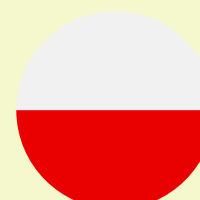
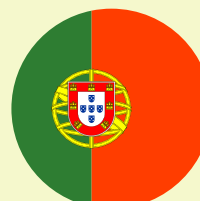
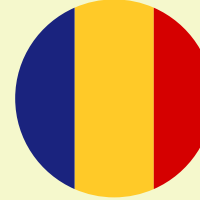




Funded by
the European Union



Acknowledge Youth's Potential for Environmental Sustainability

Erasmus+ KA153-YOU-D99984C1

Location: Sakarya, Türkiye
Date: 8-15 February 2026



PROJECT OVERVIEW

The project was born from the growing need to address environmental problems such as waste accumulation, overconsumption, and carbon emissions. Youth workers play a vital role in shaping the environmental awareness of the next generation.

Main aim:

To equip youth workers with the necessary knowledge, skills, and motivation to promote environmental sustainability in their local communities.

Specific objectives:

- Raise awareness about environmental challenges and sustainable lifestyles.
- Provide knowledge on waste management, recycling, renewable energy, carbon footprint, and water safety.
- Encourage eco-friendly practices and responsible consumption.
- Foster European cooperation in youth work for a greener future.

Expected impact:

Participants will gain competences to educate young people on sustainability and create eco-friendly projects within their organisations and local areas.

PARTNER ORGANISATIONS

	Sakarya Governorship (Coordinator) – Türkiye
	Asociatia Active Yourope – Romania
	Youth On Board – North Macedonia
	Funatik – Slovakia
	Extramus APS – Italy
	INGEFIEX Association – Spain
	100% Aventura – Portugal
	Ananda Marga in Poland – Poland

ACTIVITY DETAILS

- **Location:** Sakarya, Türkiye
- **Dates:** 8-15 February 2026
- **Duration:** 8 days (6 training days)
- **Language:** English
- **Participants:** 33 youth workers (4 per country, including 1 with fewer opportunities)
- **Trainer:** 1 experienced trainer from Türkiye

Main topics covered:

- Waste management & recycling
- Alternative and renewable energy sources
- Fossil fuel impact on the environment
- Carbon footprint calculation
- Water safety and environmental health
- Sustainable living practices

Training methods:

Non-formal education, group workshops, brainstorming, outdoor learning, experiential learning, and daily reflection sessions.



LEARNING OUTCOMES

By the end of the project, participants will:











- ✓ Have a stronger awareness of environmental and sustainability issues.
- ✓ Know how to design and deliver eco-focused activities for young people.
- ✓ Be able to measure and reduce their personal and institutional carbon footprint.
- ✓ Gain new partnerships and good practices from across Europe.
- ✓ Be inspired to take action for a greener planet.

PARTICIPANT PROFILES

This training course is designed for:

- Youth workers, trainers, NGO staff, or volunteers who have been active in youth work for over 3 years.
- Participants who are motivated to apply what they learn with young people.
- People aged 25+.
- Participants from partner organisations (4 per country, including 1 with fewer opportunities).



	Partners	Total No. of Persons	Facilitators	Fewer Opportunities	Grant per Person (EUR)
	Sakarya Governorship (Coordinator) – Türkiye	5	1	2	Green Travel 56,00€
	Asociatia Active Yourope – Romania	4	-	2	309,00€
	Youth On Board – North Macedonia	4	-	2	Green Travel 417,00€
	Funatik – Slovakia	4	-	2	309,00€
	Extramus APS – Italy	4	-	2	309,00€
	INGEFIEX Association – Spain	4	-	2	580,00€
	100% Aventura – Portugal	4	-	2	580,00€
	Ananda Marga in Poland – Poland	4	-	2	309,00€

PROJECT ACTIVITIES

Workshops and Training Sessions:

-Interactive workshops on waste management, recycling, renewable energy, carbon footprint calculation, and sustainable living, using non-formal learning methods and digital tools for daily reflection.

