



Funded by
the European Union

UNSCRIPTED: FROM SILENCE TO IMPACT

Accreditation code : 2025-1-BG01-KA151-YOU-000297274



International Erasmus+ Training Course

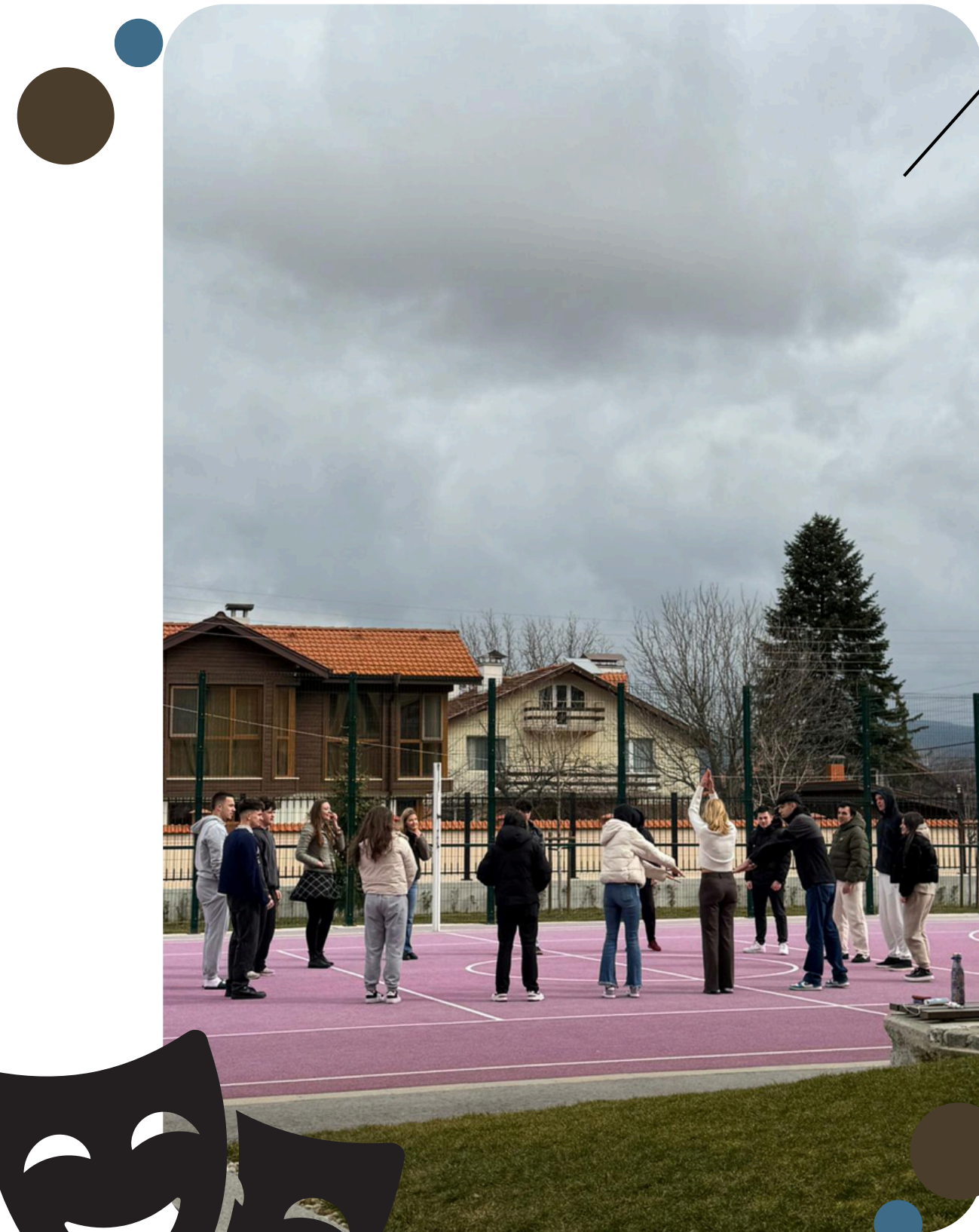


Theatre for Sexual Health, Rights, and Inclusion

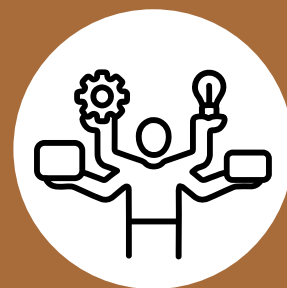
Belchin, Bulgaria 16– 22 May, 2026

MAIN IDEA OF THE TRAINING

This training equips youth workers and peer educators with the skills to use theatre as a powerful non-formal education tool. It combines artistic expression with peer education to foster dialogue, critical reflection, and social change. The training is grounded in the concept of theatre in education, which uses performance as a tool to influence knowledge, attitudes, and behaviours, specifically promoting young people's sexual and reproductive health, preventing HIV, and reducing stigma and discrimination.



