

ERASMUS+ TRAINING COURSE

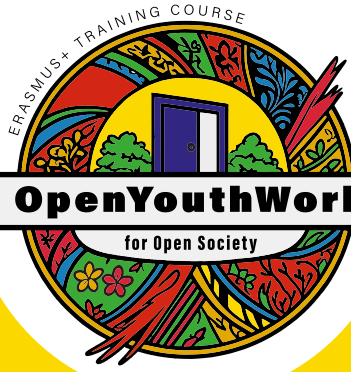
OpenYouthWork

for Open Society

TRAINING COURSE

8th - 15th June 2026

MURSKA SOBOTA - SLOVENIA



ABOUT THE PROJECT

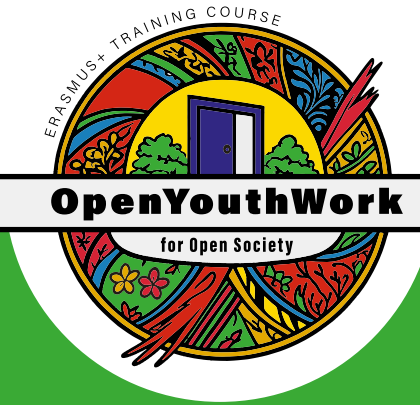
The project **“Open Youth Work for an Open Society”** aims to **strengthen the quality of youth work by promoting inclusive, accessible and participatory approaches in working with young people.** The main goal of the project is to empower youth workers and teachers with new knowledge, tools and competences that support the development of open youth spaces where all young people feel welcome, regardless of their background or opportunities.

Through international cooperation, the project brings together youth workers from different countries who will exchange experiences, share good practices and reflect on the role of youth work in building a more inclusive and democratic society. A strong focus is placed on engaging young people with fewer opportunities and ensuring equal access to youth activities, mobility and participation.

The core activity of the project is an **international training course** that will take place in Murska Sobota, Slovenia. During the training, participants will explore innovative approaches to open youth work, learn how to create safe and inclusive environments for young people and develop practical ideas that they can implement in their local contexts. Participation in the project is important as it supports professional development, strengthens international networks and contributes to the long-term impact of youth work in local communities.







METHODS AND ACTIVITIES

The project is based on non-formal education and experiential learning. Participants will be actively involved in the learning process through a variety of interactive methods such as group work, discussions, simulations, role-playing, reflection sessions, study visits, creativity tools and practical workshops.

The programme includes activities focused on sharing experiences, analysing challenges in youth work, developing new methods and testing tools that support inclusion and participation. Participants will also engage in intercultural learning, team building activities and peer to peer learning, which will strengthen cooperation and mutual understanding.

Special attention will be given to creating a safe learning environment, encouraging active participation and ensuring that all voices are heard. The project will also include dissemination activities, where participants will share the results and knowledge gained with their local communities.

CERTIFICATION – **YOUTHPASS**

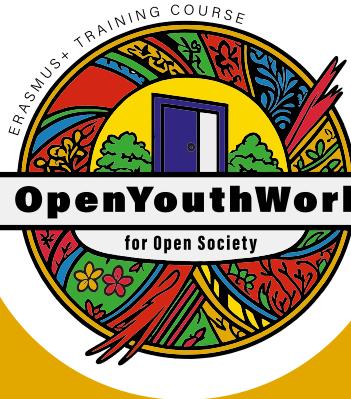
Each participant will receive a Youthpass Certificate, an official recognition of learning achievements gained during the exchange. It will highlight personal development, skills, and competences useful for education, work, and future opportunities.

AFTER THE TRAINING – **DISSEMINATION**

The project does not end once the training is over! Each national team will stay active after returning home. Together **participants will prepare dissemination activities** to share the project's results in their own countries and local communities. This may include:

- Presentations in schools, youth centres, or community spaces
- Creative workshops inspired by Open youth work
- Exhibitions, performances, or local events
- Social media campaigns or blog posts

Through dissemination, participants will spread the project's message of open youth work ensuring a wider impact beyond Slovenia.



