

## **Mind the Gap - Human Rights Education: From Ideas to Practice**

Training Course | Hungary, 15-23 August 2026 (days of travel included)



### **Aim**

The training is for youth workers who want to deepen their understanding of human rights, inclusion, and active participation, and strengthen their ability to design and facilitate related educational processes with young people.

The course will explore key challenges and opportunities in bringing these themes into everyday practice, the role of the facilitator, and how to create inclusive and engaging learning environments. Participants will work in small groups to design, test, and reflect on educational activities.

This is the second edition of a training series that we aim to run annually, with the intention of building a growing community of facilitators and educators who return, reconnect, and develop their practice together over time. A key outcome is to strengthen this emerging network and further develop shared tools and methods.

### **Methodology**

We use non-formal education methods, with a strong focus on experiential learning, outdoor education, and drama and arts-based pedagogy. The course follows a horizontal approach, promoting peer learning, equal participation, and active experimentation. Participants will design and facilitate workshops, and engage in structured feedback processes to support learning from practice.

### **Target group**

We are looking for youth workers who want to develop their facilitation skills and strengthen their everyday practice in the field of human rights education. The training is aimed at those who are directly working with young people and interested in making these topics more accessible, meaningful, and actionable in their work.

**Apply here by 20 July!**

## Meet the Trainers

### Francesca Costanzo

I have a background in Literature and Semiotics, and I've volunteered since I was young, especially with children and young refugees. Those experiences gradually led me towards non-formal education, where I found a way of learning and working that resonates with me. After my ESC year in Spain, I started facilitating Erasmus+ youth exchanges and training courses, and I collaborate with organisations and groups from different countries. I'm particularly interested in inclusion, social justice, human rights, environmental issues, creative forms of expression, community-based projects, and participatory learning methods. I'm also trained in the *Theatre of the Oppressed* and value spaces where people feel comfortable to learn, share, and grow together. Currently, I'm based in the south of Italy, where I'm exploring my interest in agroecology and learning from local initiatives focused on community and sustainability.



### Zsafia Racz

I originally trained as a teacher and over 10 years ago moved from formal education into youth work and non-formal learning. Since then, I have worked in a municipality, youth NGOs, and supported housing, with a strong focus on supporting young people in vulnerable situations, including Roma communities and refugee youth.

I am passionate about human rights education and about creating engaging, experiential learning spaces. My work is strongly shaped by outdoor education, drama, and arts-based methods, which I use to make complex topics more accessible, interactive, and meaningful for young people.

### Laszlo Barcza

My journey started in social work, where I quickly realized, that my true passion lies in empowering young people, I especially love working with disadvantaged youth. I strongly believe that experiential learning is the most powerful tool for growth, which is why "learning by doing" is at the heart of everything I do. I regularly facilitate empathy-building, sensitization, and community-building workshops for both teenagers and educators as a school social worker. Peer support is a method that is incredibly close to my heart.

I am also deeply connected to nature's teaching power and practice as a drum circle facilitator. For the past three years, I have been dedicated to NGO work, creating impactful and colourful projects for youth, by youth. I can't wait to meet you all, share energy, and learn together!



## Food and Accommodation

All food and accommodation expenses will be fully covered by the coordinating organization.

Please note that the accommodations will be basic, with multiple people sharing large tents. The venue, Dombfalva, is remote and includes compost toilets and outdoor showers heated by solar panels.

You can get more information on the venue Dombfalva [here](#).

## Travel Reimbursement

Distance (km)	Green Travel	Standart Travel
10 – 99 km	56 €	28 €
100 – 499 km	285 €	211 €
500 – 1999 km	417 €	309 €
2000 – 2999 km	535 €	395 €
3000 – 3999 km	785 €	580 €

Travel costs will be reimbursed following the completion of the mobility, once travel documentation is submitted. Please note that the reimbursement process may take approximately 2-4 months and will be transferred directly to the bank account of the sending organization, not to the participants themselves.

## Travel Distance Calculation

The distance for travel reimbursement is determined based on the main office location of partner organizations, in line with the [Erasmus+ Travel Distance Calculator](#).

## Green Travel Option

Travel costs will be reimbursed following the completion of the mobility, once travel documentation is submitted.

Participants have the opportunity to choose more sustainable travel options, such as trains, buses, or carpooling, provided they inform the organizations in advance.



## About us

Founded in 2004, **Jatszoda Association** initially focused on supporting the development of young people with special educational needs. After a decade, the organization shifted towards cultural and eco-conscious programs, emphasizing the urgency of environmental education. The purchase of a 4-hectare property near Budapest, named “**Dombfalva**,” facilitates eco-conscious programs with a strong focus on youth engagement. Actively involving young people we promote environmental education, sustainable lifestyles, community building, volunteerism, active citizenship, physical and mental wellbeing, all facilitated through non-formal educational methods and art pedagogy.



The diverse abilities of our members are a vital resource for the implementation of the association’s multifaceted activities. These skills encompass developmental pedagogy, working with vulnerable young people, refugees and Roma minorities. Art therapy and pedagogy, music, dance, drama and media skills. Eco-architecture, agriculture, community development, mindfulness, meditation, and yoga.

In our experience, success comes from connecting environmental awareness with community involvement. We strongly believe that by fostering an alternative close to nature lifestyle in both our environment and communities, we can make a lasting impact not only on the lives of the youth we engage with but also within the various circles surrounding us, extending from the local community to the international stage through our programs.



## Contact us!



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