



TRAINING COURSE ACT

Art, Creativity and Theatre
for social inclusion

07 - 13 April 2026
San Lorenzo de El Escorial
MADRID

Coordinated by



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Co-funded by the
Erasmus+ Programme
of the European Union

THE COORDINATOR

Euroactiva-T implements, through innovative methodologies, actions and projects focused on the promotion of equality, social inclusion, interculturality, employment and entrepreneurship, environmental awareness and well being.

THE OBJECTIVES

1. Develop basic skills in physical theatre and theatre cooperation
2. Learn creative tools for education and youth contexts
3. Connect with others and the group through the body
4. Create simple, site-responsive performances in small groups
5. Experience practices based on movement and senses
6. Encourage creativity through experimentation and unconventional tools
7. Work in multicultural groups and learn through collaboration

THE METHODOLOGY

We will use the non-formal education methodology which will facilitate the development and acquisition of new skills, competences and attitudes and thus contribute to social and personal development.

THE VENUE

The daily activities will be placed in the EL ESCORIAL residence in San Lorenzo de El Escorial. C/ Residencia, 14. San Lorenzo de El Escorial, 28200 Madrid.

In the next update we will give you some more indications on how to reach the venue from Madrid Airport.

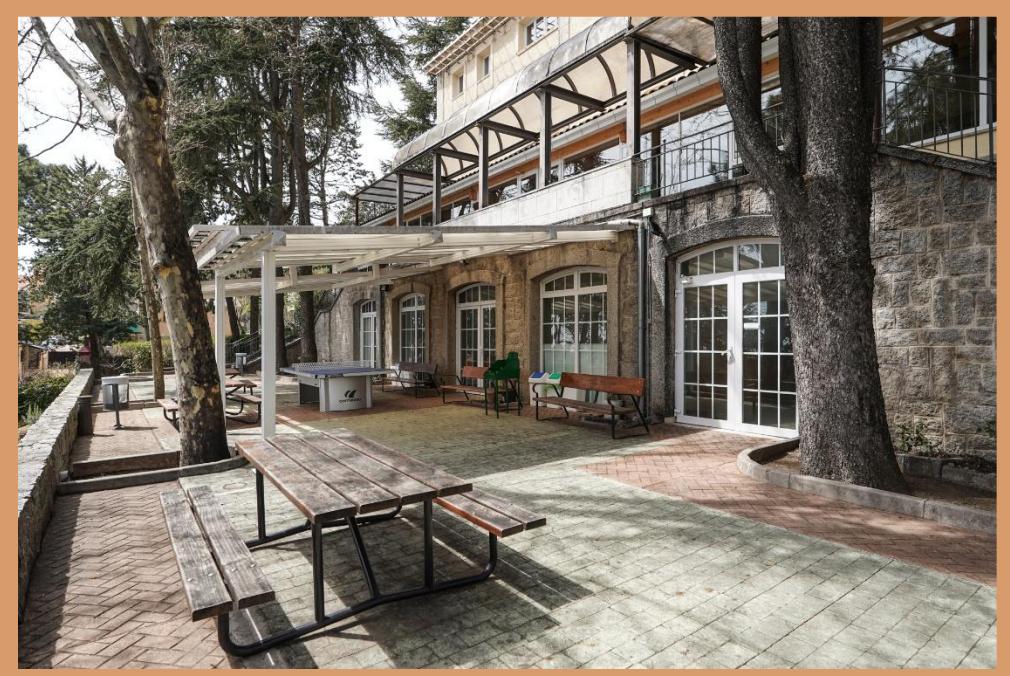
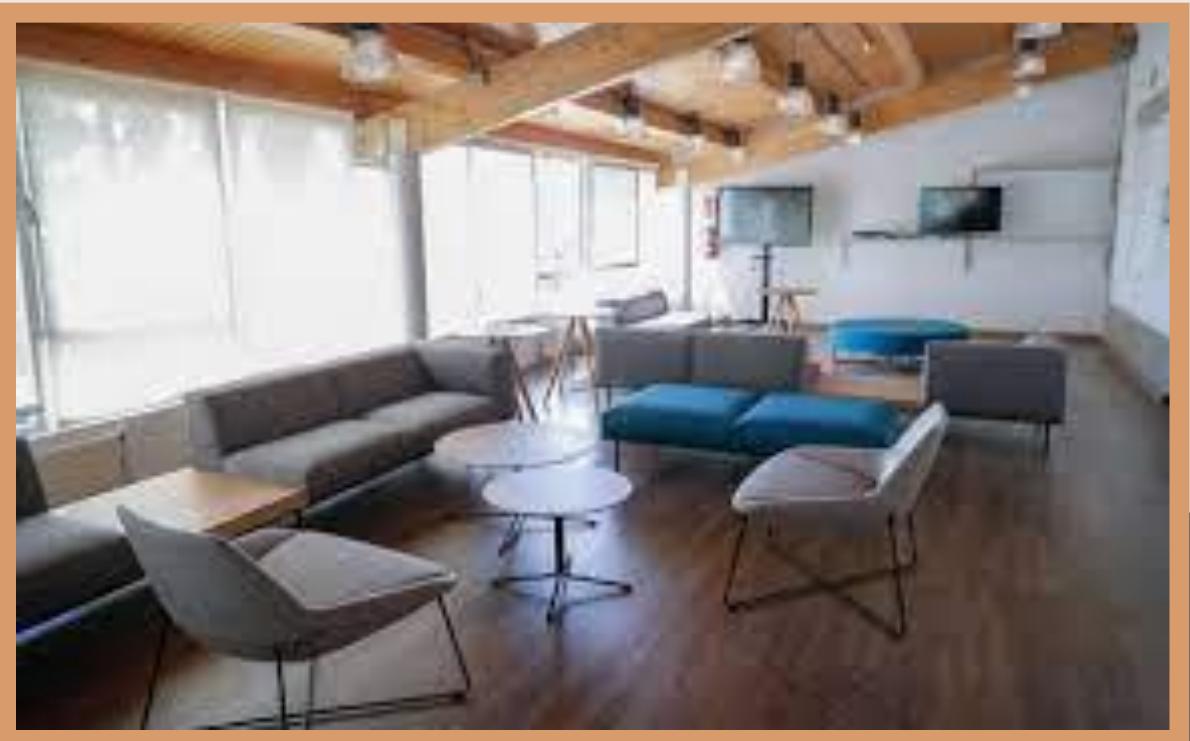


