

CIVIS LAB

NEW APPROACHES TO YOUTH
PARTICIPATION

Erasmus+ KA153 | Apúlia, Portugal |
17-25 October 2026



PROJECT OVERVIEW

Civis Lab is an Erasmus+ activity focused on strengthening socio-educational animators as facilitators of youth civic and democratic participation. The project aims to create, test, and validate innovative non-formal education methodologies that empower young people to engage meaningfully in their communities and democratic processes.

By equipping youth workers and organisations with inclusive, accessible, meaningful, and sustainable participation tools, Civis Lab builds capacity across Europe. The project brings together educators, youth workers, and community leaders to co-develop practical resources that can be replicated and adapted in diverse local contexts.





Hello.

We are the faces behind Caminho Coop: Pedro, Filipa and Zé.

Caminho Coop was founded in 2022, drawing on our collective experience and our recognition of gaps in the provision of solutions to the challenges faced by young people. Since then, we have been working tirelessly to transform social realities, shape public policies and strategies for young people, and promote non-formal education and social innovation.

We will also be the trainers/facilitators for this project, and we are the ones you should get in touch with

PROJECT OBJECTIVES

Train socio-educational youth workers in innovative participation methodologies through training sessions, job shadowing, and hands-on workshops.

Test and validate new youth engagement approaches through pilot activities implemented in partner countries.

Strengthen youth workers' core skills: dialogue facilitation, active listening, conflict mediation, group management, and critical thinking stimulation.

Create practical tools: a digital methodological toolkit with participatory activities, step-by-step guides, and real-world examples.

OBJECTIVES

Promote inclusion of young people with fewer opportunities in rural, disadvantaged, or culturally diverse contexts. Stimulate active and democratic citizenship among young people through meaningful engagement and empowerment.

Strengthen participating organisations and build a lasting European network. Ensure the sustainability and replicability of methodologies so impact continues beyond the project's duration.

KEY CONCEPTS

- Non-formal education methodologies
- Civic and democratic participation
- Youth work practice
- Inclusive and accessible participation
- Multiplier effect
- Active citizenship
- Community immersion
- Youthpass certification



Target Group

- Youth Workers
- Educators
- Teachers
- Young Leaders
- Professionals working with young people



25 participants from different European countries - 5 each

At least 10 participants with fewer opportunities



PARTICIPANT PROFILE

Youth workers and animators working directly with young people in associations, local authorities or community structures.

Educators and teachers interested in integrating participatory methodologies in formal and non-formal learning contexts.

Young leaders and representatives of youth organisations, cultural associations and community projects.

At least **10 participants** will be young people or professionals with fewer opportunities, including those from rural areas, socio-economically disadvantaged contexts or with limited access to international experiences.

- Actively participate in all phases of the project
- Respect deadlines and timing (filling out forms, purchasing tickets, coming to workshops, carrying out follow-up events, setting meetings, sending reports...)
- Respect other participants, promote inclusion, understanding and support
- Make a research in your community about the project topic

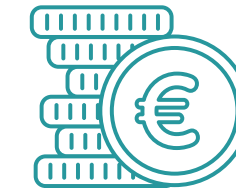
PARTICIPANT OBLIGATIONS

TRAVEL BUDGET

Country



Budget per participant



Lithuania

395 EUR



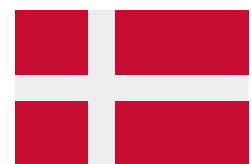
Spain

417 EUR (green travel)



Turkey

580 EUR



Denmark

395 EUR

TRAVEL REIMBURSEMENT

- Check green travel options and cheapest travel solutions.
- Do NOT purchase tickets before getting approval from Caminho Coop.
- Only FISCAL BILLS (with VAT number) will be considered - not POS payment confirmations.
- Only public transportation will be reimbursed. No gasoline, highways or taxi.
- Do not lose your tickets. Make photos, scans and download all tickets immediately.
- Caminho Coop will transfer money to each sending association, who will then transfer to participants.
- Try to submit documents as soon as possible to speed up the process for everyone.

Arriving earlier / staying longer?

You can arrive 2 days earlier and stay 2 days longer, but Caminho Coop will not cover the costs of additional accommodation, food or public transportation during extra days.

VAT
517 051 150



DO NOT BOOK TICKETS BEFORE APPROVAL!

