

YOUTH WORKER EXCHANGE

Storytelling: *discovering the inner superhero*
trento, italy

4 - 10.11.2026



Co-funded by the
Erasmus+ Programme
of the European Union

INTRODUCTION

Storytelling: *discovering the inner superhero*

An important aspect of youth work is supporting and empowering young people into understanding their value, as well as their values, and support them into discovering their inner superhero.

The objective of this Youth worker exchange project is therefore to offer youth workers from all over Europe the opportunity to share best practices on creative storytelling as well as doing workshops on human library, active listening and positive communication.



activities

WHAT

The project aims to be an opportunity for youth workers from different parts of Europe to meet and compare methods and tools of innovative storytelling.

Throughout the week we will discover new ideas together to guide young people build their own identity, boost their self-confidence and empower them in creating healthy social relationships.

wednesday 04/11

This day is all about arrivals, discovering the space and surroundings of our youth worker exchange location and getting a good rest after a long day of travelling.

thursday 05/11

The next day is dedicated to getting to know each other, exploring the area, understand more about innovative storytelling.

friday 06/11 saturday 07/11 sunday 08/11

These three days are fully dedicated to the exchange of best practices as a hands on experience, as well as to workshops on Human Library, Active listening and positive communication. It is the heart of our youth worker exchange where each participant will share one educational storytelling methodology in a 360° structure (preparation, implementation, evaluation). This will facilitate learning and gaining new skills as well as tools for working with young people.

monday 09/11

The last day is dedicated to evaluating the activities of the youth worker exchange and offer space to the group to share their experience.

tuesday 10/11

This day is all about departures and see you soon goodbyes.

The youth worker exchange program is a co-creation process and we are open to your ideas and suggestions so that we will all have an amazing and fruitful time.



WHERE

- Trento

We will meet in Trento, a beautiful town with a population of about 120,000 inhabitants. Trento is situated in the north of Italy, near the border with Austria, and is known for its beautiful countryside, with lovely mountains and lakes. It is an excellent opportunity for hiking, sailing, and mountain bikes trips.

- Accommodation

Villa S. Ignazio is a residential hospitality house run by a social-solidarity cooperative. Participants will be accommodated in double and triple rooms. Villa S. Ignazio is within walking distance (5-10 minutes downhill) from the historic center of Trento. Just keep in mind that the walk back might be a bit harder because the hill is quite steep. There is also public transportation available.

You can find more information on Villa S. Ignazio [at this link](#).



HOW

Breakfast, lunch and dinner will be provided by Villa S. Ignazio, and on some occasions we might eat out in the city center. The working room is situated in the facility as well.



WHO

The project targets youth workers from all over Europe who work closely with young people, such as youth center workers etc.

A total of 26 youth workers can take part in this exchange: It is mandatory to have a sending organisation with a valid OID. Each organisation could send up to 2 participants.

international

TRAVEL

Actual travel expenses from the country of residence to the location of the exchange will be reimbursed up to the amount indicated in the table below this chapter (the table states the maximum amount that can be reimbursed according to the travel distance). **Refunds will be made only after receiving the complete travel documents.** The maximum amount of permitted travel costs will be calculated based on the distance between the place of residence in your country and the place where the exchange takes place.

Please note that you have to travel from the country of the sending organization you represent. In the case that you need to travel from a country that is different to that of your sending organization, please inform us in advance as we must communicate this to our National Agency in order to get approval for your travel.

You can calculate the exact distance using the official link.



