

International training course

CLIMATE-CONSCIOUS YOUTH WORK



19 - 26 May, 2026
Kaunas, Lithuania



Globalcitizen.lt



Co-funded by
the European Union



Why this training course?



Young people are among the most exposed populations to the accelerating climate crisis. According to European research and policy analysis, climate change is already affecting young people's daily lives, health, and long-term wellbeing, contributing to increased physical risks, social inequalities, and emotional strain, including eco-anxiety. The Council of Europe and European Commission highlight that young people are currently experiencing and will continue to bear the brunt of worsening climate impacts, making climate action not only an environmental issue but a matter of intergenerational justice. Youth engagement is increasingly recognised as a decisive force in achieving Europe's green transition. Both formal (school systems, civic participation structures) and informal (community projects, youth work) pathways empower young people to contribute to environmental action. The European Green Deal support initiatives emphasise that youth bring **creativity, fresh perspectives, and a direct stake in long-term climate solutions**, making their involvement indispensable.

The **Council of Europe's groundbreaking Recommendation on Young People and Climate Action** stresses that young people must be meaningfully included in climate decision-making processes. The recommendation highlights the need to protect young climate defenders, ensure access to rights, and remove structural barriers preventing youth from influencing policy.

The objectives of the training course

This training course aims to contribute to **the strategic goal of our Erasmus+ youth mobility accreditation** - to strengthen the role of youth work in the sustainable development of society by integrating the principles, approaches and tools of education for sustainable development and global citizenship education in youth work activities on local, national and international levels.

Objectives of the training course:

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- 🌍 Explore current global trends related to climate change and sustainability;
 - 🌱 Develop a shared understanding of the concept of sustainability and its relevance to youth work;
 - 🔍 Understand the complexity and multiple perspectives surrounding climate challenges;
 - ⚖️ Highlight the importance of climate justice and equity in addressing climate issues and developing solutions;
 - 📖 Explore real-life case studies of community and youth-led climate and sustainability initiatives;
 - 📚 Practice non-formal learning tools and youth work approaches that support young people in developing competencies for sustainable living and active citizenship;
 - 🗣️ Support participants in designing sustainable, local, and participatory climate action initiatives that amplify young people's voices;
 - 🤝 Create a safe and inclusive space for intercultural dialogue, exchange of experiences, networking, and partnership building.

Profile of participants



 **Youth workers, youth leaders, or educators** engaged in youth centers, youth organisations, or any entity providing diverse activities for and with young people;

 **Mentors, trainers and coordinators** actively involved in local and/or international youth activities outside the formal education sector;

 **Have little or no prior experience** in climate change and sustainability topics;

 **Motivated to enhance their professional competencies** and incorporate climate concerns and sustainability principles into their daily work with young people;

 **Citizens or residents** of eligible regions, including Erasmus+ Programme countries, Eastern Partnership and Western Balkan countries;

 **Connected to an organisation with an Erasmus+ OID number** that agrees to act as the sending organisation and support the participant in applying the learning outcomes;

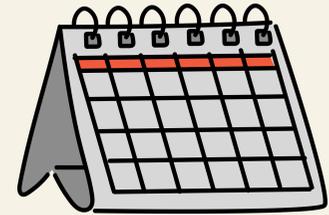
 **Not participating in another Erasmus+ long-term project** (e.g., student exchange, European Solidarity Corps, Erasmus internship) during the training period;

 **Have a good command of English;**

 **Able to participate in the entire programme of the training course.**

N.B. To keep the group balanced, we will select not more than 3 participants from one country.

Draft programme (subject to change)



	19 May Tuesday	20 May Wednesday	21 May Thursday	22 May Friday	23 May Saturday	24 May Sunday	25 May Monday	26 May Tuesday
Morning		Getting to know each other Introduction to the TC Group building	Sustainability Resource depletion	Climate justice and youth	Climate activism (case study)	Climate education	Building a climate-conscious action	DEPARTURE
Afternoon	ARRIVAL	Global trends, young people and youth work	Climate crisis: complexity and multi-perspectiveness	The power of community in climate and sustainability action	FREE TIME	Climate-friendly youth work	Evaluation and closing of the TC	

The Venue



Sadauskų sodyba homestead

Address: Jurbarko pl. 351, Antalkių km., Vilkijos sen., Kauno rajonas, LT 54217

Website: <http://www.sadauskusodyba.lt/en/>

The Venue is a bit out of Kaunas city, but is gorgeous and surrounded by beautiful Lithuanian nature. Participants will stay in shared rooms: **3-4 persons** per room.

Food will also be cooked in the homestead. If you have any allergies or special dietaries, please let us know about that in the application form. If you need other help regarding your difficulties, please also let us know.

Also, as the venue is a bit far from the town, please make sure, that you have everything, that you will need for the week before arriving to the place.



Travel

Reaching Kaunas from Vilnius airport

By train – there is a train connection from Vilnius airport to Kaunas. First, you will need to take a train to go to the central train station in Vilnius, and then to take another train to Kaunas. For the timetable and ticket prices, please, check here:

<https://www.traukiniobilietas.lt/portal/en>.

