



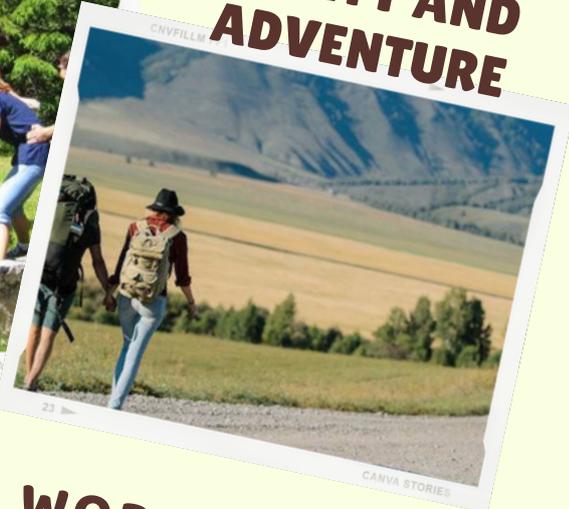
**YOUTH WORK
DIFFERENTLY**



**NEW
EXPERIENCE**



**SAFETY AND
ADVENTURE**



TRAINING FOR YOUTH WORKERS

[APPLY ON THIS LINK](#)

IN & OUT 4

5 ELEMENTS OF YOUTH WORK

1. **INSPIRATION THROUGH TRYING OUT** NEW ACTIVITIES
2. **INTENSIVE FIRST AID TRAINING** FOR **YOUTH WORKERS**
3. **OUTLINE** OF GROUP DYNAMICS AND COOPERATION
4. **OUTDOOR SURVIVAL ACTIVITIES** **IN** THE FORREST
5. **OUTSTANDING** TEAM GAMES **INSIDE**



JUNE 8 - 14.6. 2026
SLOVAKIA, ČADCA

PARTICIPATION FEE

30 €



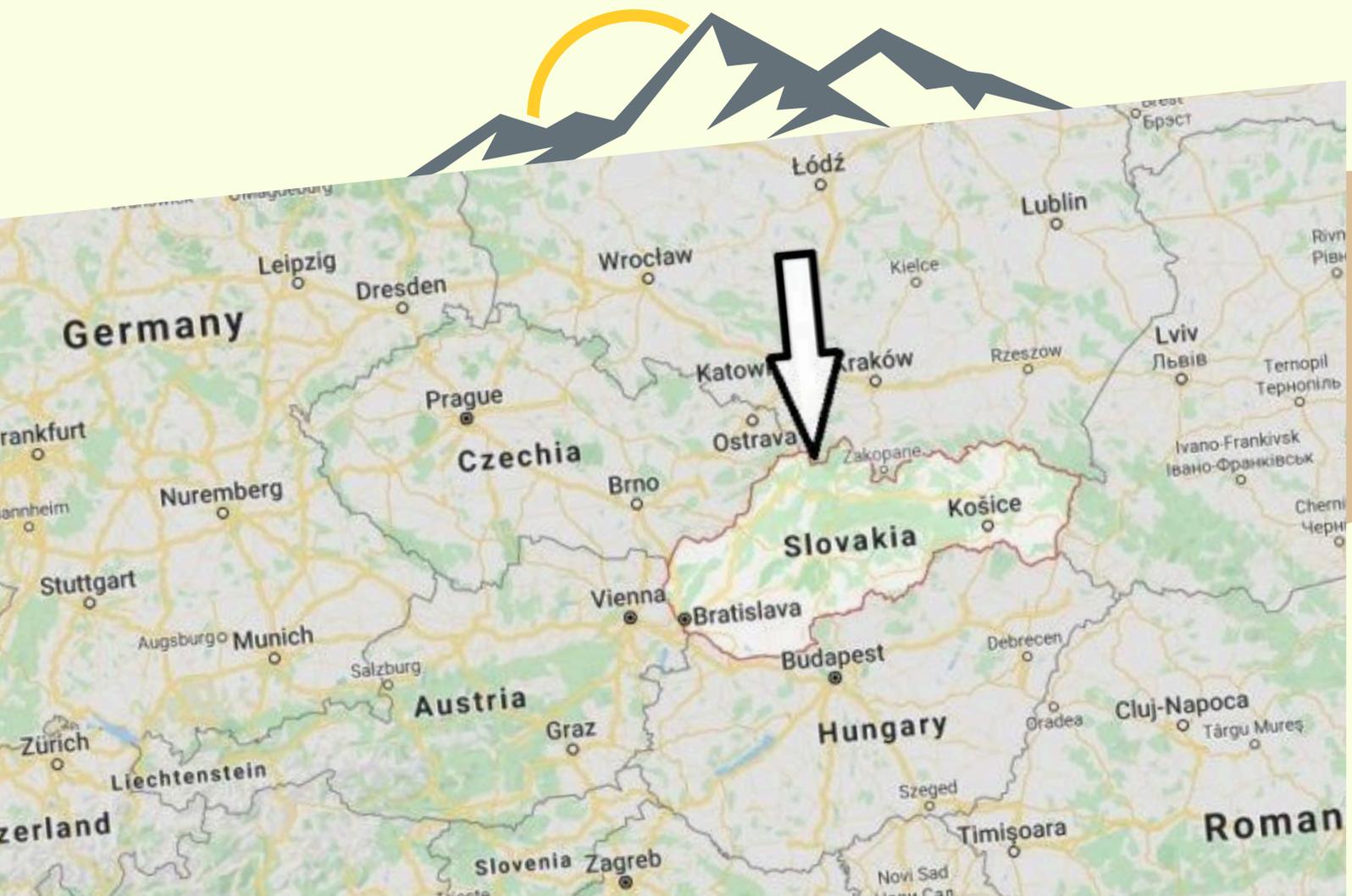
LOCATION

Our organization is situated in the heart of Čadca, a town with a population of approximately 24,000 welcoming residents. Prepare for an exceptional training experience in the picturesque mountains, located just 25 kilometers away.