ELIGIBLE TRANSPORTATION

Participants must travel by public transportation (plane, train, buses) on the dates specified (09.09 and 16.09) in order to get the reimbursement. For distances below 500km, the participant will use green travel. The travel options need to be first confirmed by our team.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

GREEN TRAVEL
TRAIN
BUS
CARPOOLING
BIKE

important info

REIMBURSEMENT

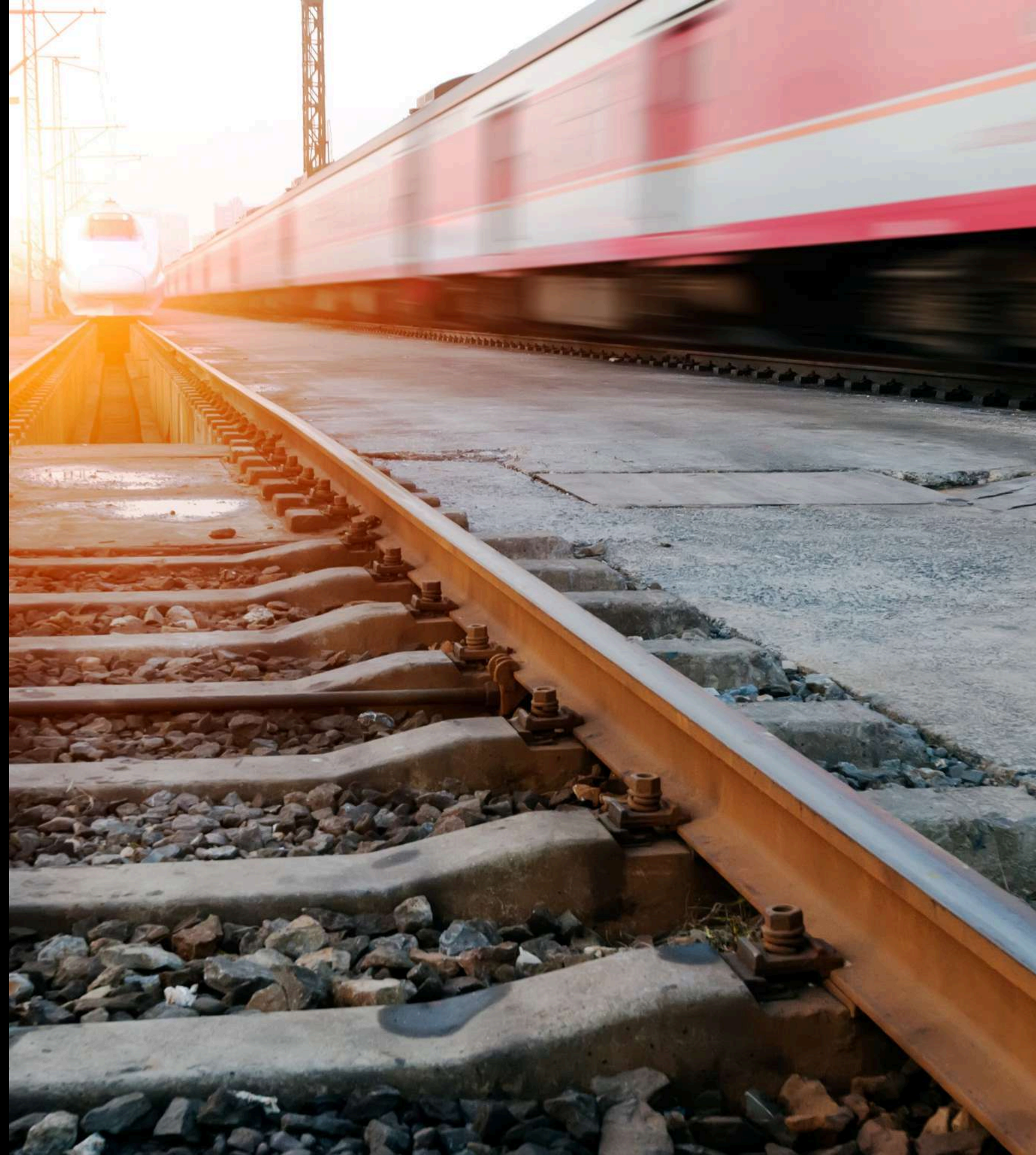
We will be able to reimburse you only after receiving all relevant documents from you: we kindly ask that you make use of electronic tickets as much as possible, because this will facilitate the process of reimbursement and make it faster. If you have any paper tickets, you will need to hand us the original physical ticket in order for us to be able to reimburse you (this is required by Italian law). In case your country and/or organization has a similar law, we will need a declaration from your organization's legal representative stating that you need to keep the tickets. Hence, electronic tickets will help a lot!

