

Info Pack

Welcome

Congratulations on being invited to take part in this unique training course!

We hope you are motivated and looking forward to meeting with other participants who will join this activity.

We would like to provide you with some information to guide you in preparing for the training course. In this document, you will find:

- some background information about the course
- Information about the training programme and how to prepare

All this information will help you understand what Appetiser is all about! Still, if you have any questions regarding the content of this course, please contact trainers by email.

BACKGROUND INFORMATION ABOUT APPETISER

Why Appetiser?

At first, you might have thought that it is culinary training we invite you to! No, it is not! But you might feel hungry after our **Appetiser!** Hungry for new activities, new possibilities; hungry for more!

The name of this training course represents the entire idea – to motivate (“appetite”) people to expand their activities internationally! The idea for ‘Appetiser’ was born in 2004, when the need for new beneficiaries in the EU “Youth” Programme (now Erasmus+: Youth in Action) was expressed.

We think many youth leaders and workers around Europe organise great activities for young people in their town or country. Still, they do not spread their ideas at the European level.

Thus **Appetiser** is a space for these people to meet, share their experiences, and gain knowledge and confidence to organise international projects. We will create a safe space to explore the advantage of going international. By the end of



Appetiser, you will have the chance to know what it means to work with young people in a European setting!

What can you expect from the Appetiser course?

Before we dig more in-depth about the details, here you can find the specific *aims* and *objectives* of the **Appetiser course**:

- To taste non-formal and intercultural learning
- To enjoy the first intercultural youth project experience
- To exchange local youth activities in the international context
- To explore possibilities of support available for international youth activities offered by the Erasmus+ Youth Programme and European Solidarity Corps Programme
- To analyse examples of quality youth projects supported by the Erasmus+ Youth Programme and European Solidarity Corps Programme
- To see how to benefit from the international context in participants' local work practice..

What is the concept of Appetiser?

As you might have understood, **Appetiser** is a training course where we will create opportunities for you to learn what to consider when organising an international youth project.



Throughout the years, the **Appetiser** course has been developed further based on the feedback received by the participants. You can see an ice cream-type scheme, the model we will follow during the training.

Probably you will not find a restaurant where ice cream is included in the menu of appetisers. Still, we think that this dish is very motivating!

Shortly, topics included in the 'ice cream' are the ones we will work on during our training course. As you can see, we will very much focus on



non-formal education/learning and intercultural learning. They are two central pillars of international youth work. You might be asking yourself, what concretely do they mean, but this is precisely what we will be exploring during the **Appetiser** course! There are more exciting things to say about this 'ice cream', but we will reveal the whole secret in our training!

What is the activity programme for Appetiser?

You can find the activity programme of **Appetiser** included in this Info Pack. As you can see, it will be pretty intensive: 3 full working days with not so much free time. But we will do our best to make it exciting and motivating for you. During the programme, we invite you to engage through interactive exercises, simulation games, visual presentations, etc.

Make sure that you can actively participate during all 3 days.

As the programme will be intensive, we will not provide you with the possibility to visit famous places. If you want to see more, please arrange your travel so you can have extra days to see the country. Board and lodging for your additional "tourist" days will not be provided. You will have to take care of it yourself.

HOW TO PREPARE

Here is how you can prepare for the training course:

- Bring information (best in English and visual) about the main activities of your organisation so that you can present it to other participants. **You will not have opportunities to make a frontal presentation using PowerPoint or similar.** We will create a market space to share your organisation and exchange with other participants.
- Research on the internet about the Erasmus+ funding opportunities for international youth projects and the European Solidarity Corps programme. Start by exploring your [National Agencies website](#).
- Talk with your young people and organisation members/staff to bring ideas for international youth activities. This will help you when networking and searching for new partners.
- Bring some games to play during the intercultural evening in the programme. This can be some traditional, cultural or any type of games that you prefer playing with your friends and family during your free time. Optional: You can also bring some traditional, cultural drinks & food that you would like to share with the rest of the group.



Daily Appetiser programme*

Local times	Arrival day 1	Day 2	Day 3	Day 4	Departure day 5	
until 9.00	Participants arrival (all day)	<i>Breakfast</i>				Participants departure (all day)
09.15 – 11.00		Official welcome & Group Building	Intercultural Learning 'Theory & Practice'	Erasmus+ Youth & ESC further explained		
11.00 – 11.30		<i>Comfort break</i>		<i>Comfort break</i>		
11.30 – 13.00		Introduction & Small tasting of Erasmus+ Youth & ESC Programmes	<i>(including Comfort break)</i>	Good mobility project practises from hosting country		
13.00 – 15.00		<i>Lunch break</i>				
15.00 – 16.30		Organisations' bazaar	Non-formal education/learning	The value of international youth work		
16.30 - 17.00		<i>Comfort break</i>		<i>Comfort break</i>		
17.00 – 18.30		Sharing local youth work experiences		Youthpass & Evaluation of the training course		
18.30 – 19.00		Daily reflection	Daily reflection until 17.30			
19.30		<i>Dinner</i>		<i>Dinner</i>		
21.00	Welcome evening	Intercultural games	<i>Dinner Out</i>	Farewell evening		

*Programme scedule, timing and activities may change due to necessary local hosting arrangements