

BREAK & MEAL TIMES



DAY 0

- Trainers arrive at the venue
- Team dinner (depending of arrival times, eventually on room)

DAY 1 (arrival of participants)

Lunch and comfort break (only team)	To be decided on the spot
Dinner(team and participants)	19.00
Welcome drink	21.15

DAY 2

Comfort break morning	11.00 – 11.30
LUNCH	13.00
Comfort break afternoon	15.45 – 16.15
DINNER	19.00

DAY 3

Comfort break morning	From 9.00 ready in the activity room (plenary) and left there until lunch (with thermos): part of the session activity
LUNCH	13.30
Comfort break afternoon	17.20- 17.50
DINNER	19.30

DAY 4

Comfort break morning	10.15 – 10.45
LUNCH	13.30
Comfort break afternoon	NONE → free afternoon
DINNER	DINNER IN RESTAURANT * according to HOST

* if at walking distance from the venue (up to 3 km): much easier for all

DAY 5

Comfort break morning	11.00-11.30
LUNCH	12.30
Comfort break afternoon	15.30 – 16.00
DINNER	19.30

DAY 6

Breakfast and departures of all. (ideally also breakfast packages for the very early leavers)

