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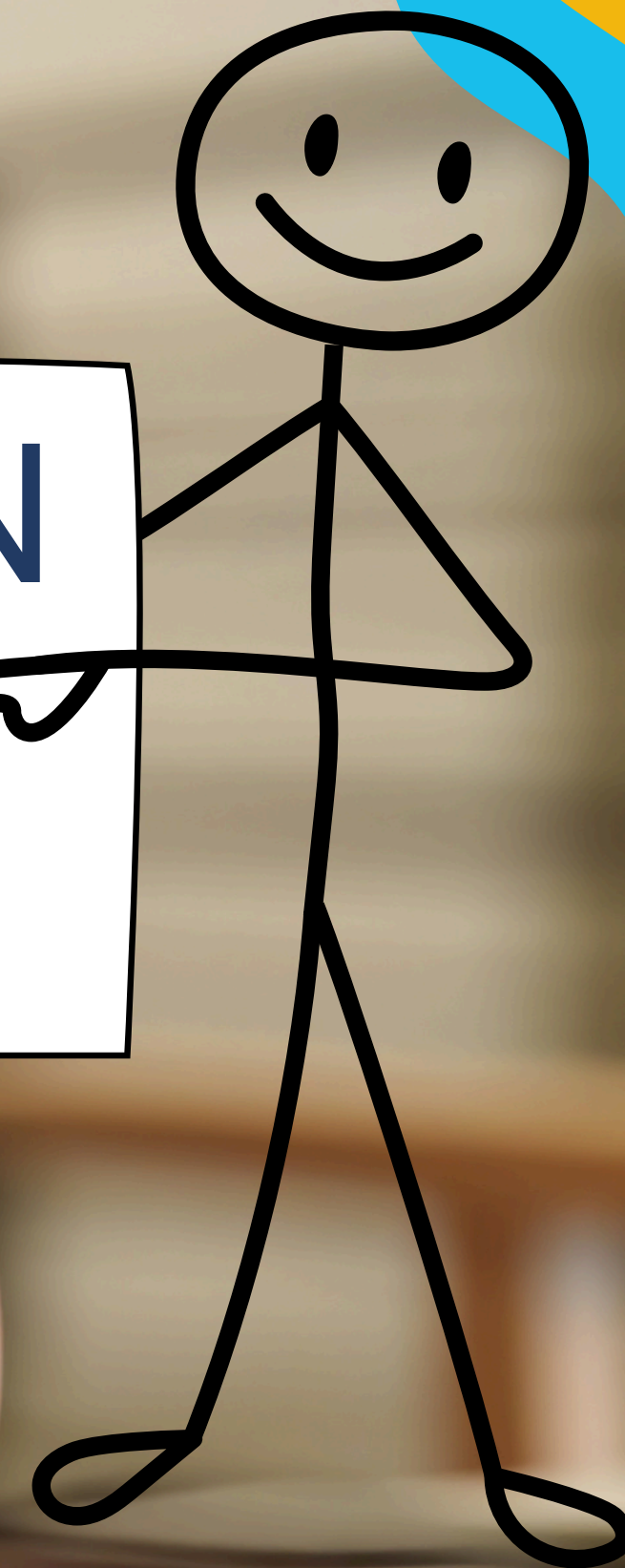
**AFLATOUN**  
Social & Financial Education

# Social and Financial Education

How to teach SFE to adolescents  
(13-16 years old)

# AflaTEEN Training

13-18 April, 2026  
Arenas de San Pedro, Spain








# Description



This Training Course aims to strengthen educators' competences to **deliver high-quality Social and Financial Education (SFE)** to **teenagers** aged 13–16 through the unique Aflatoun approach. Participants will **explore flexible, learner-centred methodologies** that can be easily adapted to local contexts and educational realities. The course combines practical tools, interactive learning and international exchange of good practices. In addition, participating organisations and schools will be invited to join the **international Aflatoun Network**, gaining access to global resources, peer support and long-term collaboration opportunities.



# Your Goals



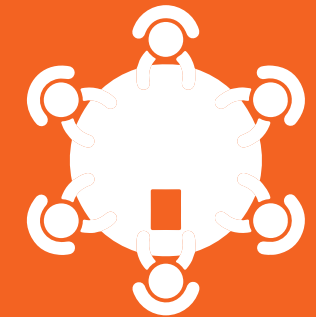
Get acquainted with the Aflateen curricula for SFE.



Enhance your knowledge and know-how in SFE and gain insight into why it is important to teach and promote SFE.



Equip yourself as a professional educator with the necessary tools and skills for teaching teenagers SFE.



Meet the international Aflatoun network and promote youth work as one of the key actors for SFE.



