



Co-funded by
the European Union

YOUTH PROGRESS

SUSTAINABLE

IMPACT 3

TRAINING COURSE

Velké Pavlovice
Czech Republic

19.7. - 25.7. 2026
(arrival 18.7. / departure 26.7.)



BACK TO THE IMPACT!

Four years, two successful editions, and one continuing mission. We are returning to the roots of environmental education, but this time, we are pushing the boundaries again a bit further.

What started as a response to the EU Circular Economy Project has evolved into a high-level innovation lab for environmental educators. Sustainable ImPACT 3 isn't just about "doing good"

We've taken the best practices from our previous journeys in the Czech Republic to create our most ambitious program yet. This iteration is designed for professionals who are ready to stop scratching the surface and start hacking the systems of sustainability and start making a change.

Welcome to the 3rd chapter of this journey: **Welcome to SUSTAINABLE**
ImPACT 3



MAIN INFO ABOUT THE PROJECT

SUSTAINABLE
IMPACT 3

Participating countries: Czechia, Portugal, Romania, Italy, Bosnia and Hercegovina, France, Lithuania, Spain

Number of participants: 24 (3 per country) + 2 facilitators

Hosting organisation: Youth Progress, z. s.

Location: Ekocentrum Trkmanka, Velké Pavlovice, Czech Republic

(Read more about this beautiful Moravian wine town)

Dates: 19.7 - 25.7. 2026 (18. 7. arrival / 26.7. departure)

Working language: English

Application deadline: 10th of May, 2026

Please be aware you will **need to exchange your money to the Czech Crown (Kč / CZK).**

1 euro is currently around 25 CZK

Accommodation, food, and all materials for the project will be covered by the Erasmus+ program.

There is no participation fee.

There is **NO** insurance provided by the organisers. Please, purchase private insurance or, if you are an EU citizen, get it free of charge from your national social security that covers medical costs around EU member states.



SUSTAINABLE IMPACT 3



ABOUT US

We are **Youth Progress**. Our mission is to empower youth to learn, grow, innovate, engage, and lead positive change in society.

We are driven by our values, which are democracy, cooperation, lifelong learning, empowerment, creativity, innovation, responsibility, diversity, and sustainability in all its forms. Our activity is based in non-formal education, volunteering and community building.

For more information, visit: **youthprogress.eu**



ABOUT THE PROJECT

SUSTAINABLE
IMPACT 3

Sustainable ImPact 3 is the third edition of a long-term initiative dedicated to tackling overproduction and excessive waste. Grounded in the **EU Circular Economy Package and the 2023 Waste Framework Directive**, this project bridges the gap between high-level European environmental policy and grassroots youth work.

Recognizing the urgent need for green education identified by the **European Commission** and the **EEA**, the project empowers youth workers to become catalysts for sustainable change. By aligning with the **"Sustainable Green Europe" Youth Goal**, we aim to transform environmental awareness into tangible community action.

To ensure a deep and practical impact, the training is structured around the **European Sustainability Competence Framework (GreenComp)**. The program is designed for participants to master each competence area and return to their communities equipped with the advanced tools needed to inspire a resource-efficient, circular future.



SPECIFIC OBJECTIVES

SUSTAINABLE
IMPACT 3

- Teach youth workers how to advocate for sustainable consumption in their communities;
- Help them adopt tools, skills and methods to teach sustainability effectively;
- Teach them to apply digital tools in environmental education;
- Train them to design and run their own sustainability activities that foster local engagement
- Train them to design and execute promotional campaigns addressing environmental issues.
- Familiarize them with the European Sustainability Competence Framework and help them exercises its areas
- Connect youth workers across Europe to share ideas and best practices;
- Promote personal, local, and professional environmental awareness and engagement;
- Improve understanding of European environmental policies and their impact
- Raise awareness of sustainability challenges and solutions in urban areas
- Strengthen cross-border partnerships among professionals and organizations across Europe



WHO ARE WE LOOKING FOR

SUSTAINABLE
IMPACT 3

The ideal participant...

- is 18 and more years old;
- is interested in sustainability and environmental issues, ideally with previous experience in youth work or education to bring to the project;
- has a plan how to apply the skills and know-how from the project in your daily practice and further projects;
- seeks inspiration and wants to network with other professionals with whom they may cooperate in the future.
- is committed to fully participate in the dissemination of the project.



THE SELECTED PARTICIPANTS ARE EXPECTED TO:

SUSTAINABLE
IMPACT 3

- attend **preparatory online** meeting
- **fully participate** in the training course
- contribute to the **development of a Toolkit** from the training.
- participate in **Learning Self-Assessment** after the mobility (online form);
- fill in the **Participant report**
- organise at least **1 offline follow-up activity** per country to disseminate the project results in their communities **with 1 content piece on social media connected to it**
- participate in follow up **online meeting** to share information about their dissemination efforts, assess the project's overall impact and learning, help further spread the awareness.



