



2° ACTIVITY OF NEST PROJECT: TRAINING COURSE ON RISK MITIGATION AND CONFLICT MANAGEMENT

Crotone, Italy
13-20 March 2026

1. Meeting objectives

The NEST Training Course on Risk Mitigation and Conflict Management, organised by The GloRe Network in the framework of NEST project, aims at increasing the capacity of the organisations to select and support ESC volunteers.

Through this meeting, we aim to reach the following objectives:

- Transfer TGN's guidelines and quality standards to mentors and tutors);
- Improve the volunteers' recruitment and selection;
- Improve the capacity to support volunteers and to manage conflicts during the mobility;
- Improve the support to the volunteers' learning process , by reinforcing the capacity in mentorship and the use of monitoring and recognition tools;
- Create a toolkit on the Circle of Security in ESC mobilities;
- Increase the visibility of the ESC programme at local level;
- Transfer the acquired knowledge and train colleagues and local partners.

2. Activities

2 Online preparatory meetings

The 2 online meetings will happen between February and March 2026 to get to know each others and present logistic and activity-related information.

The Training Course

The event will last 6 days and will be based on non-formal education methods, systemic coaching, emotional intelligence and popular education. Activities will include knowledge and cooperation games, group work, plenary discussions, role-plays, simulations and self directed learning activities. Some methodologies come from the GloRe Toolkit, while others are based on the experience of the facilitators and previous projects.

Follow-up activities

Participants and partner organisations will be called upon to disseminate the results of the project through:

- A presentation of the new learnings and methodologies acquired during the TC to be implemented with at least with 2 colleagues or with other local partners involved in ESC mobilities;
- A local promotional activity on the ESC programme to be implemented involving at least 10 youngsters of 18-30 years old. We will expect to receive a photographic report of each local dissemination;
- Reposting/sharing of the 2 articles on the documents created at the end of the project (ESC Quality Standards Handbook and Circle of Security Toolkit).

4. Learning outcomes



By the end of the meeting, participants will have:

- strengthened their capacity to work in line with TGN guidelines and quality standards in ESC projects;
- improved their ability to promote ESC vacancies and to manage recruitment and selection processes;
- trained to better support volunteers throughout the mobility, including in the prevention and management of conflicts;
- strengthened their skills in active, empathetic listening and in building trust-based relationships with volunteers;
- reinforced their ability to accompany volunteers' learning processes through mentoring, monitoring and competence recognition tools;
- strengthened their ability to support, empower, and work effectively with volunteers from diverse cultural backgrounds;
- a better understanding of the ESC framework, including project cycles and roles (mentor, tutor, host organisation);
- a better understanding of the Circle of Security framework as a practical reference for ESC mobilities;
- gained practical experience with non-formal education methods used in youth work and training contexts;
- developed their public speaking, facilitation, analysis, and mediation skills;
- increased intercultural awareness, openness, and sensitivity through work in an international environment;
- the knowledge on how to contribute to the visibility of the European Solidarity Corps at local level;
- enhanced their capacity to engage volunteers in dissemination activities and organise local promotional events.

5. Trainers



- **Zulema Cadenas Gago** is a psychologist with advanced training in systemic therapy and intercultural mediation. She has over 15 years of experience supporting individual and group empowerment processes, particularly with young people with fewer opportunities in Latin America, Africa, and currently in Asturias. She also has extensive experience as a trainer, contributing to numerous capacity-building programmes for professionals working in empowerment and inclusion.

- **Tommaso Pescetto Cosentino** has a background in Sociology and long-standing experience in European youth programmes. He has participated in several SALTO Training Courses, including Training of Trainers programmes, and has specialised in active participation, social entrepreneurship, and project management. Since 2014, he has managed numerous KA2 and EU Aid projects, strengthened international networks, and co-founded the Italian Network for EVS Organisations (RIVE). He is also a key contributor to the GloRe concept and currently works with Associazione Joint and GloRe.