OpenYouthWork

for Open Society

PARTICIPATING COUNTRIES



SLOVENIA

DRUŠTVO KREATIVNE MLADINE
joinus.erasmusplus@gmail.com



ROMANIA

ASOCIATIA SUPER TINERI (ASIRYS)
superyouthprojects@hotmail.com



CROATIA

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PORTUGAL

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VILELA
diretor@esvilela.pt



ITALY

STRAUSS APS
projects@straussaps.eu



POLAND

I LICEUM OGOLNOKSZTALCACE IM. H.
SIENKIEWICZA W LANCUCIE
ewelina.klimza@gmail.com



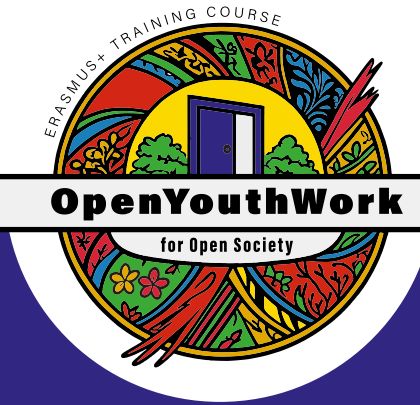
SPAIN

ASOCIACION JUVENIL INTER
asociacionjuvenilinter@gmail.com



CZECHIA

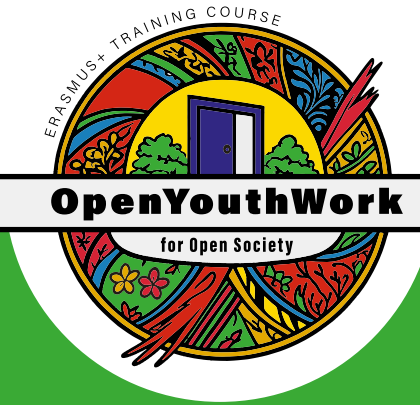
TVOŘIVÁ DÍLNA, Z.S.
irida.czechia@gmail.com



PARTICIPANTS PROFILE

- Youth workers and teachers aged over 18 years old, residents of participant countries.
- Required to be part of a voluntary organization or connected to the topic of volunteering, art, and solidarity. At least 1 participant from sending organization.
- Strongly interested in raising knowledge on the Erasmus+ Programme and youth project management.
- Motivated to address issues in their communities and at international level concerning young people.
- Motivated to speak about solidarity, art, vulnerable groups (Roma community, homeless community, LGBTQ+ community, elderly people...), mental health, anti-discrimination, and to spread tolerance among minorities, turning ideas into actions.
- Ready to work in a mixed intercultural learning environment and contribute to successful project implementation.
- Motivated to take part in an Erasmus+ project, work in an international team, and share experiences in the follow-up period.
- Have a communicative level of English and be able to take part in preparatory meetings, training course, and follow-up activities.
- Each group will include participants with fewer opportunities, facing cultural differences and social/economic obstacles (e.g. unemployment, socially/economically challenging backgrounds, discrimination, stereotypes, prejudice).
- Required to be active and ready to do outdoor activities.





DISCOVER MURSKA SOBOTA

A Youth-Friendly City

Murska Sobota, located in the northeastern part of Slovenia, is a vibrant and welcoming town where tradition meets innovation, and where young people are actively shaping the future of the community. Situated close to the borders of Austria, Hungary and Croatia, the city represents a unique crossroads of cultures, ideas and cooperation.

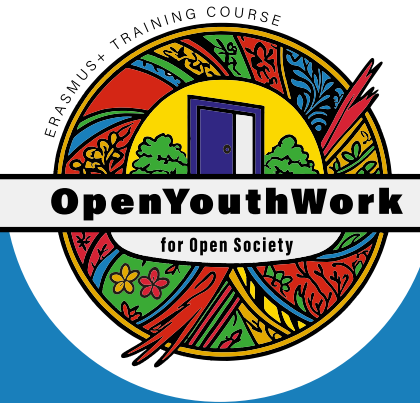
The municipality proudly holds the title of a “Youth-Friendly Municipality”, which reflects its strong commitment to supporting young people, creating opportunities for their development and encouraging their active participation in society. Murska Sobota is also recognised as a volunteer-friendly city, where solidarity, cooperation and community engagement are highly valued and actively promoted.

Over the years, the city has become an example of good practices in youth work, especially in the field of open youth work, inclusion and participation. Through strong cooperation between local authorities, youth organisations and educational institutions, young people are given space to express their ideas, develop their competences and contribute to the community.

