



Funded by
the European Union



SkillUp: Core skills for youth workers

Training Course

Busteni, Romania

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30 May - 7 June 2026

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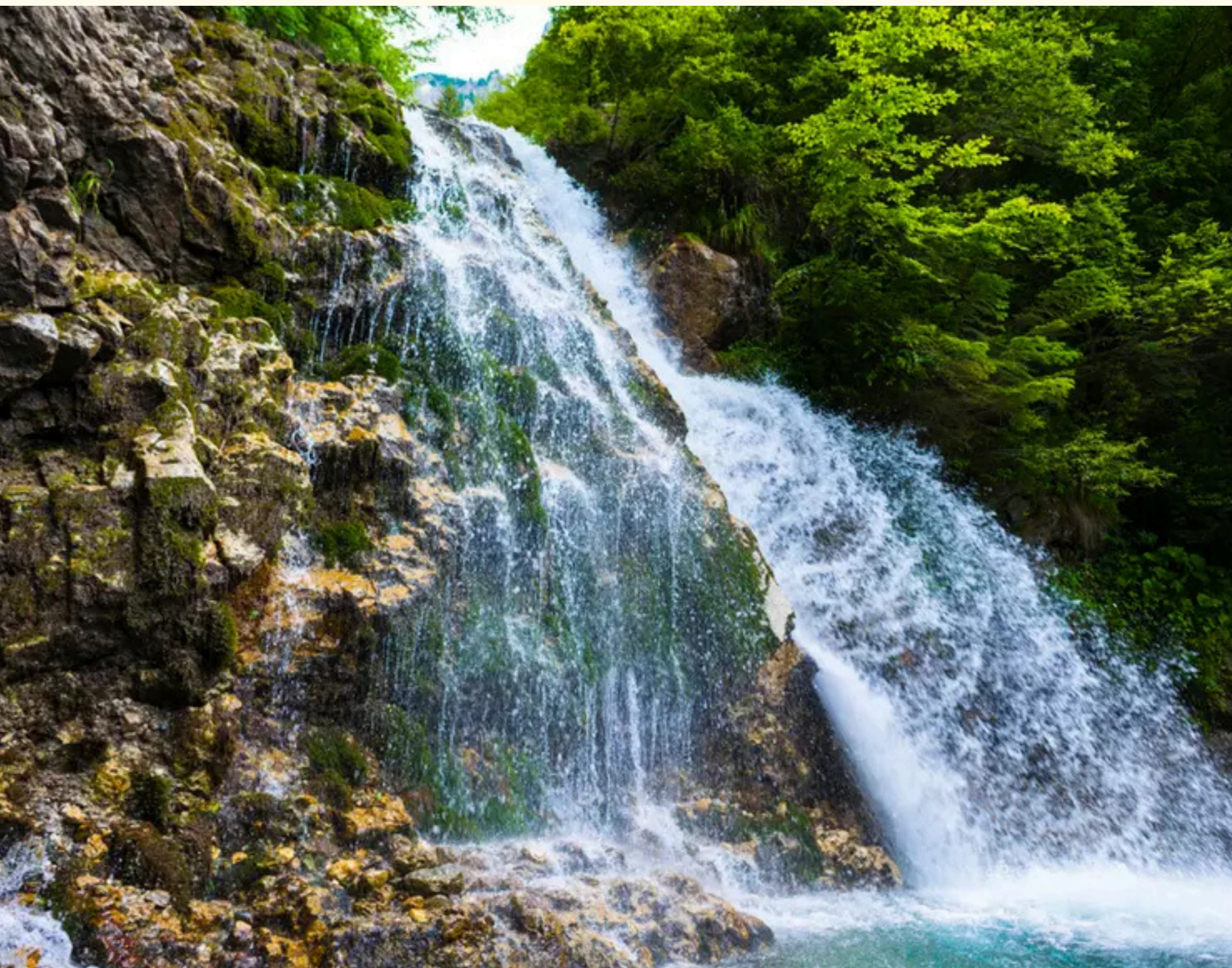
Erasmus+

About the Project

This project will deliver an intensive training course built on non-formal education methods, enriched by presentations and informal learning opportunities. Throughout the training week, 25 participants will take part in practical, interactive sessions designed to help them get to know one another, strengthen their motivation, leadership and communication skills and deepen their understanding of social inclusion through field exercises and visits to local NGOs.

They will also explore approaches to fostering trust and self-esteem among disadvantaged youth, practice conflict management through Forum Theatre and examine nonviolent communication, along with the distinctions between non-formal, informal and formal education.





