



Co-funded by the
Erasmus+ Programme
of the European Union



S.A.F.E. MOVES

**SAFEGUARDING, AWARENESS,
FORMATION AND EMPOWERMENT**

Casaleggio Boiro (Italy), Autumn 2026

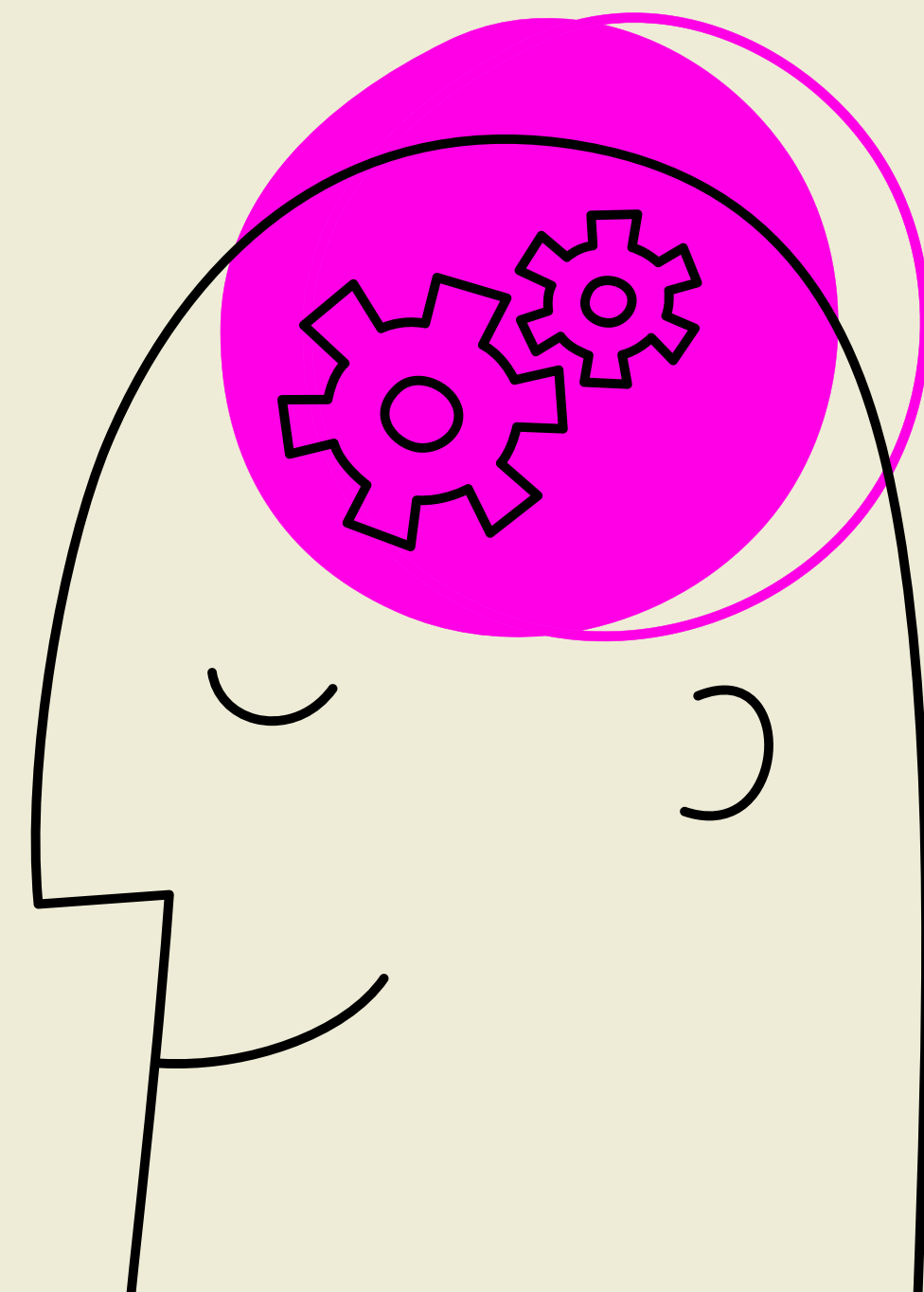
WHAT & WHY?

“Safe Moves” is a multi-activity project designed to strengthen the capacity of youth organisations to deliver more inclusive, safer, braver and high-quality learning experiences in Youth Exchanges and ESC Volunteering Teams.

