



Co-funded by the
Erasmus+ Programme
of the European Union

YOUTH STARTUP JOURNEY

In Kaunas Old Town

**ATTENTION. DATES CHANGED. Mobility 2026.02.05.-2026.02.13
CHANGED to 2025.12.5-2025.12.13, including travel days (arrival day
4th and departure day 14th).**

**8 countries, 42 (27 of them - with fewer abilities) participants from
Lithuania, Turkey, Italy, Cyprus, Greece, Spain,
Czech Republic, Poland.**

Your hosting organization – Darnoje NGO.



Darnoje NGO was founded on 2016 in Lithuania. Darnoje in English means IN THE HARMONY. We are group of experienced educated, active and social people. We

were working like a group from 2011. For now we have 2 different trainers, 3 project managers and 2 volunteers. Members have great experience in their field of social, self development, ecology and environmental issues. We are learning and sharing experience from each other by doing. In past 3 years we are implementing various trainings and seminars in different topics for adults, such as: personal growth, self confidence, communication, ecology, healthy life, financial literacy, entrepreneurship, survival skills. Our team members participate in many contests and seminars in Lithuania in past years which can be shared among all partners. This experience can help to reach different aims and goals. Our mission and goals:

OUR MISSION

- to improve people to be more self confident, consciousness, social and healthier;
- To respect history, families, environment, nature and each other;
- To provide challenging intercultural learning experiences for young people;
- To promote their social and personal development through different activities and programmes;
- promote love and peace among people in the world;

More about our NGO: <https://www.darnoje.lt>

Some videos from previous projects:

<https://www.youtube.com/watch?v=gPSKNFm75YI>
<https://www.youtube.com/watch?v=D2lFa48pGSA&t=2s>
https://www.youtube.com/watch?v=7H_wjGXt7yE

Description of the Project

"Youth Startup Journey" is a 10-day Erasmus+ training course for youth workers, hosted in Kaunas, Lithuania, from December 4-14, 2025. The project addresses the critical issue of youth unemployment across Europe by empowering youth workers with career counseling tools, knowledge, and practical skills. The program includes diverse non-formal learning activities

such as simulations, role-plays, debates, university visits, and workshops, aiming to foster professional development and increase employability among young people, especially NEET youth (Not in Education, Employment, or Training).

Methodology and Participant Value

The project utilizes non-formal and experiential learning methodologies to strengthen the participants' career counseling competencies. Through hands-on activities, expert sessions, and peer learning, youth workers will gain tools to guide young people in crafting CVs, mapping career paths, and setting professional goals. The long-term value lies in the creation of support networks, development of local career events, and a comprehensive booklet for youth organizations on becoming effective career counselors, ensuring a lasting impact beyond the training itself.

Target	Group
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This training course is particularly suitable for experienced youth workers and leaders aged 18 and above who have previously participated in Erasmus+ projects and are actively engaged in youth-related initiatives at local, national, or international levels. Participants should be motivated to support young people in career development and willing to apply and share the acquired knowledge in their communities. The program also prioritizes inclusion, with a significant number of participants coming from fewer opportunity backgrounds.

Participants profile

Youth workers, teachers, youth leaders, activists active in their organization and community. **Non alcohol drinkers, we will not use alcohol in this project to have better results for each of us. If You can not live without it, please do not apply for this training course.**

Age limit: Over 18

Travel budget and reimbursement

Travel expenses will be reimbursed by the host organization after participants will send all travel documents and implement dissemination activities, which we will arrange during the training course.

Country	Number of Participants	Travel Grant per Participant (Euro)
Lithuania	6	23
Turkey	6	395
Poland	5	309
Italy	5	309
Cyprus	5	309
Greece	5	309
Czech Republic	5	309
Spain	5	309

Mobility 2025 December 4-14 including travel days. Participants can arrive to Lithuania 3-5 days before project, and leave country 3-5 days after project in case of cheaper flight tickets. All extra costs in extra days are on own participants costs.