Objectives

Objective 01

The 25 participants will develop their knowledge and practical skills in the four essential areas of youth work – motivation, social inclusion, non-formal learning and conflict management – through active participation in training sessions, practical workshops, and reflection activities

Objective 02

Each of the 25 participants will develop a personalised portfolio containing at least 20 non-formal methods, selected and adapted according to the needs of the target group they work with and they will demonstrate the ability to integrate these methods effectively into their current youth work practice.

Objective 03

At least 90% of participants will report a significant increase in confidence in their professional abilities and at least 20 of them will initiate or co-organise new activities for young people within their respective organisations.

Profile

of the Participant

- youth workers that are currently working with young people
- youth workers that are new in the youth field
- trainers that want to improve their competences
- volunteers in NGO's (you can apply even if you are not a member of the partner organisations)
- residents in the partner countries
- age over 18



Selection of the Participants

Fill the Form

Carefully fill in the application form.

Selection is based on your profile and your motivation.

You can apply even if you are not member of the Partner organisations.



Zoom Interviews

The best applications will be invited to zoom interviews.

Only the selected applications will receive our feedback and invitation.



Selection

After you receive our feedback, you have 5 days to buy the tickets and confirm your participation in our project. **DO NOT BOOK** any tickets before receiving the approval from organisers!

Timeline of the Training

**The presence on all duration of the program is mandatory.
4 Sessions per day - 1 hour 30 minutes each session**

30th of May 2026

Arrival Day

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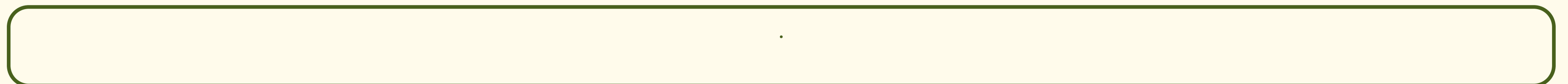
**31st of May - 6th of
June 2026**

Training Course

-

7th of June 2026

Departure Day



REIMBURSEMENT

The costs of your travel will be reimbursed based on the documents you provide. When you buy the tickets, ASK FOR INVOICES! KEEP ALL THE TICKETS, BOARDING PASSES, RECEIPTS!

If you travel by plane try to look for direct cheap flights. Only the tickets approved by the organisers will be reimbursed!

The travel costs within the budget limit of your country, will be reimbursed after the Training Course, ONLY if this conditions fullfilled:

1. All the original tickets were sent/given to the organisers.
2. You attended the full duration of the training course.
3. You have reported back the follow-up activities.
4. You have submitted all the reports, that our organisation or the EU requested.

Budget Limits

Poland - 309 €

Portugal - 395 €

Romania - 211 €

Turkiye - 309 €

Ukraine - 417 €*

***green travel**

Accommodation

BUSTENI

This peaceful mountain town in the Prahova Valley offers a perfect mix of adventure and relaxation. While famous for winter sports, it also attracts visitors in warmer months who come to explore its landmarks and enjoy the scenery.

Surrounded by the Bucegi Mountains, Bușteni offers stunning views, scenic hiking trails and a cable car ride to the famous Sphinx rock formation. Its traditional architecture, souvenir shops, and cozy rustic restaurants create a welcoming atmosphere for both nature lovers and culture seekers.

ACCOMMODATION

Double rooms with on bathroom and balcony.

We provide 3 meals perday and 2 cofee breaks.

We take into account any diet.

We have a no-alcohol policy during the whole period of the Training Course..

For more information and pictures of the accommodation please check their website [here](#).



What to bring

- All your travel tickets and boarding passes

- Comfortable shoes

- Warm clothes for the evenings



- For the INTERCULTURAL NIGHT ,
food, non-alcoholic drinks, any
cultural elements you want to share

- The European Health Insurance
Card/ Travel Health Insurance

- Reusable water bottles

- A laptop for each country

- Good energy and positive attitude

Partner Organisations



Stowarzyszenie Young Wave - Poland



Associação Inspira! - Intervenção juvenil e ambiental - Portugal



Asociatia SolidDar - Romania



PANGEA GENÇLİK DERNEĞİ - Türkiye



Phoenix Social Youth Group - Ukraine





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Instagram



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Useful information

-The emergency number in Romania is **112**

-Bucharest Otopeni Airport (021) 204 10 00
www.bucharestairports.ro

-Railways Information (021)9521
www.cfrcalatori.ro

-The Romanian Currency is LEU (RON)

Contact Us