Murska Sobota offers a supportive environment for youth initiatives, international projects and non-formal learning. It is a place where youth workers and young people can experiment, learn from each other and build meaningful connections.

Whether through local projects, volunteering opportunities or international cooperation, Murska Sobota shows how a smaller city can create a big impact by putting young people at the centre and building a community based on openness, inclusion and collaboration.





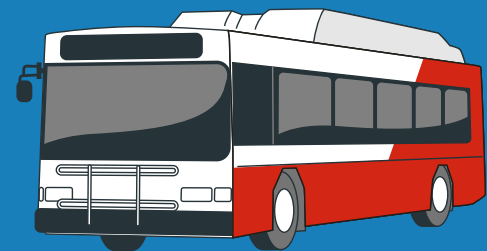
TRAVEL COSTS & REIMBURSEMENT

“Open Youth Work for Open Society” project is implemented with the financial support of the European Union through Erasmus+ programme.

We will cover from the project budget, the following costs:

- Food, accommodation and activities (100%);
- Transport costs will be reimbursed on a lump sum basis:

*56€ SLOVENIA	POLAND	309€
*211€ CROATIA	ITALY	309€
*417€ ROMANIA	PORTUGAL	395€
395€ SPAIN	CZECHIA	211€/ *285€



*green travel

Check your distance here:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

TRAVEL

Air: Airports: Ljubljana, Zagreb, Vienna, Budapest, Graz

Check flights on google flights, usually the cheapest option is to take a flight to Vienna.

Train: (Budapest - Murska Sobota - Ljubljana), (Ljubljana - Murska Sobota)
Destination is always Murska Sobota.

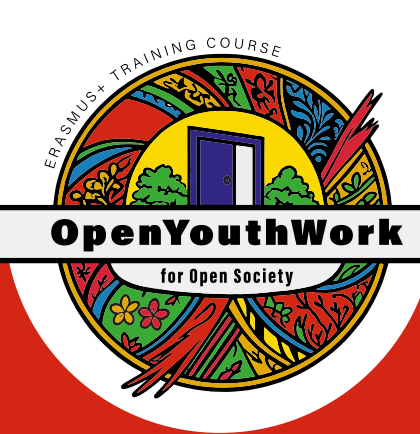
Car: Destination Murska Sobota, Slovenia (Trg zmage 8, 9000 Murska Sobota, Slovenia)

Bus: Ljubljana (capital) – Maribor - Murska Sobota || Budapest - Maribor - Murska Sobota

If it's possible we suggest that participants travel by organized transport (cars, van...)
Check for **GoOpti** transport from the airport: <https://www.goopti.com/en/>

IMPORTANT!

We will reimburse the transport money **ONLY** if the participant will **ACTIVELY** take part during the whole project. This is international project with non-formal education that is granted from European fund. Notice also that we can reimburse the costs that you can prove us (original tickets). **Don't buy your travel tickets before getting our confirmation!** Each participant can arrange with sending organisation if you have to buy your own tickets or the organisation will buy and will get reimbursed by us. Reimbursement will be done to the sending organisation or to one person from the national group after the training course. It also depends how fast you will finish with your dissemination process.



ACCOMMODATION

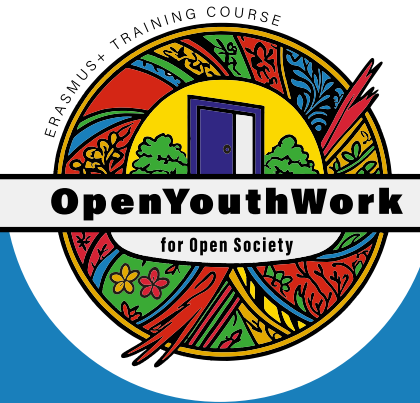
Hotel Zvezda***, Murska Sobota

Zvezda complex is located in the center of Murska Sobota and is a traditional meeting point of locals, as well as ideal starting point for business people, hikers and tourists. In the pleasant ambience of restaurant and pub, they offer a wide range of traditional Prekmurje dishes, as well as the daily offer of brunches, lunches and other dishes a la carte. In spring and summer you can enjoy the luxury of the summer garden in the shade of ancient chestnut trees, where they will serve you with their full catering.

***Included in the TC: breakfast, lunch and dinner for each day of the training.**
Participants will be accommodate in the rooms of 2 to 3 people.