# Meet Our Team



**Saida Mamadjonova**

Program manager in NL



**Monia Wisniewska**

Trainer



**Anh Dao Nguyen**

Trainer



**Tony Gómez**

Logistic coordinator



# PROGRAM

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
07.30 - 09.00	A R R I V A L	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
09.30 - 09.45		Welcome to Aflatoun	Energiser	Aflateen Stage 2 - My role in the group	Energiser	D E P A R T U R E
09.45 - 10.00		Introduction to the topic	Aflateen Stage 1 - Learning about saving		Aflateen Stage 2 - Your budget	
10.00 - 10.15						
10.15 - 10.30		Getting to know each other		Aflateen Stage 2 - Peaceful social justice		
10.30 - 10.45						
10.45 - 11.00		Tips	BREAK	BREAK		
11.00 - 11.30		BREAK	BREAK	BREAK	BREAK	
11.30 - 11.45		Aflateen Stage 1 - What can I do?	Aflateen Stage 1 - Spending wisely	Aflateen Stage 2 - Challenging gender-based violence	Aflateen Stage 2 - Understanding taxes	
11.45 - 12.00						
12.00 - 12.15						
12.15 - 12.30		Aflateen Stage 1 - We are unique	Aflateen Stage 1 - Get inspired	Aflateen Stage 2 - Investing in your future	Aflateen Stage 2 - Employment skills: negotiation	
12.30 - 12.45						
12.45 - 13.00						
13.00 - 13.15		LUNCH	LUNCH	LUNCH	LUNCH	
13.15 - 13.30						
13.30 - 15.00						
15.00 - 15.15		Energiser	Energiser	Walk in the nature	Energiser	
15.15 - 15.30		Aflateen Stage 1 - Healthy & Unhealthy relationships	Aflateen Stage 1 - Different kind of enterprises: social, green, financial		Aflateen Stage 2 - Entrepreneurship: Ideation of an enterprise	
15.30 - 15.45						
15.45 - 16.00						
16.00 - 16.15		Aflateen Stage 1 - Money & Wellbeing	Preparation of the Aflateen Stage 2 sessions		Feedback & Tips	
16.15 - 16.30						
16.30 - 16.45						
16.45 - 17.00		Tips & Adaptation to local context	Tips & Adaptation to local context		Overall reflection on Aflateen & Our future plans	
17.00 - 17.15						
17.15 - 17.30						
17.30 - 17.45		Day evaluation	Day evaluation	Youthpass & Final evaluation		
17.45 - 18.00						
18.00 - 19.30						
19.30 - 21.00	DINNER	DINNER	DINNER	DINNER		

# Participant profile

- Being a professional educator: youth worker, social worker, or teacher)
- Your organisation/school/entity needs to **be registered at the E+ and ESC platform** and have **a valid OID number**
- Being active in an educational context (non-formal or formal education, management of an educational entity)
- Having the possibility to implement SFE in your context
- Willing and able to share the knowledge and skills gained during the training with others, both within and outside the organisation
- Open and respectful attitude towards all participants, appreciating the unique value and qualities each individual brings
- Intermediate to advanced level of English (as it will be the language of instruction and communication throughout the training)





# Arenas de San Pedro

Arenas de San Pedro is a picturesque town in the province of Ávila, Spain, nestled in the Sierra de Gredos and known for its rich history, natural beauty, and cultural heritage. The region is known as the Tiétar Valley with its 6300 inhabitants, as an administrative centre of the valley.

## AJS

Asociación Jóvenes Solidarios (AJS) is a non-profit youth organization based in Arenas de San Pedro (Ávila, Spain), committed to empowering young people and promoting social inclusion in rural areas. AJS works primarily with children and youth aged 7 to 25, focusing on fostering open-mindedness, critical thinking, civic participation, and future preparedness.

Venue



Host



Hostal Avenida in Arenas de San Pedro is an accommodation offering 18 fully equipped rooms with private bathrooms, heating, air conditioning, television, and free Wi-Fi, situated conveniently for exploring the natural and cultural attractions of the area. You will share the bedroom with another participant.

More information: [www.hostal-avenida.com](http://www.hostal-avenida.com)

We will be hosted in the Casa de Espiritualidad - Nuestra Señora de Lourdes, by sympathetic Alcantarinas sisters. At our disposal, there is a working room facing a beautiful garden. Hopefully, the weather will let us enjoy the garden :)

Here we will enjoy homemade lunch and dinner, while breakfast will be served at the Avenida Bar.

## Accommodation



## Working place



- **Primary Arrival Airport:** The preferred option is to fly directly to Adolfo Suárez Madrid-Barajas Airport (Madrid) for the most convenient access to Arenas de San Pedro.
- **Alternative Options:** If direct flights to Madrid are not available, you can fly to Barcelona or Valencia. From there, you can take a train to Madrid. Spain's high-speed train network offers comfortable and efficient connections between these cities.