5. Involved Organisations

All partners we have invited are active in the European Solidarity Corps programme as ESC Lead organisations and are willing to share good practices and learn new methodologies on volunteer recruitment, support and certification. Based on previous agreements with the partners, the number of participants we are currently considering is as follows:

Country	Organisation	Training Course PAX
Bulgaria	Green Association	2
Finland	Maailmanvaihto	2
France	Parcours Le Monde	2
Germany	Innovation Centre European Projects	1
Greece	United Societies of Balkans	2
Hungary	Tesz-Vesz Jitásági és Gyermekelapítvány	3
Latvia	Liezda	2
Poland	Internationaler Bund Polaka	2
	Europe4Youth	1
Portugal	YUPI	1
	Juventude de Vila Fonche	1
	Rota Jovem	1
	Cruz Vermelha Portuguesa	2
Slovenia	Mladinski EPI center Piran	1
Spain	Ye Too Popese	0
	Obre'l Ebre	1
	En Construcción	1
	Las niñas del tul	0
Italy	TGN	5

5. Participants' profile

Mentors/tutors of ESC volunteers and/or staff members working directly with ESC. Requirements for all participants:

- currently active in the organisation and in the ESC field
- willing to participate in preparation and follow-up activities
- with a sufficient level of English to carry out the activities without the need for translation.

Please be aware that, for the safety of the participants, we will not be able to select celiac participants, because the accommodation doesn't have the facilities to guarantee on food contamination. Instead, participants with a slightly gluten intolerance are warmly welcomed, as well as participants with all other diets.

6. Accommodation

All the activities will take place at "Ostello Casa di Chiara" in the historical centre of Crotone in Calabria region, South Italy, managed by the organisation Cooperativa ONE. The venue is about 30 minutes driving from Crotone airport.

The hostel, located inside a seventeenth-century building, offers double, triple, quadruple or quintuple rooms with private bathroom, equipped with towels and bedsheets for each participant. Activities will take place in the former church, converted into a multifunctional space for events or in the terrace. The facility is equipped with WiFi, a professional kitchen and a panoramic terrace, as well as numerous spaces for working in small groups. Participants will be served 3 meals per day and activity sessions will be interspersed with two coffee breaks.

For more information about the hostel, please visit their website [Ostello Casa di Chiara](#) and [Cooperativa One](#).



What to bring:

- ID / passport
- National Health Insurance Card/Private Insurance Contract
- Toiletries and personal hygiene items
- Personal medicines
- Food and items for the intercultural night

7. Travel

Travel days: 13th March 2026 is the arrival day, 20th March 2026 is the departure day.

The project was funded in 2025 and therefore the travel band budgets are as follows:

Travel Distance	Green Travel	Non-green Travel
10-99 km	56 €	28€
100-499km	285€	211€
500-1999km	417€	309€
2000-2999km	535€	395€
3000-3999km	785€	580€
4000-7999km	1188€	1188€
8000km or more	1735€	1735€

For travels, please refer to [this guide](#).

Good to know:

- There is no membership fee to pay!
- Food and accommodation will be 100% covered. For travel costs we will refund based on the Erasmus+ distance calculator (2025 lump sums).
- The arrival points are Crotone airport and Crotone train station. From Crotone airport there's a shuttle that reaches the city centre and you can consult it at this [link](#). From Crotone train station a private vehicle will pick participants up to get to the venue. You can also consider Lamezia Terme airport (which has more connections) and from there take a train to Crotone (check here all the trains: [trains website](#)). We will create a Whatsapp group and provide you with more detailed information about it.
- Considering the increase in air fares, tickets should be purchased as soon as possible, but please consult us before buying them.

! VERY IMPORTANT !

Please keep all your travel tickets, receipts and boarding passes and upload them on our shared Drive folder [here](#) in the sub-folder named "Travel Tickets". In the folder, you will also find a guide for travel reimbursement, as well as a document explaining how to scan paper tickets.

8. How to apply



Candidates should fill in [this registration form](#) for the selection process by the 31st January 2026. We reserve the right not to accept candidates who are not in compliance with the requested profile.

9. Contacts



Tommaso: info@glorecertificate.net
Elisa: global@associazionejoint.org

If you have any questions, please do not hesitate to **contact us!**

Emergency contacts:
Tommaso: +39 3385776160
Elisa: +39 3770825609