**INTERESTED IN TAKING PART
IN THIS PROJECT?**

REGISTER HERE



ARRIVAL / DEPARTURE

SUSTAINABLE
IMPACT 3

GREEN TRAVEL

For environmentally friendly travel, we recommend the below routes to Velké Pavlovice.

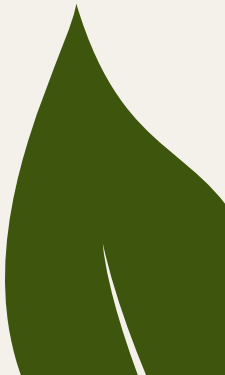
REACHING VELKÉ PAVLOVICE FROM BŘECLAV

Travel to **Břeclav** by train from major cities like **Brno** or **Bratislava**. From **Břeclav**, take **bus number 542** directly to **Velké Pavlovice**. The bus ride takes approximately **40 minutes** and costs around **50 CZK (~2 EUR)**. Tickets are bought on the bus and they accept cards.

REACHING VELKÉ PAVLOVICE FROM BRNO

From **Brno**, take a train to Zaječí (about **40 minutes**, costing approximately **100 CZK/4 EUR**). In **Zaječí**, transfer to a local train heading to **Velké Pavlovice** (approximately **15 minutes**, costing around **40 CZK/1.50 EUR**).

Schedules and ticket purchases are available in the [IDOS app](#) or [website](#)



ARRIVAL / DEPARTURE

SUSTAINABLE
IMPACT 3

TRAVEL BY PLANE

From Vienna Airport (VIE)

- Take a train from Vienna Airport to **Vienna Hauptbahnhof (Hbf)** (**15 minutes, around 5 EUR**). From there, take a train to **Břeclav** (**1.5 hours, approx. 15-20 EUR**). Then follow the Břeclav instructions above.
- Alternatively, take a direct bus from Vienna Airport to Brno (~**2 hours, around 10-15 EUR**). From **Brno**, continue to **Zaječí** or **Břeclav** as described above.

From Bratislava Airport (BTS)

- Take a bus to **Bratislava hlavná stanica** (main train station) (~20 minutes, bus approx. 1.50 EUR).
- From there, take a train to **Břeclav** (~**1 hour, costing about 7-10 EUR**).
- Follow the instructions for Břeclav route above.

From Prague Airport (PRG)

- Take **bus 59** or **322** from Prague Airport to Nádraží Veleslavín metro station (**15 minutes, costing 40 CZK/1.50 EUR**).
 - From there, take the metro to **Hlavní nádraží** (main train station) (~**25 minutes, part of the same ticket**).
 - From **Prague main station**, take a direct train to **Břeclav** (**3 hours, costing around 400-500 CZK/16-20 EUR**).
- Alternatively, take a bus to **Brno** (~**2 hours, approx. 10-15 EUR**), then continue to Zaječí.

Schedules and ticket purchases are available in the [IDOS app](#) or [website](#)



REIMBURSEMENT

SUSTAINABLE
IMPACT 3

Your travel costs will be reimbursed up to the following limits*:

Czechia (**Green travel**) - up to 285 EUR/person

Italy, Spain, Lithuania, France - up to 309 EUR/person

Portugal - up to 395 EUR/person

Romania, Bosnia and Herzegovina (**Green travel**)- up to 417 EUR/person

REGULAR:

100–499 KM → €211

500–1999 KM → €309

2000–2999 KM → €395

3000–3999 KM → €580

GREEN TRAVEL:

100–499 KM → €285

500–1999 KM → €417

2000–2999 KM → €535

3000–3999 KM → €785

* If your ticket costs more than the limit, you will only reimburse up to the maximum amount listed.

* If your ticket costs less, we reimburse the actually incurred costs.

* **Taxi rides will not be reimbursed unless there really is no other travel option.**

* Green travel - you have to travel by more environmentally friendly transport (such as train, bus, shared car or ferry instead of flying).

Before booking any tickets, you must first get approval from the organisers.



FURTHER REIMBURSEMENT RULES

SUSTAINABLE
IMPACT 3

Participants must choose the **cheapest travel** option.

The reimbursement will be done only for travel expenses incurred according to the **following rules:**

Reimbursement of travel costs will only be done upon **full attendance of the project** and presentation of the **original travel receipts** (boarding passes, receipts, invoices, including e-tickets, buses, trains, shuttles to the airport, etc.) + **completing the follow up activities.**

We are only allowed to refund **original tickets** (including for the return trips) **once we receive them physically after the project.**

Please note that only receipts **containing the following data** are acceptable for reimbursement:

- *name of the provider and their business information*
- *name of the service*
- *date of issue and payment*
- *the price + VAT*

Card payment statements used instead of receipts are **NOT acceptable**. Please, also make sure to **take photos of all your used tickets** as soon as you can, in case any documents get lost on the way etc.

Please **make screenshots of Boarding passes in advance to avoid losing them! Without a boarding pass, your flight will NOT be reimbursed.**

The electronic form of tickets can be used as proof for reimbursement.