### From Madrid Airport to the Bus Station (Estación Sur Méndez Álvaro):

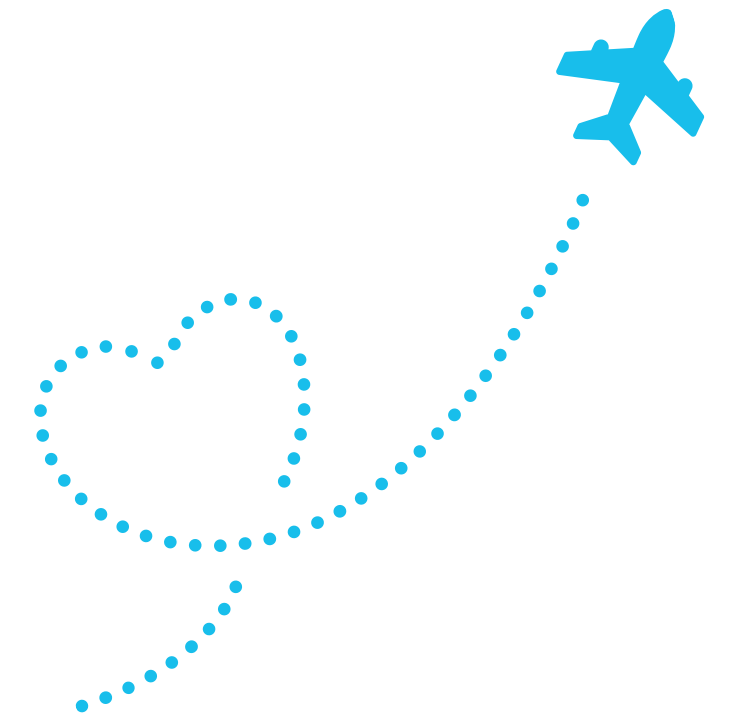
- Take Metro Line 8 from Adolfo Suárez Madrid-Barajas Airport to Nuevos Ministerios.
- Transfer to Metro Line 6 and travel to Méndez Álvaro station.
- Exit at Méndez Álvaro for the Madrid-Estación Sur de Autobuses.

### From the bus station to Arenas de San Pedro:

- Take the bus operated by Samar to Arenas de San Pedro.
- Ticket Price: €12.93 (Tickets can be purchased online at [samar.es](https://samar.es)).
- **Important:** Please check the bus schedule in advance, as buses are not frequent throughout the day.

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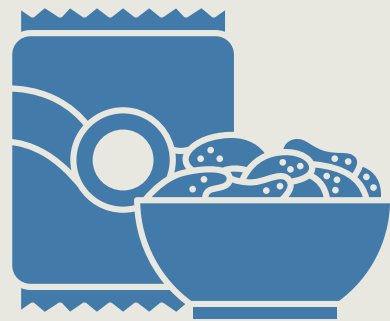
# Travel



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# Financial Conditions



## **Food and accommodation**

are fully covered by the organisers with the support of the Erasmus+ Programme during the project dates. Any overnight stays outside of the project dates will be at your own expense.



## Erasmus+

**NO PARTICIPATION FEE!**



## **Travel Insurance**

You are required to have full travel insurance (including liability) for the entire duration of your stay in Spain. Any insurance costs will NOT be reimbursed.



# Travel Budget


The reimbursement amount for your travel expenses depends on the distance between your city of departure and the venue of the training course (Arenas de San Pedro). To calculate it, please use the official Erasmus+ Distance Calculator available [here](#).

## GREEN TRAVEL:

We encourage you to consider the ecological footprint of your travel.

- To qualify for the green travel budget, all transport must be done in an ecological manner.
- If you choose 100% green travel, you will be entitled to 2 extra travel days.



TRAVEL GRANT 		
Travel Distance	Standard Travel Grant Amount (Euro)	Green Travel Grant Amount (Euro)
10 – 99 KM	28	56
100 – 499 KM	211	285
500 – 1999 KM	309	417
2000 – 2999 KM	395	535
3000 – 3999 KM	580	785
4000 – 7999 KM	1188	1188
8000 KM and more	1735	1735





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# Refund

Before the training, you will need to purchase your tickets to travel to Arenas de San Pedro, Spain. During the training, we will collect all your travel receipts and tickets as proof of purchase. We will then sign a reimbursement contract to confirm the agreed amount. The reimbursement will be processed and transferred to your account within approximately 2 months after the training.

## IMPORTANT NOTES

- **Pre-Approved Tickets:** Only tickets that have been approved before the training by the hosting organization will be eligible for reimbursement.
- **Keep Your Receipts:** Make sure to keep all your receipts and tickets as they are required for reimbursement.
- **Full Participation:** To qualify for reimbursement, you must participate in all the sessions of the training.



# Registration

Sounds interesting?

Please **SIGN IN** the following form, and we will contact you!

<https://forms.gle/kQRGpC8XKQt56EbK8>

Please, TAKE INTO CONSIDERATION that there will be a selection process. We will give opportunities to those who can prove their experience in youth work/education and the real need for this specific training course.

\*For any questions or doubts about travel arrangements or other logistics, please feel free to contact Tony via email at [ajovenes1@gmail.com](mailto:ajovenes1@gmail.com).



# See you soon!

## Our contacts



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[ajs.spain](https://www.instagram.com/ajs.spain)