Please try to avoid checked-in luggage in order to lower the cost of your travels and save yourself from the trouble of the luggage getting lost. :)

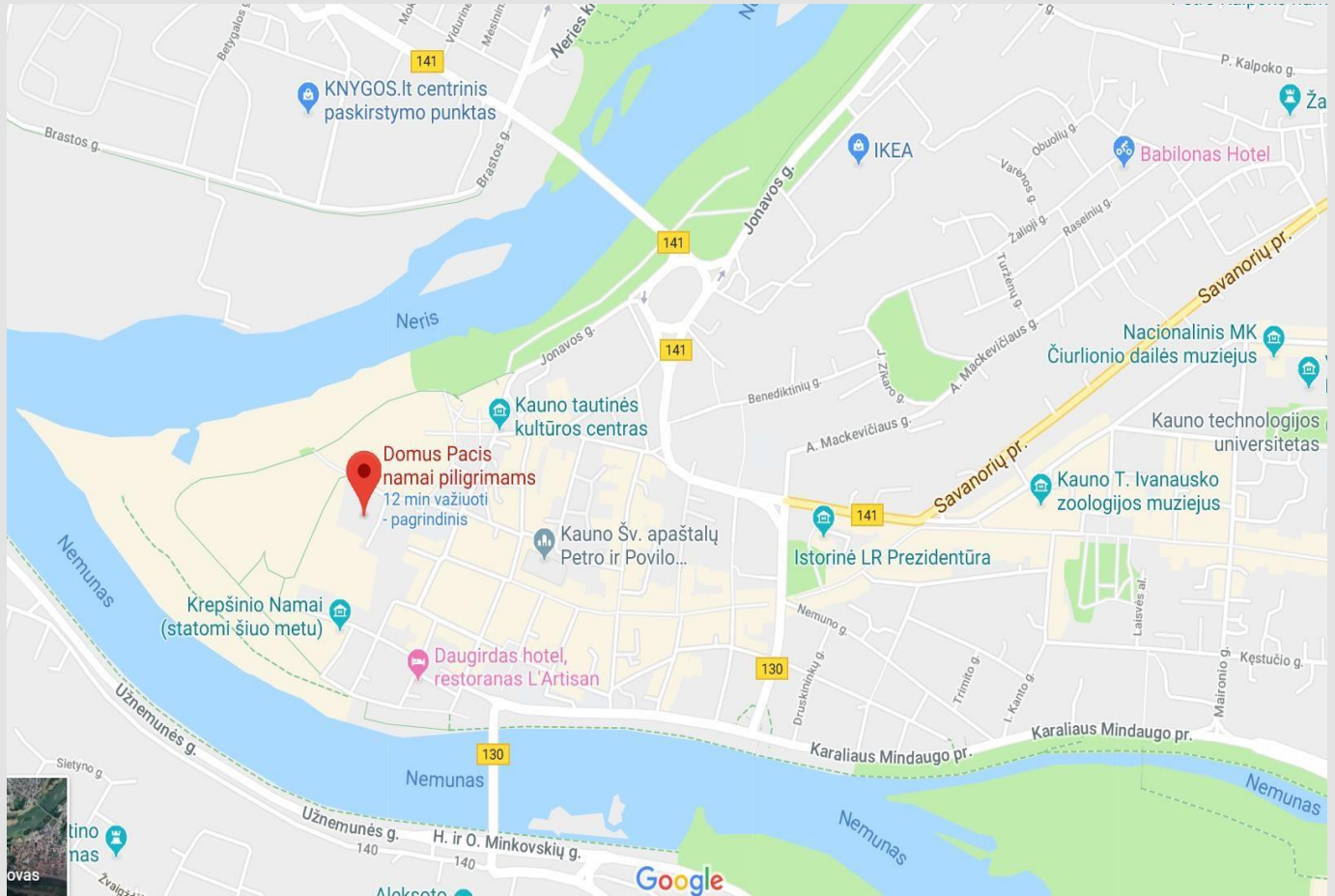
You will have opportunity to use washing machine with washing powder and laundry drying room in the accommodation place.

Your new home!

