

YOUTH WORKERS MOBILITY
14–20 NOVEMBER 2025 IN OPOLE/POLAND



Intersectionality in Action

**by The Laboratory
for the Change
Foundation**



**Co-funded by
the European Union**



Laboratorium
Zmiany

About us

Since 2015, The Laboratory For the Change Foundation has been creating a safe and inspiring space where girls and women can discover their inner strength, shape their own life paths, and thrive in relationships, education, and work. Our team has delivered hundreds of hours of workshops, training sessions, and community initiatives designed to empower, support, and inspire.

We believe in learning together, experimenting with new ideas, and providing space for dialogue and growth. Our work combines professional expertise with years of practice, as well as insights gained through specialised training and international projects.

Our mission: to empower girls and women to recognise their potential, challenge gender stereotypes, and resist discrimination—while promoting equality, respect, and social courage.

Who we work with?

We support not only girls and women, but also their communities—teachers, parents, youth workers, activists, institutions, and organisations—helping to create environments that are more equal, inclusive, and supportive.





Welcome To **The Project**

Intersectionality in Action

Intersectionality in Action is a week-long training that offers participants the opportunity to share approaches to intersectionality, explore practical tools and methods, and get inspired by the experiences of others.

During the week, participants will:

- discover how different aspects of identity and experience affect young people's lives,
- test practical workshop exercises, educational methods, and literature related to intersectional approaches,
- exchange ideas and experiences with peers from across Europe,
- develop their own skills in creating inclusive and engaging youth projects.

This is a unique opportunity to not only learn the theory but, most importantly, to practice intersectionality in action in an environment of collaboration, creativity, and mutual support.

We want voices from different backgrounds, experiences, and realities – especially from those who work directly with intersectionality or are eager to learn about it.

PARTICIPANTS PROFILE



If you're 18+ and fit into one (or more) of these categories, we'd love to meet you:

- Youth workers
- Active members of youth communities
- Youth leaders
- Trainers and facilitators in youth projects
- Professionals with pedagogical superpowers
- ESC volunteers with experience in non-formal education
- People curious to explore intersectional approaches in youth work

Bring your curiosity, your empathy, and your readiness to dive into intersectional practices, tools, and methods. We'll take it from there!

The Venue

Our main place of work and learning will be located just across the road from the dining area. The Centre for Dialogue is a local council building that hosts NGO offices, meeting rooms, and council facilities. It is the heart of the city for implementing and developing local initiatives.

On some days, we will also spend time in different venues connected to the topic to explore and experience more in practice.



ul, Księdza Konstantego Damrota 1,
45-064 Opole



TRANSPORT

The closest airports are; **Katowice (KTW)** or **Wrocław (WRO)** - approximately 1 hour from Opole, also you can look for a flight to **Kraków (KRK)** or **Warszawa (WAW)** with are 3-4 hours distance to Opole.

From Airport of your choice we recommend to take a train or bus:

1. **Wrocław** - take the local bus; **106, 129, 206** with departue every 15 - 20 minutes to the main train station (**Dworzec Główny**), from train station you can take or regional train or intercity train to **Opole Głównie**. The tickets you can buy in station or online ; www.koleo.pl

2. **Katowice** - take the local bus; **AP** with departue every 15 - 20 minutes to the main train station (**Dworzec Główny Katowice**), from train station you can take or regional train or intercity train to **Opole Głównie**. The tickets you can buy in station or online ; www.koleo.pl

3. **Kraków** - take the local bus; **209, 300** with departue every 15 - 20 minutes to the main train station (**Dworzec Główny Katowice**), from train station you can take intercity train to **Opole Głównie**. The tickets you can buy in station or online ; www.koleo.pl

4. **Warszawa** - from Chopin Airpot you have an access to train station. You have to take the local train to **Warszawa Zachodnia** and then intercity train to **Opole Głównie** - keep in mind that the intercity train need to be booked earlier because they are mostly fully booked from capital.

From all of mentioned cities there is also the option to travel by Flixbus bus.

