



Co-funded by
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INFOPACK:

KA2 ERASMUS + PROJECT:

SOCIAL THEATRE AND SOCIAL MEDIA
MOBILITY OF YOUTH WORKERS

“STORYTELLING”

24/11/2025 to 02/12/2025

ISSOR, FRANCE



Association La Villa

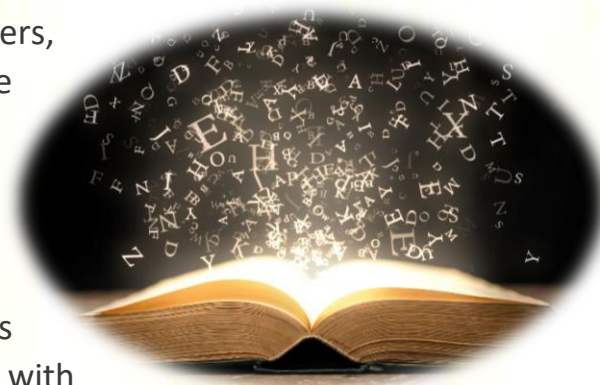


ABOUT THE PROJECT

This Erasmus + cooperation partnership project (KA2), organized by Association La Villa (France), Lupa, Grupo de teatro (Portugal) and Društvo CIK (Slovenia) aims to give youth workers fresh tools to connect with young people through creativity and digital media. By combining **storytelling, social theatre and video creation**, we want to help them share powerful messages, raise awareness about social issues, and inspire positive change. The main goals are to make youth work more engaging, to promote values like inclusion, equality and active participation, and to strengthen cooperation between organisations across Europe. In the end, the project supports youth workers to create meaningful content that speaks to today's young people, both offline and online.

ABOUT THE TRAINING COURSE

During this first part of the project, an Erasmus + mobility of youth workers, we'll dive into **storytelling** as a fun and powerful tool for youth work. The idea is to **learn how to create stories** that really connect with young people and get messages across in an engaging way. We'll explore different ways of telling stories, try out digital storytelling for social media, and use stories to talk about important values like inclusion, participation and sustainability. By the end, everyone will have new ideas and skills to turn stories into inspiring content for their daily work with youngsters.



Training Course - "Social Theatre and Social Media"								
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
	Breakfast							
9:30	Welcome!	VideoPres	Storyboarding	Free	Visual Storytelling	Social Theatre & Social Media Project	Future Projects	Departure
11:00		Coffee-Break						
11:30	YouthPass & Expectations & Rules	VideoPres	ScreenWriting	Free	Visual Storytelling	Social Theatre & Social Media Project	NGO Fair and Multiplier	Departure
13:00		Lunch						
15:00	Team Building	Storytelling	Storytelling	Free	Improv Theatre	Social Theatre & Social Media Project	Memes for Dissemination	Departure
16:30		Coffee-Break						
17:00	Sociometry	Storytelling	Storytelling	Free	Improv Theatre	Presentations	Evaluations	
18:30		Reflection Time						
19:00		Dinner						
21:00	Intercultural Night I	Intercultural Night II	Free Night	Sharing is Caring	To Discuss	To Discuss	Farewell Party	



THE TRAINERS



Jose branco:

Informal since my teeth began to grow, I tried to divert my destiny, dedicating years of my life to Engineering that a handful of years later, I dropped like a soap bubble. Today an educator, actor and narrator, I walk my path through non-formal education, arm in arm with young people and adults, believing that the art of education and education through art are after all twin sisters.

Jose Pedro Alfaiate:

José Pedro began as a teacher, but soon followed the path of multimedia and non-formal education. Between music, film and theatre, he has produced albums, soundtracks and short films, and since 2014 he brings stories to life with LUPA in Lisbon, using art as a tool for social change.



PARTICIPATING COUNTRIES AND NUMBER OF PLACE PER COUNTRY

Country	Number of participants
Portugal	6
France	6
Slovenia	6



PARTICIPANTS PROFILE

The training course will take place in [Issor, France](#), from **24/11/2025** to **02/12/2025** and it will bring together a group of 18 participants from 3 partner countries.