Check more about accommodation here: <https://www.hotel-zvezda.si/en/>





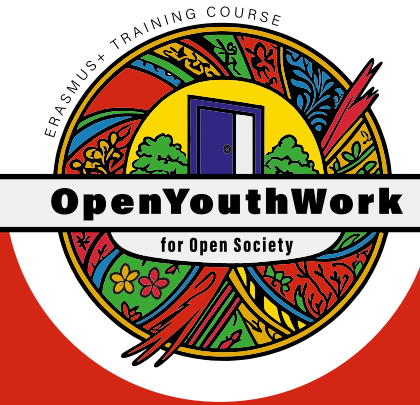
MEET THE TRAINERS

Marko Lenarčič is a Vice-President and project coordinator at Društvo Kreativne Mladine from Murska Sobota, Slovenia. He is the person who keeps the city active and encourages young people to participate and contribute to change for the better with his ideas, competences, joy for working with young people. In his history, he has gained a lot of experience in the field of various youth projects, which earned him the title of the Best Volunteer of the Year of the Municipality of Murska Sobota in 2012 and the Best Volunteer of the Year by the Youth Council of Slovenia a year later. His openness to new knowledge, endless ideas and constant will, desire to organize and carry out various events for young people is a great inspiration, motivation and admirable. His vision that the association will one day run its own youth centre actually became reality. Because the confidence with which he motivated local youngsters, helped to build a safe space and first youth center that promotes open youth work in Murska Sobota. He is also active in the local politics as the representative of all young people from the region.

His commitment to the youth work, the creativity he shares, the dreams he has, it is only a matter of time before they come true. Although his serious face sometimes masks it, inside he is a true joy, an immensely pleasant and amusing person who, after the first smile, can hardly remain serious.

Marko is a creator of CulSolidArt method that Društvo kreativne mladine developed through their projects and involvement of young people with fewer opportunities. Their youth center received a special award for the best youth project of the year by Youth council of Slovenia and the president of Slovenia.





MEET THE TRAINERS

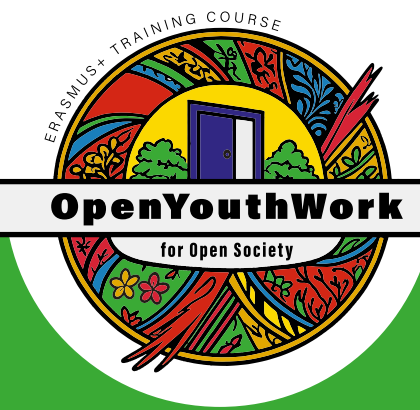
Marija Gebert is a graphic and web designer, youth worker, and the founder and coordinator of the Zagorje Creative Youth Association. She is also a member of the Youth Council of Krapina-Zagorje County and a president of Youth Council of City of Zabok. Marija is an active citizen and has been a dedicated volunteer for ten years, participating in numerous organizations within Krapina-Zagorje County. With a strong commitment to youth empowerment, she has actively participated in numerous Erasmus+ trainings and youth exchanges on various topics, including youth work, youth participation, youth councils, mentoring, and more.

As part of her international volunteering experience through the European Solidarity Corps (previous European Volunteering Service), Marija spent 10 months working with a youth organization in Chieti, Italy (CSV Abruzzo). During this time, she not only immersed herself in a new culture and language but also developed a wide range of skills and built a valuable network of human capital.

Through her 2 year experience working within the Network of Association Zagor as a project leader, Marija acquired invaluable project management skills, further enhancing her ability to lead and implement initiatives that benefit young people and the community. For several years she was the mentor of European Solidarity Corps volunteers as well as youth promotor for 2 years.

Her dedication to youth development and community engagement has been recognized, earning her the prestigious Volunteer of the Year award from Krapina-Zagorje County for the years 2021 and 2022. She facilitated a Youth Exchanges and Training Courses in Portugal, Slovenia and Croatia for last few years.





MEET THE TRAINERS

My name is **Matic Bogolin**, and I am an architect by education and a creator at heart. Creativity has always been a natural part of who I am, but at the same time I am a calm and grounded person who feels most at home in nature – in places where things are simple, honest, and where you can truly hear yourself again.

