

# INFOPACK TRAINING COURSE

## ART OF SAYING IT RIGHT

14/5/2026 - 21/5/2026

Nea Makri, Greece

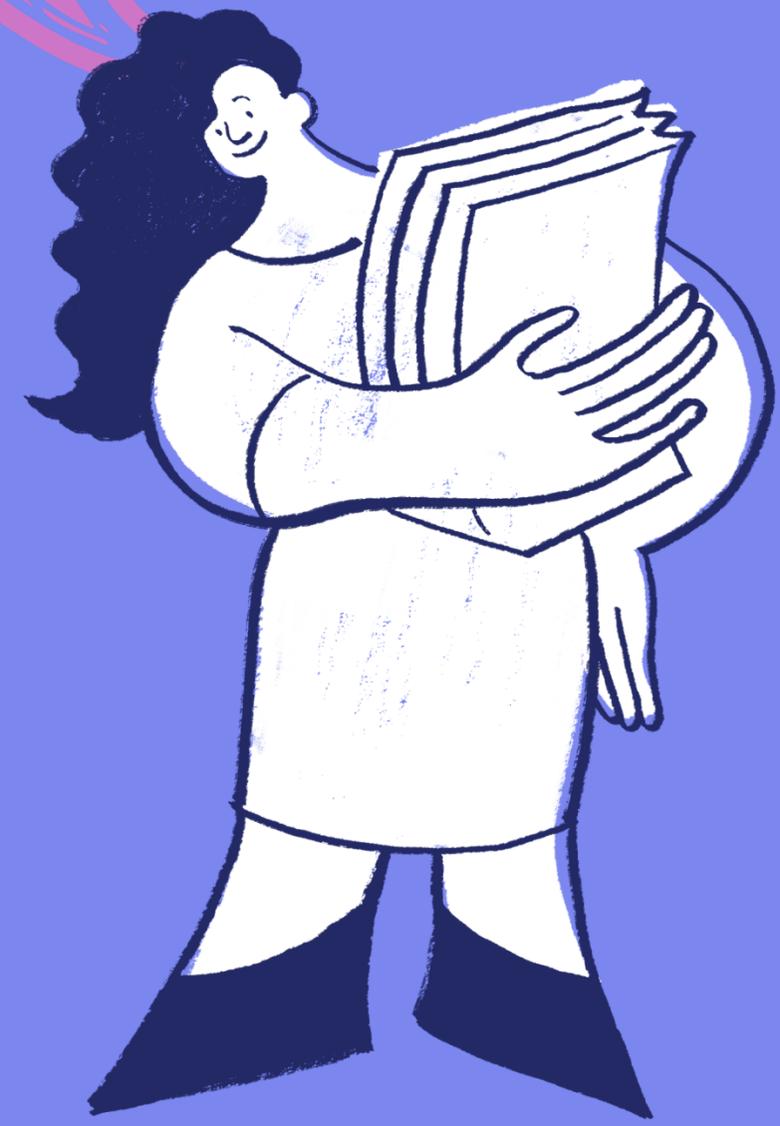


Co-funded by  
the European Union

## ABOUT THE PROJECT

The Art of Saying it Right (ASR) was created to respond to real challenges faced by youth organisations across Europe. ASR aims to **strengthen communication** and **reflection skills**, help youth workers **create safe and inclusive learning spaces**, promote **responsible** and **critical use of AI**, and support **emotional well-being** to prevent burnout.

The project focused on developing active listening, empathetic communication, constructive feedback, and designing inclusive educational activities that encourage diversity, social responsibility, and open dialogue.



## MAIN OBJECTIVES

1

Increase understanding of the importance of reflection and feedback in youth work in young organisations and new youth workers.

2

Develop active listening and empathetic communication skills, essential for working with young people with diverse needs.

3

Provide AI-based methods to enhance inclusive non-formal education and critical thinking, while avoiding over-reliance on technology.

4

Enhance participants' confidence in designing and implementing inclusive educational activities that promote inclusion, social responsibility and understanding.





