



# NON FORMAL EDUCATION METHODS LAB

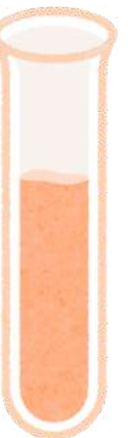
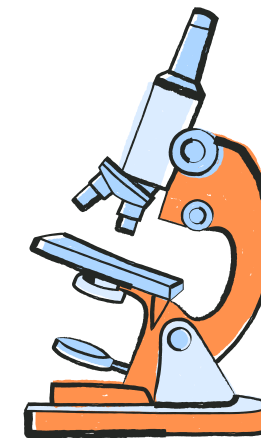
## TRAINING COURSE

19 – 25 JULY 2026

MOTYCZ LEŚNY N. LUBLIN, POLAND

Arrival day: 18 JULY 2026

Departure day: 26 JULY 2026



**TEST EFFECTIVE METHODS FOR WORKING WITH A GROUP**

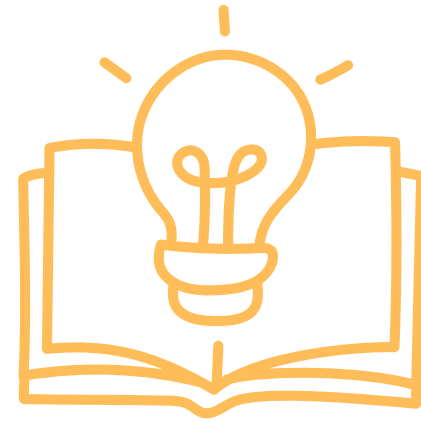
**DEVELOP YOUR NON-FORMAL EDUCATION TOOLS**

**LEARN FROM EXPERIENCED NON-FORMAL EDUCATION TRAINERS**



The training course is implemented by the HEureka Generator Association within the framework of the Erasmus+ accreditation No. 2020-1-PL01-KA150-YOU-096538

# WHAT IS THIS TRAINING ABOUT?



**DURING THE TRAINING COURSE, PARTICIPANTS WILL LEARN MANY EFFECTIVE METHODS OF WORKING WITH GROUPS THAT PROVE USEFUL IN INTERNATIONAL YOUTH EXCHANGES, INTERNATIONAL TRAINING COURSES, AS WELL AS IN YOUR LOCAL WORK WITH YOUNG PEOPLE AND ADULTS. EXPERIENCED TRAINERS AND FACILITATORS WILL SHOW YOU THE MOST EFFECTIVE METHODS OF INTEGRATION, TEAM BUILDING, EVALUATION, AND REFLECTION IN GROUP WORK.**



# NON-FORMAL EDUCATION METHODS DAYS

**MOREOVER, PARTICIPANTS WILL DISCOVER METHODS THAT ARE EFFECTIVE AND ENGAGING:**



**GRAFFITI**



**LIVING HISTORY LESSONS**



**HANDICRAFT**

# LIVING HISTORY LESSONS DAY

**IT IS A MEETING WITH A PERSON, A WITNESS TO IMPORTANT HISTORICAL EVENTS THAT INFLUENCED HIS OR HER LIFE. THE ESSENCE OF THE MEETING IS NOT TO LEARN ABOUT IMPORTANT HISTORICAL EVENTS IN A GENERAL SENSE, BUT TO FOCUS ON THE FATE OF AN INDIVIDUAL IN AN INTERESTING, OFTEN TRAGIC SITUATION IN THE HISTORY OF THE WORLD. A TYPICAL STRUCTURE OF WORK ON A LIVING HISTORY LESSON IS AS FOLLOWS: PREPARATION OF A SENIOR'S BIOGRAPHY; DEVELOPING QUESTIONS FOR A SENIOR BASED ON THE BIOGRAPHY; LOGISTICAL PREPARATION OF THE MEETING; MEETING WITH THE SENIOR; DEVELOPMENT OF THE COLLECTED MATERIAL; DISSEMINATION OF THE RESULTS OF THE WORK.**