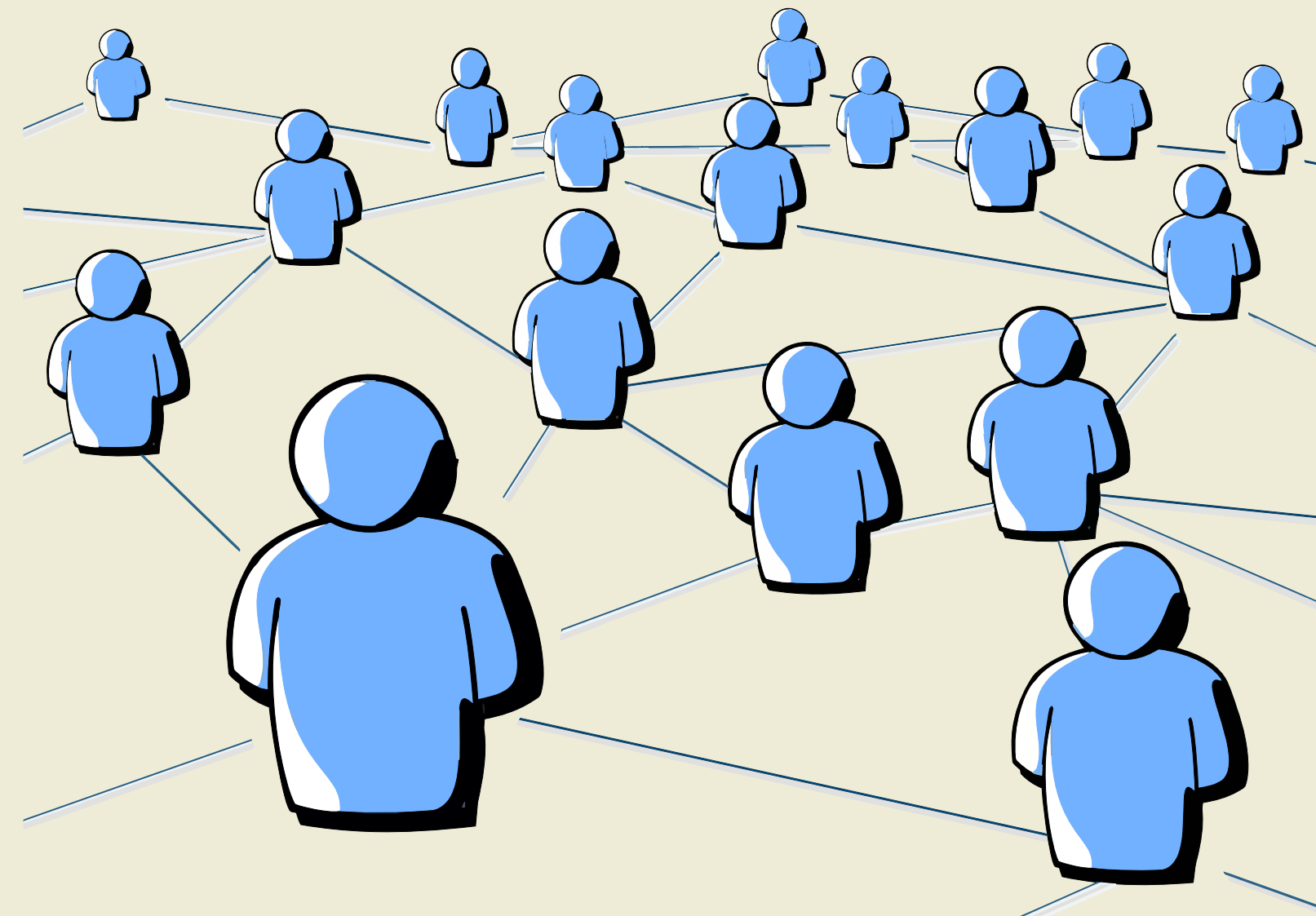
The project focuses on supporting young people with fewer opportunities and highly vulnerable youth, by equipping staff and youth workers with the knowledge, skills and tools to create such supportive and empowering environments.

Through “Safe Moves”, we aim to:

- **Raise awareness and understanding of safeguarding;**
- **Build staff capacity in risk management and first response;**
- **Exchange practices and co-develop solutions for recurring challenges;**
- **Strengthen inclusion for highly vulnerable young people and youth with fewer opportunities;**
- **Valorise Safeguarding Policies in international mobilities;**
- **Create a Practical Toolkit on safeguarding;**



FOR WHOM?



PARTNER	ACTIVITY	PARTICIPANTS
<u>Las ninas del tul</u>	Study Visit Training Course	Study Visit - 1 participant Training Course - 3 participants
<u>Yetoo ponese</u>	Study Visit Training Course	Study Visit - 1 participant Training Course - 2 participants
<u>Pangeya Ultima</u>	Study Visit Training Course	Study Visit - 1 participant Training Course - 2 participants
<u>Phoenix</u>	Study Visit Training Course	Study Visit - 1 participant Training Course - 3 participants
<u>DIVJA</u>	Study Visit Training Course	Study Visit - 1 participant Training Course - 2 participants
<u>JUVENTUDE VILA FONCHE</u>	Study Visit Training Course	Study Visit - 1 participant Training Course - 3 participants
<u>Metsäkartano</u>	Training Course	4 participants
<u>PECO</u>	Study Visit Training Course	Study Visit - 2 participants Training Course - 6 participants



HOW?

