

# Naturally *Nature*Funny

ERASMUS+ TRAINING COURSE

4-11 JULY 2026

REJVÍZ, JESENÍKY MOUNTAINS, CZECH REPUBLIC



Co-funded by  
the European Union

# About the project

Naturally Naturefunny brings youth workers to a remote mountain village surrounded by forests to explore the connection between nature, outdoor and sport through **hands-on experience and non-formal education**.

The programme mixes active and restorative blocks, including **orienteering, wildlife exploration, team sport games, nature art, treasure hunt, yoga** and optional outdoor adventure such as sleeping under the stars in nearby castle ruins. Mid-week includes a day with a visit to the Priessnitz Spa in Jeseník, linking water and nature through cold-water therapy. At the end of the week, participants design and test their own activities with the group, then **take home ready to use formats they can implement** directly in their youth work.

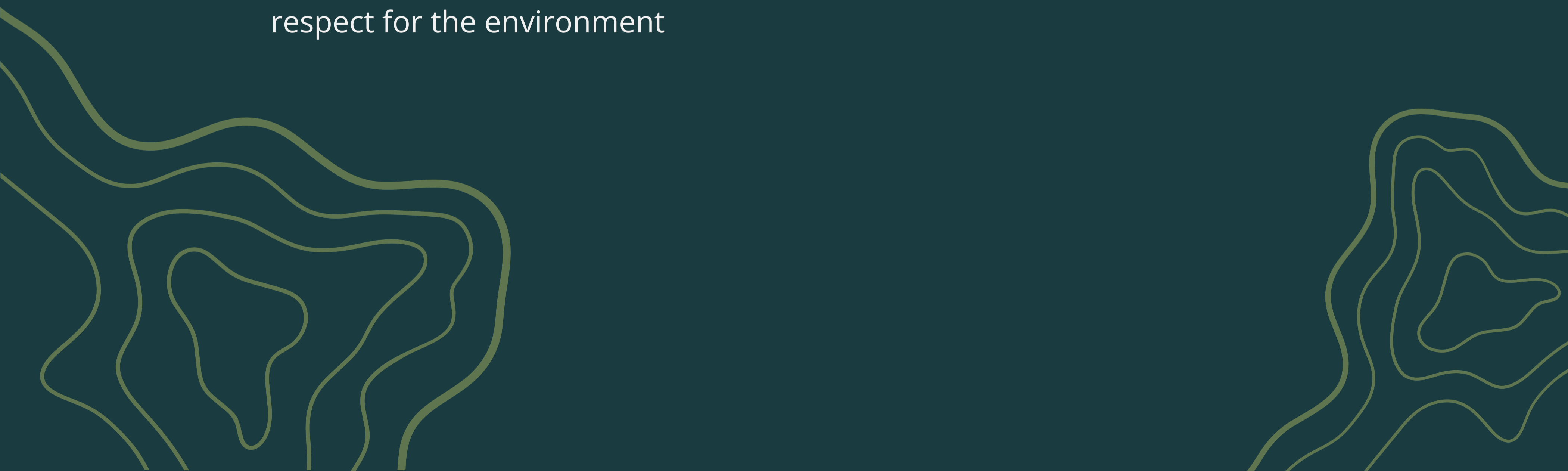


photo by Apostolos Joanidis

## Background of the project

Across Europe many people spend long hours on phones and sitting indoors. Time in nature and active lifestyle are decreasing, basic outdoor skills fade. Some countries also face growing rates of overweight and obesity especially in children, which links to low daily activity. Youth workers and teachers are an important part of the answer, because they shape habits for the next generation. Our main aim is to **equip teachers and youth workers with non-formal learning methods and safe outdoor practices**. By providing dedicated space during the training to develop their own activities, they will be fully prepared to **apply these methods in their daily work**, ultimately strengthening youngsters' relationship with nature.