Field Visits:

-Practical observations through local waste audits and recycling centre visits, allowing participants to experience sustainability in action.

Peer Learning and Cultural Exchange:

-Collaborative and creative group activities, including intercultural evenings and photo storytelling, to encourage teamwork and cultural understanding.



Expert Talks and Discussions:

-Sessions with local experts and NGOs on environmental challenges and innovative green practices.

Community Engagement Events:

-Social media campaigns and awareness activities on global warming, waste reduction, and eco-friendly habits.

Evaluation and Dissemination:

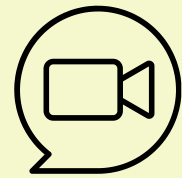
-Daily reflections, final evaluation, and certificate ceremony, followed by local workshops and online sharing of results.



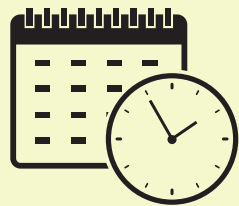
PROJECT MEETING

In our project, an online meeting will be held with all participants 1 week before the mobility date.

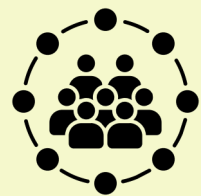
Attendance at the meeting is mandatory.



The meeting will be held with the zoom program.



Meeting date: January 28th, 2026
Meeting time: 20:00 UTC
+2(Brussel)



The meeting participation link will be shared with the participants by the project coordinator.



TRANSPORTATION

Istanbul Airport to Sakarya

We Recommend

You can book your ticket online via the “Istanbul Seyahat” website. The shuttle will take you directly to Sakarya Bus Station, and from there, you can reach the hotel using the local transportation.

Here is the link to the website: <https://istanbulseyahat.com.tr/havalimani-seferleri>



Istanbul Airport to Sakarya is 180 km

There are direct shuttle services to Sakarya, which take around 3 hours and cost approximately 13€.

Alternative Option

You can buy your ticket on “Obilet” website. The shuttle will take you directly to Sakarya Bus Station, and from there, you can reach the hotel using the local transportation.

Here is the link to the website: <https://www.obilet.com/>

TRANSPORTATION



Sabiha Gökçen Airport to Sakarya is 110km

HavaSak shuttle service provides direct transport to Sakarya Bus Station in about 1 hour and 20 minutes, for approximately 6€.

Sabiha Gökçen Airport to Sakarya

We Recommend

You can book your ticket online via the “HavaSak” website. The shuttle will take you directly to Sakarya Bus Station, and from there, you can reach the hotel using the local transportation.

Here is the link to the website: <https://www.havasak.com.tr/#>

GREEN TRANSPORTATION



Istanbul Esenler Bus Terminal to Sakarya is 160km

There are direct buses to Sakarya.
It takes about 2 hour and 15 minutes.
It costs 13€.

Istanbul Esenler Bus Terminal to Sakarya

You can buy your ticket: from the website [**https://vib.com.tr/**](https://vib.com.tr/)* It will take you directly from Istanbul Esenler Bus Station to Sakarya Bus Station. Then you can reach the hotel using the local transportation.

***This tourism company is recommended because it provides direct and fast transportation.**

GREEN TRANSPORTATION



Istanbul Harem Bus Station to Sakarya is 140km.

140 km. There are direct buses to Sakarya. It takes about 2 hours.
It costs 7€.

Istanbul Harem Bus Station to Sakarya

You can buy your tickets from these websites:

<https://vib.com.tr/>*

<https://www.sakaryasevturizm.com/>*

It will take you from the Harem bus terminal to the Sakarya Bus Terminal. Then you can reach the hotel using the local transportation.

***This tourism company is recommended because it provides direct and fast transportation.**

LOCATION AND VENUE

The project will be held in Sakarya, Türkiye. The venue is a comfortable and welcoming space, providing an ideal environment for creative learning and collaboration.