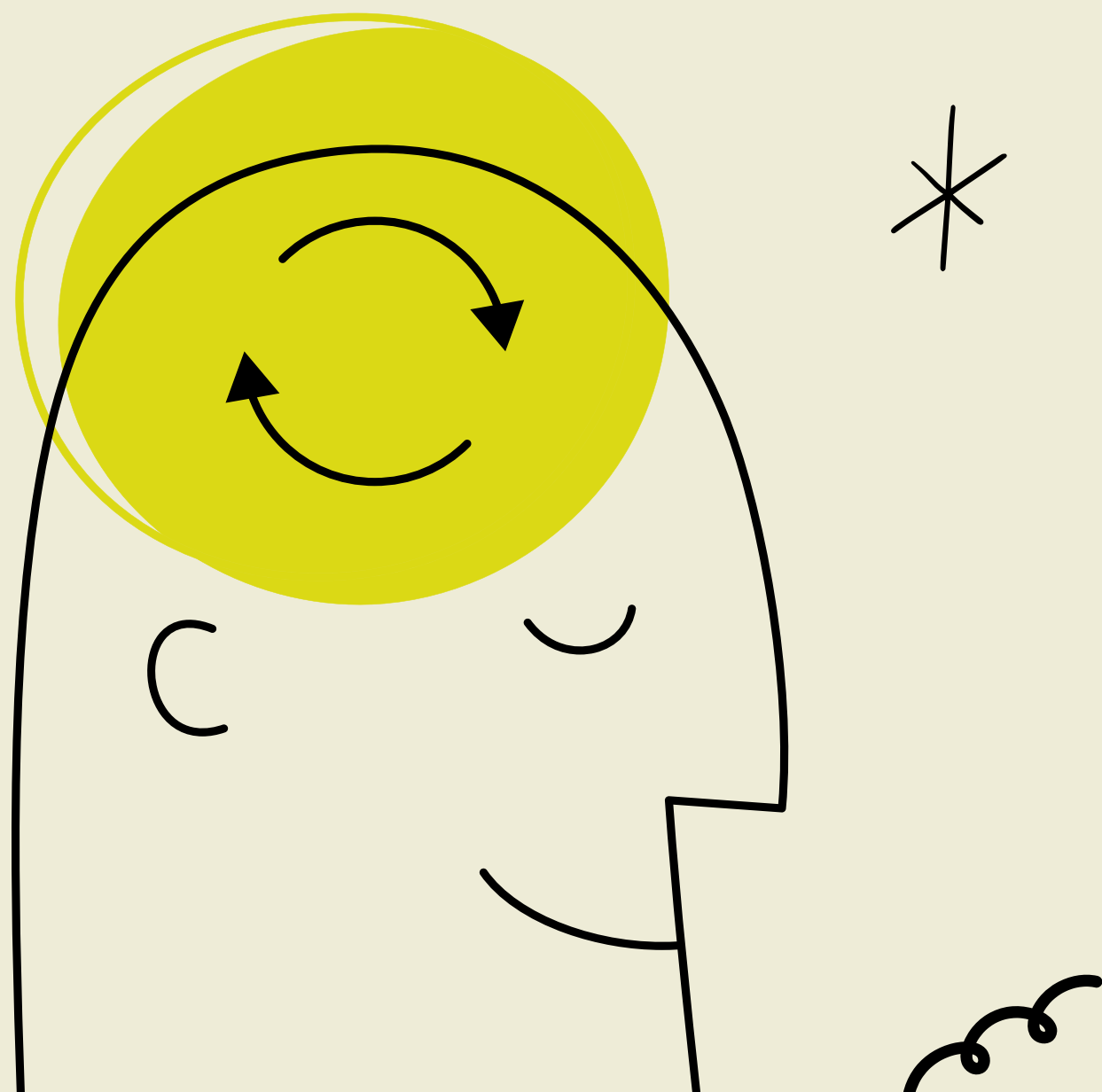
"SAFE MOVES" COMBINES 2 COMPLEMENTARY MOBILITY ACTIVITIES DESIGNED TO BALANCE OBSERVATION, EXPERIENTIAL LEARNING AND CO-CREATION, HELPING YOUTH WORKERS AND STAFF STRENGTHEN THEIR SAFEGUARDING COMPETENCIES IN INTERNATIONAL YOUTH MOBILITIES.



