



Erasmus+

TCA “PBA Sport as a tool for social inclusion”, 30/03/2026 – 03/04/2026



This blended learning course includes:

- HOP Online Learning Platform – self-paced modules
- 4 ZOOM Meetings for interactive discussions and networking

ZOOM Meetings Schedule:

- Session 1: [Monday 30/03/2026 – 10:00 -11:30 CET] – Warm up - Getting to know the field
- Session 2: [Tuesday 31/03/2026 – 10:00 -11:30 CET] – Activity - Erasmus+/Sport & Inclusion
- Session 3: [Thursday 02/04 – 10:00 -11:30 CET] – Exercise - Idea Hub & Future Actions
- Session 4: [Friday 03/04 – 10:00 -11:30 CET] – Stretching - Evaluation and Closure

HOP Chapters:

CHAPTER	TOPIC
Chapter 1	Getting to know each other - Aims, Objectives, Expectations
Chapter 2	Erasmus+ Sport - The Programme (Mobilities, Strategic Partnerships, Events)
Chapter 3	Inspiration- Good Practices from “be inclusive sport awards”
Chapter 4	PBA in Action - Idea Generation
Chapter 5	Evaluation (formal and non-formal)