The venue in Rejvíz is **surrounded by forests and mountains**, which makes it an ideal place for such a project. This project is for volunteers, teachers and youth workers, who are interested in outdoor activities connected to nature and sport, who want to go deeper and to bring home practical sessions and activities that support health, focus and respect for the environment





# Programme

Day	1	2	3	4	5	6
Morning block 1	Introduction and getting to know each other.	Treasure hunt	Breathing exercises & yoga	Team ultimate frisbee / disk golf	Space for participants to create their own activities/workshops connected to nature/outdoor/sports in groups	Space allocated for participants to facilitate workshops and activities they came up with as well as giving feedback
Morning block 2	Introduction activities, name games, expectations, contributions and fears		Wildlife	Solidarity projects		NGO fair
Afternoon block 1	Team and group sports activities, exploring surrounding nature	Forest & Ecosystem	Orienteering	Wildlife Exploration & motion sensitive cameras	Space allocated for participants to facilitate workshops and activities they came up with + feedback	Opportunities and possibilities for future cooperationm (solidarity projects, TC, YE)
Afternoon block 2	Nature art					Learning outcomes, youthpass ceremony, reflection on the learning process
Evening		Bonfire		Optional dinner preparation in the nature and sleeping under the stars		Bonfire

Day 0 (4<sup>th</sup> July) and Day 7 (11<sup>th</sup> of July) are travel days.



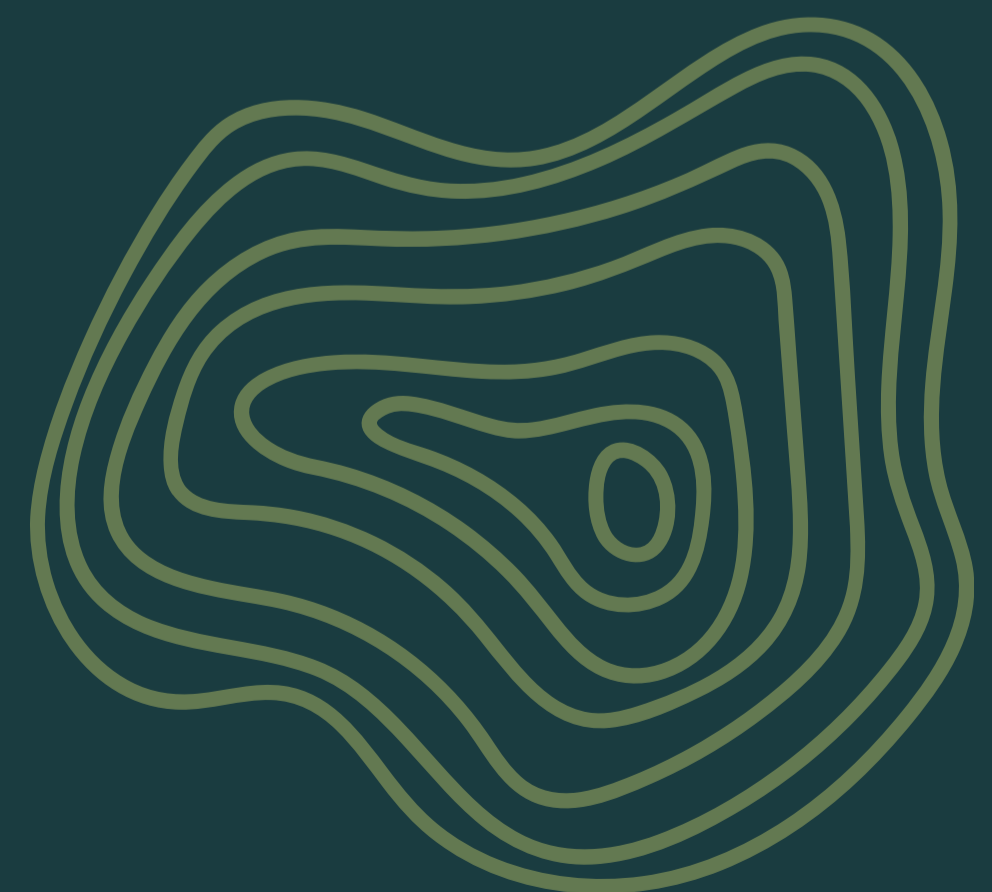
# Who is this training for?