Please note that the reimbursement will be done after receiving all relevant travel documents from you.

All the travel documents have to be received by us by 10/12/2026. We will not be able to process any documents after this date.

The reimbursement will be done no later than 10/01/2027. We will not be able to make a reimbursement after that date.

Please also note that we can only make the reimbursement to your personal bank account (the name of the bank account holder needs to correspond to your name) or to your sending organization's bank account. No third-party bank accounts can receive the reimbursement. We cannot reimburse anything in cash, even for small amounts.



important info

INSURANCE

As per the Erasmus+ Programme Guide (p.11):

All participants “involved in mobility activities under all Key Actions of the Erasmus+ Programme must be insured against the risks linked to their participation in these activities.”

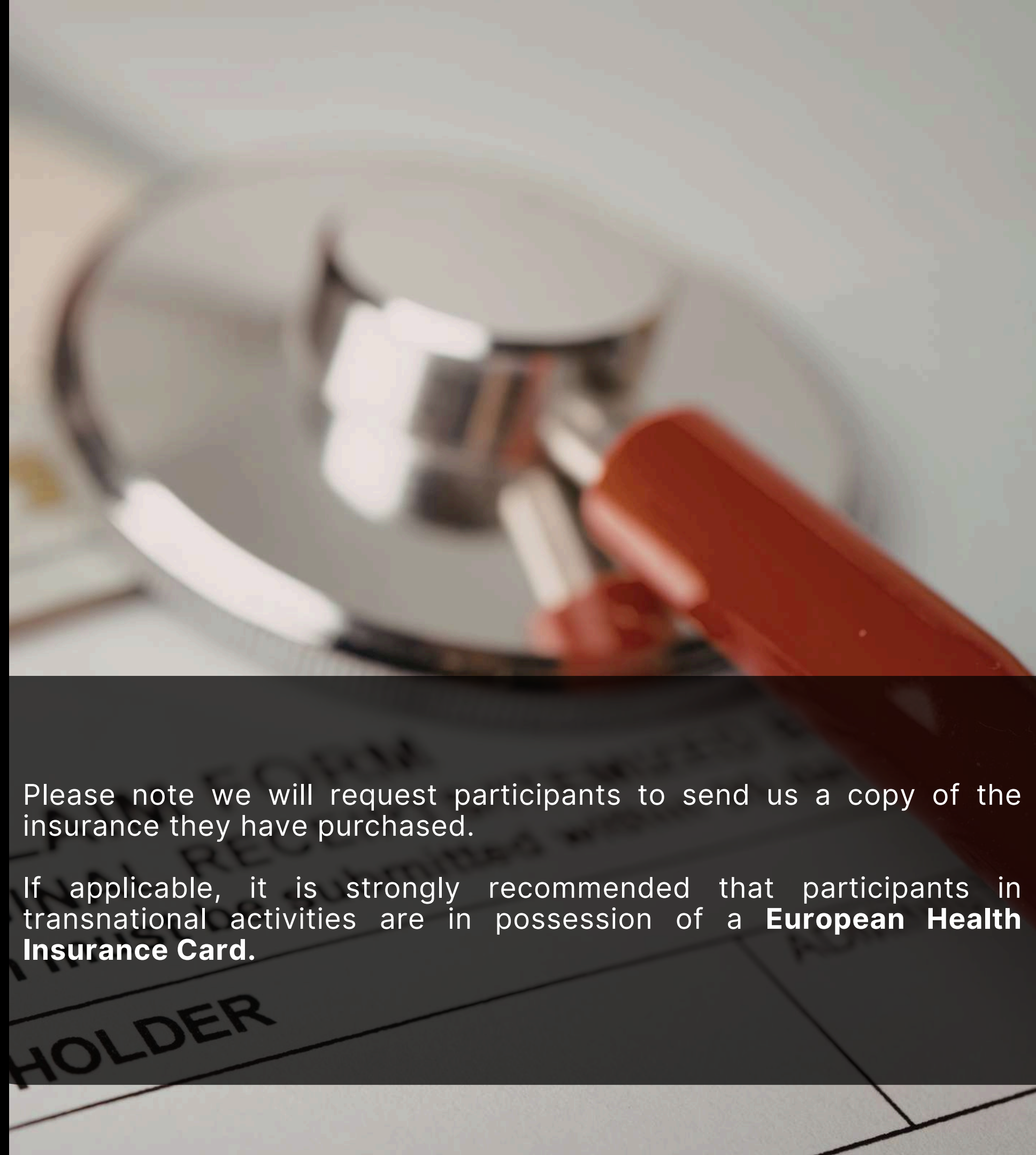
Therefore, to take part in the exchange, participants must arrange to purchase insurance for their stay in Italy (only travel insurance is optional). The cost of the insurance policy must be covered by the participants or their sending organizations and will not be reimbursed by InCo.