REIMBURSEMENT

Please Check your distance on the website:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Before purchasig your tickets, send your travel route to the organisers and recieve the confirmation, only after that you can buy your tickets

Bring with you : Invoice + Boarding passes/ Train Tickets / Bus Tickets

Fill out the form with you Travel Costs
add the documents to the Google Drive

After sending all your tickets and boarding passes, all the participants will recieve the reimbursement of their travel costs by bank transfer

Travel days are the 14th and 20th, you can arrive one day earlier or leave one day later - the tickets will be reimbursed, but you will have to cover the extra accomodation costs yourself.

	Green Travel	no Green Travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2 000 – 2 999 km:	535 EUR	395 EUR
3 000 – 3 999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

Please do not Forget to keep all your tickets(bus/train/plane) with you!

Accommodation

Szara Willa Hotel is located in the city centre, right next to a shopping mall, and just a 15-minute walk from our main venue for activities and meetings. Guests are accommodated in twin rooms, and breakfast is included with the stay.

<https://www.szarawilla.pl>



What we provide?

- Accommodation
- Alimentation
- Refund of travel costs based on Erasmus + kilometres tool - refund will be done after providing original documents of travel during the project by bank transfer. We encourage you also to try to travel to us in a Green Travel.
- Program and facilitators/trainers.
- Youthpass certificate

Practical Info

In November in Poland, the weather is usually cold, ranging from 0 to 7 °C. Evenings can be chilly, so we strongly advise you to bring a warm sweater, a jacket, and a hat or scarf. Expect rain and possibly fog.

We also recommend bringing warm, waterproof shoes. Towels are provided at the accommodation.

As part of the project, the organization provides group insurance, but we ask you to obtain an individual European Health Insurance Card, which allows you to access medical care in the EU.



Magdalena Kurowska

President of the Foundation,
former Chairwoman of the
Women's Council in Opole,
youth trainer, graduated
from Applied Gender
Studies
at the University of Opole.



Aleksandra Krok

Psychologist and specialist in
the field of intersectionality
game methodology. Extensive
experience in applying
individualized approaches for
neurodiverse individuals,
combining her expertise in
psychology with innovative
educational and workshop
methods.



Any questions?

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<https://laboratoriumzmiany.org>



[/FLaboratoriumZmiany](https://www.instagram.com/FLaboratoriumZmiany)



[/laboratoriumzmiany](https://www.facebook.com/laboratoriumzmiany)

SO? WILL YOU JOIN US?



Art and Design Club

Developing students' confidence and performance skills through acting and stage production



Music Ensemble

Encouraging students to express themselves through musical instruments and performances

Sports and Physical Fitness

Physical activity is an essential part of our curriculum, helping students develop healthy habits and teamwork skills. We provide a range of athletic programs that encourage students to stay active and challenge themselves in a supportive environment. Sports offered at Ginyard International School include:



Basketball

Soccer

Swimming

Track and Field

Badminton

Gymnastics

These programs not only promote physical health but also help students develop important life skills such as discipline, resilience, and cooperation.



Service to Others

Ginyard International School places a strong emphasis on community service, aligning with our mission to cultivate responsible and empathetic global citizens. Students participate in various service projects throughout the year, both within the school community and in the wider world. Our service programs include:



Environmental Initiatives

Encouraging sustainability practices through recycling, tree planting, and energy conservation projects



Charity Drives

Organizing donations for local shelters, orphanages, and disaster relief efforts



Volunteer Programs

Offering students opportunities to volunteer at local community organizations



Leadership Opportunities

We believe that every student has the potential to be a leader. Our Student Council provides students with the chance to take on leadership roles, represent their peers, and contribute to the school community. Through the Student Council, students learn how to organize events, work collaboratively, and develop important leadership skills that will serve them throughout their lives.

Facilities And Learning Environment

Ginyard International School is proud to offer state-of-the-art facilities that support the academic, physical, and emotional development of our students. Our campus is designed to create a safe, engaging, and inspiring environment where students can thrive both inside and outside the classroom.



