

# BREAKING BIAS

*Understanding and Countering  
Anti-Arab Racism in Europe*

---

**TRAINING COURSE**

---



**from 11/02** (arrival day)  
**to 17/02** (departure day) **2026**

---

**TURIN, ITALY**

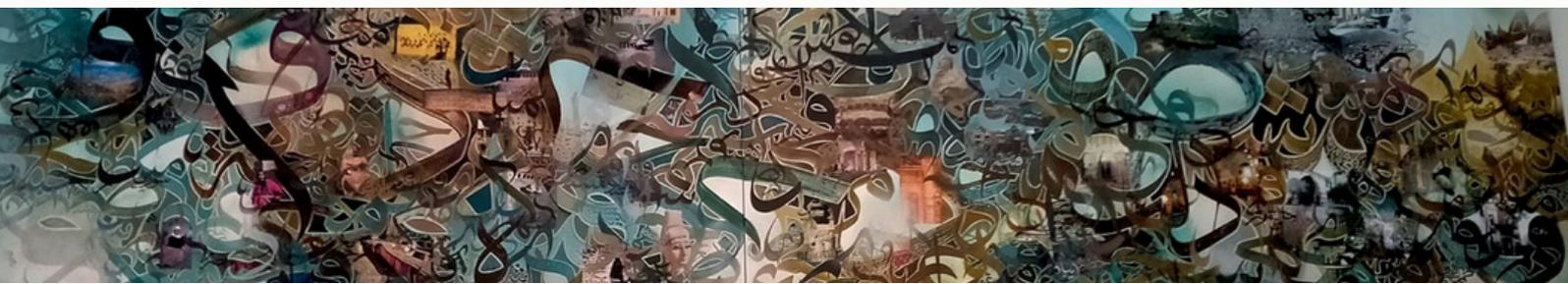
# ***Aim and objectives***

## **Aim:**

To promote understanding and inclusion by **countering anti-Arab** and anti-Arab/Muslim bias, stereotypes, and **discrimination** within the European educational context.

## **Specific Objectives:**

- To raise awareness among youth workers, educators and teachers about stereotypes and misconceptions surrounding Arab and Arab/Muslim communities.
- To encourage critical self-reflection on personal biases, prejudices, and everyday practices that cause exclusion or discrimination.
- To deconstruct invisible and normalized forms of racism against Arabs and Arab/Muslims through youth work and intercultural learning.
- To explore the historical and geopolitical roots of anti-Arab and anti-Arab/Muslim sentiments and their social consequences in contemporary Europe.





## ***Participants***

### **Participants profile:**

- Youth workers, educators, teachers living in Europe.
- To have a good command of English.
- Available to travel to Italy and take part in the training program.

**Number of Participants:** 21 Participants in total.

## ***Important Note***

**The Young Muslim Association (GMI) of Italy will be involved, and several field visits are planned as well.**

**A field visit to the Hammam is foreseen. Bring your swimming suit with you if you want to enjoy the entire experience.**

---

## Costs

Board and lodging for the training course will be provided by Giosef Torino for the entire duration of the mentioned period.

Please note that only the dinner on the free afternoon will not be covered by Giosef Torino; however, a list of nearby restaurants will be shared.

The travel will be REIMBURSED after the activity, after receiving all related documents: invoice receipt and boarding pass, according to the [distance calculator](#) supported by the European Commission.

<i>Travel Distance</i>	<i>Standard Travel</i>	<i>Green Travel</i>
<i>100 - 499 km</i>	<i>211 €</i>	<i>285 €</i>
<i>500 - 1999 km</i>	<i>309 €</i>	<i>417 €</i>
<i>2000 - 2999 km</i>	<i>395 €</i>	<i>535 €</i>
<i>3000 - 3999 km</i>	<i>580 €</i>	<i>785 €</i>

