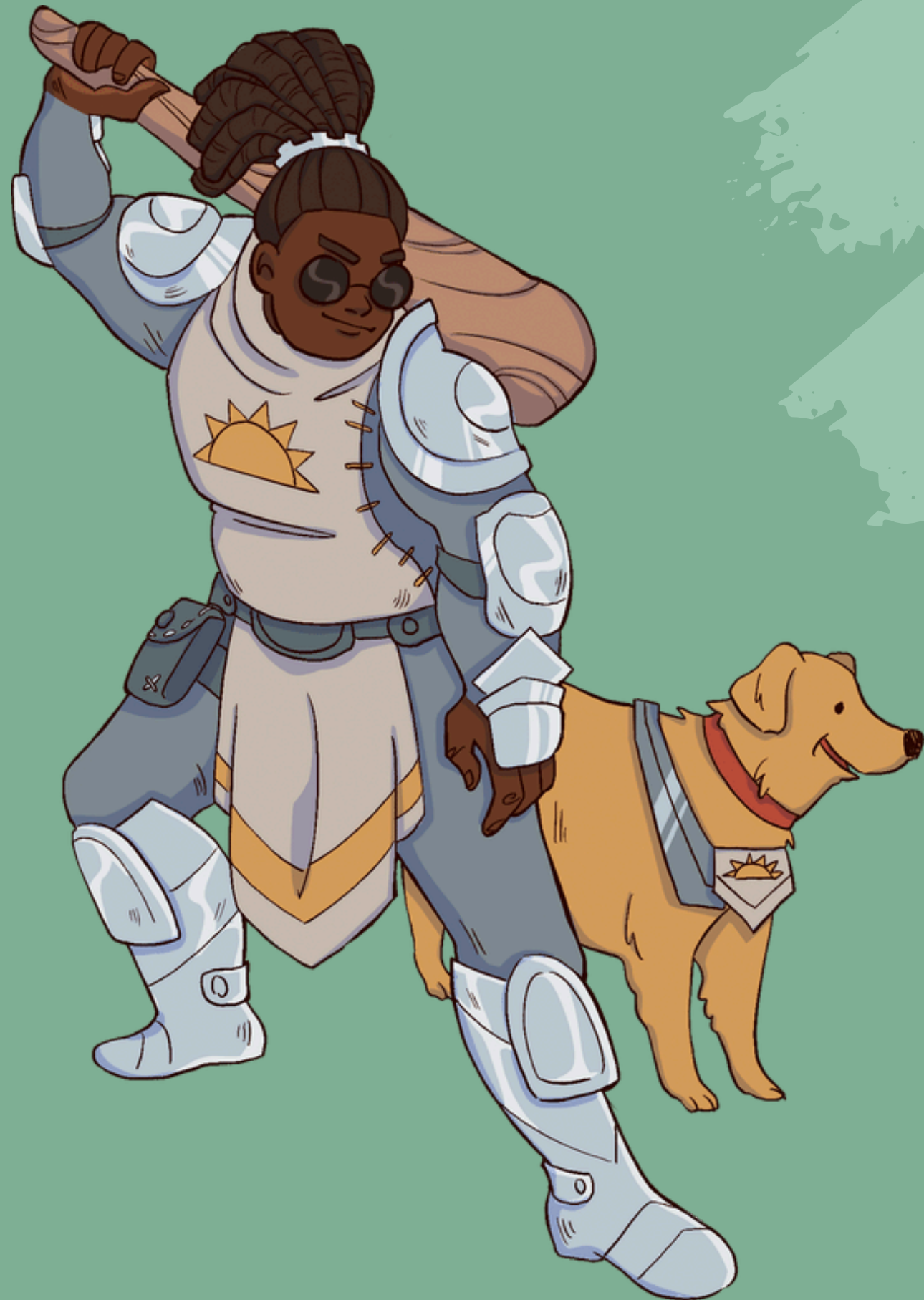




Training Course LARP Essentials for Youth Work

10-16 February 2026 – Madeira, Portugal

Call for Participants



The Main Goal
of the project is to
build the capacity of
youth workers to use
the **Live Action Role
Play (LARP)** method
in their work with
young people.

What is LARP?

A LARP is a form of role-playing game where the participants physically portray their characters. **The players pursue goals within a fictional setting represented by the real world while interacting with each other in character.** The outcome of player actions may be mediated by game rules or determined by players.LARPs range in size from small private events lasting a few hours to significant public events with thousands of players lasting for days. **LARP is rooted in childhood games of make-believe, play-fighting, costume parties, role-play simulations, improvisational theatre, military simulations, and historical re-enactment events.**



In the context of this project,
we will explore and focus
predominantly on LARPs that
can be easily adjusted to the
youth work field. This means
LARPS that are **easy to**
organise with young people,
for beginners (in LARP and/or
theatre in general), **with little**
to no budget and in flexible
locations.



