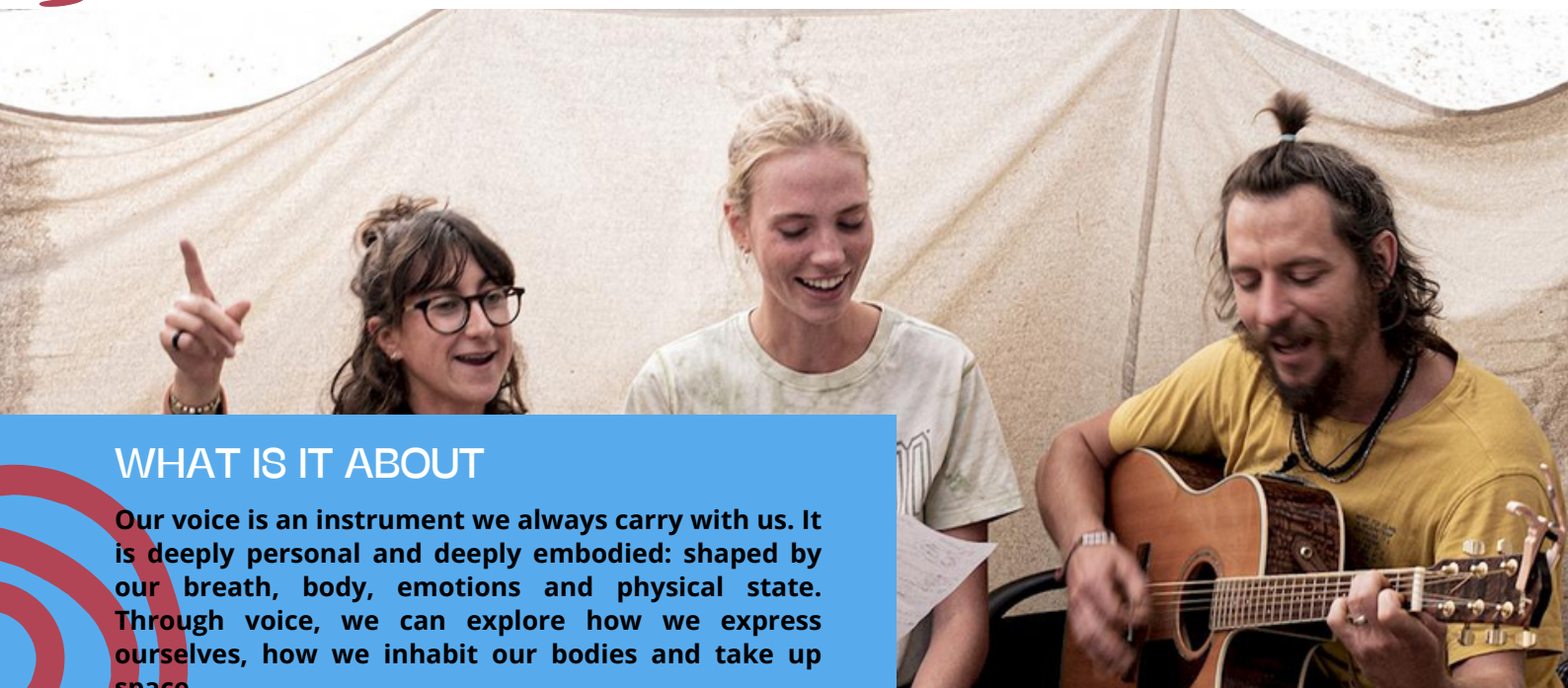


CREATIVE CIRCLES: VOICES



Organized by
Association Lojtra
and partners

Exploring voice, expression and connection through music and storytelling
*26. 10. - 1. 11. 2026, Ponoviče, Litija, Slovenia



WHAT IS IT ABOUT

Our voice is an instrument we always carry with us. It is deeply personal and deeply embodied: shaped by our breath, body, emotions and physical state. Through voice, we can explore how we express ourselves, how we inhabit our bodies and take up space.

Creative Circles: Voices is an exploratory training inviting youth workers to experiment with voice; not as something that needs to sound "right", but as a tool for self-expression, connection and participation.