Classrooms

Our classrooms are equipped with the latest educational technology, including interactive whiteboards, projectors, and individual access to digital devices such as iPads and Chromebooks. Each classroom is designed to foster collaboration, creativity, and a love of learning, with flexible seating arrangements and learning stations that accommodate different teaching and learning styles.

Library and Media Center

The school's library is a hub of knowledge and research, offering an extensive collection of books, digital resources, and online databases. Our Media Center is designed to develop students' research skills and encourage a lifelong love of reading. Students have access to a wide range of materials, from fiction and non-fiction books to magazines, journals, and e-books, in both English and Bahasa Indonesia.



STEM Lab

The STEM (Science, Technology, Engineering, Mathematics) Lab at Ginyard International School is a cutting-edge facility where students can engage in hands-on learning experiences. From robotics to coding and from scientific experiments to engineering projects, our STEM Lab fosters curiosity, problem-solving, and innovation. Students are encouraged to apply what they learn in the classroom to real-world challenges, preparing them for the future of work in a rapidly evolving global landscape.



Art and Music Studios

Our Art and Music Studios provide students with the opportunity to explore their creative talents. The Art Studio is equipped with a variety of media and materials, allowing students to express themselves through drawing, painting, sculpture, and digital art. The Music Studio, on the other hand, is home to a range of musical instruments and recording equipment, offering students the chance to compose, perform, and record their own music.

Outdoor Learning Spaces

We believe that learning doesn't just happen inside the classroom. Our outdoor learning spaces provide students with opportunities to explore nature, engage in hands-on environmental education, and participate in outdoor activities. The campus includes:



Gardens where students learn about sustainability and environmental stewardship

Outdoor Classrooms for lessons that connect students with the natural world

Recreational Areas for physical play and social interaction

Sports Facilities



Physical fitness is an important aspect of life at Ginyard International School. Our campus includes:

Basketball and Volleyball Courts

Soccer Field

Gymnasium

Swimming Pool

Playground and Outdoor Activity Areas



These facilities are used for both structured physical education classes and after-school sports activities, promoting healthy living and teamwork among students.

Safety and Security

The safety and well-being of our students are of paramount importance. The school is equipped with comprehensive security measures, including surveillance cameras, controlled access to the campus, and a dedicated security team to ensure that all students and staff are safe at all times.



Admissions And Enrollment

At Ginyard International School, we welcome families from diverse cultural and educational backgrounds. Our admissions process is designed to be transparent, inclusive, and supportive, ensuring that all students who meet our academic and behavioral standards are given the opportunity to join our community.

Admissions Process

The admissions process at Ginyard International School involves several steps to ensure that we provide the best fit for each student and family. These steps include:



01

Inquiry and Tour

Prospective families are invited to schedule a tour of our campus to learn more about the school's philosophy, curriculum, and facilities. During the tour, parents can meet with faculty and staff to discuss their child's individual needs and expectations.



02

Application

After the initial inquiry, families can complete the application form available on our website. The application includes basic student information, previous academic records, and details about any special learning needs.



03

Assessment

All applicants are required to undergo an academic assessment to evaluate their readiness for the Ginyard curriculum. This assessment helps us understand each student's strengths and areas for growth, ensuring that we can provide the right level of support.



04

Interview

Following the assessment, parents and students will be invited for an interview with the school leadership team. This is an opportunity for the family to ask questions and for the school to assess the student's fit within the Ginyard community.

Requirements for Enrollment

To enroll at Ginyard International School, students must meet the following requirements:

- * Completed application form
- * Copies of previous school reports or academic transcripts
- * Results of any standardized testing (if applicable)
- * Two passport-sized photographs
- * Health records, including up-to-date immunization records
- * Copy of birth certificate or other legal identification

International Students

As an international school, we are proud to welcome students from around the world. Ginyard International School supports international families by offering assistance with visa applications and ensuring that the transition into our school community is smooth. We provide additional English language support for non-native speakers to ensure that all students can fully participate in the academic program.