This guest house, is in the center of old town. Link to the guest house on google maps <https://goo.gl/maps/iSXaGD4GZk32>

Address of the quest house: Papilio g. 9, 44275 Kaunas

More information about guest house: <http://www.domuspacis.lt/en>



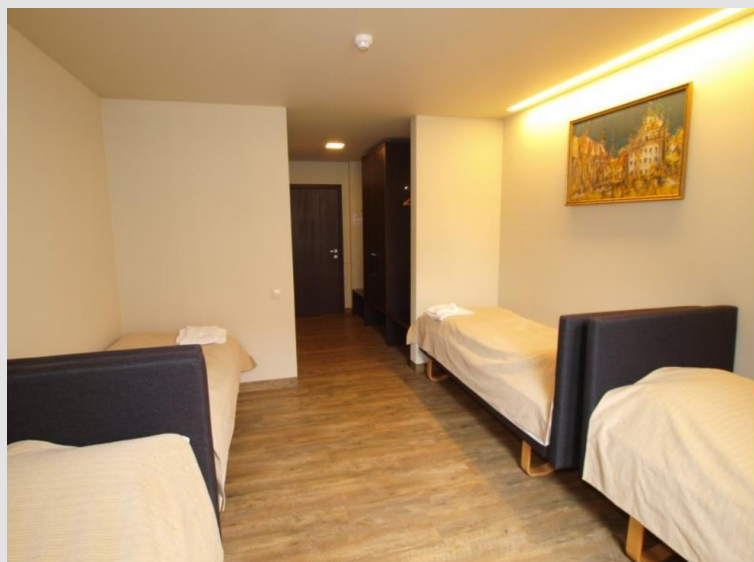
Arrival to guest house: after 15:00 on December 4th

Departure 11:00 on December 14th



Sweet home

Here are 12 modern, comfortable rooms with 3 or 4 beds, all with WC, shower and internet access. Guests can use the shared kitchen, washing machine with washing powder and laundry drying room.



Transportation details


Please fill up your travel details. According to that, we will try to organize transportation 1-2 times on arrival day from Vilnius airport to accommodation.

Vilnius airport

By train

If you are coming to Vilnius, it is the best first to take a train from the Airport to Vilnius train station and then change to the train going to Kaunas. Total cost: 7-10 EUR per person. The timetables you can check here:


- From Vilnius Airport to Vilnius (Train station) - <https://www.traukiniobilietas.lt/portal/routes-schedules>.
- From Vilnius to Kaunas (Palemonas) - <https://www.traukiniobilietas.lt/portal/routes-schedules>.

From here you will have to take the bus no. 39. To check the timetable you can use <https://www.trafi.com/lt> or download the app (Trafi) to  your mobile phone.

- From (Iš) - Laikinoji geležinkelio stotis;
- To (Į) - Kauno pilis.

To the final destination you will have to walk around 10min.

By bus

Also, from Vilnius Airport, you can take a city bus no. 1 to the bus station (1 EUR per person, if you have ISIC – 0.50 EUR. You can buy tickets only in Trafi app. In Vilnius bus driver does not sell tickets). To  check the timetable you can use <https://www.trafi.com/lt> or download the app (Trafi) to your mobile phone.

- From (Iš) - Tarptautinis Vilniaus oro uostas (VNO);
- To (Į) - Vilniaus autobusų stotis.

