



in collaboration with



Erasmus+
Enriching lives, opening minds.



SEMINAR RIDE THE INCLUSION WAVE

SURF AS AN INCLUSIVE TOOL IN YOUTH WORK

Info Pack

11th of June – 18th of June 2026

Nigrán, Spain



Co-funded by
the European Union

2025-1-FR02-KA151-YOU-000302795

RIDE THE INCLUSION WAVE

Seminar, June 2026, organised by Ride In 971, inside Erasmus+ Accreditation on Youth, co-funded through the French Agency on Youth & Sport



Introduction

“Ride the Inclusion Wave” is a **participatory seminar** that aims to collectively explore the potential of surf and the water element as innovative tools in youth work, especially when engaging young people with disabilities and fewer opportunities.

Rooted in the unique context of coastal and island communities, the seminar brings together youth workers, educators and practitioners who are committed to making sport more accessible, inclusive and meaningful.

Surf is more than a sport. It is a transformative experience, where the connection with water creates a safe, sensory and empowering environment. For many young people – particularly those with disabilities or health challenges – this can open new pathways for confidence, autonomy and social participation.

Through this seminar, participants will learn from each other, share practices and co-create new approaches, exploring how the water element itself can become a powerful medium for inclusion, well-being and youth engagement.

While the seminar is particularly oriented towards organisations that are able to implement surf-based or water-based practices, it is equally open to organisations that are actively working with young people with inclusion profiles, and are interested in discovering and integrating new methodologies into their work.



The seminar creates a space to rethink youth work practices and to develop innovative, inclusive and experiential methodologies that can be transferred across different contexts in Europe and beyond.





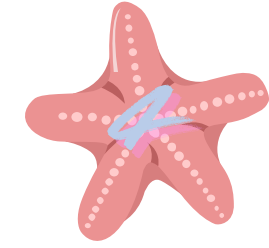
Program Objectives



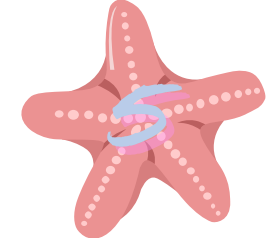
Explore surf and the water element as innovative tools for inclusive youth work, particularly for young people with disabilities and fewer opportunities.



Strengthen the capacities of participants to design and implement inclusive, sport-based and non-formal education activities.



Foster international cooperation and partnerships, encouraging the development of future joint projects (Erasmus+)



Facilitate the exchange of good practices and real-life experiences in the fields of youth, sport and inclusion.

Promote access, inclusion and well-being by raising awareness of the importance of making sport and natural environments accessible to all young people.



Your Hosting Organisations

Association Ride In 971

Ride in 971 is an association that aims to democratize and promote nautical and aquatic activities in Guadeloupe, providing sports and educational support, but also entrepreneurial opportunities through and for these activities. One of the main focus of our work is provide accessibility to people with disabilities, but also young people that come from social centers where they stay in state custody due to problems with their families, mostly violence, but not only. We organize interactive youth camps where young people learn how to manage their stress, and how to transform their attitude (often conflict one). We work in order to promote engagement of the citizens for training and development of the region, but also to empower young people through surf, art, social entrepreneurship, environmental protection through circular economy to learn how to work in team, be responsible, find their own life path and act toward unity, long-life learning and skills development. We pay special attention on working with people with disabilities, both when it comes to surf, but also when it comes to creation of arts, as a form of expression available to anyone, no matter the struggles and disabilities they may face.



Quenlla Surf Club

Quenlla Surf Club takes a leading role in inclusion by training and supporting people with different types of disabilities through surf.

The organisation delivers free surf sessions for partner associations that regularly collaborate with them, and organises awareness-raising talks featuring world-level parasurfers. We are the first and only surf club in Galicia that actively includes people with diverse needs in its regular activities. Their participants include young people with Down syndrome, individuals on the autism spectrum (including Asperger's), people with partial or total visual impairments, and women with reduced mobility.

The organisation has also contributed to the organisation of the European Parasurf Competition, reinforcing its commitment to developing inclusive surf practices at a European level. In addition, Quenlla Surf Club has participated in a youth exchange organised by Ride In 971, focused on young people with disabilities. It was during this exchange that the partnership behind this seminar was initiated, laying the groundwork for this collaborative project.





Our Case Study


Ride In 971 has implemented 5+ years of inclusive sport and youth participation activities at local, national and European level. Among them, the development of surf as a tool for inclusion and youth work stands out as a structured pathway designed to connect young people with fewer opportunities to their environment, their bodies and their communities.

Over the years, Ride In 971 has progressively built a model combining youth work, sport and health, working with young people with disabilities, chronic diseases and social vulnerabilities, while strengthening European cooperation through Erasmus+ projects.


One of the key milestones of this journey was the organisation of the first Parasurf and Adapted Surf Competition in Guadeloupe, bringing together young people with disabilities from multiple countries, and positioning the island as a new space for inclusive surf practices in Europe.


