

FACILITATE

Youth Exchanges



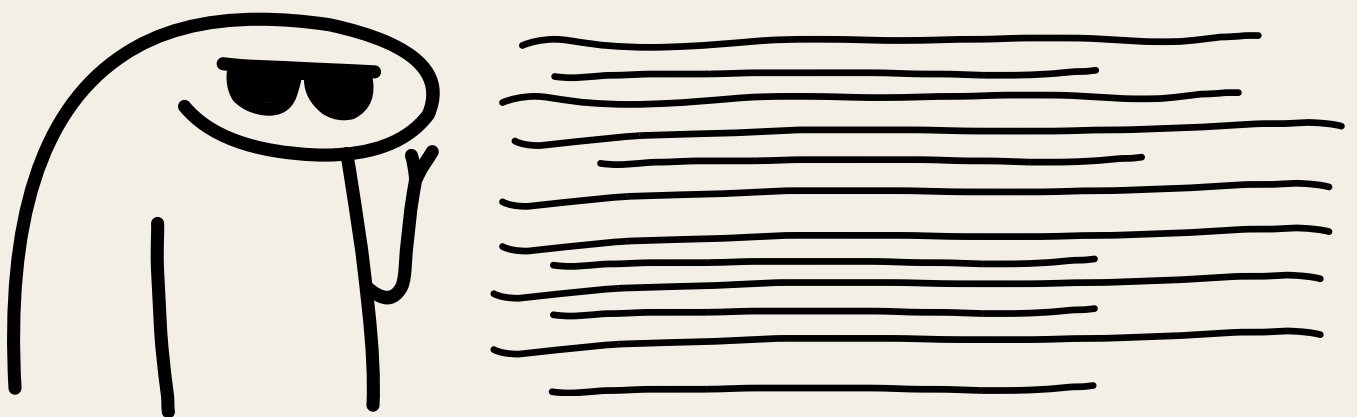
ERASMUS+TRAINING COURSE
HOLLÓKŐ, HUNGARY
6-12. APRIL 2026.

WHAT IS A TRAINING COURSE?

A Training Course aims to enhance the professional competencies of Youth Workers, enable them to exchange best practices, and promote collaboration and innovation in Youth Work across Europe.

Training Courses typically involve a combination of informative sessions, practical workshops, discussions, and experience-sharing based on non-formal education methodologies.

Ideal for those who want to grow professionally and deepen their understanding of a specific topic in Youth Work.



A Training Course is a space to step out of your comfort zone and experiment. Don't be afraid to make mistakes, feel ridiculous sometimes, and laugh at yourself and with others. It is a unique experience embedded in a learning process!

WHAT IS THIS TRAINING COURSE ABOUT?

Facilitate Youth Exchanges is a training course born from the needs of Youth Workers facing their first(s) youth exchange programs as facilitators. The project idea originated from the “Youth Exchanges for Youth” (YOU4YOU) Training Course series, focused on project and activity design. At the end of this Training Course, participants were ready to apply for their first Youth Exchange projects. But one question kept coming back: *Okay, now that the Youth Exchange is approved, how do I facilitate a learning experience?*

This Training is our response to that question, shifting the spotlight from the project to the people facilitating it, and supporting early-career facilitators to become more confident and aware of the learning cycle in non-formal education and youth exchange settings.

Together, we will explore how to lead a group, step in and step out at the right moments, read group dynamics, and create safe, inclusive, and inspiring learning spaces for young people.

If you're interested in discovering your own facilitation style and strengthening your presence when working with groups, this training is for you.

LEARNING BLOCS



Learning program design

- Understand better how non-formal education works
- Experience sharing related to facilitation in youth exchanges and team building



Session design

How does a workshop “work”? Discover what makes ● them a learning activity and how to create them.

What can go wrong when facilitating a youth ● exchange program?

Who am I as a facilitator?

- Get closer to who you are as a facilitator
- Try yourself in a supportive and reflective environment.
- Receive feedback!