For motivated **youth workers, educators, trainers, teachers and those who work with other people.**

Participants should be comfortable **spending many hours outdoors**, ready for possible rain and interested in deepening and enhancing their skills in nature, sport and outdoor activities.

We expect participants to engage fully in the program, including follow-up and dissemination.

In order to provide and keep a safe and focused atmosphere for everyone we invite you to agree with an alcohol/drugs-free policy during the whole training course.



## Who can apply?

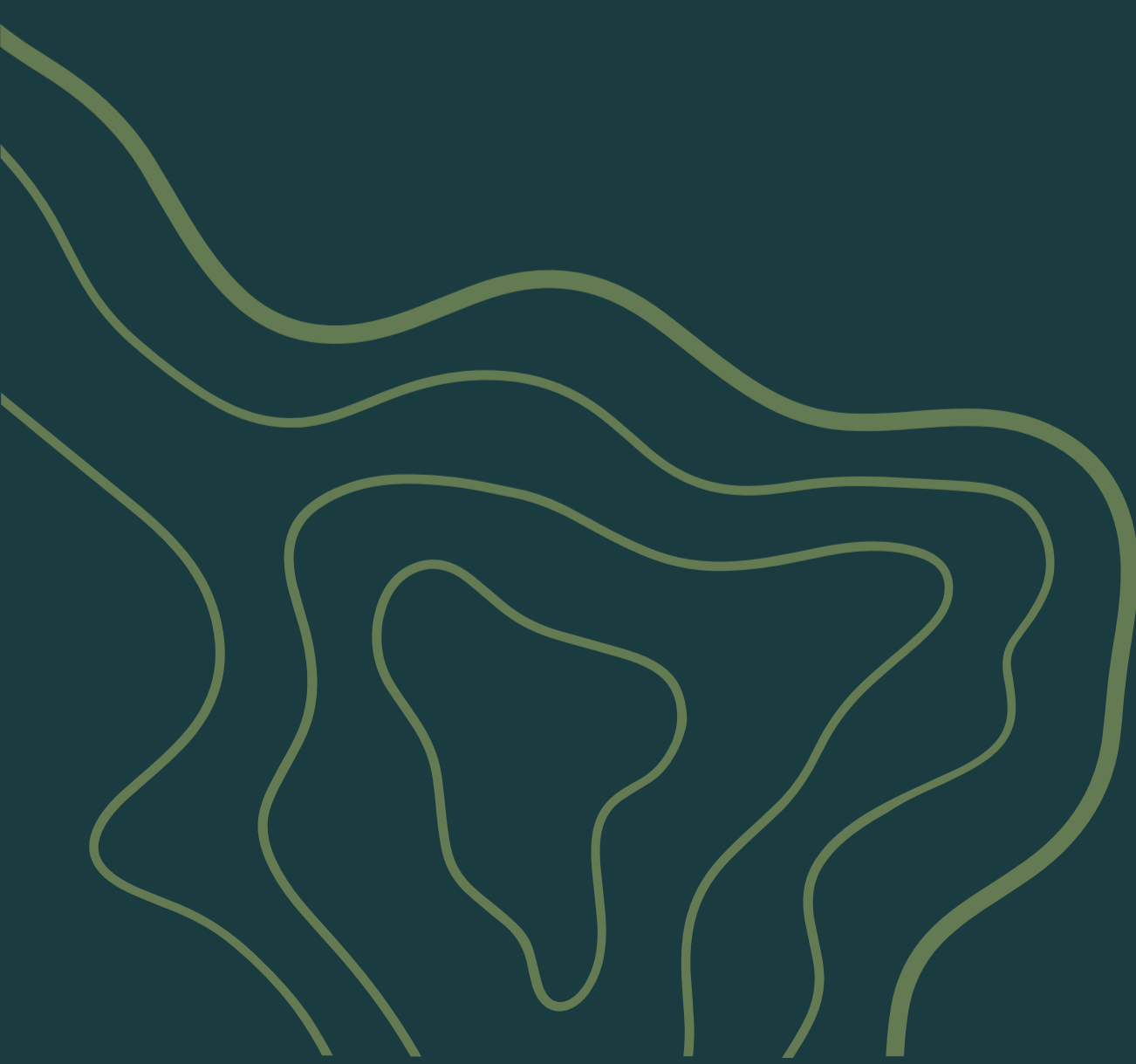
We aim to have **5 participants** from each country: **Czechia, Portugal, Italy, Turkey** and **Lithuania**.