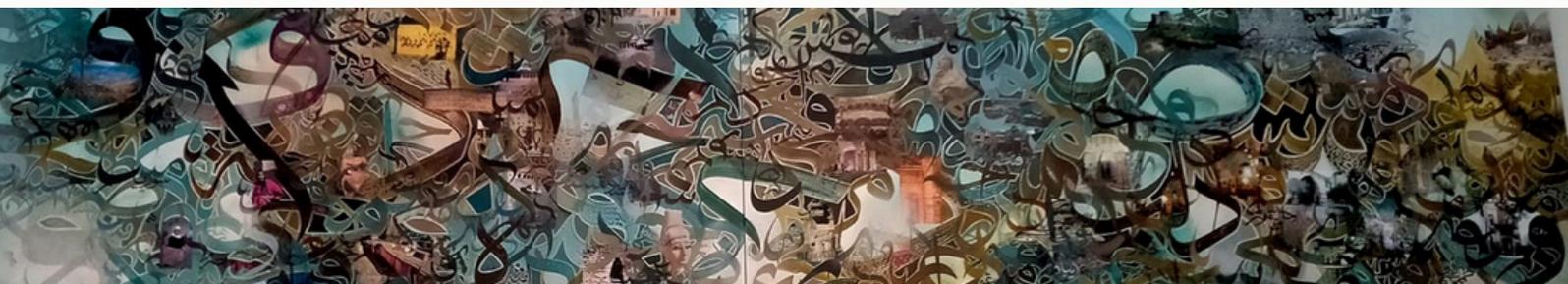




## ***Important note***

Please note that the expenses will be covered only if all rules and regulations outlined in the provided [link](#) are strictly followed.

**Participants must submit an invoice, proof of payment, original receipts, a self attandancy declaration and boarding passes.** If any of these documents **are missing** or not obtained, Giosef Torino **will not be able to reimburse the expenses.**



---

## Venue

The group will be hosted at [Open011](#), A hostel managed by the municipality of Torino, and is located in Corso Venezia 11.

The participants will be hosted in a shared rooms of 3 to 4 people, each room having a bathroom inside.

The hostel provides towels and sheets, but not shampoo and shower gel, so it's batter that you bring with you - or buying here - the necessary for the bathroom.

Keep in mind that the hostel will ask you to make a copy of your ID card or Passport.



# *How to reach the venue?*

## **BERGAMO ORIO AL SERIO AIRPORT (BGY):**

 Shuttle to Milano Centrale station, then train to Torino Porta Nuova station and then bus;

## **LINATE AIRPORT (LIN):**

 Shuttle to Milano Centrale station, then train to Porta Nuova or Porta Susa station, and then bus;

## **MALPENSA AIRPORT (MXP):**

 Shuttle to Torino Porta Susa station, then bus;

## **TURIN CASELLE airport (TRN):**

 Shuttle to Turin Porta Nuova or Turin Porta Susa, then bus;

Train every 30 minutes to Turin Porta Susa station then bus.

## **TURIN PORTA NUOVA STATION:**

 Bus 11 or bus 52 - get off at Baldissera Nord

## **TURIN PORTA SUSA STATION:**

 Bus 226 - get off at Chiesa della Salute



## ***What to bring with you?***

- The weather will be very cold, it can reach below zero on some days. So please bring with you warm clothes and Jacket.
- The activities will take place indoors (or at least most of them), so bring comfortable indoor clothes;
- Personal medicine (if needed);
- Any traditional food and drinks to present your country for the international evening;
- Shower Gel, shampoo and personal hygiene products;
- Adventure spirit, open mind and heart;

Please remember that only the dinner on the free afternoon will not be covered by Giosef Torino; however, a list of nearby restaurants will be shared.

---

**Hosting organization: Giosef Torino - Marti Gianello Guida APS**

**Giosef is the acronym of GIOvani SENza Frontiere, “Youth Without Borders”:** being without borders is the strength pushing us to reach a better world. We see in our work the opportunity to affirm Human Rights, to promote a culture of anti discrimination, to counter all forms of oppression and prejudice.

**The core objectives pursued by our association are:**

**Youth work and Non Formal Education:** to produce social change through Non Formal Education on Human Rights;

**Intersectional approach:** to promote an anti-sexist, anti-racist culture against queerphobia, xenophobia, islamophobia and all forms of discrimination through an intersectional lens;

**Inclusion and Participation:** to promote participation and active citizenship of young people to counter social exclusion and to promote human, civil and social rights;

**EuroMediterranean cooperation:** to promote cooperation between Europe and the South Mediterranean region, fostering social cohesion in the Mediterranean area;

**International mobility:** to promote mobility and intercultural learning among youth.





Co-funded by  
the European Union

# See you soon!

For any logistical info or support you can  
contact

Anna: [annamaria.simeone@giosef.it](mailto:annamaria.simeone@giosef.it)

Mary: [mary.shaheen@giosef.it](mailto:mary.shaheen@giosef.it)