

**ERASMUS+ TRAINING COURSE**

# **VOICES TO INSPIRE**

**14/03/2025 - 22/03/2025**

**OSIECK, POLAND**



**Co-funded by  
the European Union**

# TRAINING INTRO

This 7-day Erasmus+ training course is designed for **members of youth organisations** who want to strengthen the way their organisations communicate, connect and engage with young people. Throughout the week, participants will explore how to express who they are as an organisation in a clear, meaningful and authentic way. Together, we will examine what makes an organisation's identity recognisable, how values can be translated into practice, and how simple communication tools and storytelling can support visibility and youth participation.



# OBJECTIVES

- Understand how an organisation's values and mission can be translated into a clear and coherent way of communicating who you are and what you do to their target groups.
- Explore how organisations can build a recognisable identity based on authenticity, values and meaningful messages through different means (visual identity, organisational culture, activities, etc.).
- Develop practical skills to strengthen the visibility of an organisation in a way that is accessible and easy for others to recognise and understand.
- Learn how communication, storytelling and simple tools can support youth participation and help young people connect with an organisation's ideas and activities.
- Create space for participants to share experiences, reflect on their local realities and explore how their organisations currently engage young people and their communities.

# PAX PROFILE

- at least 18 years old
- with at least intermediate level of English
- actively involved in NGOs and youth organisations (important!)
- motivated and excited to learn :)
- being present during all the parts of the project (preparation, activity, dissemination)
- ready to use the acquired competences after the activity in dissemination and follow-up activities

# TEAM

**Urszula  
Leszczyńska**  
trainer

[Check out more!](#)



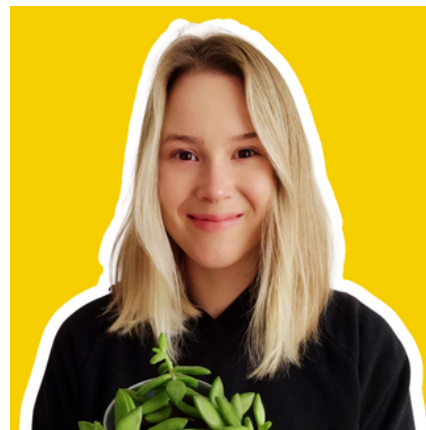
**Fabio  
Meazza**  
trainer

[Check out more!](#)



**Helena  
Podlesakova**  
trainer

[Check out more!](#)



**Amelia  
Rosiak**  
organiser

[Check out more!](#)



# ACCOMMODATION

The project will take place in **Osieck**, around 40 km from **Warsaw**.

We will be accommodated in **Hotel pod Sosnami** in rooms of 2 or 3 equipped with all comforts (towels and soap will be provided by the hotel).

We will have 3 meals and 2 coffee breaks each day. Remember to let us know about any dietary requirements you have.

Check out our accommodation here: [\*\*Hotel Osieck\*\*](#)





# FINANCIAL CONDITIONS

Food and accommodation are **fully covered** by the hosting organization with the support of the European Commission's **Erasmus+ Programme**.

In order to participate in the project you have to have the full **travel insurance** for the whole duration of your stay in Poland. Please note that any insurance costs will not be covered.

**WE WILL NOT ASK FOR ANY PARTICIPATION FEE!**



# DISSEMINATION

Every involved organization will be asked to write (together with participants) **an article about the project** and present it on their websites or social media: the activities we've had, impressions they've got and what impact they are expecting after.

Within a month after the training course, every partner organization is expected to organize follow up **workshops** on the topic of the training, led by participants.

## **IMPORTANT!**

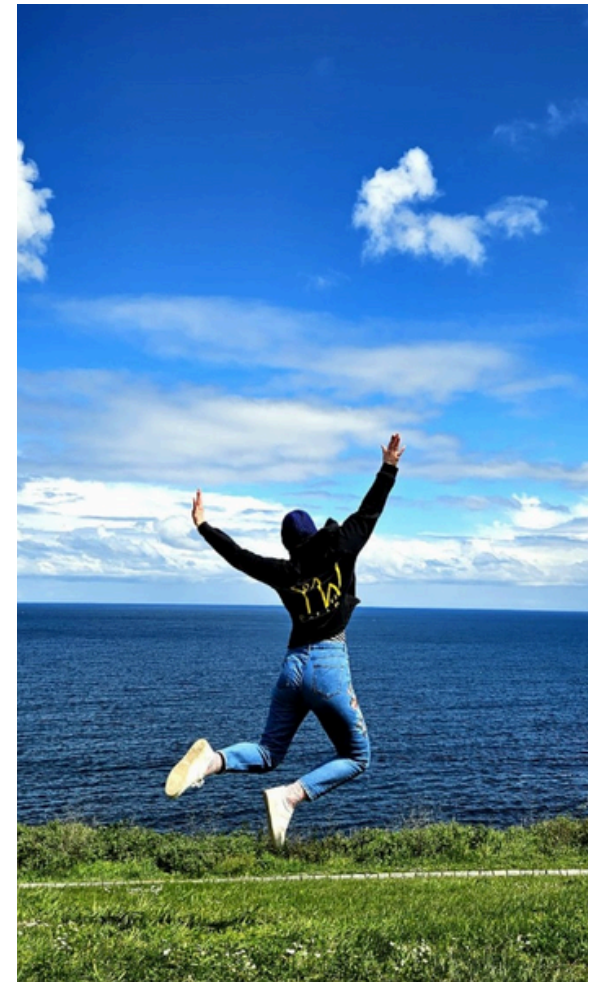
The reimbursement process will be done **AFTER** completing the dissemination phase.



# YOWO POLAND

**YoWo Poland** is a non-governmental organisation based in Poland, established in 2020.

We have got a lot of experience in youth work, but even more enthusiasm and motivation to create local and international youth projects. Our mission is to promote **active citizenship, volunteering, conscious lifestyle**, as well as to encourage young people to participate in **European mobility opportunities** through which they can experience **intercultural learning**.



# CONTACT US!

if you have any questions  
- don't hesitate to contact us!

✉ [info@yowopoland.org](mailto:info@yowopoland.org)

📷 [@\\_yowopoland](https://www.instagram.com/_yowopoland)

📘 [@\\_yowopoland](https://www.facebook.com/_yowopoland)

🌐 [www.yowopoland.org](http://www.yowopoland.org)



Erasmus+