THE VENUE

San Lorenzo de El Escorial is a pretty town located 55 km of Madrid and is famous for the Real Monastery of El Escorial which is National Heritage.



THE VENUE



ACCOMODATION AND MEALS

The residence rooms are for 2 -3 or 4 people with bathroom ensuite.

Breakfast, lunch and dinner

We will have a varied, healthy and mediterranean based menu suitable for everyone.

THE PROGRAM

TC "ACT" San Lorenzo de el Escorial, Spain 7th - 13th APRIL 2026								
"	7	8	9	10	11	12	13	
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
8:30	Breakfast							
10:00		Morning opening + Energizer	Morning opening + Energizer	Morning opening + Energizer	Morning opening + Energizer	Morning opening	Check out	
		Introduction to the project ACT, expectations	Physical Theater workshop: Myself & the others	Learning Space Dynamic	Working groups Task	Erasmus+ session and cooperation	Departures of participants	
11:30	Break							
12:00		Getting to know each other: The passport+	Creative research, moving qualities and find a sequence	Learning Space Dynamic	Working groups Task	Verbal Evaluation and embodied written Evaluation + Youthpass Ceremony		
14:00	Lunch							
15:30		The letter + Theatre for chemists	Sensorial Explorations	Learning Space Dynamic	Presentations	Cultural visit Monastery El Escorial Villa of San Lorenzo		
17:00	Break							
17:30	Arrivals and check in	Basic physical theatre workshop Reflection groups: the suitcase	1 to 1 meetings + LSD proposals Reflection groups: hands	Learning Space Dynamic and PEER FEEDBACK	Final Reflection groups + Tools-Box			
20.00	Dinner							
21.00	Official welcome	Exploring a local bar	Intercultural night	Free night	Free night	Farewell evening		

Space: Working rooms Albergue
Space: Casa de la Juventud
Space: Outdoors

PERSONAL STUFF

Personal hygiene products (TOWEL, shampoo, toothpaste...)

Comfortable clothes and shoes

Your Health European Card

Your energy, good mood, willing to share with the others and to develop yourself and your skills!



PARTICIPANTS PROFILE



Youth workers, educators and trainers

Young artists: dancers, actors, performers, theatre or dance creators

Over 18 years old

Live in the country of the partner organization

Able to work and discuss in English and disseminate the results of the TC

Motivated to explore new creative approaches

Fully committed and active for all the length of the Training (5+2 days)

PARTICIPANTS SELECTION

Participants from 8 countries: Spain, Italy, France, Germany, Hungary, Latvia, Lithuania, Czech Republic

Each country organization will send 3 participants (for a total of 24 participants)

Each organization will be in charge to select their 3 participants and to make the 3 enroll in the following application form by 25th February 2026:

<https://forms.gle/1aaciPEfJP2iP7AE8>

TRAVEL BUDGET

COUNTRY	BUDGET
SPAIN	56 €
ITALY, FRANCE, GERMANY	309 €
HUNGARY, LATVIA, LITHUANIA, CZECHIA	395 €

TRAVEL RULES

Your destination is Adolfo Suárez Airport – Madrid Barajas

The rules of the ERASMUS+ programme for this project are the ones established for the Erasmus + KA1 T.C. Grants.

The organizers must approve your travel plan before buying the tickets.

No travel agencies are allowed to buy the tickets. We can assist you in a future update to buy the flight tickets.

TRAVEL RULES

Plan your flight to be in Madrid before 17:00 h the 7th of April 2026.

You can buy the tickets maximum 2 days before or/and after project dates in case you want to visit Madrid. Those extra days are not covered by the project.

IMPORTANT: In any case keep all the boarding passes and tickets of airplane, bus, train, metro (they are needed for reimbursement). Also, all receipts / invoices are needed, without any exception. The reimbursement will be done the next week after the Training Course by bank transfer.

INSURANCE

Bring with you the European Sanitary Card to be safe in case of emergency.

Participants are responsible for getting any medicaments and treatment that they use.





CONTACT INFO

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See you soon in Madrid!