

TRAINING COURSE

ECOCINEMA LAB

CRAFTING DESIRABLE FUTURES THROUGH ANIMATION

INFOPACK

Where: Pau - France

When: January 22nd - February 2nd 2026

Arrival on the 22nd - Departure on the 2nd



RAKEINTO



Co-funded by
the European Union



WHAT IS IT?

In today's media landscape, most **films that imagine the future** portray it from a **dystopian perspective**, which usually bring audiences to anxiety and paralization. Ecocinema Lab aims to question these dominant narratives and explore how cinema can help us imagine **alternative, desirable futures**.

This Training Course invites participants to reflect on the environmental footprint of the film industry and to **experiment with low-impact, handmade approaches to storytelling**. We will explore animation techniques that allow us to craft stories with minimal resources and low environmental impact, using found materials, textures, and collective creativity.

The Ecocinema Lab **combines reflection and practice**: we will discuss the ecological impact of filmmaking, explore animation techniques, and experiment with new ways of storytelling that value creativity, attention, and care over speed and consumption.

By the end of the week, participants will have **produced short movies** that show how another way of making cinema and imagining the future is possible.



MAIN GOALS

- To **question dominant media narratives** and understand the ideological implications of dystopian representations.
- To raise awareness about the **environmental impact of the film industry** and promote more responsible and sustainable production methods.
- To **learn basic animation techniques** and experiment with minimal filmmaking as a creative and ecological approach.
- To strengthen the skills of **youth workers and educators** who want to use audiovisual tools in non-formal education.
- To create a small collection of **short films**, made with waste and minimal resources, and based on **collaboration rather than individual authorship**.



PARTICIPANTS PROFILE



JOIN US IF YOU ARE...

- Over 18 years old
- Active in the fields of youth work, cinema, media, education, or sustainability.
- Interested in visual storytelling, ecology, and creative experimentation.
- Motivated to learn by doing and to explore new ways of creating and teaching with minimal resources.
- Open-minded, collaborative, and ready to work in an intercultural and collective environment.
- Able to communicate in English and participate actively in group discussions and creative processes.
- No previous experience is required, only a lot of motivation!!

WHO ARE WE?

RAKONTO



RAKONTO is an association of international storytellers whose aim is to **promote a socially and environmentally fair ecological transition through artistic practices.**

We explore creative solutions to the socio-environmental crisis and create new imaginaries of desirable futures through art, storytelling and non-formal education.

Through projects like Ecocinema Lab, we explore how alternative narratives and low-impact creative practices can challenge dominant imaginaries and open new ways to think about the future.

[Learn more at www.rakonto.org](http://www.rakonto.org)

LOCATION

Pau, in southwestern France, is a charming city known for its history, architecture, and beautiful scenery. Located at the foot of the Pyrenees, between the sea and the mountains, it is often considered the gateway to the region.

You can explore its historic spots, such as the iconic Château de Pau, and enjoy the relaxed, welcoming atmosphere that makes this city so special.



ACCOMMODATION

The project will be held in Laroin, a small village located just next to Pau.

An aerial photograph of a campsite. A large, modern red building with a curved roof is situated on a grassy area next to a large lake. A paved path leads from the building towards a suspension bridge in the background. The surrounding area is lush with green trees and vegetation.

CAMPSITE

The venue of the project will be *Iktus Béarn*, a campsite near a big lake in a huge, open, natural space.

An aerial photograph of several wooden bungalows with grey roofs, arranged in a cluster on a grassy field. A dirt path winds through the area, and a few cars are parked nearby. The bungalows are surrounded by trees and greenery.

BUNGALOWS

The participants will be hosted in wooden bungalows for 6 people with double rooms. Each bungalow has one living room, one bathroom and a kitchen.

FOOD

The meals will be vegan or vegetarian - a decision taken in line with the values of the association since:

- the consumption of meat is usually less environmentally sustainable
- we prefer to avoid differences among the participants to foster social inclusion

We promise meals will provide you with a good deal of variety and will feel tasty even to the omnivores, though. However, there is a big supermarket 15 minutes on foot from the venue, in case you want to buy some food for yourself.

Please do remember to fill out the online form document that we will send you before the project, about special dietary needs (religion-related restrictions, allergies, etc.).



BREAKFAST

We will provide breakfast that you can prepare independently at your bungalow.

WHAT TO BRING

- Towel, shampoo, gel, toothpaste, and other personal toiletries;
- Raincoat, since it could rain;
- Warm clothes and comfortable shoes: remember we are in nature!
- A water bottle to keep with you during the activities and meals;
- An adapter for the plugs, C/E type, if needed;
- Flip-flops or sandals to use inside the bungalows;
- Sleeping bag if you want to feel more at ease (we provide fitted sheet for the mattress, pillowcase and a blanket);
- Laptop and camera (not compulsory but suggested);
- European Health Card or private insurance (**COMPULSORY!!!**);
- Magazines, newspapers, fabrics, and every kind of material that can be used for the movies;
- ... *and your will to exchange, network, and create films.*