**PROJECT  
PARTNERS**



*Associação Check-IN, Portugal*



*Asociacion Las Ninas del Tul, Spain*



*Chance, Germany*



*Recreativity, Hungary*



*Ocean of Knowledge, Croatia*



*Agrado, Italy*



*Loesje Bitola, North Macedonia*



*Eudaimonia, Bulgaria*

# SCHEDULE

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
9:30	Presentations and Introductions	Storytelling and empathic listening	Feedback	Awareness of Prejudice	AI and the Power of Language for People with Fewer Opportunities	Dissemination and Next Steps
11:30	Team Building	Being in the present	Feedback Theater	Understanding Assessment and Evaluation as a Means of Development in Youth Work (Ethics)	Testing of Activities	Self-assessment
15:00	The Art of Saying it Right	Creative writing from photographs (using AI)	Cultural Visit	Design of ASR Tools and Activities	Testing of Activities	Official Assessment
17:00	Exploring the Values of Work for Young People	Active Listening	Kick-Off for Game Development		Applying ASR	
18:00	Time for Reflection	Time for Reflection	Time for Reflection	Time for Reflection	Time for Reflection	
21:00	Time to connect	Cultures: ON	Free Time	Free Time	Time to Connect	Farewell Party

**JOIN  
TRAINING  
COURSE**



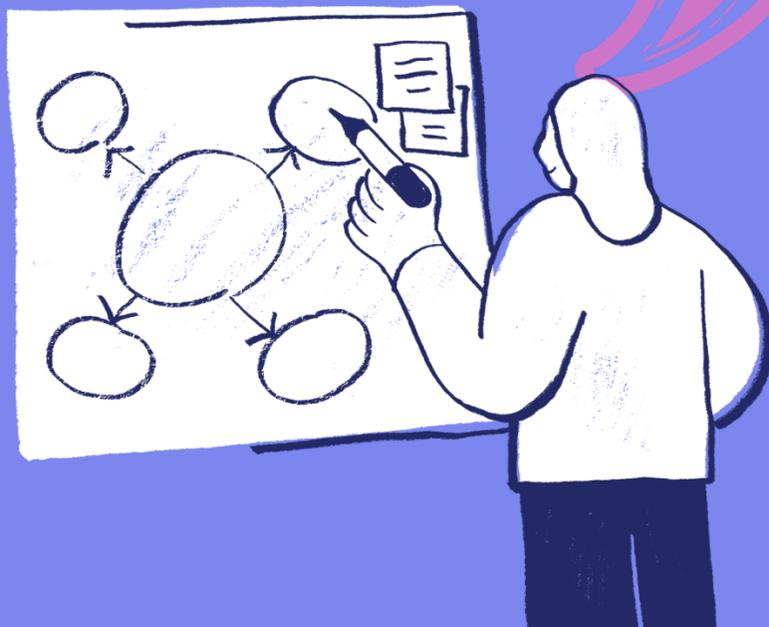
9 knowledge transfer workshops, one per participating country, targeting other youth workers and organized by participants in ASR project.

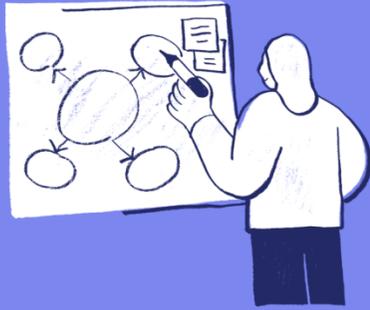
An online event for the results of the program aiming at the participation of at least 30 youth workers (beyond the participants)

## AFTER THE TRAINING

A booklet - guide with at least 9 activities that will have been designed by the participants during the training program.

A digital library on Padlet which will function as a reference platform.





**Active in the youth sector (e.g., youth workers, trainers, mentors, educators, volunteers, leaders).**



**Individuals with fewer opportunities and individuals who work with young people with fewer opportunities, especially individuals who face social and/or educational barriers.**

**Motivated to improve communication, teamwork, and feedback skills, including using AI tools when needed.**



**Commit to participating in all phases of the program.**



**At least 18 years old.**



**Passionate about creating safe, inclusive, and high-quality learning experiences for young people.**

## **PARTICIPANT PROFILE**

①

Plan your travel from your residence to the activity venue in Greece and back, in accordance with the travel limit shown on the following slide.