By bus - if the train option is not convenient, you can also check the following options to reach Kaunas by bus:

Take a **mini bus** from the airport (the bus station is located outside the airport, in front of the exit C) to Vilnius bus station and then the bus to Kaunas. For the timetable of buses from Vilnius bus station, please, check here:

<https://autobusubilietai.lt/en>

Take Airport Express directly from Vilnius airport to Kaunas. For the timetable, please, check:

<https://www.ollex.lt/en/express/Vilnius-airport/buy-a-ticket>

N.B. This bus drops-off passengers at the beginning of the Savanoriai avenue in Kaunas. So, from there, you need to use either public transportation or a taxi to reach the city centre.



Reaching Kaunas from Kaunas airport

Bus No. 29G connects Kaunas International Airport with the city centre. The journey takes about 45 minutes with the bus timetable being coordinated with flight schedules. (Lithuania has app for busses schedules - TRAFI - you can download it, if you want).

Taxi service is also available for those who need a speedier transfer. We usually recommend using Bolt. For this, you need to use a mobile application which you can download from Google Play Store (for Android) or App Store (for iPhone).

Reaching the Venue

From the Kaunas bus station, you can take bus no. **153, 154, 170** and get off on the stop “**Antalkiai**”. From there the Venue will be reached in 5 min by foot.

Another option is to take a **taxi** (“Bolt”), which should cost approximately 25-35 euro per trip.

N.B. Taxi costs to the venue can be reimbursed only in cases of late arrival (after 18:30) to Kaunas or early departure (before 6:30) when public buses are not available.

Travel reimbursement

The food and accommodation will be provided and paid by the organisers.

Travel costs will be **counted by distance calculator** (<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>) provided by European Commission (destination - **Antalkiai**) and reimbursed.



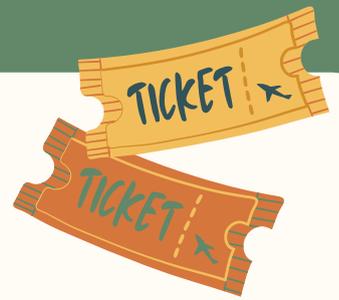
DISTANCE BAND	STANDART TRAVEL	GREEN TRAVEL
10 – 99 km	28 EUR	56 EUR
100 – 499 km	211 EUR	285 EUR
500 – 1999 km	309 EUR	417 EUR
2000 – 2999 km	395 EUR	535 EUR

WE STRONGLY ENCOURAGE YOU TO USE GREEN TRAVEL!

Green travel is defined as the travel that uses low-emissions means of transport for the main part of the travel, such as **bus**, **train** or **car-pooling**.

If you choose to travel this way, we can reimburse accommodation (up to 70€) and food (up to 60€) for your extra travel days (max. budget for all of that - 130€).

Travel reimbursement process



To receive your travel reimbursement, you will need to:

- Fill in the travel report form that will be provided to you during the time of the training course;
- Upload all your travel documents which you have in an electronic format on Google Drive (the link will be provided for the selected participants). Here is the list of the documents you will need to upload:
 - For flights – (1) travel itineraries and/or invoices indicating the price of your ticket; (2) boarding passes;
 - For travel by bus and train – travel tickets with the price indicated;
 - For travels by car – (1) receipt for the purchase of petrol; (2) the scanned copy of the car registration document;
 - Visa-related costs (if applicable).
- If you have paper tickets, you will need to:
 - Attach them to your travel report ;
 - Upload scanned documents from your return journey in the same Google Drive folder with other electronic documents.

Please, note that:

- Only fiscal receipts can be reimbursed.
- Card payment receipts and bank account statements without an actual ticket or receipt cannot be considered as relevant documents for reimbursement.
- Taxi costs will be reimbursed only in cases of late arrival and early departure when public transportation is not available.
- It usually takes 4-6 weeks to receive your travel reimbursement.

Initial tips for preparation

Here are some tips on how to prepare and what to bring to the training:

- Positive energy and motivation to learn new things;
- All original documents related to your travel costs;
- Toiletries (shampoos, shower gels, etc.) for your personal hygiene;
- Any medicines that you might need, especially the ones that require a prescription (e.g. antibiotics, antidepressants, etc.) - it is not possible to buy it in our pharmacies with a foreign prescription;
- Towels for your personal use;
- Warm and comfortable indoor and outdoor clothes and shoes.

We will also update the selected participants with more tips for preparation while the training course approaches.



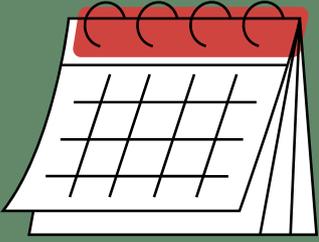
Application

Application form: <https://forms.gle/Yp7fWreWcBbXaxNb7>

Please, fill in this application form by the **30th of March, 23:59**.

We will inform the applicants about the selection results by **the 3rd of April**.





Dates



19th of May - arrival day
20-25th of May - working days
26th of May - departures

Contacts

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