- The training space is equipped with materials for the training course, allowing for dynamic learning experiences.
- The meals will be an open buffet.
- Participants will stay in shared accommodation (2-4 people per room) with access to communal areas for relaxation and socializing.

WHAT'S AVAILABLE

- Wi-fi Connection
- Bath Towels
- Hairdryer
- Washing Machine
- 24/7 coffee and tea machine...



CULTURAL NIGHT

During the training course, we will have an Intercultural Evening, where each country group will present their culture in a fun and creative way. This is one of the most enjoyable parts of the program and a chance to share and celebrate our diversity!

Materials for Cultural Night Please bring:

- Souvenirs, flags, or items representing your country
- Local food or snacks
bring ready-made dishes (fridge storage available) or ingredients to cook here.
- Traditional clothing, music, dances, or short presentations about your country
- Posters, slides, or videos showing traditions, famous places, or fun facts

The cost of ingredients or materials is covered **by each national group.**



WHAT DO YOU NEED?

Health Insurance Certificate: A valid health insurance policy for the duration of the project.

HEALTH INSURANCE IS NOT PROVIDED AND THE PROJECT GRANT WILL NOT BE REFUNDABLE, ALL PARTICIPANTS MUST PURCHASE PRIVATE TRAVEL INSURANCE.

Health insurance must meet the following criteria:

- Comprehensive Coverage: The insurance must provide comprehensive coverage for medical emergencies, accidents and illnesses that may occur during the program.
- Repatriation Coverage: The insurance must provide repatriation coverage in the event that the participant needs to be repatriated to their home country for medical attention.
- Emergency assistance
- Pre-existing conditions

Participants with specific dietary requirements, intolerances, allergies or other eating habits must notify the host organization at least one week prior to arrival so that options can be discussed with the hotel and meals can be rearranged. Information received after this date cannot be taken into account regarding participants' meals and menus. It is important to state your dietary habits, allergies, intolerances and medical conditions in the application form. Participants should recommend any necessary medications they use or think they need to use daily during the project.

What to bring:

Comfortable Clothing: Suitable clothing for walking and outdoor activities.

Personal Hygiene Products: **Please bring personal care products, slippers and towels that you may need during your stay at the hotel.**

Digital Devices: Laptop, tablet or mobile phone for presentations and events.

IMPORTANT INFORMATION AND RULES



- Participants should participate in the activities on time and actively. The photos and videos taken during the project will be used for Erasmus+ dissemination activities. If you have any objections about this, please contact the organizers.
- Those who violate the established rules of the project, harass others, undermine the prestige of the organization, or commit systematic violations of the established norms will be excluded from the project. The sending organisation will be informed of this by email with details of the case and the specific reasons for removal.

DISSEMINATION AND REIMBURSEMENT

Each participant (country group) is responsible for:

Dissemination

After the training course, all participants are expected to contribute to the dissemination of the project results within their local communities and organizations.

Each participant should share what they learned and promote the project outcomes through activities such as:

- organizing a short workshop or presentation for young people or colleagues,
- posting about their experience and key learning points on social media,
- including insights from the training in their organization's ongoing projects,
- sharing the tools, methods, or ideas developed during the course.

Participants and partner organizations are encouraged to tag project partners and use Erasmus+ visibility guidelines when sharing online content.

The main aim is to multiply the project's impact and spread awareness about youth work for environmental sustainability.

