



Happiness

Transforming Challenges into Shared Happiness

Practices, experiences and results of a European journey for community wellbeing and resilience

How do you nurture the emotional wellbeing of a community? Join us online to discover the results of the Erasmus+ project Happiness in Practice and become part of its Community of Practice, a European network sharing positive psychology and empathy tools for wellbeing and resilience.



What you'll get



Concrete, ready-to-use wellbeing tools



Results from workshops in Italy, Spain & Belgium



A live, hands-on taster of one of the practices



Access to a growing European Community of Practice



07.07.2026



16:00 – 18:00
CET TIME



Online
on zoom



In english

Reserve your spot:

<https://forms.gle/3i5Pa5hvy4BX14446>



Flourish in community.

Join us:

happinesspractice.com/groups



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