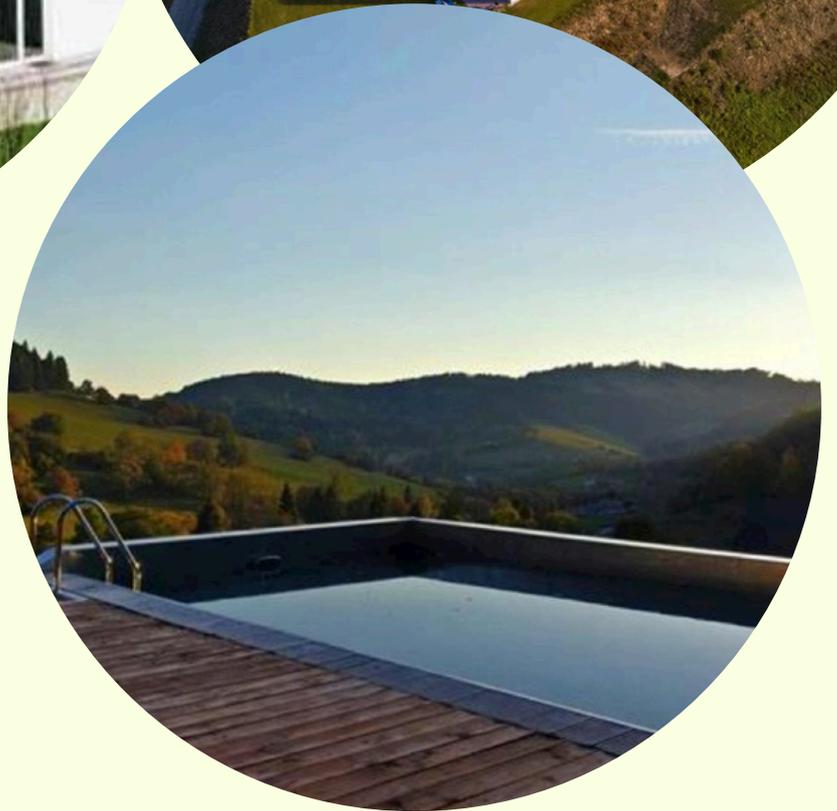
Nestled in northern Slovakia, Čadca is conveniently positioned near the borders of the Czech Republic and Poland, serving as the proud capital of the Kysuce region, renowned for its stunning landscapes. The area offers a plethora of outdoor activities, including skiing, hiking, sailing, and mountain biking.

The climate here is a delightful blend, featuring mild conditions with cold winters, sunny summers that invite outdoor exploration.

Thanks to an efficient train connection, you can conveniently travel to larger towns or even cross the border into Poland and the Czech Republic. Our training activities will commence in Dolný Vadičov, a mere 20 kilometers from Čadca, with comfortable bus transportation arranged to facilitate your journey. Let the adventure begin!



ACCOMODATION



Contact

- **Address: 023 45 Dolný Vadičov**

What to bring

- Comfortable, sporty, and waterproof clothing and footwear for potential outdoor activities, swimwear, and flip-flops
- Information about yourself and your organization
- Traditional food and beverages from your country
- Passport and any other necessary travel documents (insurance)

MORE INFORMATION

- Travel budget:

Distance Band	Standard Travel	Green Travel
100–499 km	€180	€210
500–1,999 km	€275	€320
2,000–2,999 km	€360	€410



- Green travel is recommended
- Travel expenses reimbursed post-training; travel documents and boarding passes required.
- June weather can be warm or hot, with unpredictable changes throughout the day.
- Recommended packing: warm clothes (lightweight), swimsuit, sunscreen, sunglasses, sturdy shoes, waterproof jacket, and a backpack for expeditions.
- Check the weather forecast online for updates.



PROGRAM

**INspiration through trying
OUT new activities**



**INTensive first aid training for
yOUTH workers**



**OUTline of group dynamics and
cooperation**



**OUTdoor survival activities
IN the forrest**



**OUTstanding team games
INdoors**



It will root for

practicality

sharing

experience

TIMETABLE

	Morning activities 9:00 - 12:30	Afternoon activities 14:30 - 18:00	Reflection group 18:00 - 18:30	Evening activities 20:00 - 22:00
8 June Monday	travel	arrival of participants to Čadca, KERIC	dinner in Čadca	transport to accomodation welcome activities
9 June Tuesday	opening of training, ice-breakers, rules, building of teams strategy games	theory of IN & OUT activities	group meeting	international evening
10 June Wednwsday	outdoor survival activities	first aid training	group meeting	night games
11 June Thursday	team work	sharing good practices	group meeting	board games
12 June Friday	cooperation with local group of kids	closing the training	group meeting	BBQ
13 June Saturday	outdoor trip	outdoor trip	group meeting	farewell outdoor party
14 June Sunday	transport to Žilina or Čadca departure of participants			

link for application

<https://forms.gle/occMCigL1mYXJgFo8>