Participants must **be over 18** and have **a communicative level in English**, so that they can participate fully in the programme.

We expect you to participate in the whole program. It means **arriving later or leaving earlier is not allowed**.

Prepare for an intensive experience with at least 6 hours of activities every day.

By applying, participants commit to being present and actively involved in the process, to the best of their personal possibilities.



# Our Team



**Roman Timothy Velc**

Timothy is a nature lover and a student at the forestry faculty. He has a professional experience connected to nature, biodiversity, and the relationship between forests and wildlife. His field knowledge translates directly into youth work. He spends significant time outdoors and is active in sports.



**Peťa Velc**

Peťa is passionate about nature, sports and healthy lifestyle. He enjoys adventures and likes to push his limits. He is an ultramarathon runner and believes that a strong body is a prerequisite for a resilient mind. Currently he is pursuing a degree in MSc in Mechanical Engineering.

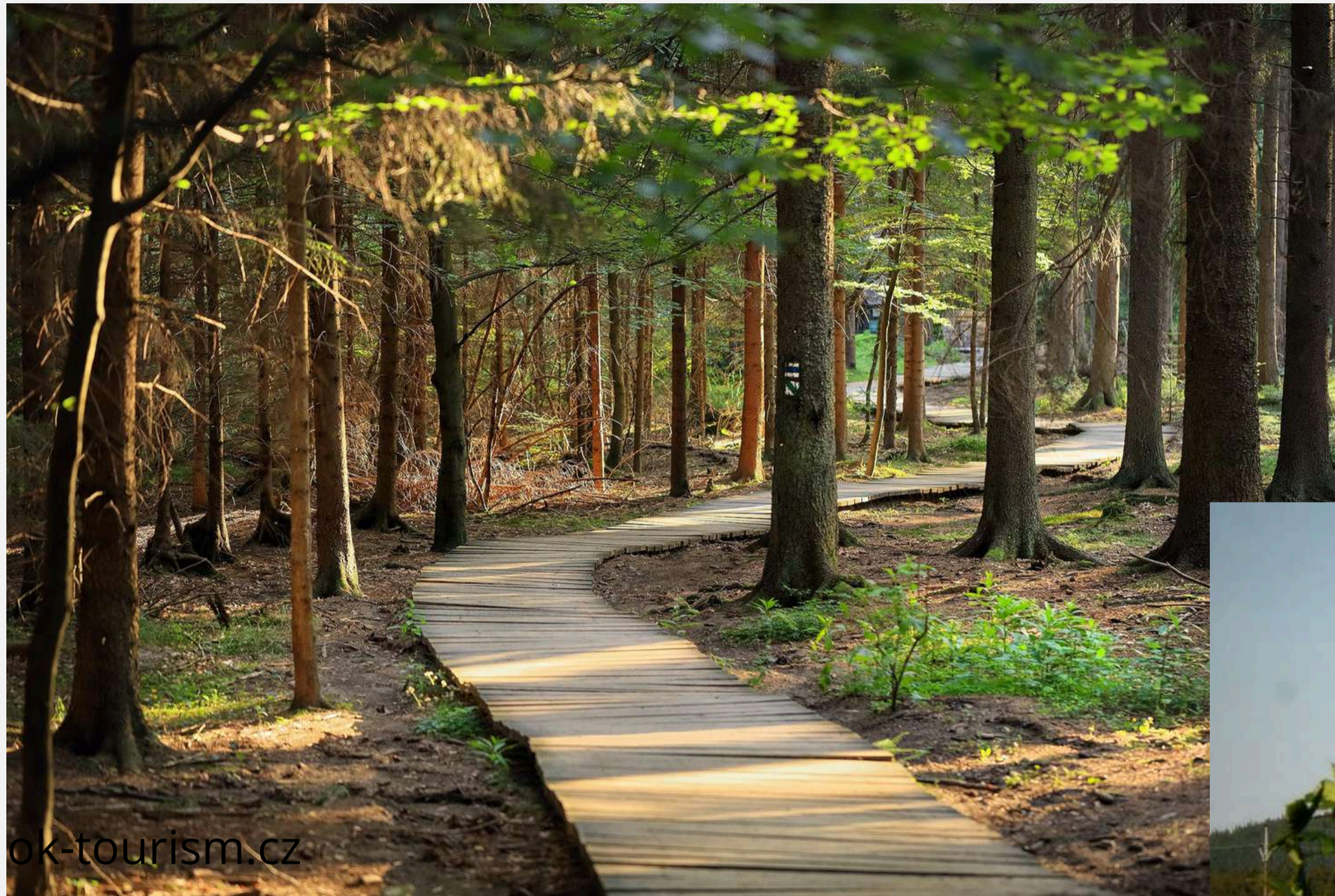


**Karolína Svobodová**

Kája is a communicative person who likes to connect people and build positive group energy. She is a sports and mindfulness enthusiast. Thanks to her intercultural project experiences, she brings creativity, fresh ideas and openness into the team. She studies Marketing Communications.

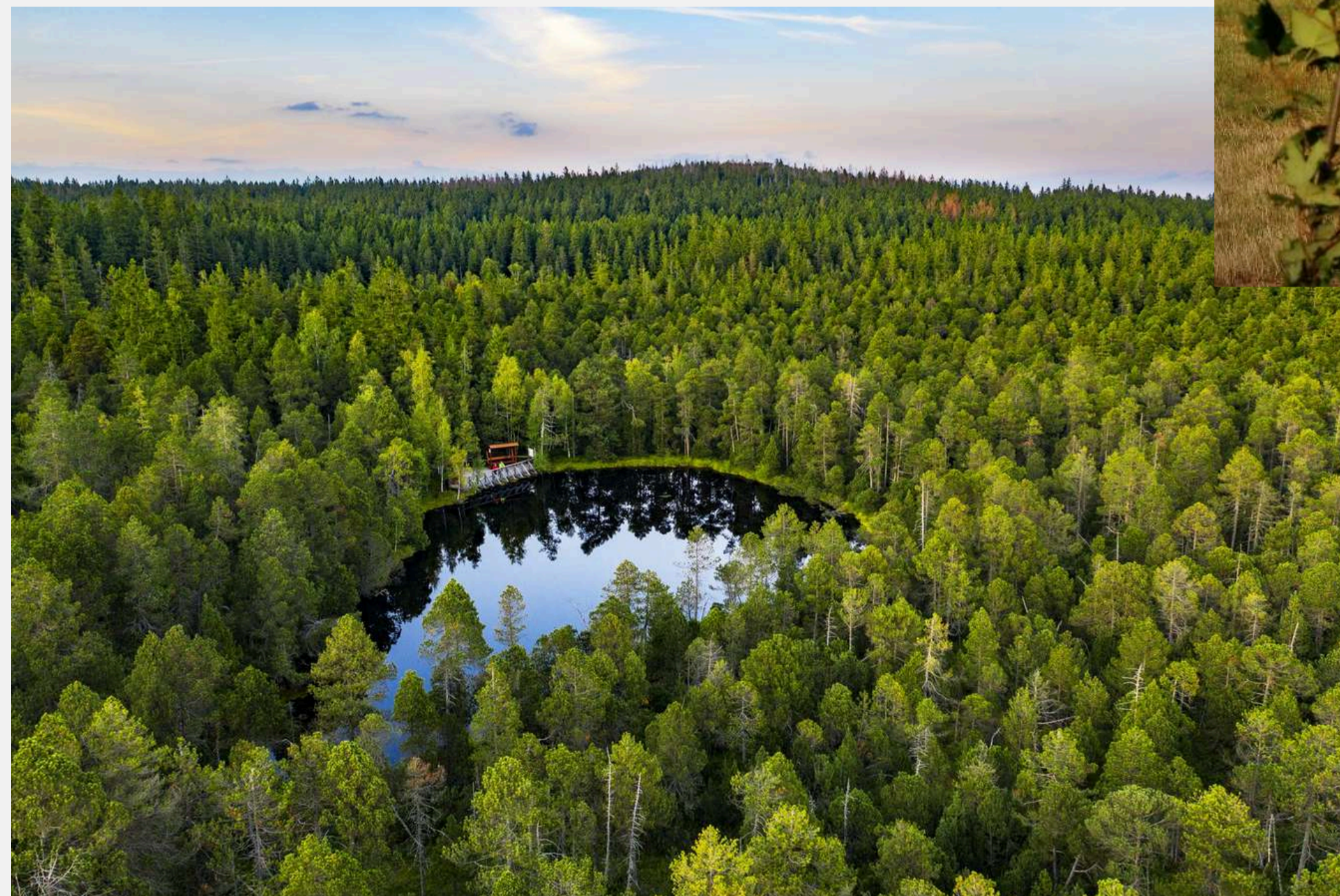
The team is **built on a solid foundation of Erasmus+ experience**. Timothy and Peťa have participated in 15+ youth exchanges and training courses since 2019 and now they are applying their gained knowledge and experience as facilitators. Peťa led two youth exchanges and Timothy has been a project coordinator of solidarity projects. Kája also participated in several solidarity and Erasmus+ projects, founded her own informal group, and is currently working on her own solidarity project as its coordinator.