Scholarships and Financial Aid

Ginyard International School is committed to making high-quality education accessible to a broad range of families. We offer a limited number of scholarships and financial aid packages based on academic merit and financial need. Families interested in applying for financial aid should contact the admissions office for more information on the application process and deadlines.

Important Dates

- Application Deadline
March 1st
(for the upcoming academic year)
- Assessment Dates
April 1st – April 15th
- Notification of Admission Decision
May 1st
- Enrollment Deadline
June 1st



Parental Involvement And Community Engagement

At Ginyard International School, we believe that education is a partnership between the school and the home. We actively encourage parental involvement and provide numerous opportunities for families to engage with the school community. We understand that a strong relationship between parents and the school fosters a supportive environment that contributes to the success and well-being of our students.



01

Parental Involvement

Parents are an integral part of the Ginyard community, and we provide several ways for them to be involved in their child's education, including:

Parent-Teacher Association (PTA)

The PTA organizes events, fundraising activities, and volunteer opportunities that bring families together to support the school's goals. It also serves as a platform for open communication between parents and the school administration.

Classroom Volunteering

Parents can volunteer to assist teachers in the classroom, participate in field trips, or support school events. This involvement helps build a strong connection between the school and home life.

Parent-Teacher Conferences

Regularly scheduled conferences allow parents to discuss their child's progress, share concerns, and collaborate with teachers to support the student's academic and personal growth.



02

Community Service

Community engagement is a core part of the Ginyard philosophy. We believe in instilling a sense of responsibility and empathy in our students by encouraging them to give back to their community. Each year, students participate in various service projects, such as:

Charity Drives

The school organizes food, clothing, and toy drives to support local shelters and orphanages.

Environmental Clean-Up Initiatives

Students work together to clean local parks, beaches, and neighborhoods, learning the importance of environmental stewardship.

Service Learning Projects

Integrated into the curriculum, service learning projects allow students to apply their academic knowledge to real-world problems, developing a deeper understanding of social responsibility.



03

Partnerships with Local and Global Organizations

We actively seek partnerships with local and global organizations to enhance the educational experience of our students. These partnerships provide opportunities for collaboration on projects, internships, and exchanges, exposing our students to new perspectives and ideas. Current partnerships include:

Local NGOs and Charities

The school organizes food, clothing, and toy drives to support local shelters and orphanages.

Local NGOs and Charities

Collaborating on community service initiatives and environmental projects.

Global Educational Networks

Participating in international student exchanges and global learning programs to broaden students' horizons.

Important Dates

Campus Tours and Open House

Held every first Saturday of the month. Prospective families are welcome to visit and explore the school's facilities.

Application Deadline

March 1st (for the upcoming academic year)

Assessment Dates

April 1st – April 15th

Notification of Admission Decisions

May 1st

Enrollment Deadline

June 1st

First Day of School

August 1st

Mid-Year Break

December 20th –
January 5th

End of Academic Year

June 20th

Contact Information

Phone
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Email
hello@reallygreatsite.com

Website
www.reallygreatsite.com

Social Media
@reallygreatsite

School Office Hours

Monday - Friday 7:30 AM – 4:00 PM
Saturday 8:00 AM – 12:00 PM

**123 Anywhere St.,
Any City, ST 12345**



From the
Principal's Desk

Fostering Excellence and Global Citizenship

Aaron Loeb, M.Ed.

Headmaster

At Ginyard International School, we are committed to nurturing the whole child — academically, socially, emotionally, and spiritually. Through our blend of the Indonesian National Curriculum and the Rimberio International Curriculum, we offer a unique and holistic education that prepares students to thrive in an increasingly interconnected world.

We take pride in the strong sense of community within our school, where students are encouraged to be creative, compassionate, and critical thinkers. Whether in the classroom, on the sports field, or through service to others, Ginyard International School provides students with the tools they need to succeed and make meaningful contributions to society.

We invite you to join us on this exciting educational journey and become part of a school community that values both tradition and innovation. Together, we can help your child reach their full potential and become a future leader in a globalized world.