SPECIFIC OBJECTIVES



Skills Development:

To develop participants' skills in applying theatre techniques for peer education and social awareness.



Knowledge Enhancement:

To increase knowledge on sexual and reproductive health (SRH), HIV prevention, and human rights-based approaches.



Communication & Teamwork:

To strengthen communication, teamwork, and facilitation skills for working with diverse youth groups.



Implementation:

To enable participants to design and implement interactive theatre-based awareness activities within their communities.

ELIGIBILITY AND PARTICIPANTS' PROFILE

Partner Countries: EU Member states and Albania, Georgia, Kosovo, Serbia, Moldova, Montenegro, North Macedonia, and Ukraine.

Target Group:

- **16** youth workers and peer educators who are over 18 years old. **(fully funded)**
- Residents of one of the participating countries listed above.
- **7 additional participants** from the same countries or **any other countries worldwide** may participate in the training if they are self-funded or obtain financial support from other sources.
- Have experience working with organizations on youth programs/projects and advanced knowledge of non-formal education.



FUNDING DETAILS

Other countries may join the training

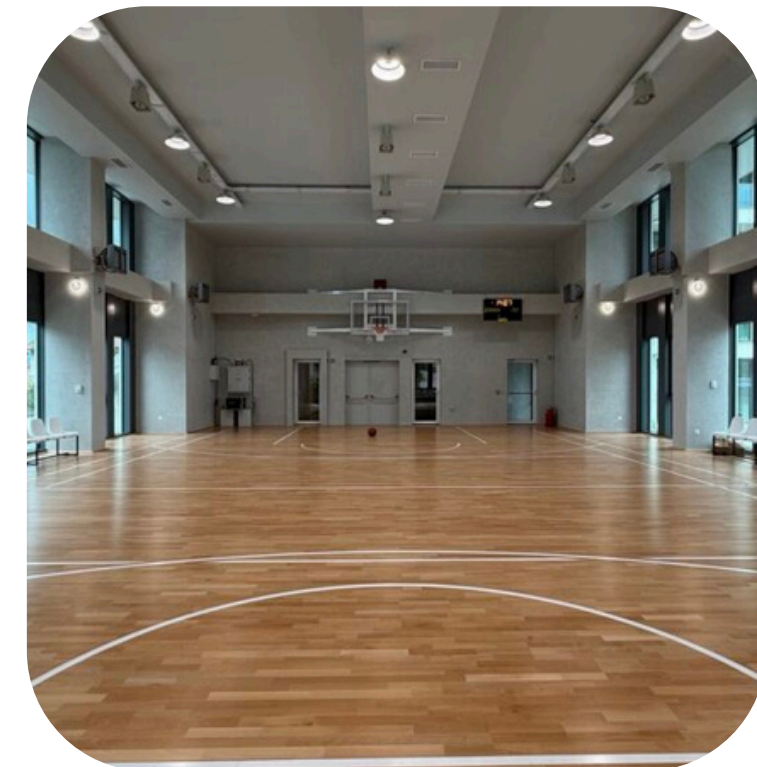
1. Expenses: Travel and full-board accommodation are covered by the Erasmus+ Programme of the European Union.
2. Due to funding eligibility requirements, we are able **to fund 16 participants**. However, **up to 7 additional participants** from the same countries or **any other countries worldwide** may participate in the training if they are self-funded or obtain financial support from other sources.
3. Self-funded participants are responsible for their visa and flight costs.
4. For the self-funded participants only: **a training fee of 560 EUR** should be transferred to the IFYD account at least 1 week before the training starts. The fee includes full-board accommodation for six nights, training materials, and local transportation from Sofia to Belcin and back.

KEY DATES & ACCOMMODATION

Arrival: 16 May 2026

Departure: 22 May 2026

Venue: Belcin, Bulgaria



HOW TO APPLY



Application link

Please note that it is mandatory to fill in the application form, in order to take part in the training.



Invitations

All the applicants will be notified by email that their application has been accepted or not on **4 May, 2026**.



Deadline

Deadline to apply 02 May 2026 at midnight Sofia time!



PRACTICAL INFORMATION

- The official language of the training is English.
- Participants are responsible for booking their own travel to and from Sofia. Travel costs will be reimbursed during the mobility, within Erasmus+ limits, upon presentation of original tickets.
- Participants must arrange their own health insurance.
- Please note that health insurance and visa costs are not covered by the project.
- Wi-Fi will be available at the venue.
- On the day of arrival, 16 May 2026, participants will stay in Sofia in a hostel and will have a free evening. Dinner is not be provided by the organizers on this day.
- On 17 May 2026, a bus will be arranged to transfer participants from Sofia to Belchin, where the training will take place.
- During the official training days, full-board accommodation will be provided, including meals, coffee breaks, and access to training facilities.
- Rooms will be shared (two to three participants per room).
- A detailed training agenda will be shared in the week prior to the event.

