



# The Art of Discovery

Training Course

Garlstedt, Germany, 18.-25.05.2026.

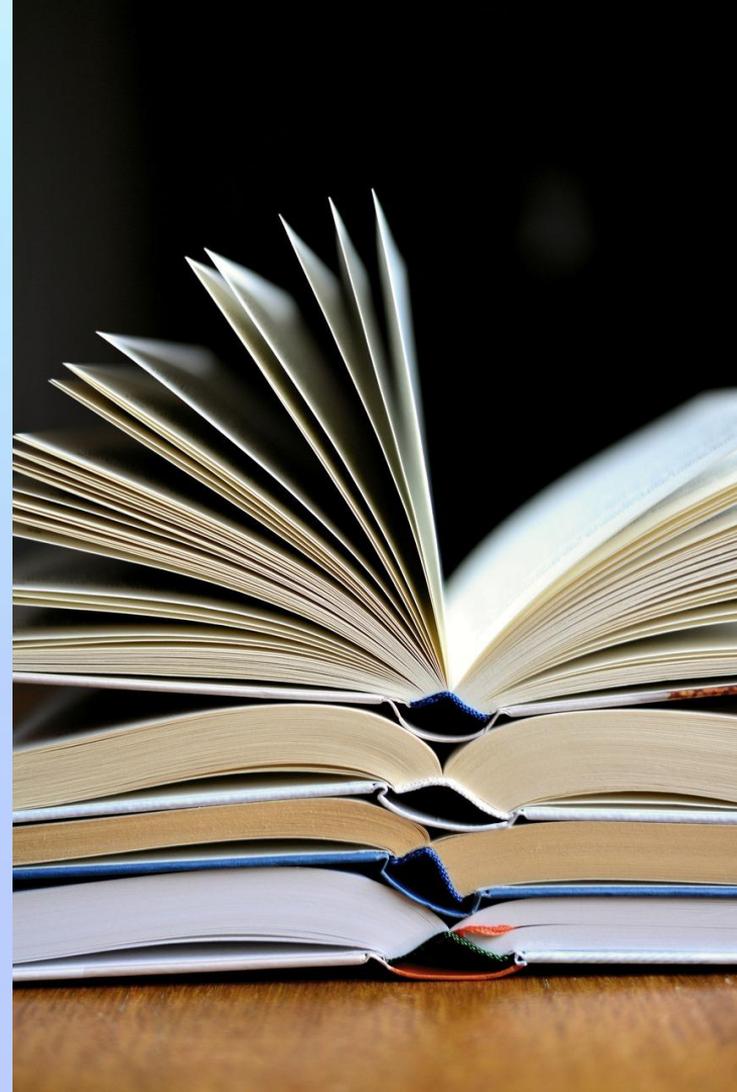
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# The Art of Discovery

**NaturKultur e.V. , Germany**, invites you to apply for the **Training Course - “The Art of Discovery”**, funded by the Erasmus+ Programme, Key Action 1 – Mobility of Youth Workers.

- **Dates:** 18 – 25 May 2026 (including travel days)
  - **Location:** Garlstedt, near Bremen, Germany
  - **Age:** 18+
  - **Participants:** 28 participants
  - **Eligible countries:** All Erasmus+ Programme countries
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## About the Activity

“**The Art of Discovery**” is a 8-day-long international training course designed for youth workers, trainers, facilitators, and youth leaders who want to strengthen their **competences in facilitating learning and designing meaningful educational programmes** in international youth work. The training focuses on developing the knowledge, skills, attitudes, and behaviours needed to create impactful learning experiences.

Participants will explore how learning happens, how to design educational processes intentionally, and **how to respond to unexpected situations** and learning opportunities that emerge during activities.

Participants will:

- Deepen their understanding of how learning works in non-formal education
- Strengthen their competences in facilitating learning processes
- Learn how to design structured, meaningful, and learner-centred educational programmes
- Reflect on their own role, style, and development as facilitators
- Exchange practices, tools, and experiences with peers from different countries

