



Cofinanciado por la
Unión Europea

Resilient Mosquitoes

Asociación Albores - 2026

Where

Murcia, Spain

Dates

September 6th-13th

asociacionalbores.es





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About the PBA

Mosquitos Resilientes is an Erasmus+ Partner Building Activity bringing together youth workers and organisations to exchange innovative practices on youth mental health, wellbeing and community support, build meaningful European partnerships and co-create future projects.

Partnerships

Good Practices

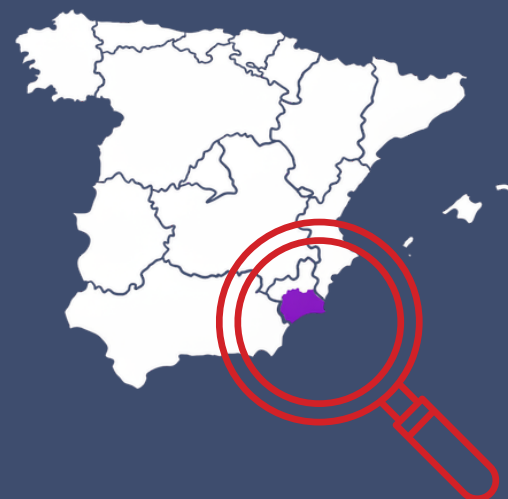
Co-creation





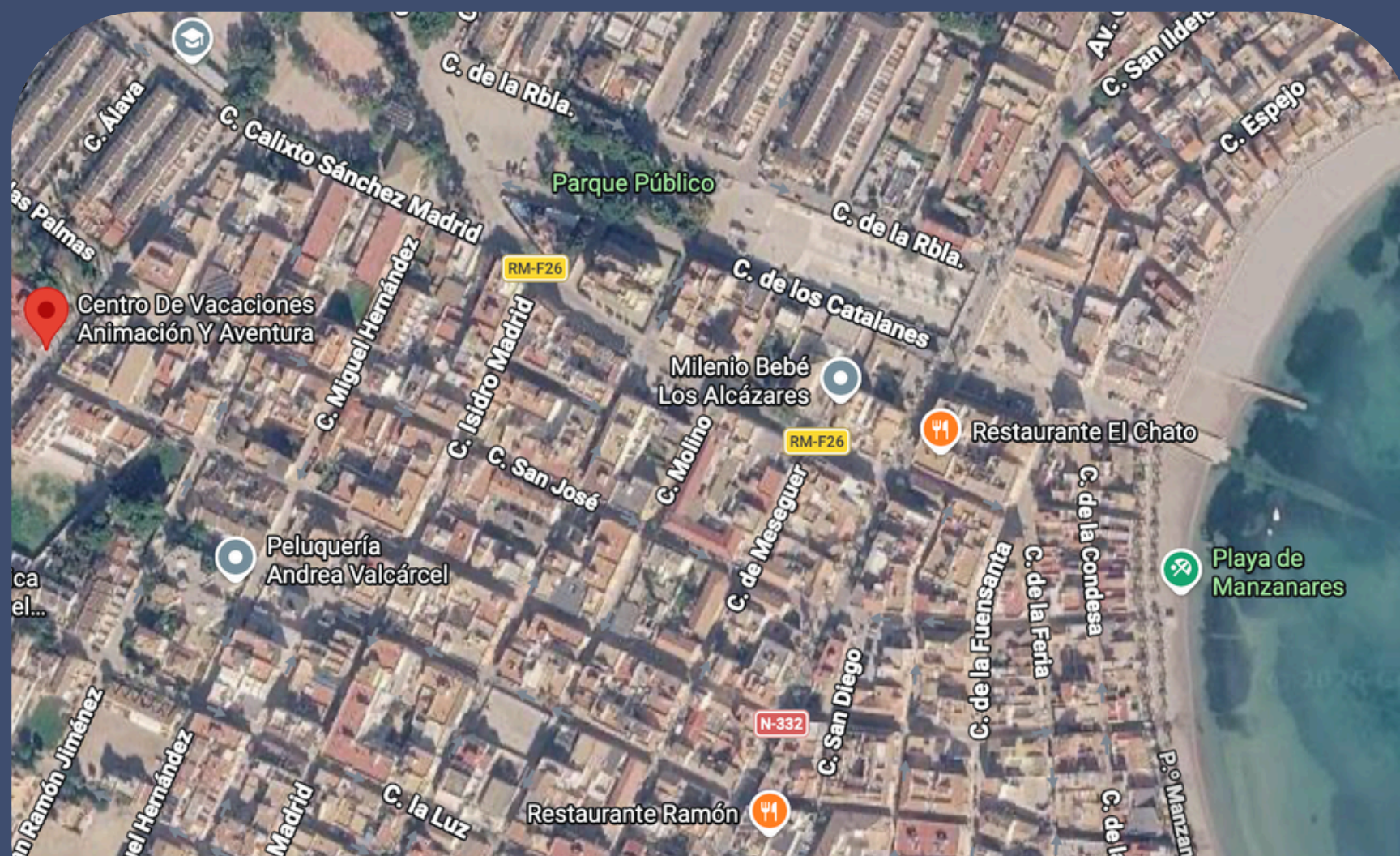
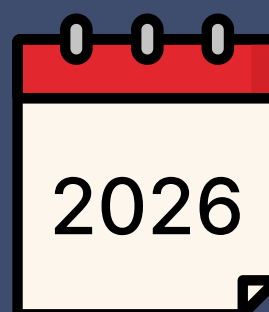
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Where When