TRAVEL COSTS REIMBURSEMENT

You can calculate the maximum amount of travel costs that we can reimburse based on the distance from your city of departure to Sofia based on [the Erasmus+ distance calculator](#). The distance ranges and the respective amounts are listed below:

Travel distance	Budget in EUR (Travel Green)	Budget in EUR (Travel by plane)
Between 100 and 499 km	285	211
Between 500 and 1999 km	417	309
Between 2000 and 2999 km	535	395

All participants will be provided with transportation from Sofia to Belchin and back, as public transport options to this venue are very limited. The bus cost is estimated at 40–50 EUR and will be deducted from the travel reimbursement in case the total travel budget limit is reached.

REIMBURSEMENT RULES



Eligible Travel

Reimbursement applies only to economical public transport (plane, train, bus). Travel by car, taxi, or any other private transport is not eligible. Metro tickets and local transportation that do not include your name are not refundable.



Luggage

Select a 10 kg carry-on luggage option or a travel backpack. Insurance, seat reservation, and any other airline services are not refundable.



Arrival and Departure Guidelines

You may arrive up to two days before and depart up to two days after the mobility. Arrival during the training activities is not allowed. Any extra days in Sofia must be covered by the participants themselves.

KEY MOMENTS



Souvenir Swap

Please bring a small (one item) souvenir from your country to swap with others—a fun way to share culture and create lasting memories.



Intercultural Evening

During the training, you'll have the opportunity to showcase your country and culture. We warmly invite you to bring traditional items, food, or drinks to share with others. Creative presentations – such as quizzes, songs, dances, or short performances – are highly encouraged!

Please keep in mind that we'd love to experience something unique, something we can't just find on the internet. Make it fun, personal, and full of your own cultural spirit!



YOUTHPASS CERTIFICATE

In the end of the mobility, you will be awarded with a YOUTHPASS certificate which is used in European youth projects and is an official recognition of the skills and knowledge you acquired. You can find more information about it [here](#).

**WELCOME TO
YOUTHPASS**

Recognition tool for non-formal & informal
learning in youth projects

Erasmus+  EUROPEAN
SOLIDARITY
CORPS



Youthpass



ABOUT SOFIA

Sofia is the capital of Bulgaria and one of the oldest continuously inhabited cities in Europe. Founded around four thousands years ago, it witnessed the presence of Thracian, Roman, and Ottoman civilizations. The city features a unique mix of ancient churches, mineral baths, and classical buildings from the socialist era. It is surrounded by Mount Vitosha, offering beautiful nature and a mild climate. Today, Sofia is an important cultural and economic center that blends modern life with a rich past, hosting various artistic and youth-focused events. It is a safe, vibrant city that attracts young people from across Europe and the world.

Essential Bulgarian Words

Hello / Hi – Здравейте (Zdraveyte)
Thank you – Благодаря (Blagodarya)
Please – Моля (Molya)
Yes / No – Да (Da) / Не (Ne)
Goodbye – Довиждане
(Dovizhdane)
Excuse me / Sorry – Извинете
(Izvinete)
Good morning – Добро утро (Dobro
utro)



About Belchin

Belchin is a peaceful village located in a valley area near the foothills of the Rila Mountains, at around 900 m altitude. It is known for its calm natural surroundings and fresh air, offering a relaxing environment for learning and group activities.

In May, the weather is generally mild and pleasant, with expected temperatures ranging approximately between 10°C and 20°C. Days are usually sunny or partly cloudy, but occasional rain showers are possible.

Depending on the weather conditions, we are planning to organize light outdoor activities, nature walks, and group exercises during the training.

Please bring:

- Light layers (for changing temperatures during the day)
- Comfortable shoes suitable for outdoor activities
- A light jacket or sweater (for cooler mornings/evenings)
- Swimsuit in case we go to the thermal pools

WHO WE ARE



The International Foundation for Y-PEER Development (IFYD) was established in 2016 and is based on the experience of the professionals and volunteers at the International Institute for Youth Development PETRI-Sofia (www.petri-sofia.org), which has more than 15 years of experience working with young people on topics related to the objectives and priorities of the Erasmus+ programs.