# Location & venue



Rejvíz, a remote mountain village,  
13 km from Jeseník.

Surrounded by protected landscape area,  
750 meters above sea level.



<https://ferovka-rejviz.webnode.cz>



# Accommodation



Most rooms at the venue are **shared twin or triple rooms**.

In addition, there are two dorm-style open rooms. Some rooms have private bathrooms, while others share bathroom facilities. Shared bathrooms are typically used by up to six people.



**Meals will be provided throughout the day (3 meals and 2 snacks).**

If you have any dietary requirements or allergies, you can indicate them in the application form, and the catering will be arranged accordingly.

# Logistics, reimbursement & what to take with you

Detailed information about logistics and reimbursement will be provided to selected participants. **Do not buy any tickets** before they are officially approved by us. Participants from Lithuania and Italy are strongly encouraged to use green travel, such as train/bus.

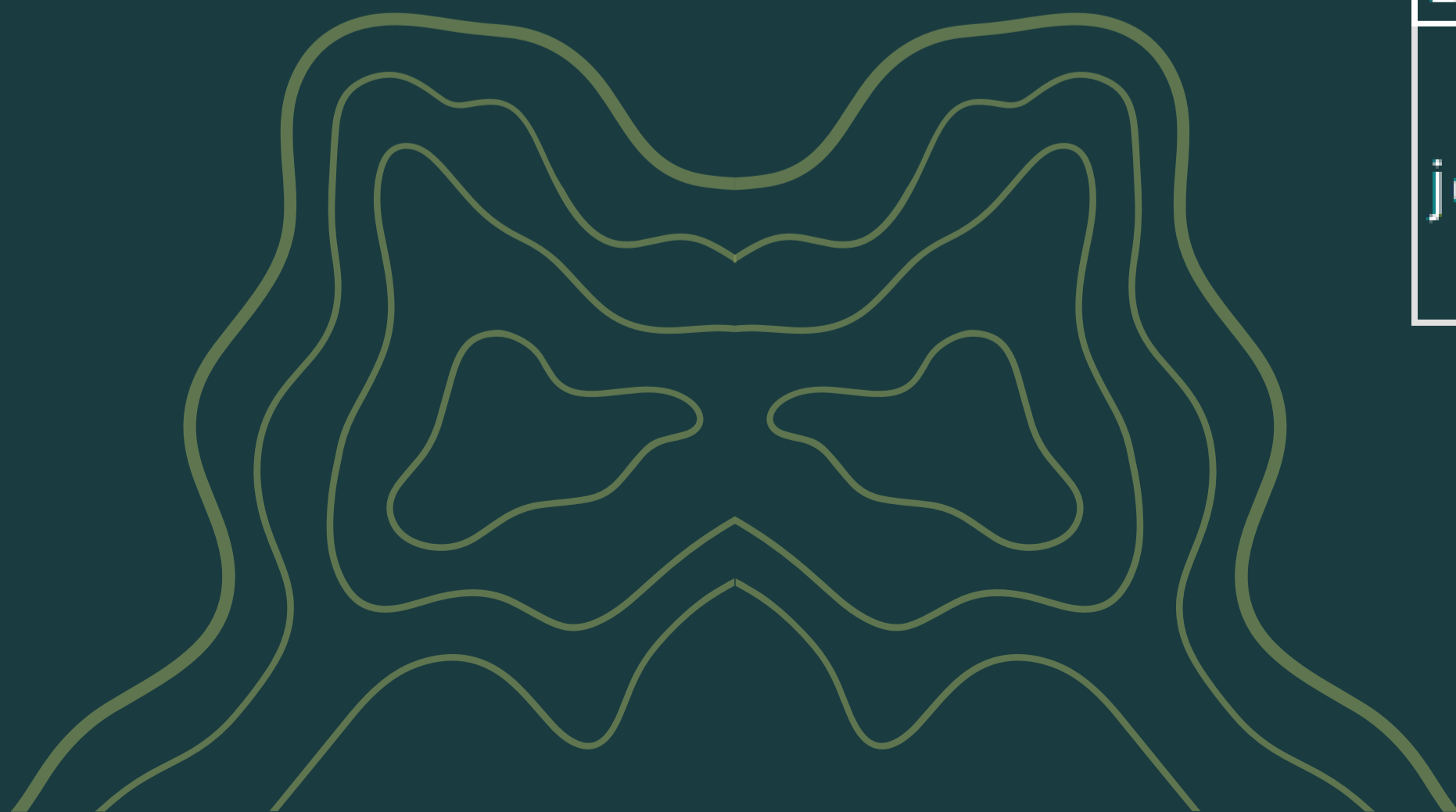
Expect to need **outdoor and sport clothes** for all kind of weather conditions, we will be spending majority of the time outside. Gore-tex shoes and jackets are good for rainy and windy conditions.

If you are interested in the optional activity, where we will cook dinner outside and sleep under the stars, please take sleeping bag and mat with you.

**Remember travel and health insurance!**

Travel reimbursement		
	Green travel	Non-green travel
Czechia	56 €	28 €
Portugal		395 €
Turkey		395 €
Italy	417 €	309 €
Lithuania	417 €	309 €

Note: It's considered a green travel, if your journey has at least 50% of KMs via bus/train or car pooling






## Follow-up

Our intention with Naturally Naturefunny is that the **learning does not end when the training closes**, but continues to unfold in your daily personal and professional life. After the course, you'll be invited to translate your experience into a follow-up action.

It might be a workshop for a group of youngsters you already work with. More in depth information will be provided at the end of the project.

You will have two months after the training to bring your idea into a form, individually or together with others. Completing this follow-up is a required step connected to your reimbursement, but more importantly, it is a way to ensure that the experience and knowledge you gained during Naturally Naturefunny will extend beyond the training itself.



# About our organization - EraYouth

In EraYouth we are working with youngsters and teenagers from local children's homes, secondary school and high school. Our main mission is to **create and strengthen the bond between these young people and nature**. Let them explore, why is it important to protect nature and how nature can help them back.



In the solidarity project Together for Trees (2024), these young people planted more than 1200 new trees in local areas damaged by bark beetle and built simple features such as a bench at a viewpoint. In Together for the Forest (2025) solidarity project, we used motion-sensitive cameras so children could watch wildlife near their homes and discuss about how to behave in the forest.

We are building on these activities with another solidarity project, Together into the Forest (2026), where we help children strengthen their relationship with nature through activities such as litter collection, sustainable fishing, and wildlife observation.