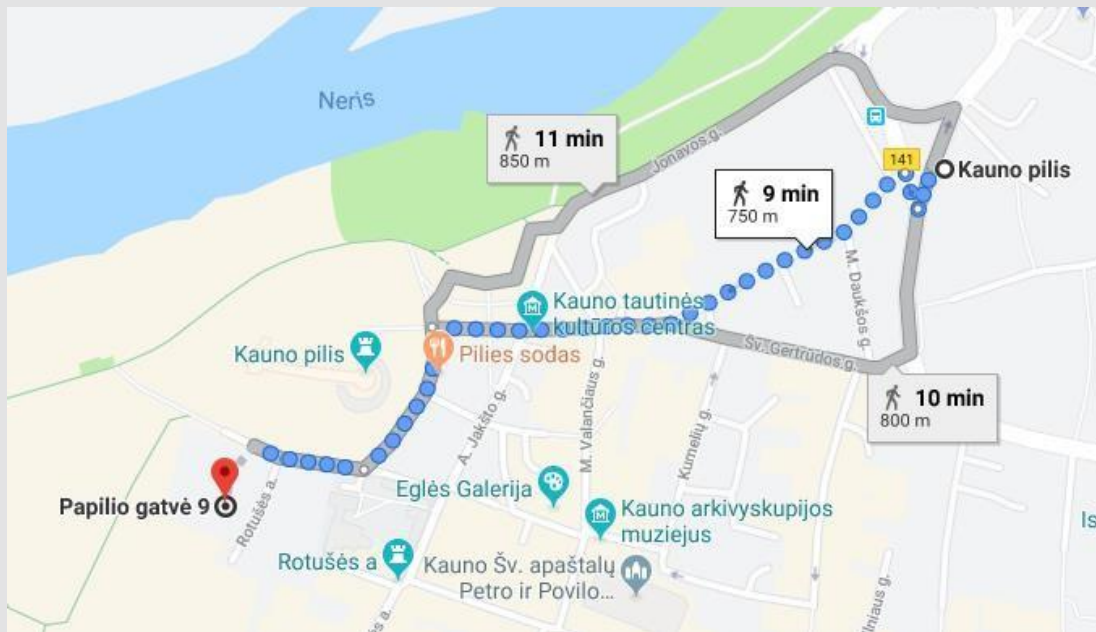
From Vilnius bus station to Kaunas, check the timetable here: <https://www.autobusubilietai.lt/index.php?cl=select&fnc=searchByStopsId&travel from=2412-1&travel to=2408-1>. It will cost around 7-10 EUR per person.

When in Kaunas, use the same app (Trafi); don't forget to switch cities. Use the city public transport (trolleybuses – no. 5 and 7 or bus no. 39).

- From (Iš) – Geležinkelio stotis;
- To (Į) – Kauno pilis.

To the final destination you will have to walk around 10min.


To reach „Domus Pacis“ from the Kauno pilis bus stop



<https://www.google.com/maps/dir/Kauno+pilis/Papilio+g.+9,+Kaunas+44275/@54.9001517,23.8819702,16z/am=t/data=!4m14!4m13!1m5!1m1!1s0x46e72208ca625ca7:0x655fd119a746326a!2m2!1d23.89308!2d54.90052!1m5!1m1!1s0x46e722051f633621:0xf72238782b5e76ef!2m2!1d23.883543!2d54.897954!3e2>

Kaunas airport

Coming to the venue from Kaunas airport is quite simple: there is a cheap and frequent city bus no. 29G connection. You can buy tickets at the driver's and it costs 1 EUR per person, accepted payment are only by cash;

To check the timetable you can use <https://www.trafi.com/lt> or download the app (Trafī ) to your phone.

- From (Iš) - Kauno oro uostas
- To (Į) - E. Ožėškienės g.

From here you will have to walk around 20 min (or you can take a taxi).

To reach „Domus Pacis“ from the E. Ožėškienės g. bus stop



<https://www.google.com/maps/dir/E.+O%C5%BEE%C5%A1kien%C4%97s+g./Papilio+g.+9,+Kaunas+44275/@54.8976233,23.8869733,15.5z/data=!4m15!4m14!1m5!1m1!1s0x46e7220c7ea6d7ab:0xd4df3ef7cdaa7905!2m2!1d23.90247!2d54.89802!1m5!1m1!1s0x46e722051f633621:0xf72238782b5e76ef!2m2!1d23.883543!2d54.897954!3e2!5i1>

Arriving to Kaunas Train Station



When you arrive to Kaunas Train Station and go out of this building, turn left. There will be parking space. Please, wait there for the driver.



This is the picture of the parking space. There driver will be waiting for you, if no other transportation option will be available to reach project venue.



