

International Training of Trainers on Being Civically Engaged, 1- 7 February 2026 in Catalonia, Spain

Preliminary training programme

1st February - arrival day (until 18.00, ideally)

02.02	03.02	04.02	05.02	06.02
9.00-10.00 Breakfast				
Getting to know each other personally and professionally	Exploring personal values, beliefs and political perspectives	Travel to Barcelona	Developing critical thinking - review of the trainer's reality and practices in Europe	Sharing results from the teams
11.30-12.00 Morning break				
Intro to the course Setting the learning stage	Exploring personal values, beliefs and political perspectives	Exploring civic engagement and training practices in Barcelona	Developing pilot civically engaged training practice ideas	Diversity, democracy and human rights - how to make it a source of learning?
13.30-15.00 Lunch break				
Trainer's identity links to active citizenship	Connecting youth policies and programmes to own values and beliefs	Exploring civic engagement practices in Barcelona	Developing pilot civically engaged training practice ideas	Resources for trainers' professional development and recognition
16.30-17.00 Afternoon break				
Daily reflection	Daily reflection	Migrantour / Free time	Daily reflection	Youthpass Final evaluation
19.00 Dinner				
Networking evening	Beach picnic	Free time	Free time	Farewell evening

7th February - Departure day



The training course will contribute to the development of [ETS](#) trainers' competences in the area of "Being Civically Engaged"

1. Understanding and asserting the trainer's work as an act of civic engagement
2. Connecting relevant [youth] policies and educational programmes to own values, beliefs and different political perspectives
3. Reflecting on personal civic engagement, values and beliefs, and integrating them in the training practice in a responsible and constructive way
4. Supporting learners in developing critical thinking and using the diversity of opinions and beliefs as a source of learning
5. Applying democracy and human rights principles in the design and delivery of training activities.