

Training Course

50 SHADES OF YOUTH EXCHANGES

Infopack

Cassano delle Murge (Italy)

17-23 October 2026



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**YOUTH WORK'S
WORTH**



About us

Our organization, Link APS, is based in Altamura and was established in 2003, working to tackle cultural, educational, environmental and social issues in Puglia and Basilicata by promoting international volunteering programs. Link APS believes in the opportunity that Erasmus+ offers to young people to broaden their horizon, learn new competences and become citizens of Europe.



Project Background

Since 2024, Link has been implementing the series of projects **Youth Work's Worth**, dedicated to enhancing the quality of youth work and strengthening the European youth work ecosystem. During the first edition, the informal [BroCoLink Network](#) was established, creating a space for exchange and cooperation among youth organisations. The second edition, held in 2025, laid the foundations for new strategic partnerships and long-term collaboration between participating organisations.

The 2026 edition is dedicated to empowering a new generation of youth leaders, equipping them with the knowledge, skills, and competencies needed to address the contemporary challenges facing youth work and to contribute to a stronger, more innovative, and more resilient European youth work community.

Since 2020, Link has been an accredited NGO for implementing Erasmus+ and European Solidarity Corps projects. To this day, it remains one of the leading organizations in Italy in terms of the number of projects carried out, with approximately **70 mobility projects** implemented from 2021 to the present. These projects include youth exchanges, training courses, seminars, and preparatory visits covering a wide variety of methodologies and topics.

This has allowed Link to acquire a wealth of knowledge and experience in designing and managing European mobility projects, with a particular focus on youth exchange programs. Along with this, there has also been a growing desire to pass on this knowledge to young people interested in this field, so as to devote our energies to training a new generation of youth leaders who can continue to promote and spread the values of youth mobility.



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The topic

The goal of the project is therefore to share methods and practices for planning, facilitating, and managing a youth exchange project with young leaders and youth workers. This will be done by exploring all the potential problems and challenges that may arise during the course of a mobility program.

Specifically, the project will address the following topics:

- Designing a youth exchange project;
- Group facilitation and leadership techniques;
- Project management;
- Problem-solving and conflict management;
- Project Planning and writing workshop.

Participants' profile

The project is aimed at young people who have already participated in at least one youth exchange program and who intend to enter the field of facilitating and coordinating such projects. The project is open to **programme countries only**.

Participants must be between the ages of 18 and 30, and the program will involve between 20 and 25 participants.



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Spaces



Participants will sleep and follow activities at [Casa Nazareth](#), a facility surrounded by nature in the Apulian countryside near the town of Cassano delle Murge.

There is an indoor activity space, large outdoor spaces, a small forest, and a large kitchen with space for meals. Meals will be cooked by Link Association staff.

Participants will sleep in rooms for **6 people**. There is a bathroom in each room. Be careful, though, this is not a hotel: the spaces are very simple and somewhat old-fashioned. Also, there is **no wi-fi**. Therefore, we ask you for some flexibility, adaptability and willingness to step out of your comfort zone.



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Travel Budget

Namely: if the main part of the travel, in terms of kilometers traveled, is done by bus, train or car-pooling

Travel distance	Normal travel	Green travel
10 – 99 km	28 euro	56 euro
100 – 499 km	211 euro	285 euro
500 – 1 999 km	309 euro	417 euro
2 000 – 2 999 km	395 euro	535 euro
3 000 – 3 999 km	580 euro	785 euro
4 000 – 7 999 km	1188 euro	1188 euro
8000 km or more	1735 euro	1735 euro

- Participants can arrive 1 day before and leaving 1 day after the project dates (17 October - 23 October 2026). The accommodation for the extra-days is **not covered** by the project budget;
- In case of **green travel**, participants have 2 travel days for the arrivals and other 2 travel days for the departure. We ask you to inform us in advance in case you want to use green travel.



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Financial Rules

Travel, board and lodging expenses are covered by the European fund. Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ ([distance calculator](#)) and according to the rules of the Partnership Agreement that will be signed.

In the case you want to use GREEN TRAVEL option please contact us.

The project dates are **17 October - 23 October** (travel days included). If you want, you can arrive one day before the beginning of the project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be NOT covered by the budget, so they will be NOT reimbursed.

To get reimbursed, you need to send us, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).

You can find all the detailed rules in the [travel rules](#) document. Please, read it carefully before searching for your travel itinerary.



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How to reach us

From Bari Airport

Take a train from Bari Airport to Bari Centrale (information on this [website](#));

From other Airports

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).

Green Travel

Take a train or bus to Bari (Stazione Centrale or Via Capruzzi).

Then

- Take a bus from Bari (Via Capruzzi) to Cassano delle Murge (information on this [website](#));
- Finally, we will come to pick you up by van from Cassano delle Murge to Casa Nazareth.

IMPORTANT:

You **must** arrive in Cassano delle Murge by 8 p.m. on October 17 and leave by 9:30am on October 23.



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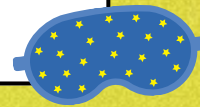
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What to bring

Bring a your own
bedsheets and towels



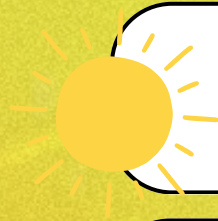
Earplugs and sleeping masks for a comfortable sleep



Comfortable
clothes and shoes



Sun cream, hat and mosquito spray



Shampoo, shower gel and your **personal care products**



Refillable **bottle**



Transportable tools and games for your **free time** and personal comfort



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What to know

The accommodation will be a residence **in the countryside** and there will be **no visits elsewhere** except on the day off and on the day of the final performance, where we will move to the city. Therefore, it is essential to know that there will be **no way to reach the city during the project**. For any needs, there will always be someone from the staff available.

Some of the activities might involve **physical contact** with the consent of your fellow participants.

Opt-out of work. Focus on the process. Enjoy the moment.



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Contacts

If you want to be partner of this project, please, **fill out this form.**

For any question, please, don't hesitate to contact us:

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