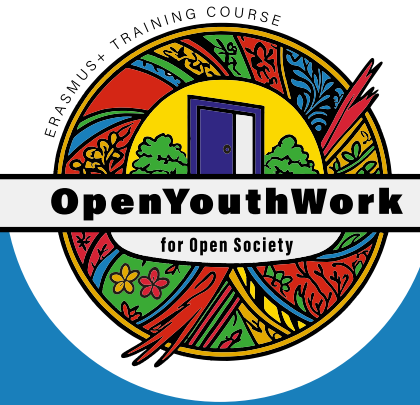
For more than 12 years, I have been working with children and young people. Through this experience, I have learned how important it is to feel safe, accepted, and truly seen. Working with youth has taught me patience, deep listening, and the value of being genuinely present. Sometimes, it only takes a small moment of understanding for someone to start opening up.

My personal journey has not always been easy. I have faced inner struggles, repeating patterns, fears, and also a sense of not fully belonging. One of the most important turning points in my life was realizing that I don't have to do everything alone – that accepting help is also a form of strength. That moment marked the beginning of a deeper connection with myself.

Today, I combine my knowledge and experience in working with people, where my intention is to create a safe and supportive space for personal growth, reflection, and self-discovery. I don't believe in quick fixes, but I do believe in small, honest steps that gradually lead to meaningful change.

I enjoy building – not only physical spaces, but also ideas, relationships, and environments where people can slow down, reconnect, and feel like they truly belong. If I can help someone feel even a little lighter, clearer, or more hopeful, that is already a success for me.





WORKING VENUE – YOUTH CENTER “DNEVNA SOBA”

The main activities of the project will take place at the Youth Center “Dnevna soba”, a vibrant and welcoming space for young people located in the heart of Murska Sobota. The name “Dnevna soba” (which translates to “Living Room”) reflects the essence of the center a safe, open and comfortable environment where young people can feel at home.

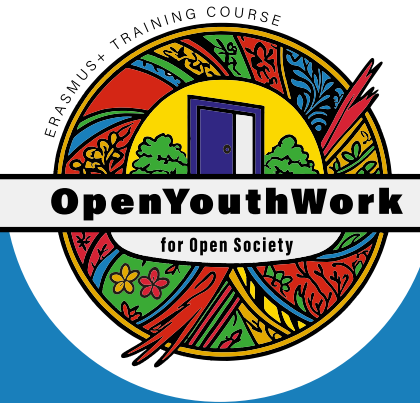
The youth center serves as a hub for creativity, learning and social interaction. It offers a variety of spaces where young people can meet, exchange ideas, develop their own initiatives and participate in different activities. From workshops and discussions to informal gatherings and cultural events, the center encourages active participation and co-creation.

“Dnevna soba” is based on the principles of open youth work, meaning that it is accessible to all young people, regardless of their background. It promotes inclusion, equality and mutual respect, while also supporting young people in developing their skills, confidence and sense of belonging.

The center is equipped to host interactive workshops, group activities and training sessions, making it an ideal venue for international projects. Its relaxed and informal atmosphere supports non-formal learning and helps create a positive group dynamic among participants.

Beyond being just a venue, “Dnevna soba” represents a community - a place where ideas grow, friendships are built and young people are encouraged to take initiative and actively shape their environment.





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WHAT TO BRING WITH YOU

On the second day, we will organise a culinary market showcasing traditional snacks from our countries. Each country will give a brief **presentation of its traditional snacks** (sausages, cheese, sweets, biscuits, drinks, desserts, savoury pastries, etc.). Each group is asked **NOT to bring food that needs to be cooked**. We will also have a normal dinner before this activity.

A short **presentation of a sending organization** for the market of organizations.

Each group should have a **flag from their country and sending organization** (if applicable). We will use the flag for group photos.

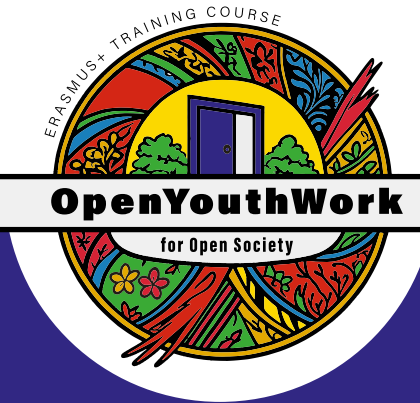
Each group should have at least 1 laptops

Each participant should bring **comfortable clothes, comfortable shoes**, clothes that can get dirty during our work actions, sports clothes for team building and hiking/walking.