**Study Visit, arrival 28/9
Departure the 2/10 2026**

During 3 days, participants will:

- Observe how safeguarding protocols are applied in an ongoing ESC Team hosting Highly Vulnerable Young People in Cascina EUtopia, in collaboration with Fondazione Eutopia;
- Witness practical approaches to risk prevention, intercultural mediation, emotional support and group management;
- Collect insights and good practices that will later inform and enrich the Training Course.

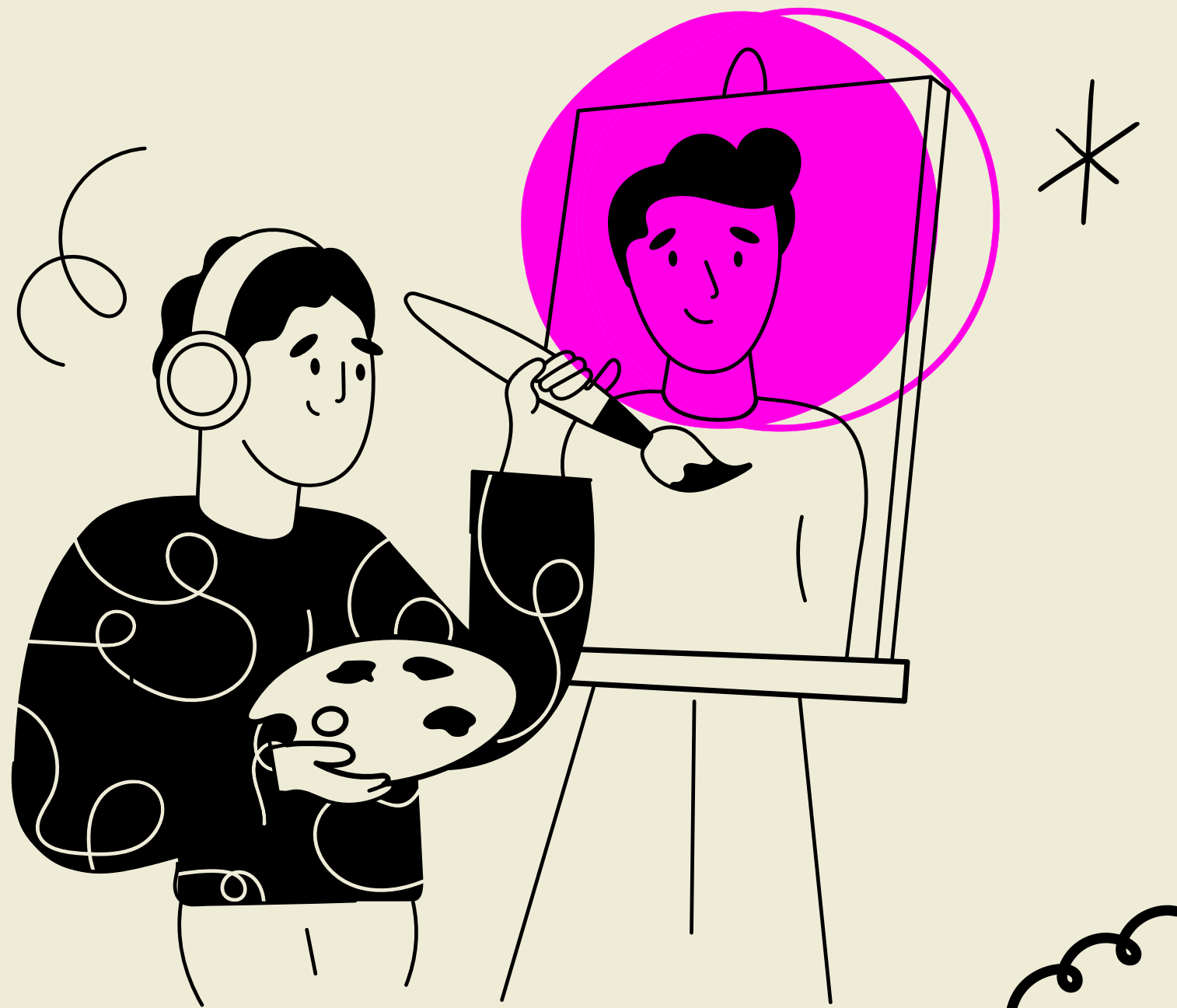


WHO?

