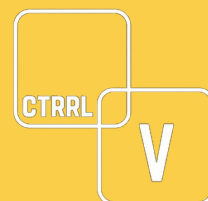




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**ERASMUS+ TRAINING COURSE**

**04.28.26-05.05.26**

**VÁC, HUNGARY**

# **POLITICAL ACTIVITY**

**ERASMUS+ TRAINING COURSE**

# **POLITICAL ACTIVITY**

## **INFOPACK**

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**WHERE:**

Vác, Hungary

**KEYWORDS:**

Active citizenship  
Youth Activism  
Democratic values

**WHEN:**

28.04.2026 - 05.05.2026

**PARTICIPATING COUNTRIES:**

Estonia, Greece, Hungary, North  
Macedonia, Poland, Romania,  
Serbia, Slovakia

Nowadays Europe is facing nationalistic, radical, populist movements - the rise of the strongman, which is challenging the idea of liberal democracy itself. Youngsters either don't want to be involved in the "rotten politics", or they just move to countries which are more experienced in democracy. Hence, authoritarian governments can emerge. Populism and the lack of involvement are never good signs for a democracy. If we do nothing, it is possible, that bad governments will make decisions above the citizens. Our main goal is to provide - instead of the radicalism mentioned above - the alternative of the democratically conscious civil involvement, which is coming from the mutual respect and understanding of each other, based on our shared responsibility as European citizens.

# WHAT TO EXPECT

The aim of our project is to increase the involvement of the youth in politics in Europe, especially in Eastern-Europe. By introducing them to different political systems, we hope, they will learn the importance of social responsibility and the participation in democracy. We also want to introduce people from different regions to each other, this way they can explore different political cultures, different methods of political involvement. People who were socialized in different political systems and in countries with different past, can learn from each other a lot in this perspective.

## METHODS

- Simulating political systems, different kinds of democracies, dictatorship, anarchy
- Creating our own country, our tribes
- Community art methods to create a fictional culture - painting, music, theatre
- Debate forums with different formats and interactive tasks about political topics, where we would prefer to discuss universal or actual political issues, but not party political questions.



Through this project we want to address the participants the following message: it doesn't matter where you are from, it is always better to live in a system where you can be involved somehow in politics, because that is how you can be an important part of the society and form your area's and your own life.

# THE VENUE

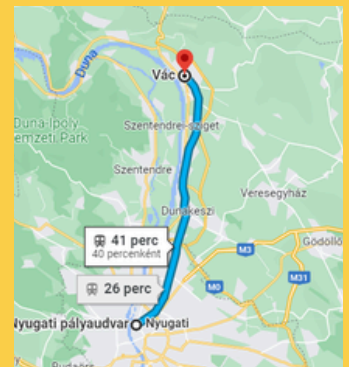


The training course will take place in Vác, a historic city half an hour from Budapest, by the Danube river.

The easiest way to get there is by train, which leaves from Nyugati Pályaudvar (Nyugati Railway Station) in the center of Budapest.

Budapest Public Transport Guide:  
<https://bkk.hu/downloads/38950/>

Train schedule and tickets:  
<https://jegy.mav.hu/>



The accommodation and training workshops will be at Althann Vendégház, which is a hotel close to the riverbank and city centre. Sleeping arrangement will be in 2-3 bed rooms. Free Wi-Fi is available at the place. 3 meals/day and coffee breaks will be provided also at the venue.

**Address:**  
2600 Hungary, Vác  
Budapesti főút 5.



# OUR TEAM

- KONTROLL V (CTRL+V) - HUNGARY



## PÉTER SZLOVIK - TRAINER

Peter has studied political science, and he is a youth worker, working with high school students in the topics of political and social responsibilities. He is the vice-president of the organization.

## FLÓRA KLINGA - CO-TRAINER



Flora works with high school and university students. She coordinates a cultural heritage educational program as well.

## IVAN DOMAZETOSKI - CO-TRAINER



Ivan is a youth worker, activist, and folk dancer, who is working with fewer-opportunities youth. He is a regular trainer on Kontroll V's projects.



## PÉTER BÓDI - ORGANIZER

Peter has studied fine arts, and has participated in many international community art projects, organizing and being a trainer at Erasmus+ art projects also. He is the president of the organization.

Kontroll V (Ctrl+V) is a Hungarian NGO in the field of social and cultural youth work. Among the association's main goals are creating and developing different international youth projects, and building a better civil environment for its region, the Danube Bend.

Kontroll V's aim is to deepen the social awareness and intercultural knowledge of the future generation, practicing the methods of non-formal learning and through intercultural dialogue. Nowadays our focus has three main aspects: community art, youth participation, and mental health.

Our Social media: [Instagram](#) [Facebook](#)

# FINANCIAL CONDITION

The project is financed by the Erasmus+ programme. The costs related to accommodation and food will be completely covered by the hosting organisation and the travel costs will be covered according to the Erasmus+ standards.

The currency in Hungary is Forint. 1€~400 Forint. Make sure that you keep your all original travel tickets because they are needed for the reimbursement.

Use only PUBLIC TRANSPORT. We encourage you to use GREEN TRAVEL. Before booking any tickets please contact the project coordinators. The travel cost maximums are the following (Green travel/Non-green travel):

Hungary 56/28 EUR

Poland, Romania, Serbia, Slovakia 285/211 EUR

Estonia, Greece, North Macedonia 417/309 EUR





# CONTACT

## NAME AND ADDRESS OF NGO

Name: Kontroll V Egyesület (Ctrl+V International Association)

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## PROJECT COORDINATOR:

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<https://www.facebook.com/ctrlv>

<https://www.instagram.com/ctrlv/>