A white T-shirt for farewell activity

- Each participant is kindly asked to bring some toys, Kitchenware cosmetics or anything that they **want to donate** to local organisation which we will visit and is working with people that face any kind of obstacles (We will visit a youth center, youth crisis center, Roma community and homeless shelter).
- Each participant is kindly asked to bring some **traditional sweets that we will donate to communities in need**.
- **Medicine that you usually use** (if you do)
- **Passport or ID card**
- **European health insurance card** (mandatory) or travel insurance
- **Flip-flops or comfortable shoes** for the accommodation
- **Water bottle** (Water in Slovenia is drinkable everywhere, so we will contribute to reducing the use of plastic with our water bottles. We will also make sure that we always have water with us)





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MORE INFORMATION

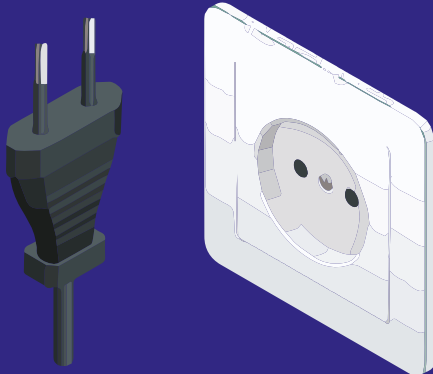
National & Regional Emergency Numbers (Slovenia)

112 – General emergency (ambulance, fire, mountain/cave rescue, veterinary, environmental hazards)

113 – Police emergency (direct access to police services)

1987 – Roadside assistance (AMZS, the Slovenian Automobile Club)

+386 2 539 15 73 Hotel Zvezda Reception



Slovenia uses the Type C and Type F electricity sockets

Don't forget: if your device has the Italian Type L three-pin plug, you'll need an adapter to use it in Slovenia.

The Slovenian currency is the Euro (€)

The currency in Slovenia is the Euro (€), so make sure to have some on hand.



1 € ≈ 4.25 PLN (Polish Zloty)

1 € ≈ 5.06 RON (Romanian Leu)

1 € ≈ 24.50 CZK (Czech Koruna)

CONTACT PERSON

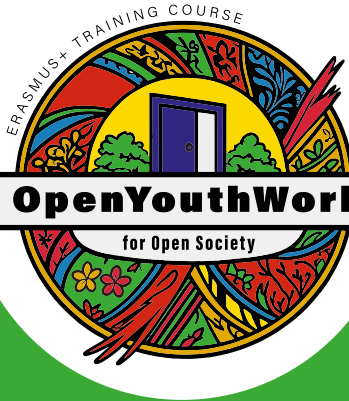
MARKO LENARČIČ, DRUŠTVO KREATIVNE MLADINE



joinus.erasmusplus@gmail.com



0038631702586 (WhatsApp)



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ABOUT SLOVENIA

So Slovenia is cool, it's a tiny but beautiful Slavic country and people are also just as pretty and welcoming. Only these facts are the good reasons for you to come visit Slovenia and join our project that will be held in a nice village surrounded with beautiful nature. But hey, why stop at these when we can show you a set of interesting facts about Slovenia!

In the Heart of Europe, where the Alps meet the Mediterranean and the Pannonian Plain meets the Karst, there is Slovenia. This small green country extends in the area of 20,273 km². It is one of the countries with an exceptional number of top athletes and rich cultural creation. In Slovenia it is not difficult to compare the value of goods and services, as they are priced in one of the most important world currencies – in euros.