1 PARTICIPANT PER PARTNER ORGANISATIONS

MOST ACTIVELY INVOLVED IN ESC TEAMS:

**PANGYA ULTIMA, PHOENIX, LAS NINAS DEL TUL,
YETOO PONESE, DIVJA, JUVENTUDE VILA FONCHE,
PECO.**



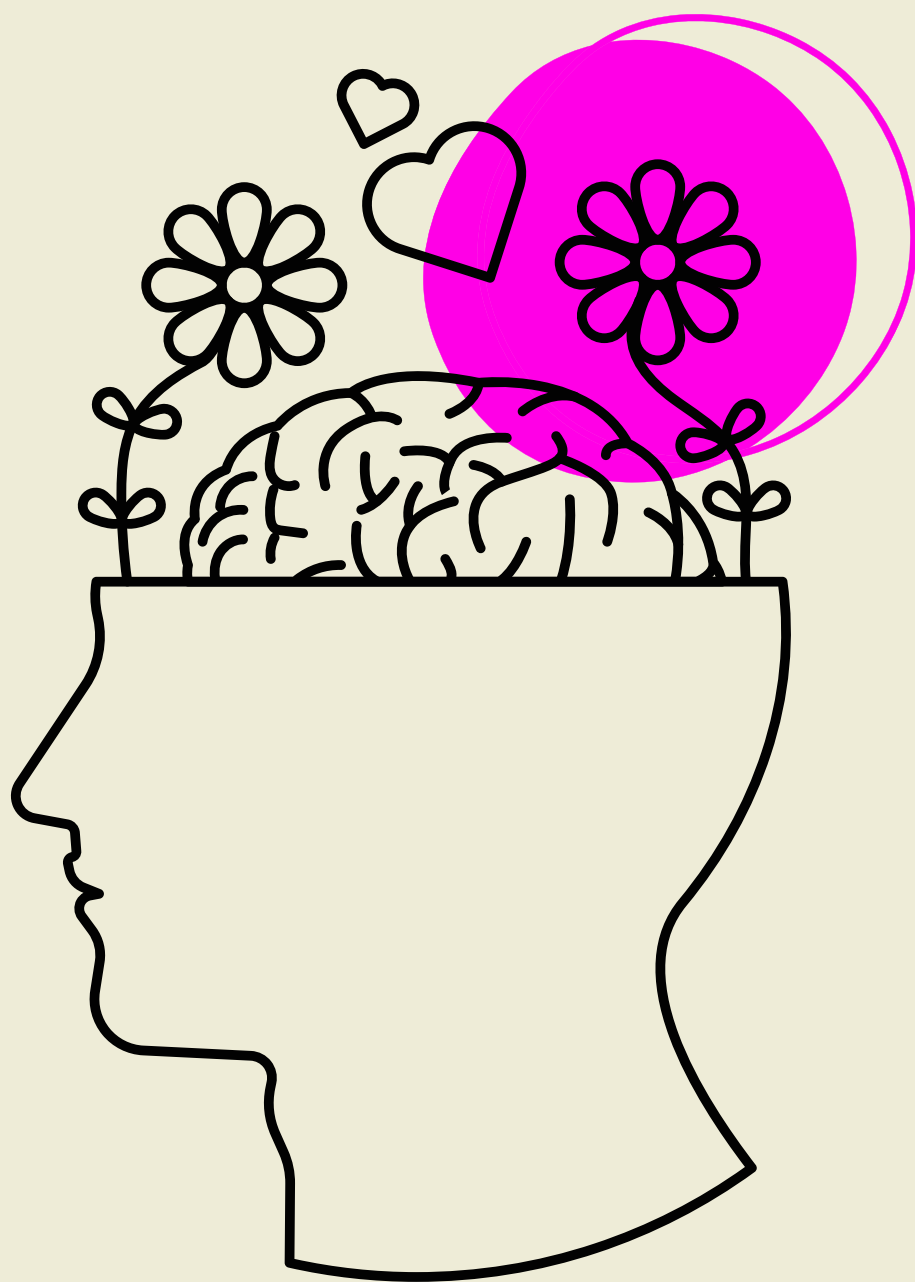
Study Visit, arrival 28/9
Departure the 2/10 2026

Participants are invited to reflect on their practical engagement in daily youth work:

- Coordinators and project managers, who design and implement ESC Teams, who need to strengthen their ability to anticipate risks and integrate safeguarding protocols.
- Mentors and group leaders, who accompany young people in mobility projects, often dealing directly with the challenges of cultural differences, language barriers and emotional vulnerability.
- Trainers and facilitators, who use non-formal education methods in international settings and who need specific tools to ensure their practices are inclusive and safer.

HOW?

TO ENSURE A RICH EXCHANGE OF PERSPECTIVES, PARTICIPANTS WILL BE DIVIDED INTO TWO COMPLEMENTARY GROUPS: ONE PRIMARILY ENGAGED IN ERASMUS+ YOUTH EXCHANGES, THE OTHER IN ESC TEAMS.



