of youth organisations to support young people in developing sustainable businesses and community initiatives.

# PARTICIPANTS



The project will bring together 26 youth workers from six partner organizations representing Cyprus, Germany, Croatia, Serbia, Italy and Greece. They will be supported by three experienced trainers/facilitators, bringing the total number of persons involved in the mobility to 29. Approximately 31% of the participants (8 youth workers) will be individuals with fewer opportunities, reflecting the project's strong commitment to inclusion and equal access. The selection process will ensure a balanced representation of partner organizations while prioritizing participants who are actively engaged in supporting young people facing social, economic, cultural, geographical, or educational barriers.

## **Participant profile:**

- Age 18 and above; in specific cases, participants aged 16 and above may be accepted.
- Active or aspiring youth workers working directly with young people.
- Experience working with young people facing educational, economic, social, or geographical barriers.
- Basic experience in non-formal education and interest in entrepreneurship.
- Motivated to develop practical skills in sports and tourism entrepreneurship.
- Interested in using entrepreneurship to promote youth employability, empowerment, and social inclusion.
- Open to international cooperation, intercultural learning, and exchange of good practices.
- Supported by their organisations to apply and share the acquired knowledge locally.
- Committed to active participation, dissemination, and follow-up activities.
- Preference given to participants who can act as multipliers within their organizations and communities.
- Each national team must follow gender equality guidelines, with a balanced 50/50 representation of male and female participants whenever possible.

# PARTNERS



# REIMBURSEMENT



**There is no participation fee.**

Food, accommodation and local travel costs (only during the duration of the activity program) will be covered by the grant from the National Agency of Cyprus of the Erasmus+ Programme. According to the rules of the National Agency of Cyprus, travel reimbursements can only be made by bank transfer to the Partner Organization if based on real costs.

The bank transfer will be executed after reception of all of the original documents (receipts, invoices, boarding passes and reimbursement claims) by post, completing the form generated by the National Agency, completing online evaluation form through the Mobility Tool by all the participants and completed dissemination of the results, according to the budget limits set by the Erasmus+ Programme.

1. Only the cheapest means of transportation will be accepted between the Partner Organization country and the actual venue. Before purchasing any ticket please send your proposed travelling itinerary including the itemized cost to [info@moufflons.org](mailto:info@moufflons.org) for confirmation. Participants will be reimbursed based on the least expensive route, real costs (we can only reimburse tickets which are accompanied by the receipts). Please keep in mind that we do not accept invoices from taxis and travel agencies.

2. Only participants who take part in all activities organized during the training course and who respect the rules of the hosting organization are entitled to be reimbursed.

# REIMBURSEMENT



3. Only the interrupted travel expenses incurred within the activity start and end dates can be accepted for reimbursement. If you wish to stay in Cyprus or at the venue itself longer than the activity end date and you obtain tickets for the same or lower value as the one on the actual travel dates, then you can travel one day prior, or one day after the training course as well; however, if participants decide to arrive earlier or stay longer (up to 2 days), all costs related to that will be paid by the participants themselves.
4. In order to avoid any unnecessary issues (e.g. loss of documents by the post) please send us scanned copies of all documents by email to [info@moufflons.org](mailto:info@moufflons.org) before mailing them via regular post. Please note that no flight tickets will be reimbursed if the original or electronic invoice is not provided as well.
5. All expenses must be converted to euros by using the official exchange rate of the European Central Bank (ECB) on the date when the expense was paid.
6. In case if a participant(s) fail to engage in the activity's daily program due to late arrival or early departure and therefore does not attend 100% of the sessions, the amount granted per participant per day will be deducted from the travel reimbursement. The maximum to be reimbursed per participant is highlighted in the table above and it was calculated by the distance calculator of the European Commission.

# REIMBURSEMENT



7. Insurance costs do not fall within the scope of reimbursement eligibility. This means that each participant must support his/her own insurance that covers: travel (including damage to or loss of luggage) wherever relevant; accident and serious illness (including permanent or temporary incapacity) as defined in the Erasmus+ Programme Guide.

Official reimbursement amounts:

**Germany – 395.00 Euros**

**Croatia – 309.00 Euros**

**Serbia – 309.00 Euros**

**Italy – 309.00 Euros**

**Greece – 309.00 Euros**

A joint airport transfer service has been arranged between the airport and the hotel. To cover this service, €15 per person will be deducted from the official travel reimbursement amount. If your participants do not wish to use the organised transfer, please inform us in advance so that the full eligible travel allowance can be calculated and reimbursed accordingly.

# PORTS OF ENTRY

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Most international participants will enter Cyprus through Larnaca International Airport (LCA) or Paphos International Airport (PFO) which are the two major airports in Cyprus. Cyprus is part of the EU, but it is not in the Schengen Zone, so travelers should check visa requirements based on their nationality. For most EU citizens and many third-country nationals, no visa is required for short stays. Upon arrival, the easiest and most affordable way to reach Nicosia is via the Kapnos Airport Shuttle, which runs regularly between airports and Nicosia city center. Tickets can be booked online in advance, offering a reliable and convenient option for airport transfers.



# IMPORTANT FACTS

- Driving: In Cyprus, people drive on the left-hand side of the road (like in the UK), and most cars are right-hand drive.
- Electricity: The country uses Type G plugs (three rectangular pins), with a 230V voltage and 50Hz frequency, the same as the UK. You may need an adapter.
- Currency: The official currency is the Euro (€).
- Time Zone: Cyprus follows Eastern European Time (EET, UTC+2) and Eastern European Summer Time (EEST, UTC+3) during daylight saving.
- Languages: The official languages are Greek and Turkish, but English is widely spoken, especially in cities.