# GRAFFITI DAY

**WORKING WITH GRAFFITI CAN BE USED IN MANY DIFFERENT WAYS DURING PROJECTS. YOU WILL TAKE PART IN WORKSHOPS THAT WILL SHOW YOU HOW TO USE GRAFFITI IN WORKING WITH GROUPS. ARTISTIC TALENT IS NOT NECESSARY TO USE THIS METHOD. THERE ARE TECHNIQUES SUITABLE FOR ALL PARTICIPANTS THAT ALLOW EVERYONE TO EXPRESS THEMSELVES AND DISCUSS TOPICS DURING YOUR WORK WITH A GROUP. YOU WILL ALSO LEARN HOW TO PREPARE A BUDGET FOR THE MATERIALS NEEDED TO IMPLEMENT SUCH WORKSHOPS.**





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# HANDICRAFT DAY

**DURING OUR TRAINING COURSE, YOU WILL ALSO SPEND ONE DAY TAKING PART IN PROVEN AND EFFECTIVE HANDICRAFT WORKSHOPS THAT OUR ORGANISATION USES IN GROUP WORK WHILE WORKING ON VARIOUS TOPICS. THE WORKSHOPS WILL BE CONDUCTED IN A WAY THAT WILL ALLOW YOU TO INDEPENDENTLY FACILITATE THEM IN YOUR EVERYDAY WORK WITH GROUPS AFTER COMPLETING THE TRAINING COURSE.**



# STUDY VISITS DAY

**WE WILL VISIT THE FORMER GERMAN NAZI EXTERMINATION CAMP IN BEŁŻEC, WHICH OPERATED DURING WORLD WAR II FROM MARCH 1942 TO JUNE 1943. THROUGH THIS HISTORICAL PLACE IN POLAND, WE WILL SHOW YOU WHY THE “LIVING HISTORY LESSON” IS SO IMPORTANT TO US AS A METHOD OF NON-FORMAL EDUCATION. DURING THE VISIT, PARTICIPANTS WILL HAVE THE OPPORTUNITY TO REFLECT ON THE CONSEQUENCES OF HATRED, DISCRIMINATION, AND THE DESTRUCTION OF HUMAN DIGNITY.**





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# STUDY VISITS DAY

**WE WILL VISIT ZWIERZYNIEC, A SMALL TOWN IN THE HEART OF THE ROZTOCZE NATIONAL PARK. DURING OUR TIME THERE, WE WILL EXPLORE THE LOCAL PUBLIC LIBRARY, WHERE PARTICIPANTS WILL LEARN ABOUT THE DIFFICULT HISTORY OF THE TOWN DURING WORLD WAR II. TOGETHER, WE WILL ALSO HIKE TO BUKOWA GÓRA – AN EXTRAORDINARY PLACE CONNECTED WITH BOTH LOCAL NATURE AND HISTORY. THROUGH THIS EXPERIENCE, PARTICIPANTS WILL DISCOVER ANOTHER APPROACH TO THE “LIVING HISTORY LESSON” METHOD.**



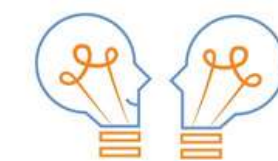
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# STUDY VISITS DAY

**WE WILL FINISH THE STUDY VISIT DAY IN ZAMOŚĆ, WHERE THE HEADQUARTERS OF OUR ORGANISATION IS LOCATED. THERE, WE WILL TELL PARTICIPANTS ABOUT OUR EVERYDAY ACTIVITIES AND WHAT IS IMPORTANT TO US IN WORKING FOR OUR LOCAL COMMUNITY. IN ZAMOŚĆ, THERE WILL ALSO BE FREE TIME TO EXPLORE THE RENAISSANCE OLD TOWN.**



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# FESTIVAL OF ILLUSIONISTS AND STREET ARTISTS

**ADDITIONALLY IN OUR FREE TIME PARTICIPANTS WILL VISIT LUBLIN DURING THE CARNAVAL SZTUKMISTRZÓW - FESTIVAL OF ILLUSIONISTS AND STREET ARTISTS. PARTICIPANTS WILL HAVE THE OPPORTUNITY TO EXPERIENCE ONE OF THE BIGGEST STREET ARTS FESTIVALS IN POLAND. DURING THE VISIT, PARTICIPANTS WILL WATCH PERFORMANCES BY STREET ARTISTS, ACROBATS, MUSICIANS, AND PERFORMERS FROM DIFFERENT COUNTRIES. LUBLIN IS A CITY WHERE WE VERY OFTEN ORGANISE LOCAL EDUCATIONAL TRIPS, MEETINGS WITH THE LOCAL COMMUNITY, AND PRESENTATIONS OF OUR REGION.**