Perfect place to leave your

luggage in the Kaunas train

station if you do not want to
city. Costs only 2 eur for 12 hours.

carry it around when visiting

Buy train or bus tickets for intercity travel

Bus tickets: <https://www.autobusubilietai.lt/en>

Shuttle bus from Vilnius airport to Kaunas OLLEX:

<https://www.ollex.lt/ekspresas/Vilniaus-oro-uostas/pirkti-bilieta> #

Train tickets: <https://www.traukiniobilietas.lt/portal/routes-schedules>

How to pay in buses/trolley buses

Vilnius

Download app traffic and add your bank card. And buy ticket in the app. (Not possible to pay by cash with driver)



Kaunas

Possible to buy bus ticket from bus driver, but possible to pay only by cash.



Download app Žiogas, add your bank card to app, transfer a few euros to the app. Scan QR code on the bus (near the driver) or put 3 digit number using Žiogas app.

VIP transfer

If You arrive at night or bigger group we can order private minibus transfer from Kaunas/Vilnius airport direct to project place. From Kaunas airport cost ~ 40eur, form Vilnius ~ 80-100eur. If you need this please ask us about aviability.

Special for you

You can see surroundings by google street view. Just in front of guest house (**like 20 meters**) where is one of the famous touristic places, the Kaunas castle:



50 meters

from guest

house there is a nice park Santaka, where 2 rivers combine to one ☺

So You can walk, take fresh air in free time, evening or morning ☺

Video about Kaunas from air: <https://youtu.be/wKFN9xiLS1M>

Also the old town with cityhall is very close. There are main bars, pubs, restaurants, so we will not have problems to go out somewhere or have some lunch or dinner or come back at night, no need for any taxi.



You MUST Know

These documents are obligatory for the reimbursement of travel costs:

On the occasion your airline does not offer the possibility of online check in, and you have your boarding passes printed at the airport, we need the original boarding passes (no photos or scans).

- Fiscal invoices showing (i) the name of the participant (ii) the dates and times of travel and (iii) the amount paid;
- Boarding passes. It is essential that the boarding are electronic and sent to us by email. Electronic boarding passes are the documents received AFTER on-line check in, which have a barcode (not the booking confirmation mails);

✓ OK Originals

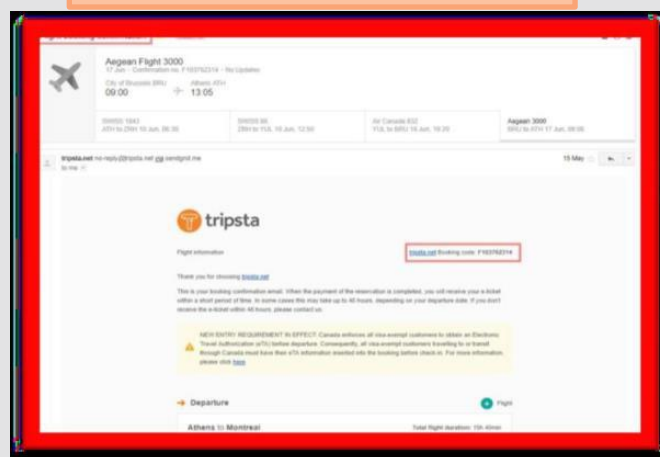
✓ OK e-boarding passes received after online check-in, with a barcode



