



Erasmus+

DU GRAIN À MOUDRE



CALL FOR PARTICIPANTS - TRAINING COURSE

ERASMUS+ NAVIGATING ERASMUS+ FROM OPPORTUNITIES TO ACTION



TC - FRANCE - 07/04/2026 to 16/04/2026



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GENERAL BACKGROUND

The Erasmus+ programme represents an exceptional funding opportunity for the mobility of young people and youth professionals. Despite its advantages, many organisations and countries are still unfamiliar with it. The administrative procedures and applications may seem daunting at first glance, but it would be a shame to miss out on this potential.

It's well worth finding out more, because behind the formalities lie great opportunities to be seized.

Du Grain à Moudre is made up of members who have taken part in several Erasmus+ projects (Youth & Education/Training) covering a variety of themes such as inclusion, heritage, migration, gender, sustainable development and many others.

Through this experience, we want to offer a training course providing practical information on the Erasmus+ programme and project management, as well as providing teaching tools drawn from popular education.

We wish to provide **practical guidance for navigating into the world of Erasmus+**, but our aim is also to **create a platform for exchange and synergy between partners.** We firmly believe in the importance of bringing together committed players, sharing project management practices and building innovative initiatives together

DESCRIPTION

During this training, participants will have the opportunity to master **Erasmus+ administrative procedures** while developing **essential project management skills.** We will focus on exploring creative methods specifically adapted to non-formal education in the context of Erasmus+ Youth projects.

The practical approach will be emphasised, with participants invited to acquire detailed information about the Erasmus+ programme and to explore the process of creating a project of their own choosing. Throughout the project, the emphasis will be on collaborative writing, with participants working in small groups to develop a concrete project, putting the knowledge they have gained into practice and fostering an immersive and participative learning experience.

The final goal of this training is to create a project, during the week, with the international partners present and to be able to submit it in October 2026 or February 2027 to the European Commission.

OBJECTIVES

We wish more specifically to:

- Facilitating opportunities for exchanges between participants, promoting the creation of networks and encouraging collaboration between partners in order to maximise the impact of Erasmus+ projects.
- To enable participants to acquire knowledge of Erasmus+ actions, funding criteria and opportunities.
- Raise awareness of the importance of inclusion and diversity in Erasmus+ projects.
- Enable youth professionals to acquire skills in setting up and managing projects.
- Inspire confidence and autonomy in structures for active initiatives in Erasmus+ projects.

FRAME OF WORK

Participants will come from various backgrounds, with different experiences and expertise. We are looking for individuals who are ready to commit to a project in the medium or long term, capable of sharing their experiences in project management, and/or open to receiving advice and feedback.

This training is designed as a learning space where every participant needs to position themselves pedagogically. We encourage all participants to reflect on their own journey and experience, share it, and build on it, while being open to constructive feedback. We also ask that everyone be respectful and considerate of others' sensitivities.

We ask that all participants be punctual and attend every session to ensure full participation in the training.

As we will be living collectively during the training, we will also ask for participants' involvement in some daily tasks to foster a sense of community.

METHODOLOGY

The training will primarily rely on methods and tools from **non-formal education**.

Participants will play an active role in the training, proposing energizers and workshops, as we believe that learning is most effective through hands-on experience and action.

While theoretical content will be introduced by the trainers using participative methodologies, much of the training will focus on knowledge sharing and mutual enrichment within the group. Participants will be encouraged to bring and share their own experiences related to the topic.

Although we will maintain a non-formal education approach, given the more structured nature of this specific topic, the format will be somewhat more formal than other trainings. However, we will continue to prioritize an interactive and flexible learning environment that adapts to the needs of participants.

PROFILE OF PARTICIPANTS

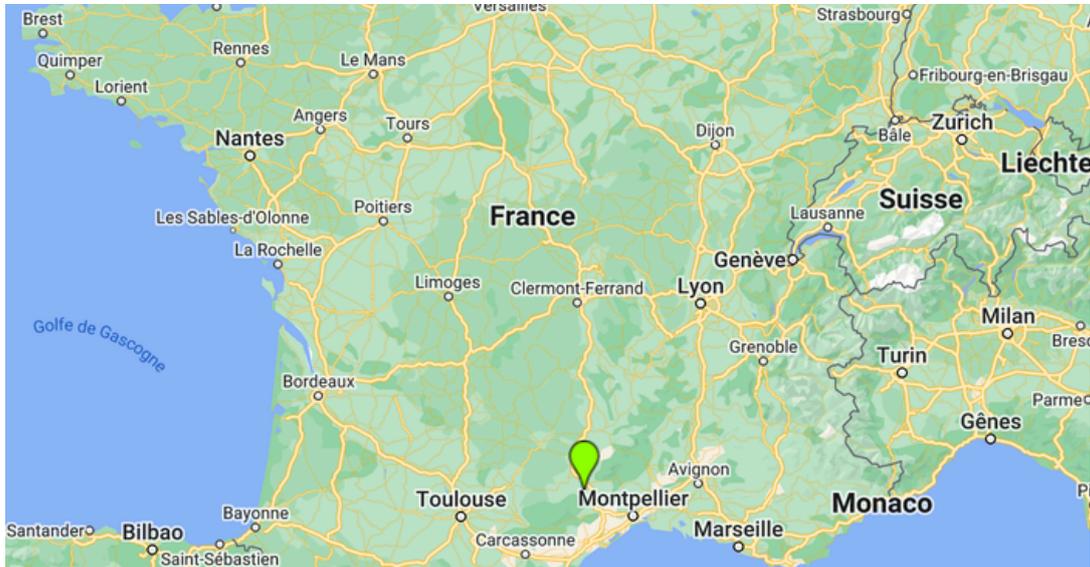
We are looking for **youth workers of all types** (educators, social workers, youth leaders, etc.) who are interested in discovering the **Erasmus+ program** and are committed to envisioning the development of Erasmus+ projects, with the **interest in submitting a project for the February 2025 deadline**, following its creation during the training.

No prior experience in Erasmus+ project development is required. This training is primarily aimed at first-time applicants who are new to the program.

Please note that each participant will need to bring their own laptop to be able to work during the training.

LOCATION / ACCOMODATION

FRANCE - CORNUS



ACCOMODATION



The TC will take place in Cornus, a small village located in a rural area, just a few kilometers from Montpellier. Accommodation will be in a gîte with shared rooms. **The venue is a rustic place.** Rooms will host up to 4-5 people each. Every room has its own private bathroom.

The meals (**vegetarian food in general**) will be prepared by our team, taking into account any special dietary requirements and allergens.

<http://www.grandgitedularzac.fr/>

FINANCIAL CONDITIONS

- Travel costs will be covered based on the unit costs of the program. Please note that participants will be reimbursed the real costs of their transport fees up to a certain limit as per information below.
- 100% lodging and food are covered. **Du Grain à Moudre** would like to encourage participants to buy travel tickets ASAP to enjoy economical prices.

Please do not buy travel tickets until Du Grain à Moudre has approved your participation.

All the travel costs will be reimbursed the earliest 3 months after the end of the training course. Please note that the process of reimbursement will be carried out directly with the applicant organizations and not with the individual participants.

Contribution to the travel costs of participants, from their place of origin to the venue of the activity and return.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

Based on the travel distance per participant. Travel distances calculated using the distance calculator supported by the European Commission

**Green travel = Environmentally responsible means of transport - A trip that uses low-emission transport for the majority of the journey, such as bus, train or carpooling.*

**Please note that green travel is only available for certain partners. Please wait for confirmation from Du Grain à Moudre to check your eligibility.*