# PARTICIPANT PROFILE

**PARTICIPANTS WHO ARE ACTIVELY INVOLVED IN WORKING WITH GROUPS IN THEIR ORGANISATIONS AND WANT TO EXPAND THE RANGE OF NON-FORMAL EDUCATION METHODS THEY USE.**

**PARTICIPANTS WHO ARE MOTIVATED TO ACTIVELY CONTRIBUTE TO DISCUSSIONS, GROUP WORK, AND PEER LEARNING.**

**YOUTH WORKERS, TRAINERS, PROJECT COORDINATORS, AND ACTIVE VOLUNTEERS.**

**PARTICIPANTS READY FOR AN INTENSIVE LEARNING EXPERIENCE IN AN INTERNATIONAL ENVIRONMENT.**

**PARTICIPANTS INTERESTED IN THE CONSCIOUS SELECTION OF EDUCATIONAL METHODS.**

**REPRESENTATIVES OF THE ORGANISATIONS LOOKING FOR LONG-TERM INTERNATIONAL COOPERATION.**

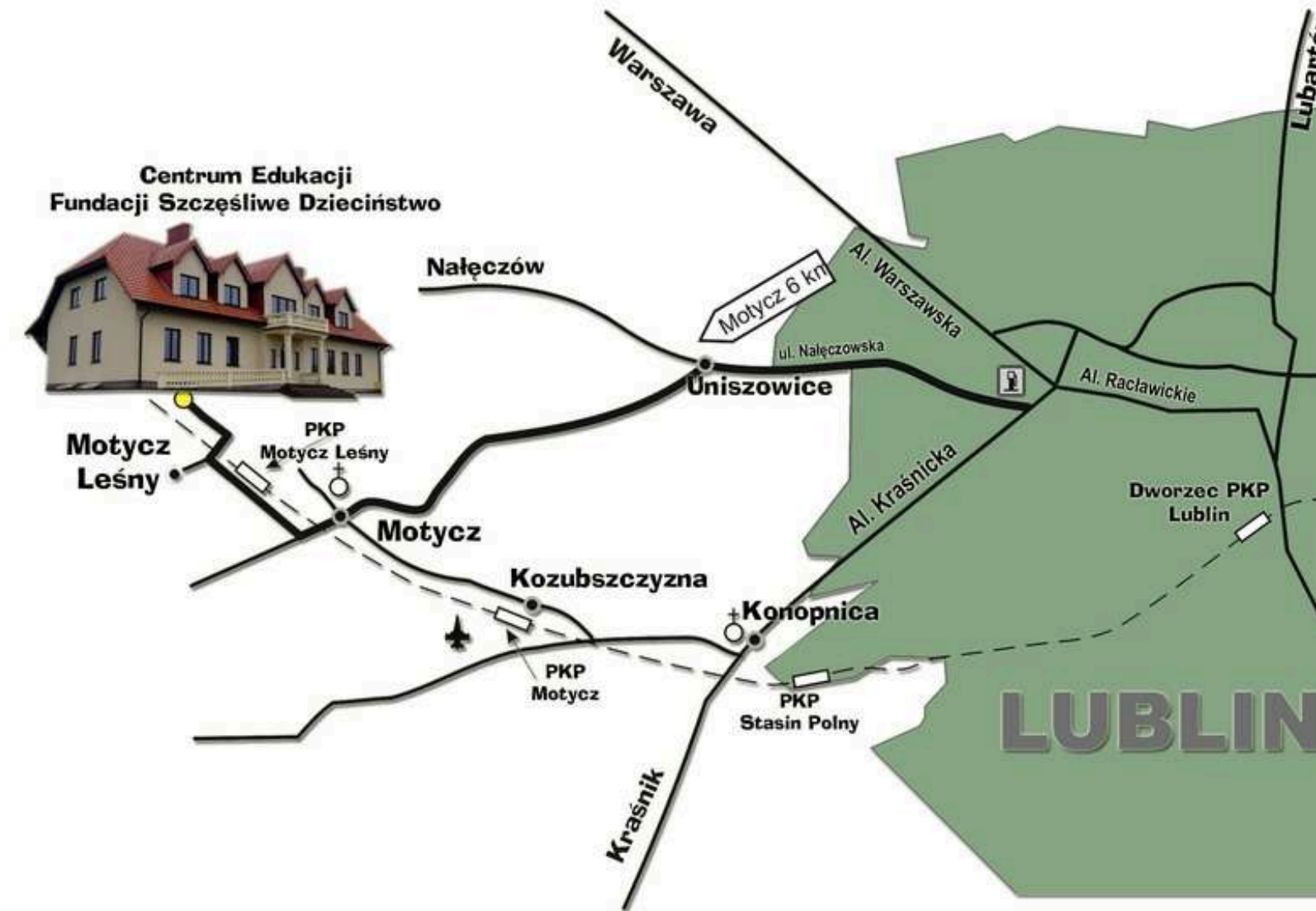




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# VENUE OF THE TRAINING COURSE:

**CENTRUM DOBREGO WYCHOWANIA**  
**ADDRESS: MOTYCZ LEŚNY 51, 21-030**



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# VENUE OF THE TRAINING COURSE:



**PARTICIPANTS WILL BE ACCOMMODATED IN 4-5 PERSON INTERNATIONAL ROOMS, SEPARATED BY GENDER (MEN AND WOMEN SEPARATELY). EACH ROOM HAS A PRIVATE BATHROOM. EACH PARTICIPANT WILL RECEIVE BED LINEN. TOWELS AND TOILETRIES WILL NOT BE PROVIDED, SO PLEASE MAKE SURE TO BRING YOUR OWN.