Through music, singing, rhythm, improvisation and storytelling, we will explore our relationship with our own voice, what we want to express, what takes more effort to express and what happens when our voice meets the voices of others.



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We will not learn to sing or perform, rather we will use music and storytelling as methods for exploring authenticity, listening, expression and connection and then explore how these approaches can be transferred into youth work.

A big part of the training will take place outdoors, with nature actively supporting the process through movement, listening, silence, exploration and time away from everyday noise.

WHO IS IT FOR?

- **Youth workers, educators, mentors, facilitators and trainers.**
- **People interested in exploring voice, music and storytelling in youth work.**
- **No previous musical, singing or storytelling experience is needed - only openness and curiosity.**

*26. 10. is arrival day and 1. 11. 2026 is departure day



Co-funded by
the European Union

PROGRAMME FLOW

The journey will move from the individual towards the collective through three connected focuses:

FINDING MY VOICE

Exploring voice as an embodied experience – through body, breath, resonance, movement, sound, singing, improvisation and silence. How does my voice live in my body? When do I hold it back, and when do I allow it to take space?

EXPRESSING MY VOICE

Using music and storytelling to give voice to our experiences, emotions, ideas and stories – and exploring what it means to allow ourselves to be heard.

VOICES TOGETHER

Exploring what happens when different voices meet through group singing, rhythm, listening, improvisation, storytelling and collective creation. We will connect this experience with youth work and the question of how we can support young people in finding and using their own voices.

Throughout the training, visiting practitioners will bring different approaches to working with voice, music and stories.

We will close our journey with a Circle of Voices – a shared evening where participants can offer something that emerged during the week: a song, story, rhythm, text, sound, silence or collective creation.

LOGISTICAL INFO

Project is co-funded by Erasmus+: Youth programme of the European Union. Maximum travel costs funded:

Travel distance	I Green travel	I Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR

We strongly encourage you to travel in a **green and sustainable way**. The closest main city is Ljubljana, reachable by bus (e.g. Flixbus) or train. Nearby airports are Ljubljana Brnik, Trieste, Venice (Italy), and Zagreb (Croatia), with shuttle services (e.g. GoOpti, Easydrive), trains, or buses available to reach Litija.

Accommodation will be provided at a hilltop location surrounded by forest and beautiful nature, close to the town of Litija in Slovenia. Sleeping will be organised in shared rooms, or if you prefer more privacy, you are welcome to set up a tent (we can also provide tents). As the training takes place in autumn, a warm sleeping bag is recommended.

The location is equipped with three showers, three toilets, a large kitchen, and several covered spaces in traditional Slovenian buildings called Štala (barn) and Toplar.

Children & Childcare

Mothers with young children are welcome to participate. Childcare will be available during the training programme. Please note that Erasmus+ funding does not cover the child's travel costs, accommodation and food. If you plan to come with your child, please mention it in the comments section of the application form and include the child's age, so we can plan the childcare accordingly.

WHAT TO EXPECT?

- **Exploratory, learning-by-doing process with voice, body, movement, sound and silence.**
- **Singing, rhythm, improvisation and storytelling.**
- **Individual reflection and collective creation.**
- **Exploring voice, expression, identity and who gets heard.**
- **Plenty of time outdoors, with nature as part of the learning process.**
- **Co-creating a collection of methods and exercises for youth work.**



ABOUT LOJTRA

Društvo Lojtra is an organisation working with youth from Slovenia working in the fields of sustainability, creativity, and experiential learning. We create spaces where people can explore, connect, and grow — often outdoors and always in a participatory way. Our projects range from local community initiatives to international trainings, with a focus on bringing together creative expression, nature connection, and practical tools for youth work. With years of experience organizing Erasmus+ and similar activities, we love to co-create learning spaces where everyone — participants, facilitators, and visiting artists alike — can inspire and learn from one another.

www.drustvolojtra.si
<https://tunegreen.eu/>
<https://geagora.eu/>
www.facebook.com/drustvolojtra

Apply here (till 10th of September 2026).
Questions or any support needed,
reach to: tina@drustvolojtra.si

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prostor za raziskovanje