## GEOGRAPHY & CLIMATE

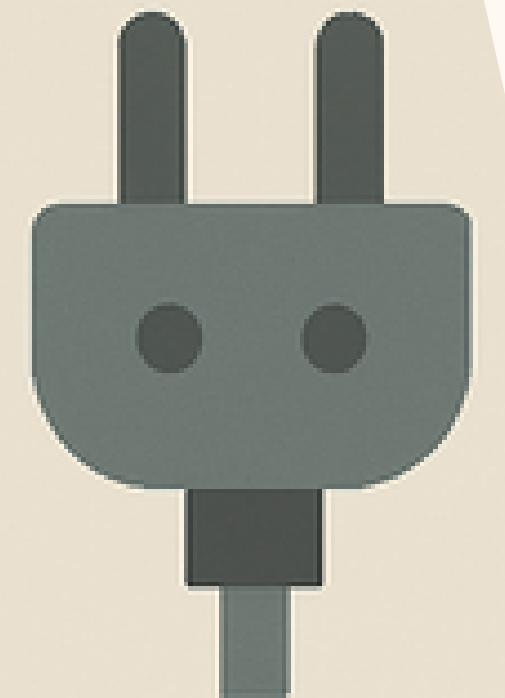


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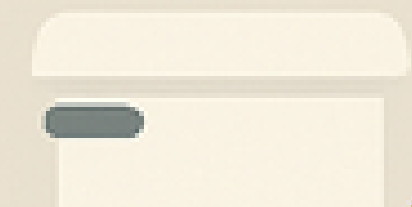
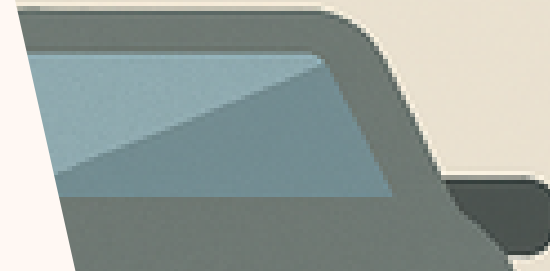
## CURRENCY



## PLUGS & VOLTAGE



## DRIVING



# IMPORTANT FACTS

- Weather: Cyprus enjoys a Mediterranean climate, mid-October is typically pleasantly warm, with daytime temperatures ranging between 24°C and 27°C in Agros.
- Water: Tap water is safe for brushing teeth, but bottled water is recommended for drinking.
- Toilet Flushing: Used toilet paper should not be flushed down the toilet. Bins are provided for disposal due to narrow pipes that can clog easily.
- SIM/eSIM: For mobile connectivity, if not from EU, you can buy local prepaid SIM or eSIM cards. These are available at airports, shops, or online.
- Emergency number: The general emergency number is 112, valid across the EU.

## GEOGRAPHY & CLIMATE

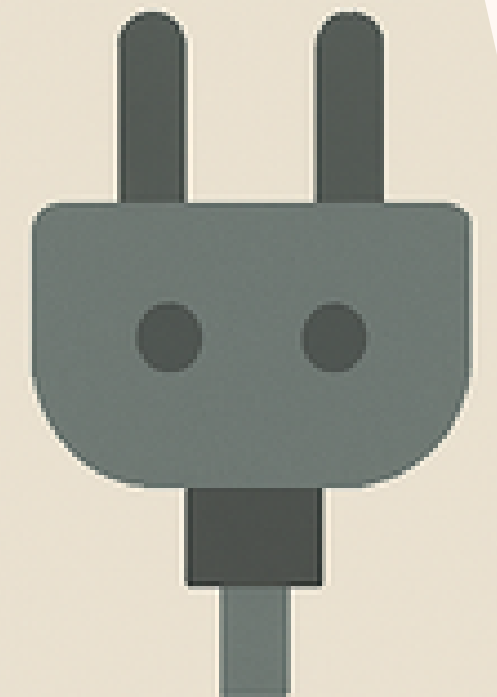


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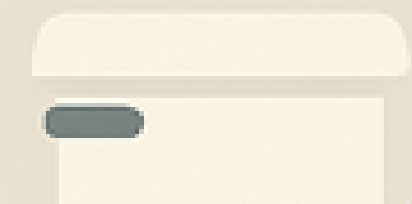
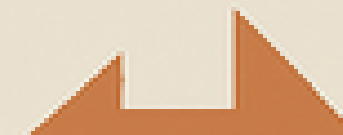
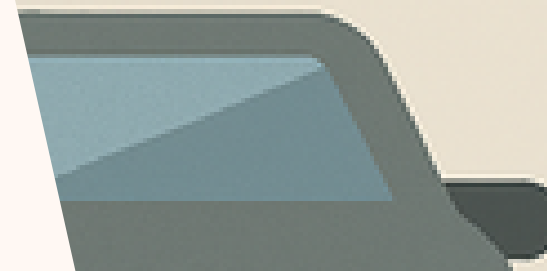
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## PLUGS & VOLTAGE



## DRIVING



# OUR CONTACT

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[www.moufflons.org](http://www.moufflons.org)

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**ΚΑΛΩΣΟΡΙΣΑΤΕ  
ΣΤΗΝ ΚΥΠΡΟ!**



**WELCOME TO CYPRUS!**