**Training Course, arrival 12/11
Departure the 20/11 2026**

The 7 days long Training Course builds on the Study Visit to develop by offering structured sessions on:

- Risk management and safeguarding strategies;
- First response in crisis situations;
- Inclusive communication and emotional support;
- Group dynamics and conflict resolution;

Participants will engage in interactive exercises, discussions and co-creation, drawing on field experience and, for those who attended, insights from the Study Visit to develop concrete skills and tools for their own projects.

WHO?

PARTICIPANTS COLLABORATING WITH THE CONSORTIUM: PANGEYA ULTIMA, PHOENIX, LAS NINAS DEL TUL, YETOO PONESE, DIVJA, JUVENTUDE VILA FONCHE, PECO, METSÄKARTANO.



**Training Course, arrival 12/11
Departure the 20/11 2026**

Mobility designed for staff actively involved in the implementation of mobilities, including:

- Youth workers and mentors directly supporting participants in projects;
- Future group leaders responsible for guidance, team-building and conflict management;
- Project coordinators who plan, monitor and evaluate mobility activities;
- Local volunteers with a support role in ESC Teams and international mobilities.

Both newcomers and experienced staff:

- Newcomers: Youth workers or volunteers with limited international mobility experience;
- Experienced staff: several years of experience managing mobilities, coordinating ESC teams or working with youth facing social, psychological or cultural challenges.



REGISTER NOW



FILL IN THE REGISTRATION FORM FOR YOUR ACTIVITY. THE FORM COLLECTS LOGISTICAL AND PROFESSIONAL INFORMATION NEEDED TO PREPARE YOUR PARTICIPATION.

**Study Visit, arrival 28/9
Departure the 2/10 2026**

**Training Course, arrival 12/11
Departure the 20/11 2026**

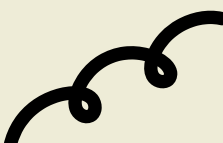
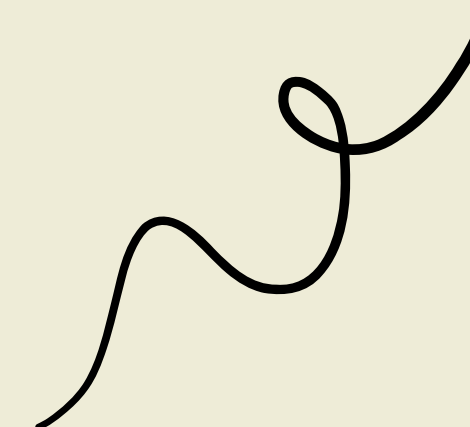
→ Registration Form – Study Visit

→ Registration Form – Training Course

Deadline: 15 July 2026

Deadline: 15 September 2026

AFTER EACH DEADLINE, WE WILL CONFIRM YOUR PARTICIPATION WITHIN 2 WEEKS. IF NEEDED, WE MAY REACH OUT TO SCHEDULE A SHORT INTRODUCTORY CALL BEFORE CONFIRMING THE SELECTION TO THE MOBILITY.



WHERE?

📍 Casaleggio Boiro (AL), Northern Italy

🕒 ~1 hour from Genova and Milano by train

🏠 Residential venue: accommodation, meals and working spaces on-site

🌱 Managed by Fondazione EUtopia — PE.CO's base for ESC Teams



ACCOMMODATION

Participants will stay in the main structure of the foundation.

- Bedrooms shared (3+ per room), divided by self-declared gender
- Shared bathrooms — bed linen provided, bring your own towel
- Wi-Fi in common areas
- The venue is quite isolated — bring everything you need
- Warm clothes recommended, evenings can be cool
- Two friendly dogs and a small baby live at EUtopia

Living together is part of the experience. Please respect shared spaces and contribute to keeping the environment clean and welcoming.





FOOD

Food will be prepared by our kitchen staff, that will provide 3 main meals and 2 coffee breaks per day. The menu is based on **Italian cuisine**, therefore including:

- a light breakfast, mostly sweet
- pasta, rice or soups
- a large use of vegetables and salads
- moderate meat consumption

The menu will take into account: diets, allergies and intollerances.

For us to know your needs concerning rooming and diets and, in general, to guarantee your safety, we ask you to fill in:

Study Visit: this REGISTRATION FORM

Training Course: this REGISTRATION FORM



FOOD

Please note that **our kitchen is self-managed**. While we take care in preparing food, we **cannot guarantee** the complete absence of cross-contamination, including traces of allergens.

If you have any food allergies or intolerances, such as **celiac disease, nuts or other specific allergens**, please let us know. All meals may contain traces of common allergens, even if they are not listed in the recipe.

As the location is quite remote, we are unable to provide Halal or Kosher food. Therefore, we kindly ask for your cooperation in following a vegetarian or vegan diet during your stay.

Participants with severe allergies are strongly advised to bring their own safe food and, if needed, an EpiPen or other emergency medication, provided they are independent in its use.