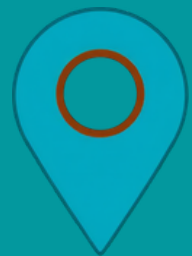


Find the tickets, send them to us
and
wait for the approval!

Do not purchase any of the tickets if
you are not sure that you will get
reimbursed!



After you get the approval, you are
free to buy tickets and not worry
about reimbursement!



Location: Apúlia, Portugal

Key Information:

Dates: **17 to 25 October 2026** (7 days project)

Arrival date: October 17th (between lunch and dinner time)

Departure date: October 25th (after breakfast)

Accommodation and Meals: Centro Social João Paulo II

Rooms: Double Rooms

Participants: 25 youth workers, educators & teachers

At least 10 participants with fewer opportunities (2 per country)





Location: Apúlia, Portugal



Preferential Francisco Sá Carneiro Airport - Oporto Airport
Or alternative Lisbon Airport



Oport Airport Metro (<https://en.metrodoporto.pt/>)
Lisbon Airport - Train (<http://www.cp.pt/passageiros/en/>)
Bus (<http://www.rede-expressos.pt/default.aspx>)

This website has all the buses and connections in Portugal
(<https://www.checkmybus.co.uk/>)



Intercultural Night

As usual with mobility projects, we will be holding intercultural evenings.

To do this, we are asking you to organise yourselves among teams of countries to prepare a presentation of your country.

The presentation is up to you, you know your country better than anyone else, so you will certainly give an excellent presentation of your country.



INSURANCE



ALL THE PARTICIPANTS SHOULD BRING THEIR EUROPEAN HEALTH INSURANCE CARD. YOU CAN USE THE FREE EUROPEAN HEALTH INSURANCE CARD (EHIC) TO ALLOW YOU ACCESS TO PUBLIC HOSPITAL TREATMENT. PLEASE BE AWARE THAT THE EHIC IS NOT A TRAVEL INSURANCE POLICY, IT WILL NOT COVER PRIVATE HEALTH CARE, NON-EMERGENCY HEALTH COSTS, OR BEING FLOWN BACK TO YOUR HOME COUNTRY.



POST-PROJECT OUTCOMES

Key Outcomes:

Training multipliers: participants replicate methodologies locally

Digital toolkit: online manual with methodologies, good practices & prototypes

Local dissemination events by participants and partner organisations



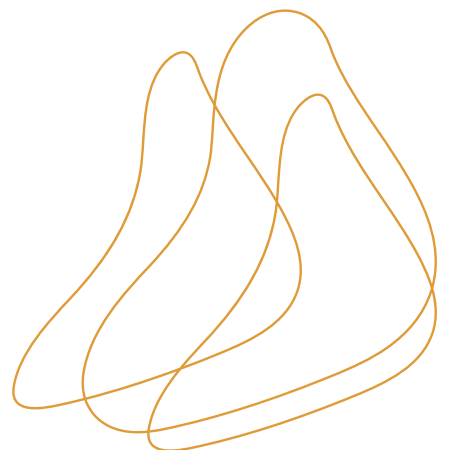


OUTCOMES & IMPACT

 Strengthened European Network: Participants and partner organisations remain connected via digital platforms, enabling ongoing knowledge sharing and collaboration across borders.

 Youthpass Certification: All participants receive official Youthpass recognition, validating their non-formal learning and competence development throughout the activity.

 Sustainable Replication: Methodologies and tools are designed for replication across partner countries, ensuring long-term impact well beyond the project's duration.



FOLLOW US ON SOCIAL MEDIA



INSTAGRAM



FACEBOOK



WEBSITE

Do not forget!



ID Card /
Passaport



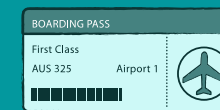
European
Health Card



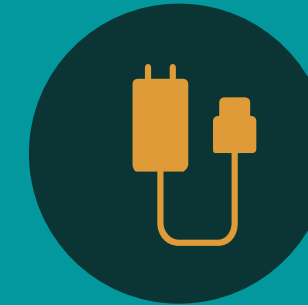
Small
Umbrella



Clothes
appropriate
for the
weather



Boarding
Tickets



Phone
Charger

Important Contacts



Emergency
Number
112



Táxi
+351 225
076 400



+351 914 953 393



THANK YOU!

JOIN US IN TRANSFORMING YOUTH PARTICIPATION ACROSS EUROPE!

CONTACT US: GERAL@CAMINHOCOOP.PT | WWW.CAMINHOCOOP.PT