**



# Reimbursement of the travel costs

**Travel costs will be reimbursed upon submission of original travel documents and proof of payment, in line with Erasmus+ grant rules.**

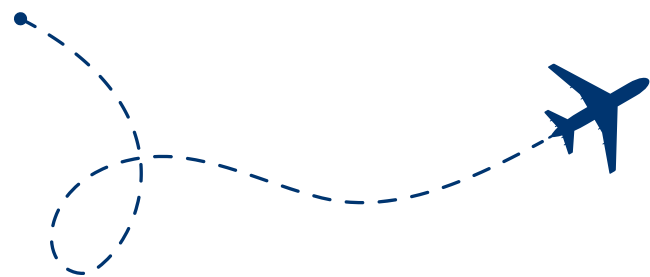
**For distances between 10 and 99 km, the reimbursement is 28 EUR for standard travel and 56 EUR for green travel.**

**For distances between 100 and 499 km, the reimbursement is 211 EUR for standard travel and 285 EUR for green travel.**

**For distances between 500 and 1,999 km, the reimbursement is 309 EUR for standard travel and 417 EUR for green travel.**

**For distances between 2,000 and 2,999 km, the reimbursement is 395 EUR for standard travel and 535 EUR for green travel.**

**For distances between 3,000 and 3,999 km, the reimbursement is 580 EUR for standard travel and 785 EUR for green travel.**





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# ORGANISER OF THE TRAINING COURSE



**Address:**

**Poprzeczna 17/78, 22-400 Zamość, Poland**



**E-mail:**

**[heurekagenerator@gmail.com](mailto:heurekagenerator@gmail.com)**



**WWW:**

**[heurekagenerator.pl](http://heurekagenerator.pl)**



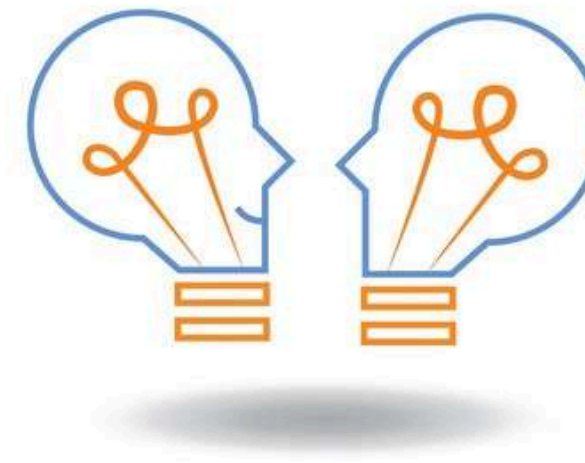
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