HOW CAN YOU PARTICIPATE?

The Training Course will bring together 29 youth workers from Erasmus+ programme and partner countries. It is designed for early-career youth leaders, volunteers, and youth workers who want to facilitate group processes with greater confidence in the context of international youth mobility projects.

Priority will be given to:

Applicants who demonstrate their active involvement in youth work and youth-led activities.

People who have little or no experience facilitating non-formal education workshops in international contexts.

People who have their first youth exchange approved and are wondering how to facilitate effectively.

Apply here by the 20th of February

Participating Countries

To participate, you need to reside in an EU Member State, third countries associated to the Programme or Partner Countries. You can check more information about the list of countries here.

Participation fee

The participation fee for this program is 40 EUR, paid to the host organization in cash, upon arrival.

In case this fee is an obstacle for you, please do not hesitate to contact the organizers!



THE VENUE

HOLLÓKŐ

Our project will take place in the village of Hollókő, 100 km North-East of Budapest, in Nógrád county. Hollókő's old village is a UNESCO world heritage site for its traditional architecture. The village is located among volcanic hills, in a beautiful natural environment surrounded by forests, old castles, and rivers.

KREATÍV TÉR

Our home for the week is **Kreatív Tér**, a Youth and Training Centre nestled in the Hungarian countryside with sweeping valley views and a Hungarian-style charm: peaceful, green, and beautifully authentic. You'll have plenty of space to breathe: meadows, trees, outdoor hangout spots, a fire pit and BBQ area, and hiking trails nearby for nature breaks anytime. Accommodation is in shared rooms (4–6 people), each with its own bathroom and shower, plus a spacious community area and a garden perfect for connecting, relaxing, and enjoying the surroundings.

You can find more information about the venue [here](#).



THE TEAM



Marina Luka

Marina is a Barcelona-based trainer and facilitator specializing in intercultural learning, art and inclusion, and storytelling. Graduated in Aesthetics and Religious Studies and works in the field of non-formal education in different collaborations. Founder of the NGO Puentes Hungary.

Tomás Mora Selva

Tomás is a youth worker with more than 20 years of experience in non-formal education. Working internationally for 15 years as a trainer and facilitator specializing in social inclusion and social entrepreneurship. After graduating as a teacher, he completed a postgraduate degree in social economy and cooperatives.



Júlia Ferencz

Júlia is currently a freelancer youth worker, promoting learning through experience, arts, nature, baking, and community. In the past 10 years she worked as a business association administrator, pastry chef, youth worker, facilitator. All of these experiences have shaped how she operates in this world.

Henrietta Novák

Heni believes in the transformative power of togetherness. She is studying Organizational and Work Psychology with the aim of becoming a professional trainer, supporting individual and group development. Creativity, artistic methods, and reflective practice play a central role in how she learns, works, and facilitates.



TRAVEL INFORMATION

Participants may take up to two extra travel days outside the official programme dates; however, accommodation, local transport, and food costs during these extra days are not reimbursed. The first meal provided will be dinner on 6 April, and the last meal will be breakfast on 12 April.

If you are planning to discover Hungary, we are very happy to help with tips and tricks or suggest programs.

Selected participants will receive further information related to the organization of transportation in Hungary.



Travel plans must be discussed with the organizers (Puentes Hungary) in advance. Any travel arrangement needs to be approved by the organization before you purchase tickets. Tickets bought without prior consultation and approval may not be reimbursed.

puenteshungary@gmail.com



TRAVEL REIMBURSEMENT

Reimbursement will be processed in euros (EUR), regardless of the currency used to purchase the tickets, based on the exchange rate of April 2026, and in accordance with Erasmus+ Programme rules. Based on distance bands, the maximum refund per country is as follows:

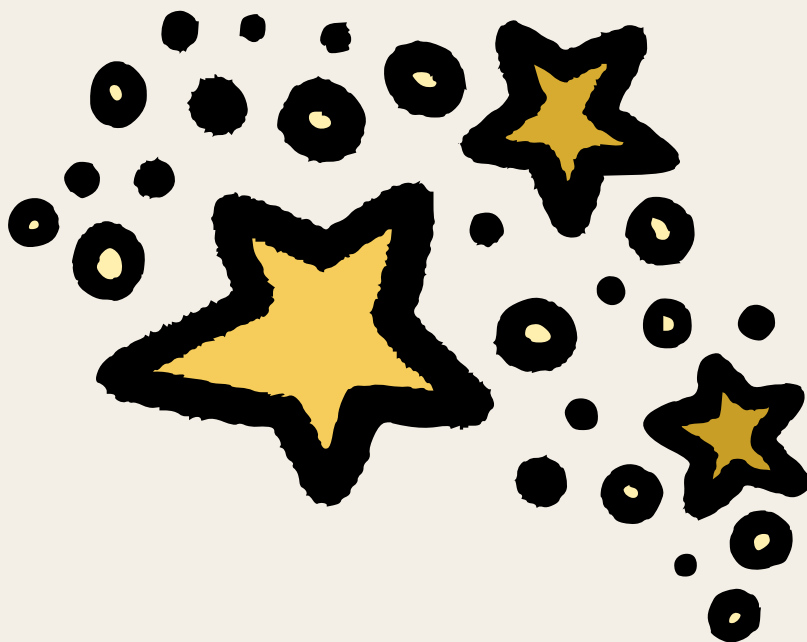
Travel distance	Green trav.	Non-green trav.
10-99 km	56 EUR	28 EUR
100-499 km	285 EUR	211 EUR
500-1999 km	417 EUR	309 EUR
2000-2999 km	536 EUR	395 EUR



Travel expenses will be reimbursed by Puentes Hungary upon the completion of the *required steps** based on *real spending** *, and submission of receipts /original tickets within 4-6 weeks after the mobility.

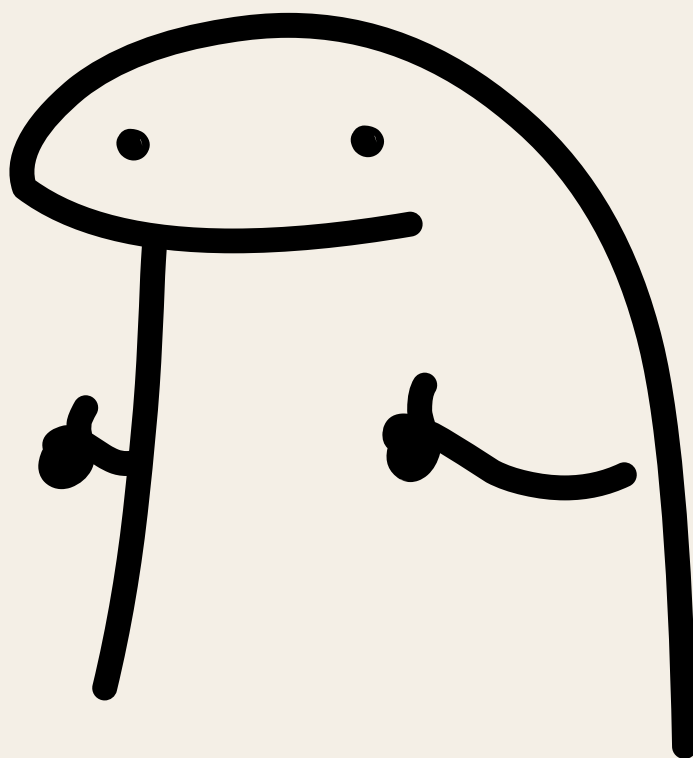
*Full participation of the program, submission of the reimbursement form, and the original tickets, evaluation, dissemination.

**In case you are traveling from Berlin to Hollókő by train (500-1999 km distance band), and you spend 125 EUR, you will receive 125 EUR. If you spend 500 EUR, you will receive 417 EUR.



STAY IN TOUCH!

PUENTES HUNGARY



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Erasmus+ Programme
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