





TO WHOM?

Tools4(ex)Change is designed for new youth workers who are interested in becoming youth exchange leaders. The training is ideal for individuals who are passionate about working with peers, facilitating inclusive group experiences and using non-formal education to make a positive impact.

This training course is especially suitable for:

- Aspiring or emerging youth leaders;
- Participants with some experience in youth exchanges as participants willing to become leaders;
- Young people eager to explore non-formal educational methods and experiential learning;
- Those who want to gain hands-on skills in facilitation youth-driven learning activities.

Participants must be able to communicate in English.

THE AGENDA

The programme will be conducted in English.

The training course will be based on an interactive and participative approach. The processes of learning from each other and learning by doing will be crucial, as well as self-directed peer learning, where partners equally share their knowledge while placing emphasis on integration and promoting independent learning experience.

During the training methods of non-formal and informal education will be used, such as individual, pair and group work, creative workshops, theatre methods, simulation and situation games, problem solving and debate exercises, presentations and discussions, indoor and outdoor elements.

Day 1: Getting to know, teambulding

Day 2: Non-formal education

Day 3: Mental Health & Wellbeing

Day 4: Environment & Sustainability

Day 5: Digitalization, digital wellbeing & critical

media literacy

Day 6: Peacebuilding & Intercultural Learning

Day 7: Evaluation, closing



THE VENUE ALICANTE

Alicante is a city in Spain, located in the southern part of the Valencian Community.

The city is a sea port and a tourist centre.

YOUTH HOSTEL ALBERG JUVENIL LA FLORIDA

ADDRESS: AV. D'ORIOLA, 59, 03007 ALACANT, ALICANTE

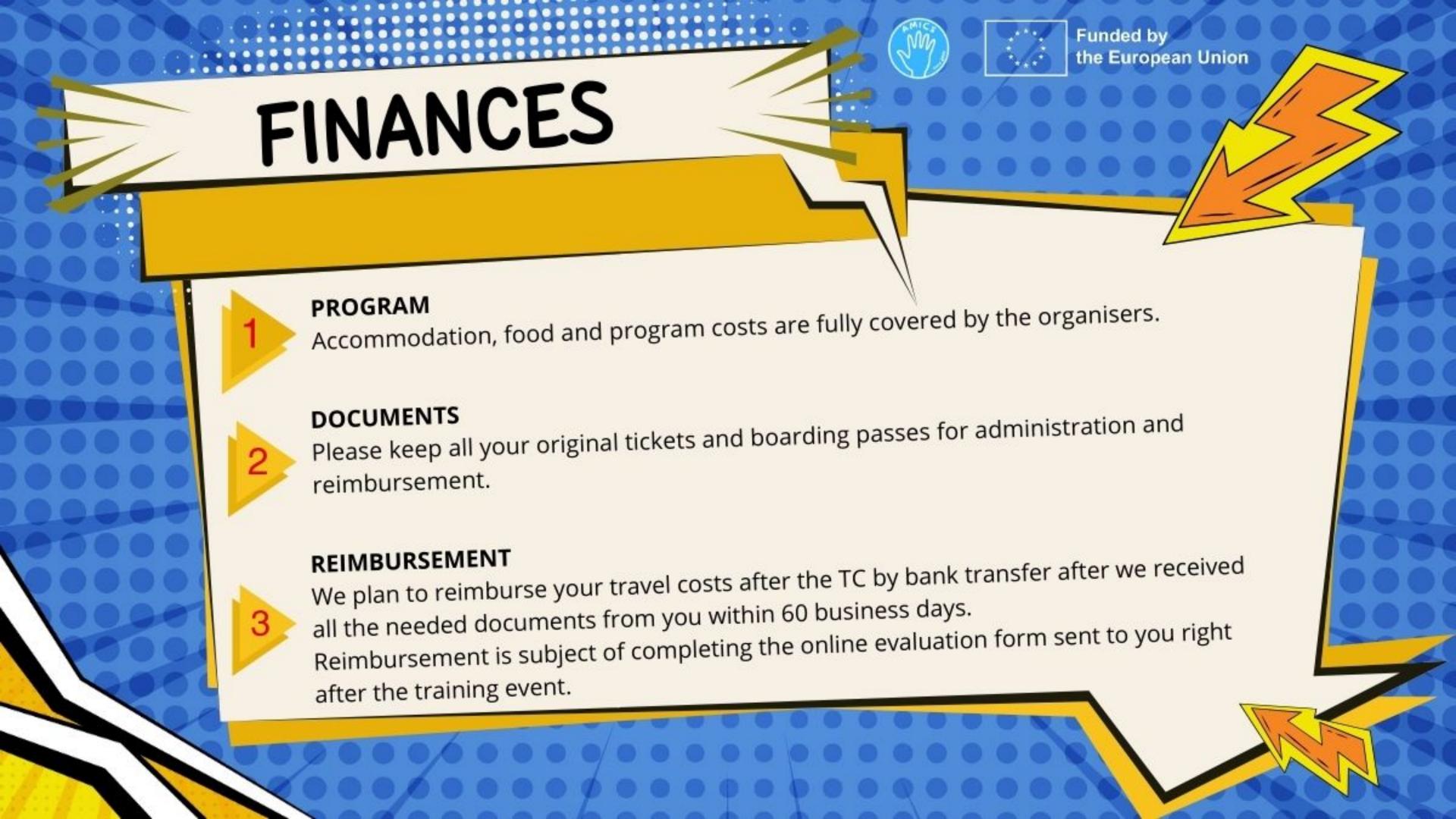
Youth Hostel La Florida is a student community accommodation.