The project is targeting **youth workers, trainers, coordinators and facilitators** from all fields of non-formal education who are motivated to learn new creative tool to support youngsters.



We are looking for participants who :

- Are **OVER 18 YEARS OLD** and **HAVE RESIDENCY IN THE SENDING COUNTRY**.
- Commit to **participate actively in ALL training sessions** (about 8 hours a day)
- **Speak and understand English**.
- Are already be **involved in youth work** or be motivated to get involved with it.
- Commit to **share their new knowledge** with other youth workers and youngsters once they return home. Each participant will be required to lead a workshop for their local community using the methods learned during our training course.

WHAT WE OFFER

Thanks to the financial support of the Erasmus+ Program, we offer the following conditions:

- Food and accommodation during the training course will be provided.
- Each sending organisation will reimburse travel costs after the end of the training course, on a real cost basis, up to an agreed limit depending on the sending country:

<i>Portugal</i>	<i>Slovenia</i>	<i>France</i>
320€	320€	180€



Travel costs will be reimbursed **AFTER** the training course. The above amounts **are the fixed maximum amount reimbursable for your individual trip costs**. The above amounts are for return tickets and covers the travel costs from the participants' home to Issor. Participants themselves will cover travel costs exceeding the maximum reimbursable amount.

IMPORTANT: In order to reimburse you, we need all original invoices, tickets and boarding passes you will use during your trip. **WITHOUT THESE DOCUMENTS YOUR SENDING ORGANISATION WILL NOT BE ABLE TO REIMBURSE YOU.** On all travel documents has to be written your name and surname, date of travel, from where to where was the journey, and the price.

In order to get your travel reimbursement, we will also need you to implement follow up activities. Follow up activities will consist of workshop which you will lead in your local community after the project and social media posts on your profile or your organizations profile.

THE VENUE: ISSOR (FRANCE)

The Training Course will take place in [Issor](#), a small mountain village situated in the south-west part of France. Our venue, le [gîte le Larrayou](#), is located in a quiet valley of the Pyrenees, close to the Spanish border.

There is nature everywhere around! The river passes nearby! There is a football pitch and a “pétanque” pitch (French game) in front of the gîte.

LIVING:

Participants will be accommodated in dorm style rooms of 4 to 6-beds (bunk beds). Rooms are simple and without any luxury.

Bathrooms are shared.

Water from the tap is drinkable.

Bed linen will be provided, but please bring a towel!





The accommodation is a non-smoking environment, so you have to go outdoors to smoke. There is one small shop in walking distance (but be aware that it will be closed on Sundays) Unfortunately, it is not possible to wash your clothes in the hostel.



EATING:

Meals will be prepared and served at the accommodation, starting with dinner on the 24th of November. On the 2nd of December, breakfast is included as well.

For breakfast, you'll be able to choose what you want to eat from a buffet (salty and sweet food). Lunch and dinner will be with a salad bar and a common dish according to everyone's dietary needs including vegan, lactose and gluten free.

ARRIVAL AND DEPARTURE

The **arrival day is 24/11/2025** and the **departure day is 02/12/2025**. All participants have to arrive on the arrival day to the venue and stay till the departure day, if you will arrive later or depart sooner, we won't be able to accept you on the project.

If you plan to come a bit before or leave a bit after the project, please contact us before booking your tickets. You are allowed to come maximum two days before the project starts and leave two days after projects finishes. If you will come/stay longer than that we won't be able to reimburse you.