TRAVEL

Travel days:

For the **Study Visit**, 29/09 is the arrival day and 2/10 is the departure day.

For the **Training Course**, 12/11 is the arrival day and 20/11 is the departure day.

Meeting point:

Arquata Scrivia / Ovada train station

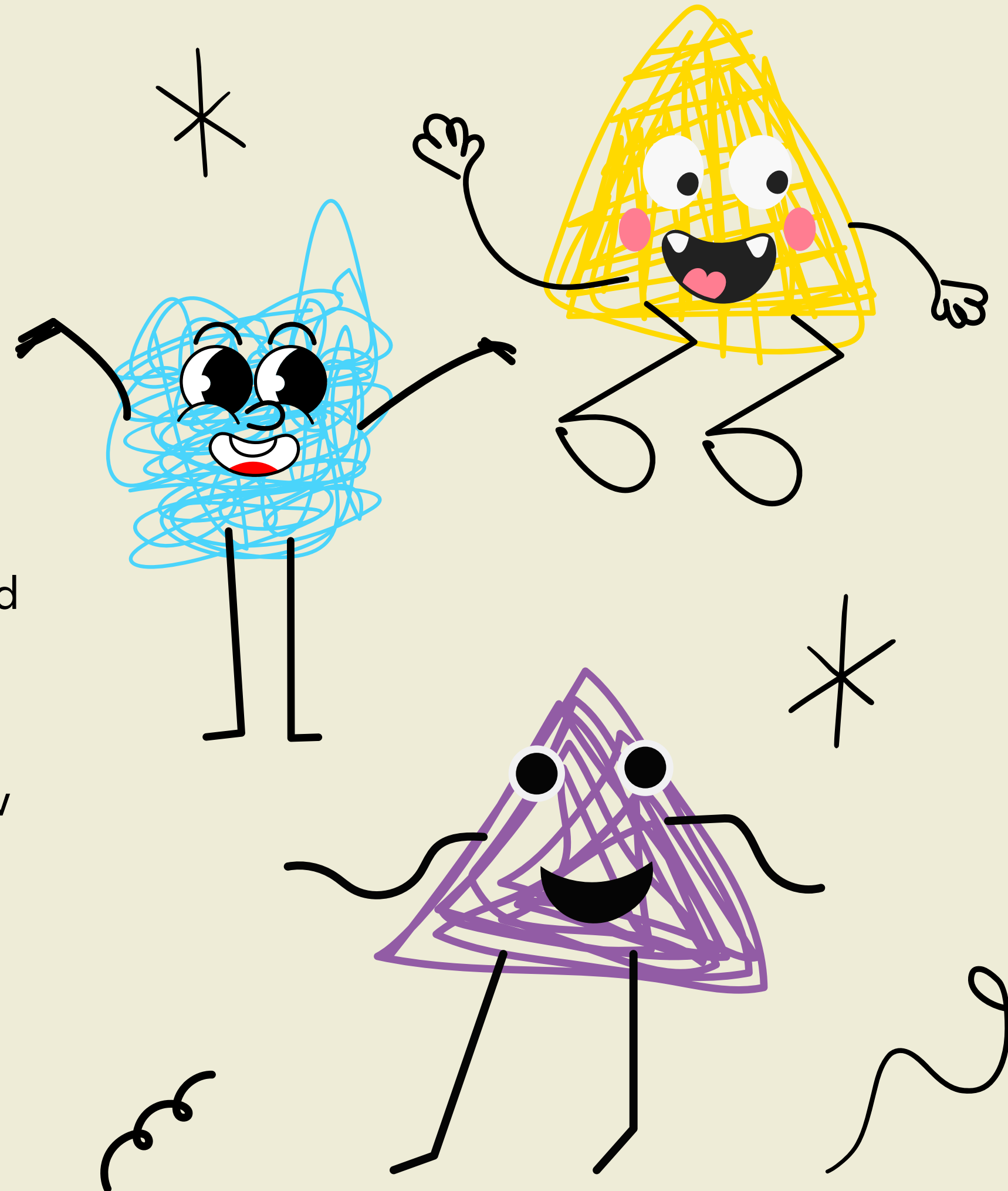
You can **fly to Milano or Genova** and from there **take a train to the meeting point**.

Since it's **not** possible to reach the venue by public transport, we will organise a **private transport** from and to the meeting point. We will create a Whatsapp group and provide you with more detailed information about it.



TRAVEL

- **Before** you book any tickets, send your travel plans (international and within Italy) to **exchanges@peco.genova.it**
- Include: travel times and ticket prices.
- We need to **approve** them **before purchase**. If we find a better option in terms of time, quality or cost, we might suggest a different itinerary.
- If you're not sure you can meet the arrival/departure times or stay within your travel budget, just let us know – we'll help you figure it out!
- Tickets bought without prior confirmation will **not** be reimbursed.