 Surf as a tool for inclusion and empowerment
Young people engage in surf activities as a way to build confidence, autonomy and social connection, using the ocean as a safe and transformative space.


 Reconnecting communities with the water element
In a context where surf is often perceived as distant from local populations, the project brings young people closer to the ocean, fostering a sense of belonging and access to natural spaces.

 Building partnerships across sectors
Ride In 971 works closely with health institutions (MAS du Moule, Clinique Le Choisy) and social organisations, creating a strong local ecosystem around inclusion through sport.



 Experiential learning through non-formal education
Participants develop physical, social and emotional skills through practice-based learning, adapted methodologies and inclusive group dynamics.

 From local action to European cooperation
Through Erasmus+ youth exchanges focused on young people with disabilities, Ride In 971 has built international partnerships – including with organisations such as Quenlla Surf Club – which directly contributed to the creation of this seminar.

 A space for access, well-being and transformation
Ride In 971 provides a safe and inclusive environment where young people with fewer opportunities can experience sport, well-being and participation in a meaningful way.

Participants Profile & Commitment

Who is this seminar for?

The seminar is designed for motivated individuals and organizations active in youth work, inclusion, non-formal education, sport and international cooperation, with an interest in using surf and the water element as tools for inclusion. Participants are expected to join in teams of 2–3 people, including one experienced youth worker or representative and one or two participants willing to develop inclusive practices.

Priority is given to organizations able to implement surf or water-based activities, while remaining open to those working with young people with inclusion profiles.

We are aware that this is not always possible, so if you feel like this program is a fit for your aspirations and you identify in the next section, please apply. We expect to host a total of approximately 22 participants.

Please note: We can only host participants from Erasmus+ programme countries.

This is an alcohol and drugs free seminar, we ask you to respect this rule.



image created with artificial intelligence

We expect to host participants who:

- Work directly with young people, such as youth workers, educators, facilitators, trainers and project coordinators;
- Represent youth organizations, NGOs, or informal groups interested in developing or strengthening international partnerships;
- Have experience or a strong interest in working with young people with fewer opportunities, including disabilities or health challenges;
- Are interested in exploring surf and the water element as innovative tools for inclusion in youth work;
- Are motivated to develop and co-create Erasmus+ and other European cooperation projects;
- Are willing to actively contribute, share practices and engage in a collaborative learning process.



image created with artificial intelligence



Get Involved: Ride the Inclusion Wave

Ready to catch waves with us? Here are the steps to follow and apply for this seminar to create lasting impact in your community.

Express your motivation

Tell us who you are, your experience in youth participation, and why you want to be part of this seminar. Highlight how this opportunity connects to your work and community.

Please also ensure that your sending organisation (if any) is informed and committed to your participation and potential follow-up engagement.

Share your idea & commitment in Youth Engagement

Present a challenge, idea, experience, or project you would like to develop during the seminar. We are looking for participants ready to co-create and turn ideas into action, but also those willing to extend their network.

Commit to the journey

Explain how you will use the seminar outcomes in your local context and how you plan to stay engaged in follow-up activities and partnerships.

RIDE THE INCLUSION WAVE

Seminar, June 2026, organised by Ride In 971, inside Erasmus+ Accreditation on Youth, co-funded through the French Agency on Youth & Sport



How will the week look like? - draft agenda

Ride the Inclusion Wave SURF AS An inclusive TOOL IN youth work													
Nigran, Spain June 2026													
DAILY FORMAT		Thu. 11	Fri. 12	Sat. 13	Sun. 14	Mon. 15	Tue. 16	Wed. 17	Thu. 18				
Breakfast	9.00	Breakfast and social activation											
Morning session(s)	10.00	ARRIVALS - check-in	Opening: programme framing, expectations and group setting	Methods lab: participation tools and NFE approaches	Practical visit to Islas Cies?	Partnership mapping and thematic clustering	From theory to practice: project making tools	Presentation of partnership ideas	Informal greetings				
	11.00		Participatory break	Participatory break				Participatory break		Participatory break			
	12.00		Building common language: conceptual framework on Youth work & Sports	Good practice marketplace				E+/EU project design lab		Peer review and refinement	Check-outs		
13.00	Lunch break		Lunch break	Local good practice testimony// surf study visit		Lunch break	Lunch break						
15.00								Organizational mapping and speed networking. Planning individual contributions and GTKEO.	From practice to reality: case-study workshop and problem solving activities	Youth Work & Surf project/activities life cycle	Cooperation roadmaps and action planning	YouthPass reflection	DEPARTURES
16.00	Harvesting / learning jorunal: introduction		Harvesting / learning jorunal	Consortium building and cooperation design lab		Harvesting / learning jorunal	Committment session						
18.00													
Evening participation activities	18.00		Welcome group dinner and ice-breaking	Dinner and self-organized night		Dinner and self-organized night	Dinner and self-organized night	Dinner and optional group activity	Dinner and self-organized night	Celebration night			
	19.00												
	20.00												
21.00													