It will take place in Alcazares, Murcia, Spain:
[click here for location.](#)

Arrival day → September 6th
Activity days → September 7th - 12th
Departure day → September 13th



What to Bring

We will provide bed linen, one bath towel and all materials needed for the activity.

Bring a laptop or tablet (at least 1 per group), **basic hygienic products** and any personal medication you may need. As the activity will take place close to the coast, please also bring sunscreen, swimming clothes and a beach towel.

You are also welcome to bring a small snack, traditional product or other item from your country to share informally with the group.



Basic hygienic products

Swimming clothes and
beach towel

Anything you want to
share with the rest



What to Prepare

Before the activity, you will work with your national group to reflect on your local context, share relevant good practices and identify possible ideas for future Erasmus+ cooperation.

Further guidance will be provided to selected participants on what to be prepared.

Local Reality

Good practice

Future ideas

Who

➤ A European Partnership

The activity brings together partners from Spain, Portugal, Romania, Finland, Latvia, Italy and Türkiye: Albores, Promesas, AEQUALITAS, ASK Yourself, Nouseva Rannikkoseutu, 3D, Estacion Esperanza, Agrado APS and Antalya Directorate.

➤ We Looking For

We are looking for youth workers, educators, social workers, psychologists, project coordinators and other professionals linked to the partners. Participants should have experience or interest in youth wellbeing, inclusion, mental health, family work, community intervention, prevention and/or digital wellbeing.



➤ An International Group

The group will include 26 people in total: 23 participants and 3 facilitators/trainers. All participants will be over 18 years old and the selection process will aim for a gender balanced, diverse and inclusive group.

➤ Could It Be You?

If you would like to participate, speak with your organisation and complete the registration form. Selected participants will receive further guidance about preparation, travel and practical arrangements.

[Sing up here](#)



J. Manuel - Albores

Manolol supports the coordination of the activity, participant communication and practical arrangements, helping ensure a smooth and welcoming experience for the whole group.

Javi - Promesas

Javi is a non-formal education trainer, EcoTrainer and Waldorf pedagogy teacher with over 20 years of experience. He specialises in creative learning, educational games, communication and immersive methodologies.



Who is behind





Travel Management

Travel arrangements will be managed as participant groups are confirmed. Please do not purchase any flight or ticket before receiving explicit written approval from the coordinating team.

Travel reimbursement will be processed after the mobility, once the required documentation has been submitted. The maximum reimbursable amount will follow the Erasmus+ distance-band grant. Important: Keep all documentation. Selected participants will receive further guidance on suitable travel options and steps.



Distance
Bands



€€€ After
Mobility



Travel
Approval 1st





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Contact Info

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questions you may have

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You can write by whatsapp if you prefer to
reach out by phone.