In particular, “the following areas must be covered:

- wherever relevant, travel insurance (including damage or loss of luggage)
- third party liability (including, wherever appropriate, professional indemnity or insurance for responsibility)
- accident and serious illness (including permanent or temporary incapacity)
- death (including repatriation in case of projects carried out abroad).”

Please note we will request participants to send us a copy of the insurance they have purchased.

If applicable, it is strongly recommended that participants in transnational activities are in possession of a **European Health Insurance Card**.



what to bring? CHECKLIST

We will be spending together 7 days (including your travel days) in a city in the mountain range, doing many different activities both within the accommodation center, as well as outside. Here is a list of what you should bring with you :)

essentials

toiletries
warm clothes*
waterproof jacket
comfortable clothes
indoor shoes**
comfortable shoes
reusable water bottle
personal medication

and more

typical food/items from your country ***

Anything that tells us something about your organization and that you would like to share.

*mornings and evenings are a bit breezy here in Trento, especially in november

** for your room

*** optional in case you have space/for your free time



HOW TO APPLY

Fill in this application form.

The project targets youth workers (18+) from all over Europe who work closely with young people, such as youth center workers, organisations, schools ecc.

A total of 26 youth workers can take part in this exchange. It is mandatory to have a sending organisation with a valid OID. Each organisation could send up to 2 participants.

DEADLINE: 15.09.2026

WHAT IS A YOUTH WORKER EXCHANGE

Youth Worker Exchanges are part of the European Erasmus+ Programme which offers opportunities to organize projects for the mobility of young people and youth workers. For youth workers, organizations can take part in opportunities to support the professional development, capacity building, network of youth workers and thereby the development of quality youth work at local, regional, national, European and international level through non-formal and informal learning experiences in mobility.

More specifically, mobility projects for youth workers aim to:

- Provide non-formal and informal learning opportunities for the educational and professional development of youth workers;
- Build a community of youth workers that can support the quality of projects and activities for young people in EU programmes and beyond;
- Develop local youth work practices and contribute to capacity building for quality youth work of the participants and their organization, having a clear impact on the participating youth worker's regular work with young people.

ASSOCIAZIONE INCO

InCo - Interculturality & Communication is a non-profit association in Trento whose aim is to create opportunities for people of different cultures to meet in order to increase intercultural sensitivity and international solidarity among young people, to encourage their active participation in society, but also to offer concrete opportunities for non-formal learning, personal and professional development. InCo organizes and manages various international mobility projects for young people and youth workers.





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If you would like to have any other further information regarding the youth worker exchange, here are our contacts:

contact us

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