1# Fact – Cavemen friendly territory

2# Fact – Slovenes love vineyards

3# Fact – Slovenes love their towns

4# Fact – Coast is small but pretty

5# Fact – Land is full of fuzzy bears

6# Fact – They have pretty weddings

7# Fact – Mountains are in their blood

8# Fact – Oldest vine is from Slovenia

9# Fact – They love to jump from their mountains

10# Fact – Slovenes are pretty

11# Fact – Slovenia has some cool neighbors

12# Fact – It's full of green forests

13# Fact – They have pretty Lipizzaner horse studs

14# Fact – Their Mount Triglav is pretty high

15# Fact – They enjoy bike rides and hiking

16# Fact – Film makers also love the area

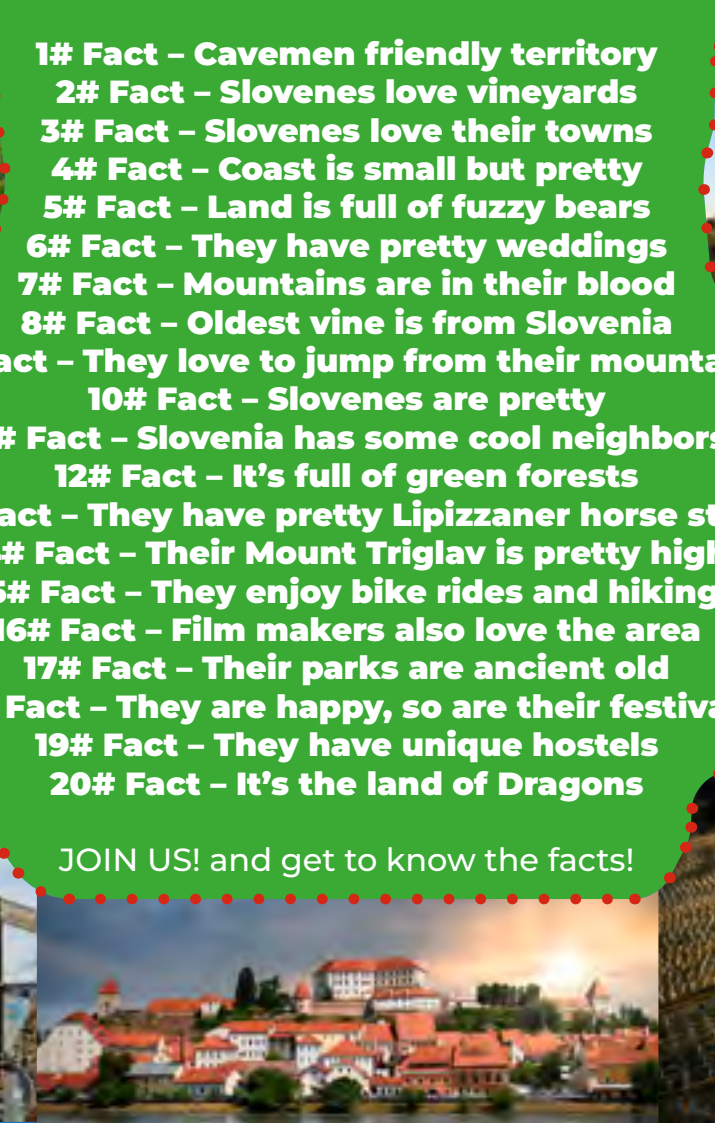
17# Fact – Their parks are ancient old

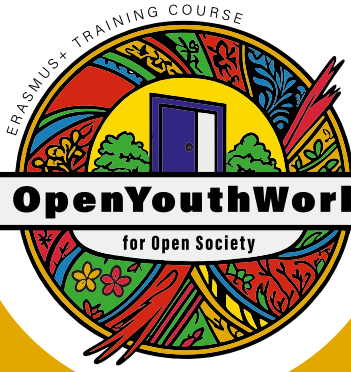
18# Fact – They are happy, so are their festivals

19# Fact – They have unique hostels

20# Fact – It's the land of Dragons

JOIN US! and get to know the facts!





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DICTIONARY



Hello / Zdravo, Dober dan

Good evening / Dober večer

Good morning / Dobro jutro

Im sorry / Oprosti

Thank you / Hvala

I don't understand / Ne razumem

Please / Prosim

How are you? / Kako si?

Cheers / Na zdravje

Goodbye / Nasvidenje

Yes / DA/JA

No / NE

Excuse me? / Oprostite?

I like you / Všeč si mi

Love / Ljubezen

Nature / narava

How can I get to Hodoš? / Kako lahko pridem na Hodoš?

Where is the train station? / Kje je železniška postaja?

Where is the bus station? / Kje je avtobusna postaja?

Where is taxi? / Kje je taxi?





Društvo kreativne mladine

Erasmus+
Enriching lives, opening minds.



Co-funded by
the European Union



Infopack and logo designed by:



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