TRAVEL BUDGET & FEES

The accommodation, food & programme costs for the activity days are covered by the project.

Travel costs will be reimbursed in the framework of Erasmus+ travel bands. Therefore please consider the travel budgets as:



10-99km

€56 Green travel



500-1999km

€309 Regular travel



500-1999km

€417 Green travel



2000km +

€395 Regular travel



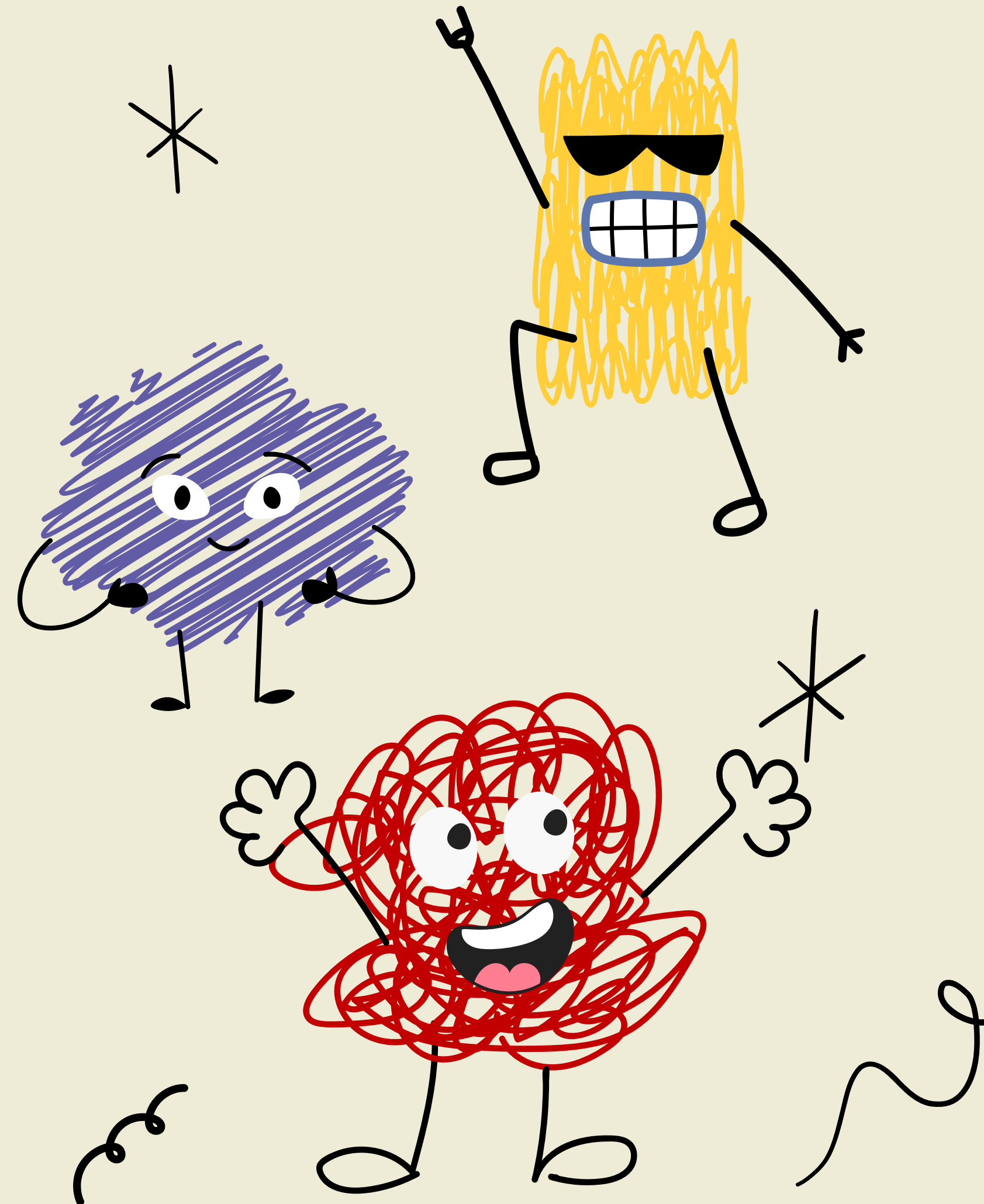
REIMBURSEMENT

To get your reimbursement, we'll need:

- Scans of boarding passes
- Scans of bus/train/metro tickets
- Scans or digital invoices

Tip: take a screenshot of your boarding passes before taking your flight, as they often disappear from airline apps!

We cannot reimburse private transportation (example: Uber, taxi)



Contact us



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