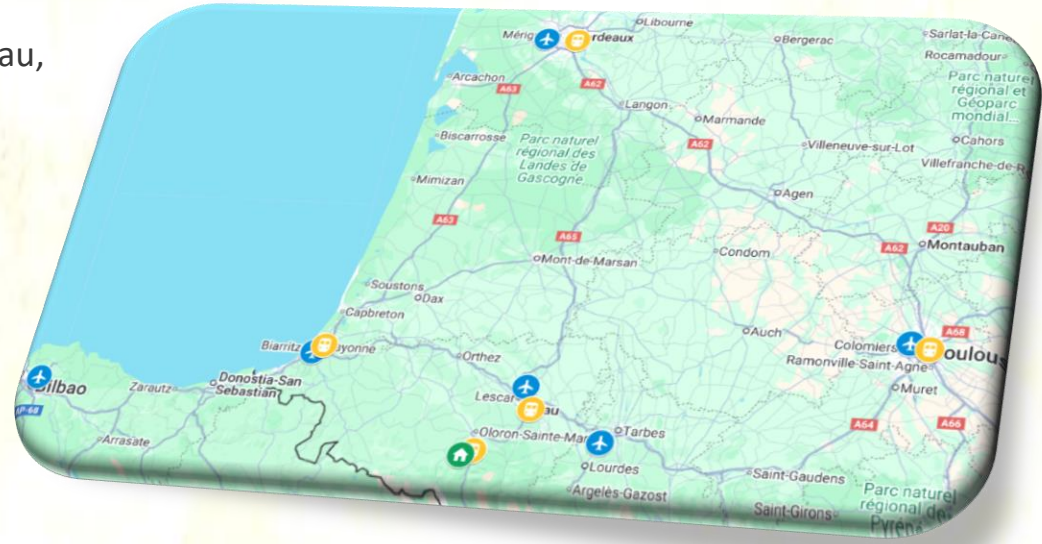


HOW TO GET THERE

The meeting point will be at the train station of Pau, the nearest, biggest city around.

From there we will drive you to the venue of the training course.

The motivated ones can also catch the train to the village of Lurbe-Saint-Christau (6km away from Issor). From Lurbe-Saint-Christau train station, we will come and pick you up.



Click on the map to see locations

GET TO PAU

By bus or train

There are train and buses connections to Pau, from Paris, Bordeaux, Toulouse and Bayonne.

Check the prices on [SNCF Connect.](#), [Flixbus](#), [Blablabus](#)

By plane

Airports are situated in **Pau, Tarbes/Lourdes, Biarritz, Toulouse, Bordeaux, San-Sebastian or Bilbao.**

There are cheap flights from all over Europe to these airports. Check Ryanair, Volotea, Easyjet or look other website like Skyscanner, Momondo, Opodo, Kayak or Expedia.





TRAVEL TIPS

To avoid misunderstandings and have an easy reimbursement process, we advise you to:

- Arrange all your travel in advance based on **economy class tickets** (1st class tickets are not reimbursed) and plan the cheapest route possible to the project venue and back home.
- If possible, travel together with participant from your country (come with the same plane, bus, train which will make our and your organization much easier).
- Taxi rides can only be refunded in **special situations and have to be discussed in advance with us.**
- If you have any doubt about your travelling plans, please contact your sending organisation **before booking tickets.**



Failure to participating in a minimum of 90% of the sessions or inappropriate behaviour might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.

PRACTICALITIES

Health insurance

It is mandatory to have a valid travel and medical insurance (**European Health Insurance Card**) during your travel. The host organization will not cover any personal health insurance for participants.

Intercultural snacks

We'll have the opportunity to discover food from one another's cultures and national delicacies during multi-cultural coffee breaks or an intercultural evening, so you can bring some **typical snacks or drinks from your country.**



WHAT TO BRING

- Food item from your place to share with others during the coffee breaks
- Towel
- Toiletries
- Warm clothes
- Earplugs (if you are sensitive to snoring)
- Insurance card, passport
- Games to play in the evening, musical instruments if you like

HOW TO APPLY

Deadline for applications is 11/10/2025. Once you are selected your sending organisation will give you the link to our information form.

The **deadline for buying your transport tickets is 27/10/2025.**

For any questions related to the application, please contact your sending organisation.