Reimbursement

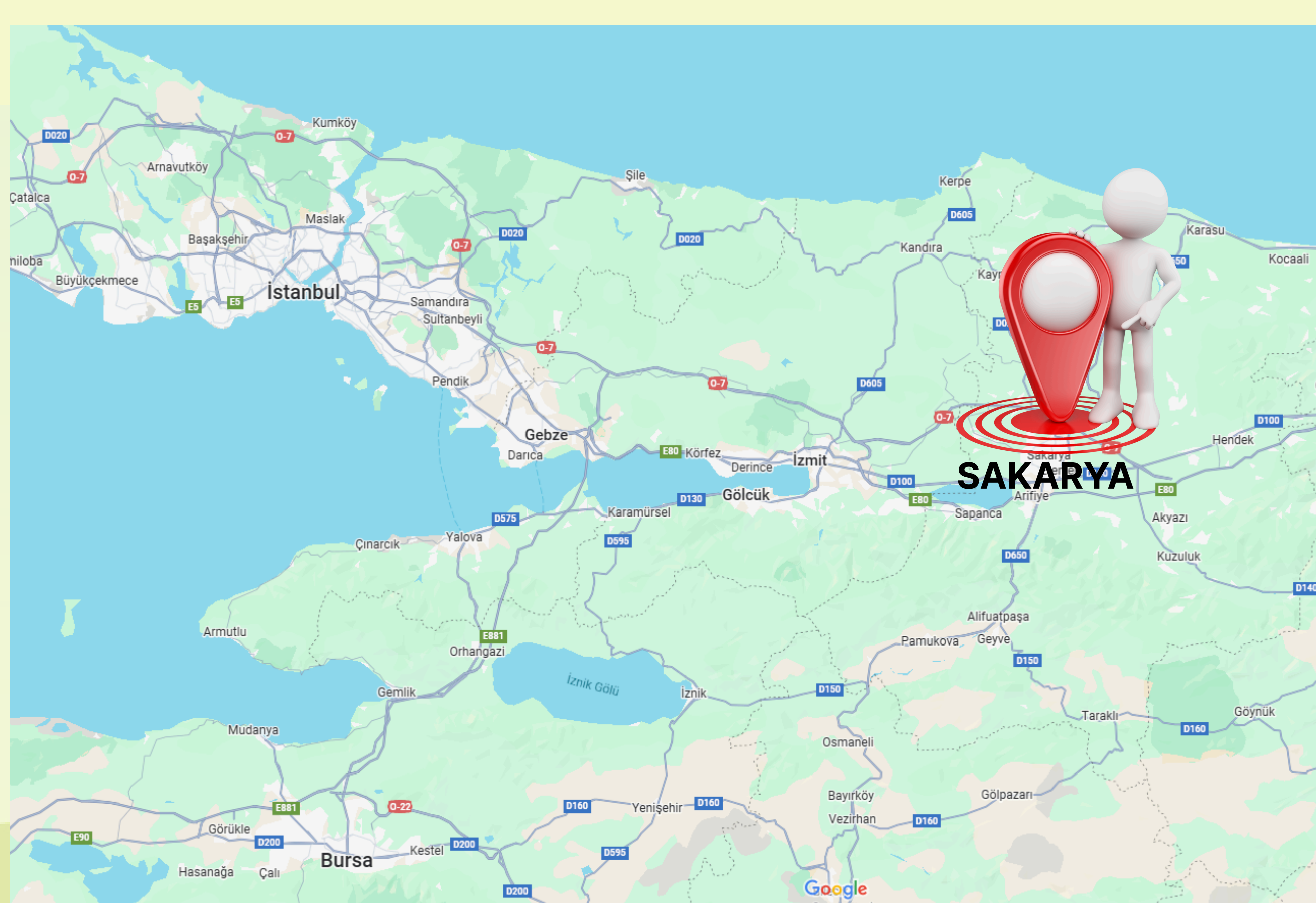
Travel costs will be reimbursed according to Erasmus+ distance band limits and upon submission of all original travel documents (boarding passes, tickets, invoices, etc.).

Participants are kindly asked to:

- keep all travel documents (both digital and printed),
- send them to the organizer immediately after the mobility,
- ensure that travel routes comply with Erasmus+ rules.

Reimbursements will be processed via bank transfer to your organization after the organizer receives and verifies all necessary documents and reports.

Please note that the reimbursement process **may take up to two months** after the end of the training course.



Contact:
İlayda VARNA:
sakaryaab54@gmail.com

We are looking forward to meeting you in Sakarya.
We wish you a safe and joyful journey!