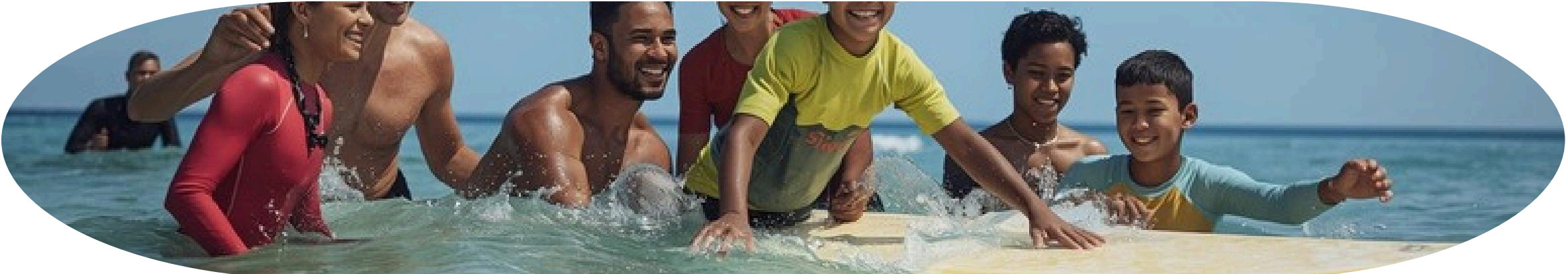
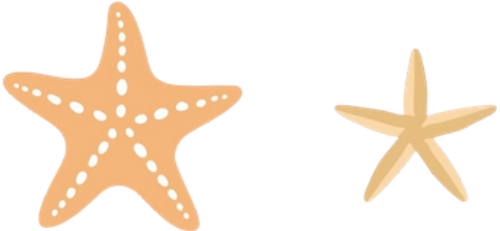


image created with artificial intelligence

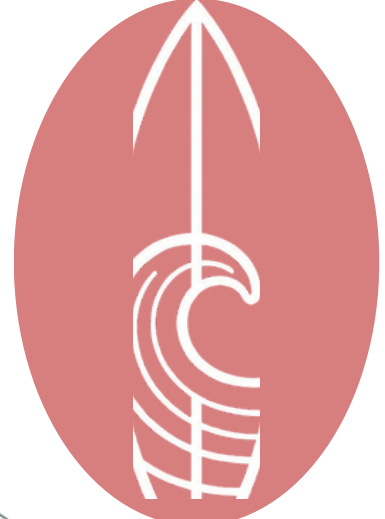




Logistical Information



In **Ride In 971**, we are proud of our logistical skills, and we believe that each in-person or virtual action we deliver is unique and delivered to the best of our knowledge and budget available. It is important to note that our organization delivers its actions on the Island of Guadeloupe and we have decided to move this action in Spain, due to the current World situation and the high costs associated to travelling to Guadeloupe. For this action, we have chosen the coastal city of Nigran in Galicia Region of Spain, which is very important to us and our hosting organisation (Quenlla Surf Club) is a pioneer of the adaptive surf in their country. We hope you will like the city and the Region as much as we do. This will not be your typical Seminar, but we have taken the youth spirit and created a real participatory experience. We would love to use every moment to share experiences and knowledge. Group engagement is recommended, and we believe our venue reflects all of these values. **Please note: We can only host participants from Erasmus+ programme countries.**



Venue & Location of Activities

- Vigo
- Patos Beach House
- Nigran
- Porto
- Islas Cies

Accommodation

We have chosen the beautiful **Patos Beach House** for our stay. Patos Beach House is an accessible accommodation just on the beach, which is willing to host us and enable us to work in a participatory way. You will be accommodated in double and quadruple rooms, and you will be able (as all guests) to enjoy the entire structure. Here you can find more info: [LINK HOTEL](#). Our activities will happen in different venues across the Region. Please bring a swimsuit and also a wetsuit if you have one. If you are not feeling comfortable with going in the water, this is fine.

Meals

All meals will be organised by us, depending on the location of the activities. We will do our best to accommodate all dietary needs; however, due to logistical constraints, the variety of options may sometimes be limited. We kindly ask for your understanding.

Travels

You can reach Nigran by bus, train, and plane. We recommend that you check flights to Vigo, Porto, and Santiago de Compostella Airport and then take an approximately 2h bus to the destination. We strongly encourage you to use green travel and join us by train, bus, or car pooling. Below is the maximum budget we have for your travel reimbursements depending on your travel distance. We strongly encourage you to try to spend as little as possible. We can reimburse only economy tickets, with hand luggage. Please note each travel needs to be approved by us. If you have challenges, we can prebook your tickets, do not hesitate to reach to us.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR



INTERESTED?
PLEASE APPLY BEFORE 22/5/2026
VIA SALTO

MORE INFO:
RIDEINGUADELOUPE@GMAIL.COM