②

Your travel costs will be reimbursed on actual costs, up to the limit. Participants will be reimbursed through their organisations.

③

Travel reimbursement requires active participation in the programme and may be reduced in cases of unjustified absence.

## TRAVEL GUIDELINES



1

Before booking your tickets, you need to receive confirmation from your organisation and HYP. Tickets booked without your organisation's confirmation will not be reimbursed.

2

Only travel costs, which include a ticket with its respective receipt, are reimbursable. Physical tickets are only eligible if submitted as the actual ticket (no photos or scanned copies are admissible).

3

All boarding passes  
The electronic ticket with the travel plan in the email confirmation of the flight. The invoices for each flight ticket. The email confirmation does not replace the invoice. Complete Reimbursement form (provided by HYP).



All digital documents will be send via e-mail.



All physical tickets will be sent by traditional post.

## REIMBURSEMENT PROCESS



**MAXIMUM TRAVEL  
REIMBURSEMENT PER  
COUNTRY**

*Check the links*

**PORTUGAL**

**395 €**

**SPAIN**

**395 €**

**GERMANY**

**309 €**

**HUNGARY**

**309 €**

**CROATIA**

**309 €**

**ITALY**

**309 €**

**NORTH  
MACEDONIA**

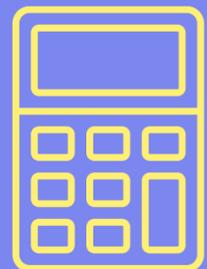
**211 €**

**BULGARIA**

**309 €**

**GREECE**

**28 €**



**[DISTANCE BUDGET](#)**



**[DISTANCE CALCULATOR](#)**



## ACCOMODATION

Participants will stay in hotel rooms with 3-4 people (of the same gender) per room with an ensuite bathroom.

The venue will be Thomas Beach Hotel Koufolouka 4, 19005, Nea Makri Attiki, Greece.

Tel: +30 22940 98887

## FOOD

The diet will be Mediterranean (accommodating vegetarians and vegans), not supporting other diets like Halal, flexitarian, etc.

Providing accurate health information through the participant's form is necessary to ensure safe participation.

**This project is co-funded by the Erasmus+ Programme, covering 100% of accommodation, food, training and materials.**



The nearest airport is  
Athens International Airport  
Eleftherios Venizelos.

Upon arrival at the airport, you will need to take X95 (ticket to be bought from the kiosk next to the bus) and get off at Nomismatokopecio station.



There, you will need to take a local bus for about an hour to reach the venue.



Detailed information about the arrival will be provided on the WhatsApp group.



**DAY OF ARRIVAL**  
**14/5/2026**

**16:30 Arrival**

**18:30 First Encounter**

**21:00 Official welcome**

**HOW TO  
ARRIVE**



## GAMES

We invite you to bring games that you enjoy and that might be a nice inspiration for the night activities.

## INSURANCE

European Health Insurance Card (for EU/EFTA/Swiss residents, free of charge) and travel insurance are mandatory to participate in the project.

## WHAT TO BRING



## MEDICINE

For preventive purposes, we recommend that individuals with health conditions bring their own medications. A basic First Aid kit will be available at the venue.

## CONTACT US

Hellenic Youth Participation is a leading youth organisation in Greece that promotes active participation and engagement by providing **quality learning opportunities** and **fostering self-development** and **employability** through **non-formal education**.

Since 2014, it has engaged in local, national and international projects, training diverse groups, including teenagers, youth leaders, volunteers, youth workers, and educators.

The organisation promotes lifelong learning, peer education, and awareness of key values, including equality, social inclusion, and cultural diversity.



[hellenicyouthparticipation.com](https://hellenicyouthparticipation.com)



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**ABOUT  
HYP**



THANK YOU &  
SEE YOU SOON



Co-funded by  
the European Union