TRANSPORTATION

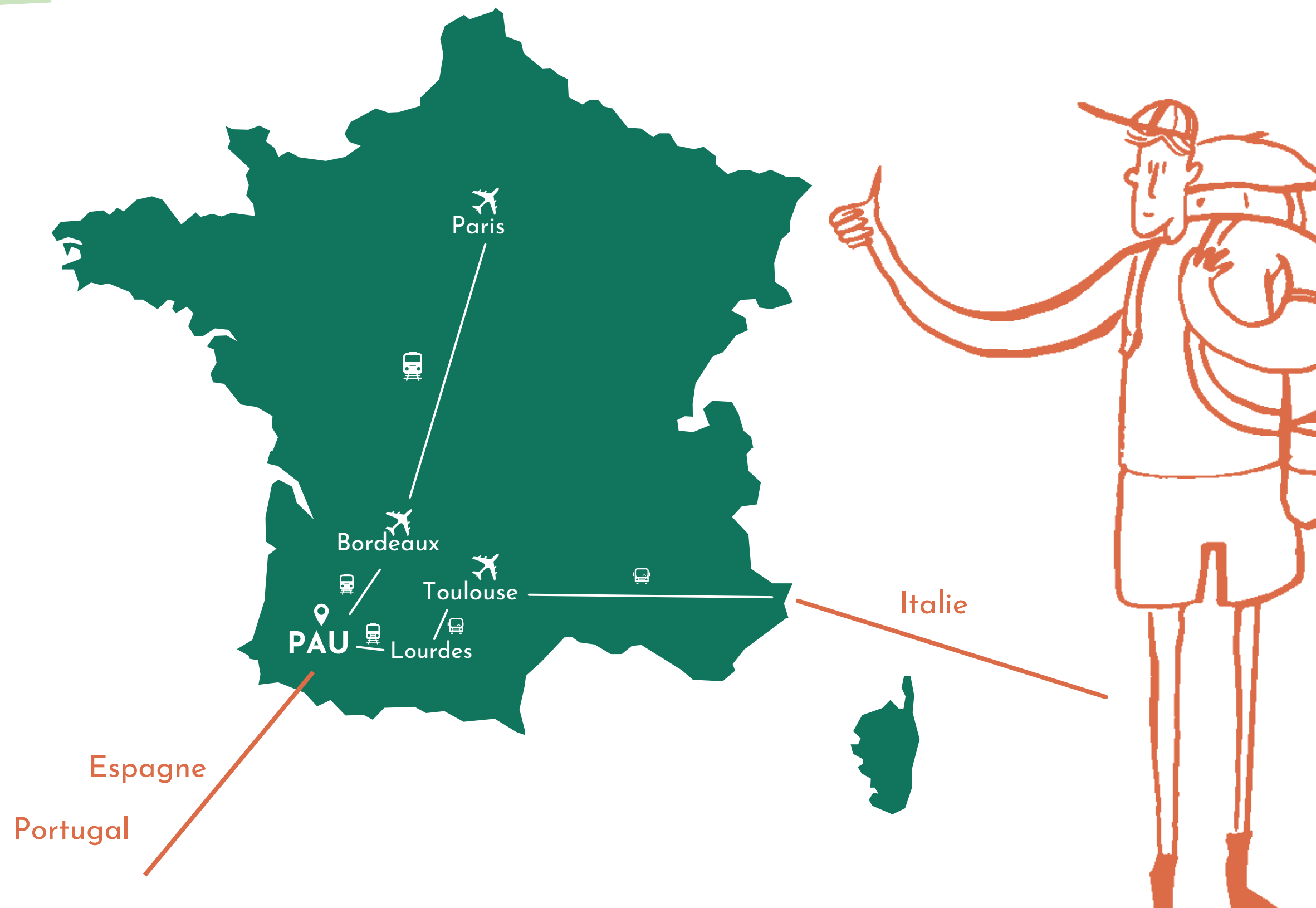
A By train, bus or carpool directly to Pau

B By plane :
The closest big airports are Bordeaux and Toulouse. From there, you can easily take a train or bus to get to Pau.

There are two smaller airports that may also be used: Lourdes, and Biarritz, with fewer flights.

Here you have our **TRANSPORTATION BIBLE** with all the details to organise your trip

Keep in mind we will give priority to people traveling green



BUDGETING

Accommodation, food, and training materials are provided **for FREE**.

FOR THE TRIP, WE WILL REIMBURSE UP TO:

	Green travel* at least half of the trip	By plane or individual car accomodation
10-99 km**	56€	28€
100-499 km	285€	211€
500-1999 km	417€	309€
2000-2999 km	535€	395€
3000-3999 km	785€	580€

*Green Travel: + accommodation for two nights (arrival and departure) up to €40 per night, WITHIN your total travel budget.

**Distance from departure to Laroin calculated on [this website](#).

You should **NOT** buy any ticket without our approval first, otherwise, we may not be able to reimburse you.

It is mandatory that all the participants keep their boarding passes and travel purchase invoices. (BE CAREFUL!! Digital boarding passes might disappear after landing, so **take a screenshot BEFORE** taking off).

For the reimbursement, we need that your name, date and price appear in the ticket or invoice.

After the project, **when we receive all the necessary documents** (in its original digital or physical format), we will make the reimbursement through bank transfer.



DISCLAIMER

Since we want to create **the safest space possible** for everyone, this exchange between partners will not allow sexist, racist, homophobic or any kind of violent/discriminatory behaviors.

Moreover, we will be living together, so we will all have to **take care of the common spaces** by washing dishes, tidying up and cleaning, etc.

If you have any doubt, please don't hesitate to reach us!
You can write us an email to *info@rakonto.org*





BON VOYAGE AND SEE YOU IN FRANCE!

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