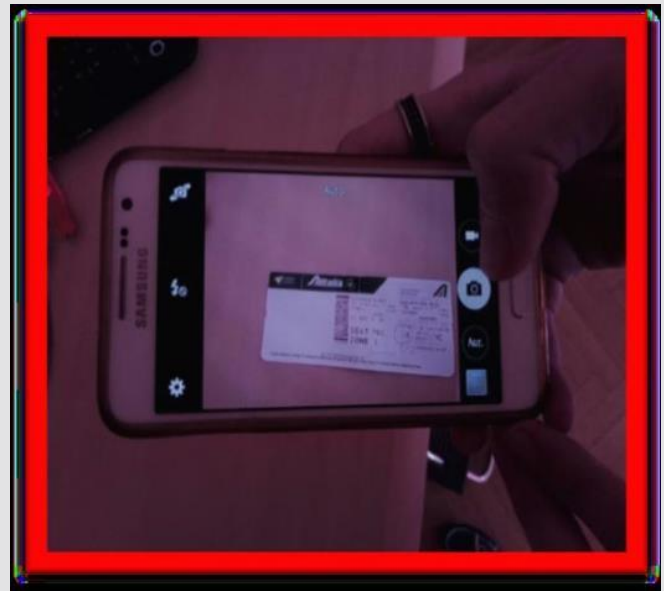
No photos or scans of printed tickets



No booking confirmation, received after booking your flight



Electronic or printed bus/train tickets from and to the Airport of your country of origin (including transportation to the city, where the Airport is located, if applicable)



Our goals & general information

- ❖ Main ideas of these projects are to build new friendships, interact with new cultures and destroy the borders between countries. The subject of the project is just a vehicle to capture these.
- ❖ You cannot arrive later than the 1st day of the project or leave 1 day earlier than the last day of Project. For this, you should notify us before you buy your tickets. Otherwise we cannot guarantee to do your reimbursements. It is a rule by the European Commission. But you can come earlier than the first day of the project and you can leave later than the last day of the project.
- ❖ You are obligated to care for the estimated daily plan and participate in the activities except some certain unexpected situations like illness.
- ❖ In these conditions below, a participant cannot be allowed to stay in the project and they won't be reimbursed any ticket money:
 - a) a person comes late to activities all the time without any valid reasons;
 - b) a person disturbs other neighbors or participants;
 - c) a person is racist, negative, bad tempered, etc.;
 - d) a person uses drugs in the project (also marijuana);
 - e) a person uses violence;
 - f) a person doesn't give necessary documents to us.

- ❖ If you have any special conditions (diet, you are vegan, vegetarian..., allergies, any physical impairment or other disability...), tell us these conditions in advance.
- ❖ We suggest you bring your own cosmetics and self-care products.

HEALTH AND TRAVEL INSURANCES

Participants must have their own/personal travel and health insurance. It is up to sending organization responsibility to make sure participants are insured.

You can have an EU HEALTH CARD instead of health insurance. It provides free first aid for EU citizens and it is free to get it.

Host organization will insure the whole group from unfortunate accidents at training dates.



HOMEWORK & PREPARATION

International Night

The day before your departure (or as agreed), you will present your food and some aspect of your culture. Please bring some leaflets/brochures of your country, touristic materials, typical music to play and dance to teach, souvenirs and food & snack so that these can be displayed during the international night.

RULES

- **No drinking alcohol in the projects and streets**
- From 22 or 7:00 silence time (communicate with each other calmly)
- International bedrooms (mixed nationalities)

WHAT TO PREPARE- IMPORTANT!

1. Check documentations needed to enter LT in advance
2. Presentation of your organization
3. Presentation of your country for culture night

4. Every morning the warm up will be done by different nation, so please prepare a warm up session/ice-breaker game (5-15 min)
5. Traditional drinks, snack, food from your country and traditional dances, music or other performances representing your country.

INTERNET DATA IN LITHUANIA

You can buy sim card in supermarket with mobile data. It is about 7-10 Euro.

What to bring with you

- Bring your swimming suit (in case of Sauna)
- Small towel if you need (hotel provide only 1 towel, and in the middle project will change)
- Take Shampoo;

Souvenirs, brochures, music, food and snacks, some typical costumes from your country or some typical things that you can wear during the international night (hat, bracelets, scarf, etc....)

Lots of positive energy and a determination to learn and live a different lifestyle for a week! 😊

Registration for your application:

CONTACTS

(Mobile and WhatsApp)

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Karolis, stirbys@gmail.com, +37067813788

Laurynas, info@darnoje.lt,

**WE HOPE THAT TOGETHER WITH ALL OF YOU, WE WILL MAKE THIS
PROJECT UNFORGETTABLE 😊**

SEE YOU SOON IN GREEN AND LOVELY LITHUANIA AND KAUNAS