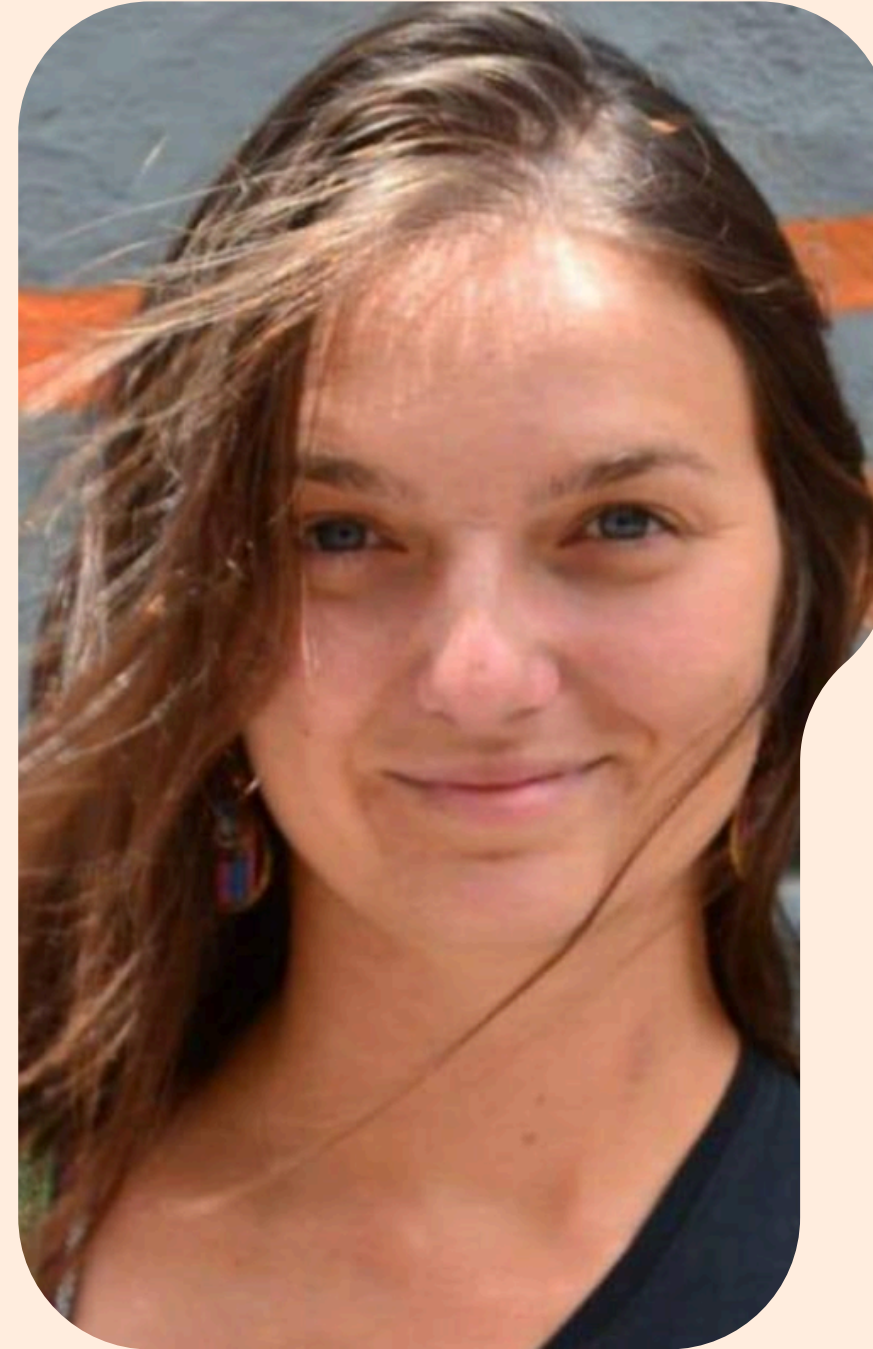
The main objective of the Foundation is to develop and implement effective and sustainable youth policies in these areas at regional, European and global level. IFYD envisions a world where young people meaningfully engage as decision-making partners, empowering their full participation in matters that affect them.

Meet Our Management and Training Team

- Yuliya Andzhekarska
- ANMAR KHALID AL-RIKABI

The people driving the International
Training “Unscripted: From Silence to
Impact – Theatre as a Tool for Social
Transformation”

Belchin, Bulgaria 16- 22 May, 2026



THANK YOU!

**We Look forward to
meeting you in Bulgaria!**

For queries, please contact us at the following **email:**
foundation@y-peer.org



@IFYD



@ifyd2016

Disclaimer: this activity is co-Funded by the European Union.
Views and opinions expressed are however those of the
author(s) only and do not necessarily reflect those of the
European Union or the European Education and Culture
Executive Agency (EACEA). Neither the European Union nor
EACEA can be held responsible for them.



Belchin, Bulgaria