The travel costs reimbursement will be done **AFTER the mobility and after receiving all the original tickets** and the costs will be reimbursed to the bank accounts of the **partner organizations.**

Reimbursement will be done in **EURO.**



THE VENUE AND FOOD

SUSTAINABLE
IMPACT 3

We will be staying in the heart of the South Moravian region, in **Velké Pavlovice**, at **Ekocentrum Trkmanka**. This unique site, established in a reconstructed Baroque manor house, serves as a center for environmental education, folklore, and regional tourism.

The address is: **Nádražní 1/1, 691 06 Velké Pavlovice**

- The center offers a blend of history and modern facilities, including a **large conference hall** (reserved for our training), smaller classrooms, and practical workshop halls. The complex features a **dining room** with its own kitchen and an extensive environmental garden. You will be accommodated in 6-bed room or 13-bed rooms, all with shared bathrooms. **It is therefore highly possible that you will end up sharing room with 5-6 people, so please keep that in mind.**

Meals will be served in the dining room within the complex. Please note that the **meals will be simple**, using local ingredients typical of Czech cuisine, such as potatoes, rice, milk, cheese, pastries, tomatoes, cucumbers, and more.

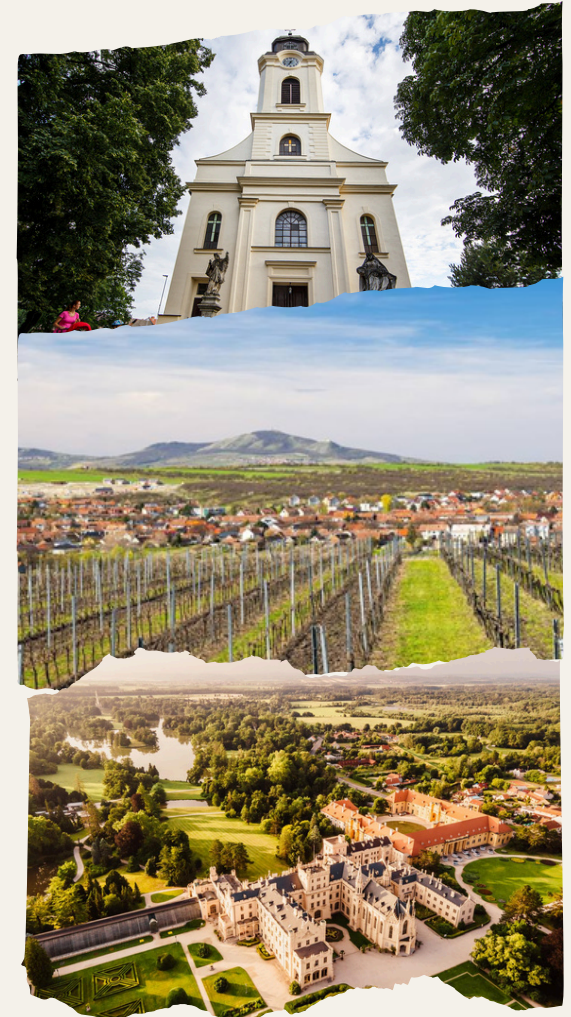
As the project focuses on sustainability, **the majority of the meals will be vegetarian. Meat-based dishes will be served up to 3 times maximum during the whole week.**



ABOUT THE TOWN SURROUNDINGS



Velké Pavlovice is a charming town in the **South Moravian region**, renowned for its vineyards and wine cellars. It's an ideal spot for wine tasting and cycling along the **Velké Pavlovice Wine Trail**. Nearby, explore the **Lednice-Valtice** UNESCO World Heritage site, with its stunning châteaux and parks, or hike the **Pálava Hills** for breathtaking views.



SUSTAINABLE
IMPACT 3



WHAT TO BRING?

- **Personal medications** – A basic first aid kit will be available at the project, and there is a small pharmacy in the town near the venue; however, its stock may be limited and specific medications may not always be available.
- Please ensure to bring the essential medications required for your medical condition with you.
- **Indoor shoes**, as we will be changing footwear when being inside the building.
- **Comfortable clothes** for both indoor and outdoor activities – there will be outdoor opportunities, so be sure to come prepared.
- Your **own towels** and personal hygiene supplies.

INTERNATIONAL EVENING

We will organise 1 **intercultural night**, where you will showcase your culture in special way which is surprise for now. There will be a organized a table of each country's traditional snacks. Please bring items that represent your country and coordinate with your team in advance.

THE WEATHER

Daytime temperatures in the Czech Republic during the period of July 18–26 are expected to range from 22–26°C. Nights will remain pleasant, with temperatures typically between 12–15°C, so you should bring light summer clothing along with a light sweater for the evenings.



MEET OUR TEAM



Alexandra Šebestová
project manager
e-mail: info@youthprogress.eu



David Zajaroš
facilitator & project coordinator
e-mail: coordinator@youthprogress.eu



Dominyka Galčiūtė
facilitator



Co-funded by
the European Union

YOUTH PROGRESS





SUSTAINABLE
IMPACT 3



Co-funded by
the European Union

YOUTH PROGRESS