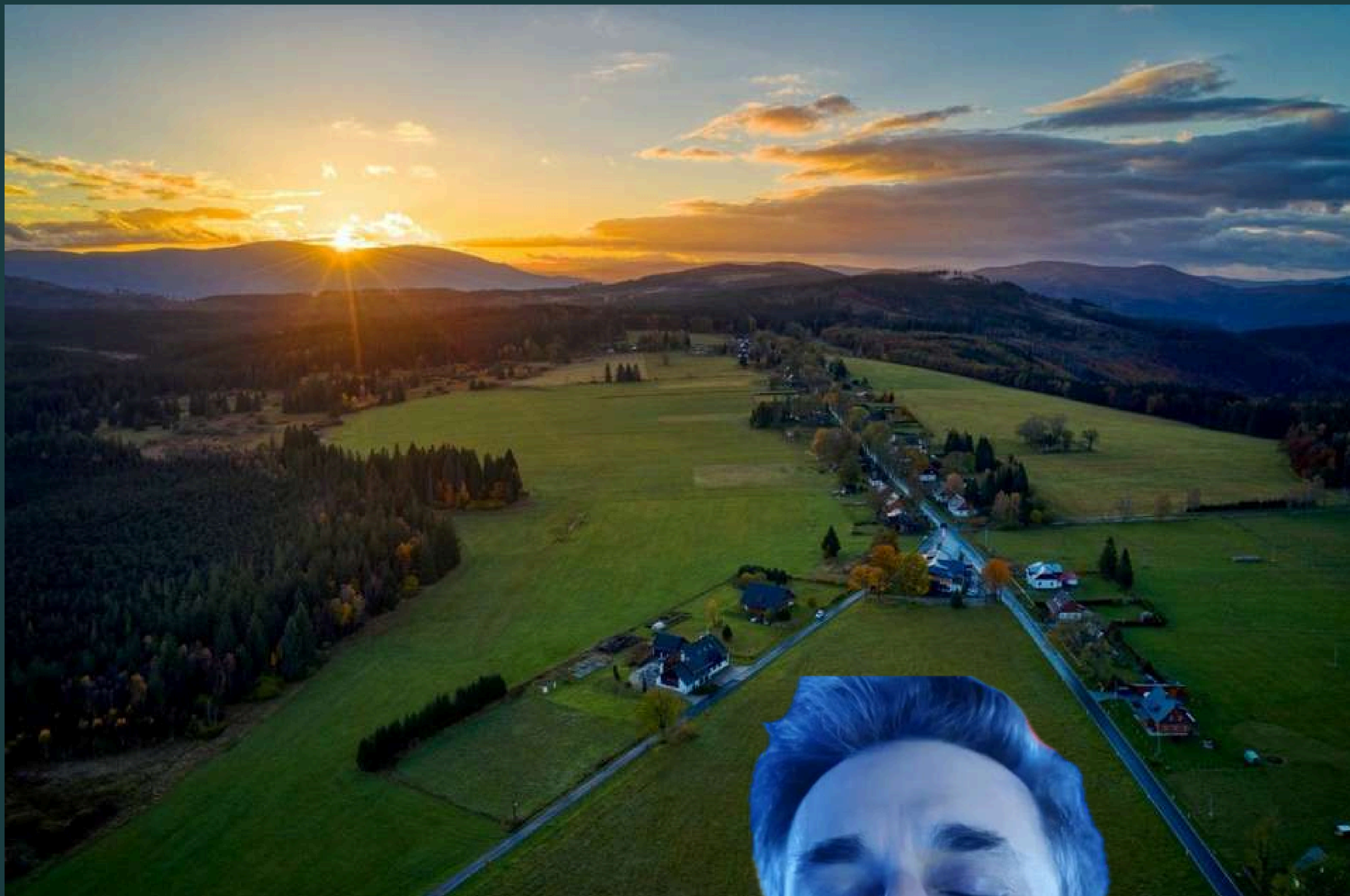


photo by Tomáš Neuwirth

**THIS COULD BE YOU**

Jon Hamm & Paul Rudd dance meme (behind-the-scenes, Your Friends and Neighbors, Apple TV+)

Application form:

<https://forms.gle/RJE2gT89qgNVSbK77>

Deadline 27. 4. 2026

Do you have any questions?

Feel free to reach out:

[info@erayouth.cz](mailto:info@erayouth.cz)

Instagram:



web:



## Partner organizations



Italy



Portugal



Youth for Van

Turkey



Lithuania