An inspiring environment for activities which create values of youth and training courses. You will be accommodated in private rooms with private facilities. (May vary according to availability)

There is a huge meeting room, some cozy areas, a dining area and a garden for our use.

The Hostel is situated in the Southern area of Alicante, just a short walk or bus ride from

the historical centre.







TRAVEL

Travel costs are determined by standards set strictly by Erasmus+ Programme based on the distance between your hometown and Alicante.

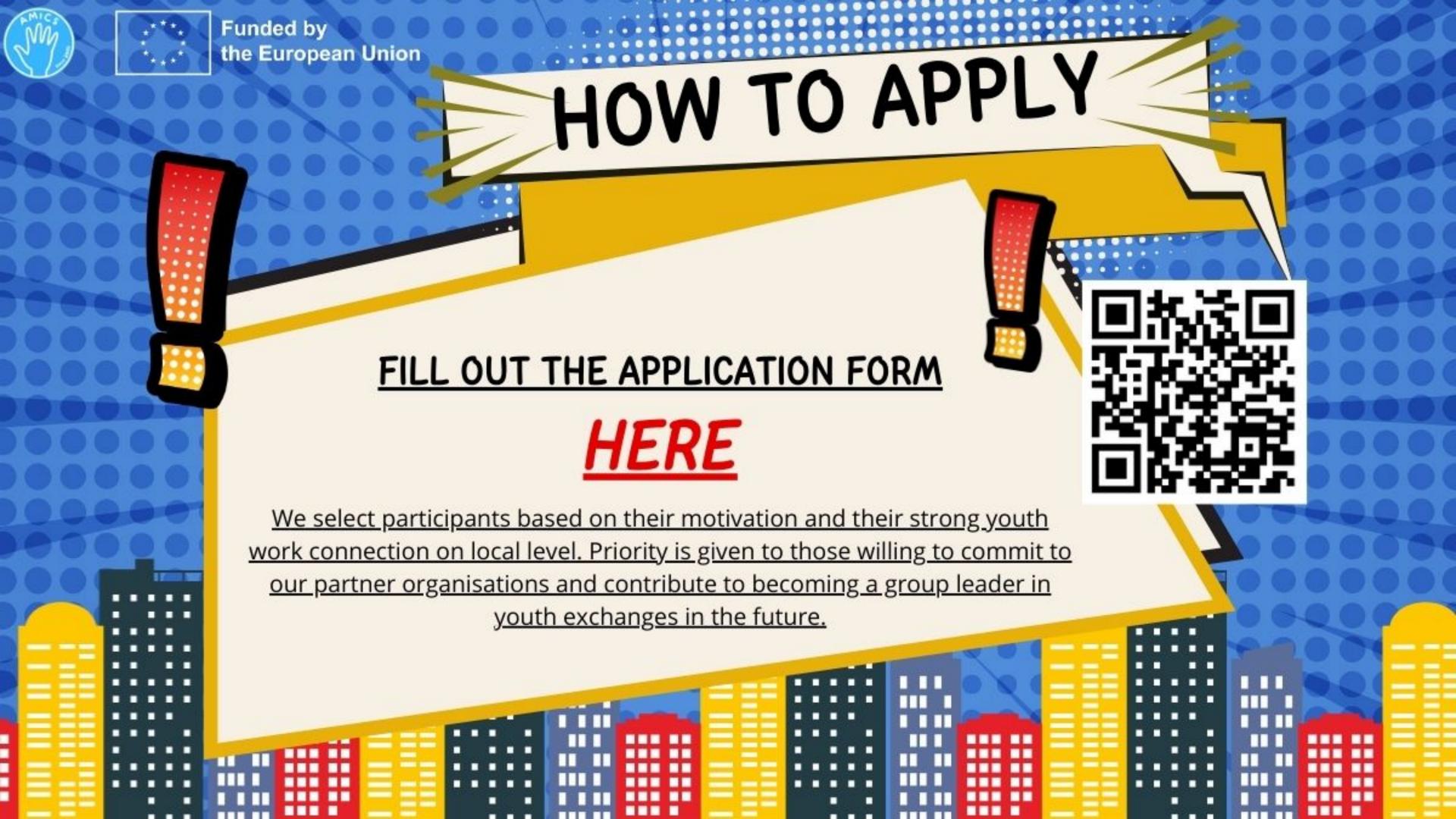


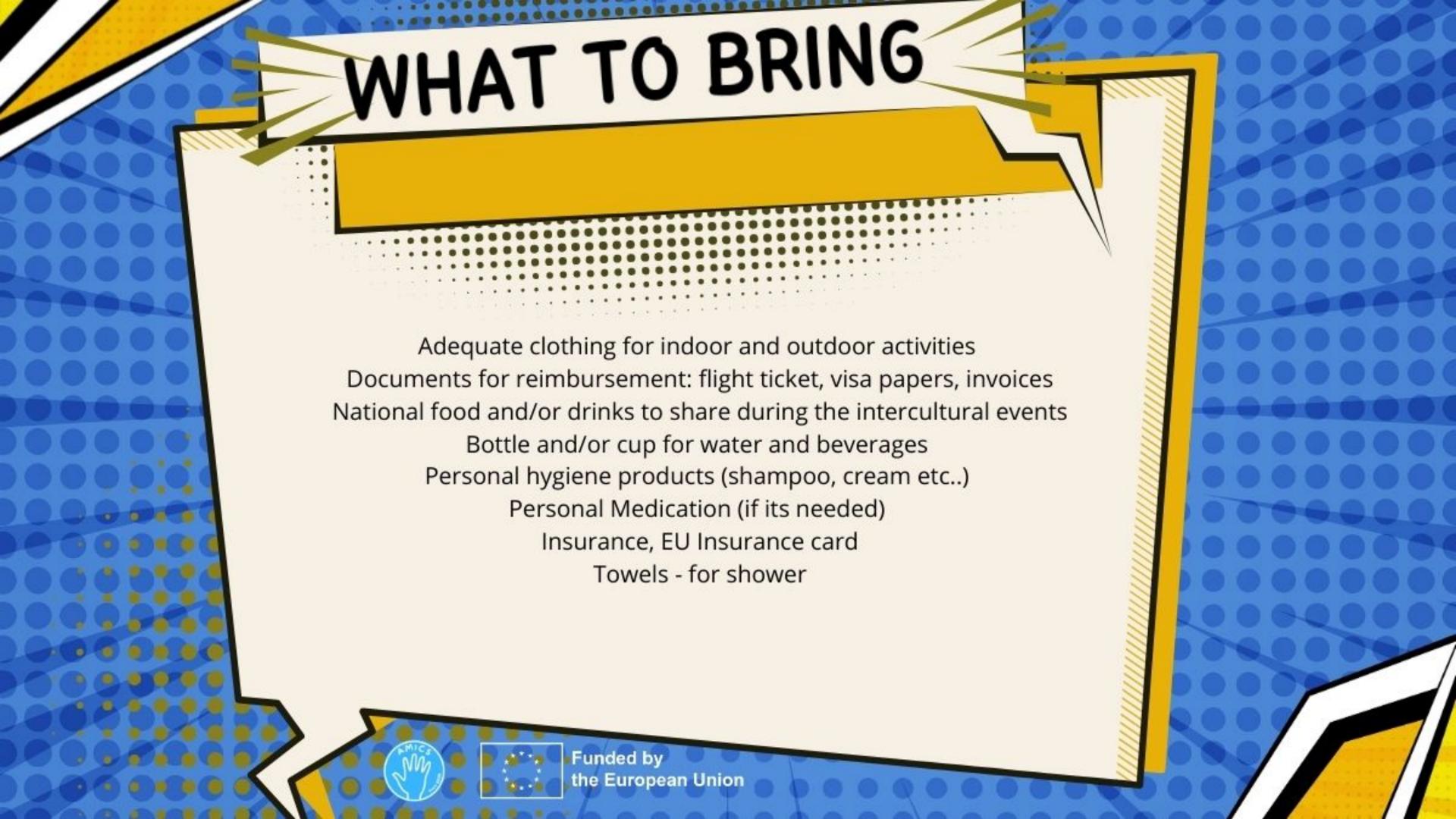
Distance is calculated one direction, based on this calculation page provided by the Erasmus+ Programme.

Arrival: before 18:00 on 17th January 2026

Departure: any time on the 24th January 2026

Arrival and departure shall be made to/from Alicante Airport/Train Station
You are invited to stay up to 2 days extra before or after the training in Alicante on your
own expenses.







APPLICATION DEADLINE: 31. DECEMBER 2025

We will send you selection results by the 2. January 2026

FILL IN THE APPLICATION FORM HERE https://forms.gle/Ljb2JvgwS1GYGphx8

Contact us

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