What can you gain as a Youth Worker from this course?

- A clear overview of what LARP is and what it is not (what makes LARP a LARP).
- Confidence in explaining basic LARP theory (specific terminology, types of LARP, main features, etc.)
- Concrete practical experience in playing differentLARPs (on almost every day of the course, a LARP will be played).
- A strong understanding of the benefits of LARP among young people.
- Knowledge of how LARP can be used in youth work.
- An increased motivation to use the LARP method with young people.



What can you gain on a personal level from this course?


- Creativity skills
- Self-Confidence
- Reduced self-criticism
- Enhanced communication skills
- Increased ease in interacting with other individuals
- Joyful and fun experience
- Improvisational skills
- Increased empathetic capacity
- Enhanced critical skills
- A general feeling of empowerment
- Expanded comfort zone




The course is firmly grounded in **experiential learning** principles and philosophy, with adequate time allocated for **debriefing and reflection** throughout the program. The working methods used are chosen to ensure **equal participation by all participants**, with everyone **actively engaged** in the process. The training activities are **flexible and adaptable to group needs**, taking into account participants' **reactions, feedback, expressed needs**, experience, and the way they will work as a group.



The Educational Team



The learning process will be guided and facilitated by an experienced team. This team has already designed training courses for youth workers to introduce LARP and build their capacity to apply it in their work.

- **Andreea-Loredana Tudorache** has been involved in international youth work since 2003, in various capacities. She is one of the founders of A.R.T. Fusion Association and, over the years, has trained numerous professionals worldwide in various topics. (<http://trainers.salto-youth.net/AndreeaLoredanaTudorache>)
 - **Elena Stevkovska**, youth worker, theatre facilitator and trainer since 2021 (<https://www.salto-youth.net/tools/toy/elena-stevkovska.6009/>)
- 

Do you resonate with this course and want to be part of it? This is who we are looking for:

- **Members or close collaborators of active Youth Organisations** (staff or active members, paid or not) who are working regularly with young people. **The organisation should have a valid OLD number.**
- **Strong motivation** to use LARP in their work with young people. (This course is for beginners in the LARP field, but we welcome more experienced LARP'ers as well)
- **Good command** of the **English** language;
- People aged **18 or older with legal residence** (documented) in the country where they currently reside.

Obligatory condition: All participants **must travel to and from the country where they are currently resident**, and **their sending organisation must be based in the same country as their residence.** **No exceptions will be made!**

Expenses:

- **Board and lodging** for the training course are fully covered by the local organisers during the period mentioned. Participants will be accommodated in dorm-style rooms of 2 to 6 beds (bunk beds). Rooms are simple and without any luxury. Food will be served as a buffet and will cater to all dietary needs.
- **Travel costs:** Use this website (<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>) to calculate your distance. This is the official website to be used to determine distance (no other website that calculates distance can be used as evidence).
- Write at the START your location from which you will start your travel, and at the END, Madeira, Portugal. You will receive a km number, which corresponds to the financial support you may receive for your travel costs. **It doesn't matter which other cities (or how many) you transfer through on the way – the distance is calculated using only the starting and end cities.**

The individual maximum budget allowance for travel, per person, is the following:

- 10 – 99 km----- 56 EUR (Green Travel)/ 28 EUR (Non-Green Travel)
- 100 – 499 km-----85 EUR (Green Travel)/ 211 EUR (Non-Green Travel)
- 500 – 1999 km-----309 EUR (Non-Green Travel)
- 2000 – 2999 km-----395 EUR (Non-Green Travel)
- 3000 – 3999 km-----580 EUR (Non-Green Travel)
- 4000 – 7999 km-----1188 EUR (Non-Green Travel)
- 8000 km or more----- 1735 EUR (Non-Green Travel)

How to apply?



We are taking the application process very seriously and we believe in the importance of personal input and honesty in the answers in the application form. Therefore, we want to strongly discourage of using AI-generated content in your applications. This can lead to your disqualification or at least negatively influence the evaluation of your application.



If you decide to apply, we would appreciate if you approach the application process with honesty, integrity and dedication. We are curious about your unique perspectives, experiences and motivations to be part of the training course, and it is of high importance to us.

Feel free to ask any additional questions to the contact person (mentioned next) if you are not sure if this training is suitable for your learning and professional needs before deciding to apply.

Elena Stevkovska

stevkovska.elena@yahoo.com



[Link to the application form](#)



THANK YOU!



**TEATRO
METAPHORA**

ASSOCIAÇÃO DE AMIGOS DAS ARTES



Agência Nacional
Erasmus+ Juventude/Desporto
Corpo Europeu de Solidariedade