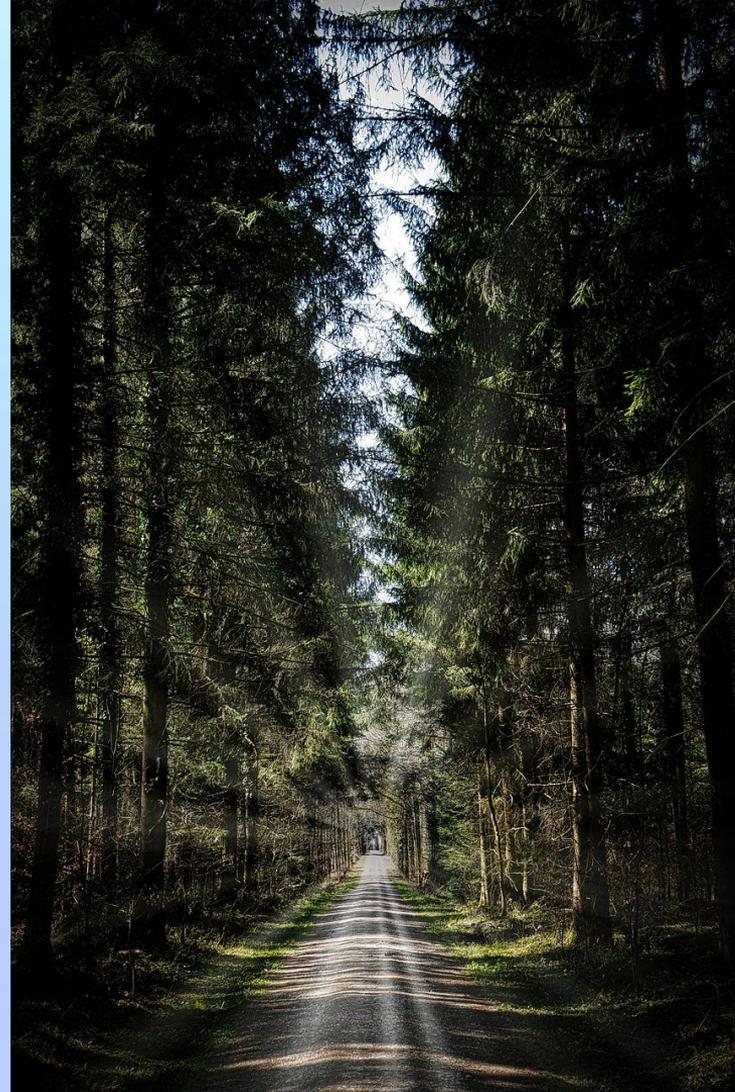
The programme will **include interactive workshops, simulations, reflection sessions, and hands-on practice** – supporting participants in developing both their personal and professional competences.

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# The objectives

During this training course, we aim to:

- Strengthen participants' competences in **facilitating learning in international youth work** contexts
- Develop participants' ability to **design** intentional, structured, and meaningful **educational programmes**
- Increase participants' understanding of learning processes, group dynamics, and learner-centred approaches
- Support participants in responding to unexpected situations, challenges, and learning opportunities that arise during educational activities
- Foster participants' personal and professional growth as facilitators, trainers, and youth workers
- Provide space for reflection, exchange of experiences, and mutual learning between participants from different countries
- Encourage the development of educational tools, methods, and resources that participants can use in their future work





## Target group

We are looking for:

- Youth workers, youth leaders, trainers, facilitators, and educators active in youth work
- Participants who already have **experience in Erasmus+ and international youth work** (not beginners), and who want to further develop their competences
- Participants interested in improving their facilitation skills and learning how to design educational programmes
- Participants motivated to reflect on their own learning and professional practice
- Participants open to learning, sharing experiences, and actively contributing to the training process
- Participants willing to apply what they learn in their future projects and activities

Participants should have a **good level of English**, as the training will be done entirely in English.

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# Place and venue

[KulturHaus](#), close to Bremen, Germany (Garlstedt).

Garlstedt is a small village/suburb in the surrounding of Bremen in Germany. We are going to be accommodated in a NaturKultur seminar/youth house.

**We will be far away from the city**, shops and bars because we want the participants to be focused on the training and cultural activities and create a good atmosphere among the group. There is beautiful nature, really nice forest and places to have long walks and activities outside, yoga or meditation in the morning, to go for a run or bike ride and see the landscapes in the surrounding.

The venue is a youth center (KulturHaus) in a forest where we will be alone as a group, so the participants should **expect simple accommodation**. Several seminar and break-out rooms are available for us to work in; the bedrooms are for 2 to 4 people. There will be showers and toilets in most of the rooms (or just outside the room).

**Our own cooking team** will prepare the food and coffee breaks and take care of our health and nutritional intake so we can completely focus on the activities. Please note that we cannot provide fruitarian and HALAL food.

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# Travel costs and transportation

- Travel costs will be reimbursed according to the distance bands allowances from Erasmus+. You need to calculate the distance from your residence to Garlstedt, Germany. Here, you can calculate the distance:

[Erasmus+ Distance Calculator](#)

- The travel cost will be reimbursed within 30 days after receiving all documents from the participants:
  - Filled reimbursement form – will be sent to participants after the activity
  - All boarding passes, flight bookings, train tickets, etc.
- Costs: Accommodation, food, and all materials are free. A **participation fee of €20** will be deducted from the travel costs.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR

**Contacts:** If you need more information about the training, don't hesitate to contact us!



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