

INFOPACK

Holistic Trainer Lab

September 20-27, 2026
Arrabida, Portugal

We would like to invite you to the Guild's

“Holistic Trainer Lab”

(in the frame of the "Holistic Trainer 2.0" project)



Arrival 20th September and departure 27th of September of 2026



Arrabida, Portugal

The Holistic Trainer Lab is a space for trainers and facilitators active in the Youth field to explore and review topics and support material related to their well-being and personal growth.

International Youth Work Trainers Guild invites you to participate in the Holistic Trainer Lab, which is organised as part of our Erasmus+ KA2 project “Holistic Trainer 2.0” co-funded by the German National Agency.


The Lab aims to test and refine support materials for trainers developed within the project Holistic Trainer 2.0, while continuing to explore more ways to strengthen the professional community of youth work trainers across Europe. The main topics covered will be:

- ▶ Holistic Strategies
- ▶ Creativity
- ▶ Community
- ▶ Values and Activism
- ▶ Recognition
- ▶ Continuous Learning and Personal Growth

The Lab will also serve as a space to review recent developments within the Guild’s Trainers' Forum and the Trainers' Community Lab, reflecting on how these initiatives support trainers’ wellbeing, professional growth, and collaboration across Europe.

Methodology

The Lab is not a training course but a production and testing environment. During the Lab we will use collaborative and participative learning methods, based on exchange, practicing, reflection, discussions and networking. We will follow non-formal education methodology and approaches.

 **Objectives**

To foster peer learning, personal and professional development, and a supportive international community of practice.

To gather feedback from trainer peers to improve the support materials developed in the project.

To identify additional needs related to the topics: holistic strategies, creativity, community, values and activism, recognition, and continuous learning and personal growth.

To review the draft mentoring guidelines and collect recommendations from experienced fellow trainers.

Participant Profile

We are looking for 24 trainers/facilitators with the following profile:

- ▶ Individuals working full-time, part-time, voluntarily, or as freelance professionals within the European youth field. This includes those working with local organisations who lead international training courses, youth exchanges, or local educational activities.
- ▶ Training practitioners ranging from junior trainers just starting their professional journey to highly experienced experts with diverse backgrounds and specialised expertise.
- ▶ Trainers who are involved or have been involved with the Council of Europe, Youth Partnership, Erasmus+ Youth, and/or the European Solidarity Corps programmes and who wish to contribute to shaping the future of the profession.
- ▶ Preferably, the members of established trainer pools, such as those managed by SALTO Resource Centres, Erasmus+ National Agencies, or regional and international NGOs.

 **Eligibility Criteria**

Minimum age: 18 years.

Language: Participants must have a good working knowledge of English.

Residency: Applicants must reside in one of the eligible countries (please review the call for the complete list).

Available to participate for the entire duration of the Lab.

 **Registration**

Please fill the [registration form](#).

Organiser

The International Youth Work Trainers Guild is an independent, supportive professional community of trainers in the international youth work sector dedicated to advancing the quality, recognition, and innovation of non-formal education in Europe and beyond. The Guild fosters collaboration by providing a space for trainers to exchange knowledge, co-create practices, support each other's professional growth, and actively engage with institutions and networks to enhance the impact and sustainability of international youth work training.

Accommodation and food

This project is partially co-funded by the Erasmus+ Youth programme, and therefore, most of the costs (training, meals, accommodation) will be covered by the organisers.

Travel reimbursement

Travel costs will be reimbursed according to the actual expenses incurred, within the maximum lump sums established for each travel distance (in euros):

KM	EUR	Green Travel - EUR
10-99	28	56
100-499	211	285
500-1999	309	417
2000-2999	395	535

Only justified, and pre-approved tickets (by email) will be eligible for reimbursement. Please do not purchase any tickets until you have received our official approval via email.

If your travel costs exceed the amounts listed above, the difference must be covered by the participant or their sending organisation.