

INFOPACK

INTERNATIONAL TRAINING COURSE

DATES: 19-27 OF OCTOBER 2025

lern**labor**

SWISS SAXONY GERMANY



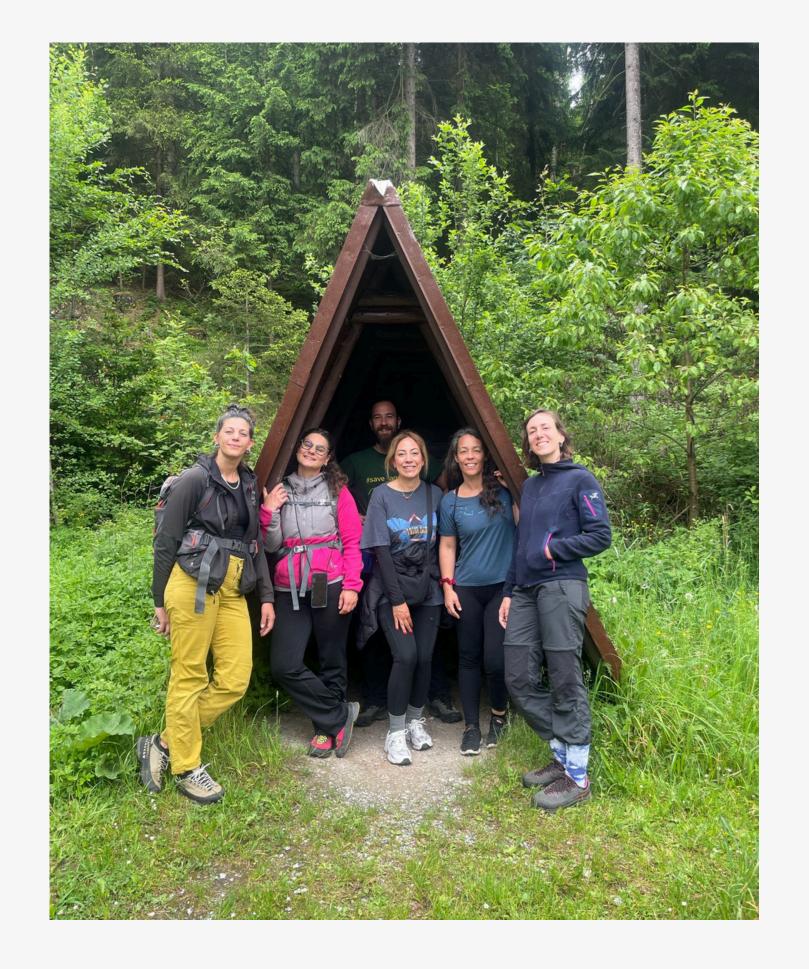
SUPPORTED BY





ABOUT THE PROJECT

The training will take place in the sandstone mountains and forests of Swiss Saxony, where our base at Auf dem Kulm in Weißig offers an ideal setting for immersive outdoor learning. Over the course of the week, participants will develop key expedition skills: planning and risk management, navigation and logistics, group process facilitation, and first aid in outdoor environments. The programme will combine guided hikes, technical workshops, mindfulness and reflection exercises, and culminate in a two-night expedition where participants take full responsibility for managing terrain, weather, and group dynamics. By stepping outside everyday routines and into an extended learning environment, youth workers will be challenged to deepen their practice, strengthen their confidence, and connect outdoor education to the wider goals of participation and non-formal learning.



PROJECT AIMS

Expedition Leadership & Safety

Develop the ability to plan and lead multi-day outdoor expeditions with an emphasis on risk assessment, safeguarding, and responsible group management.

Navigation & Logistics

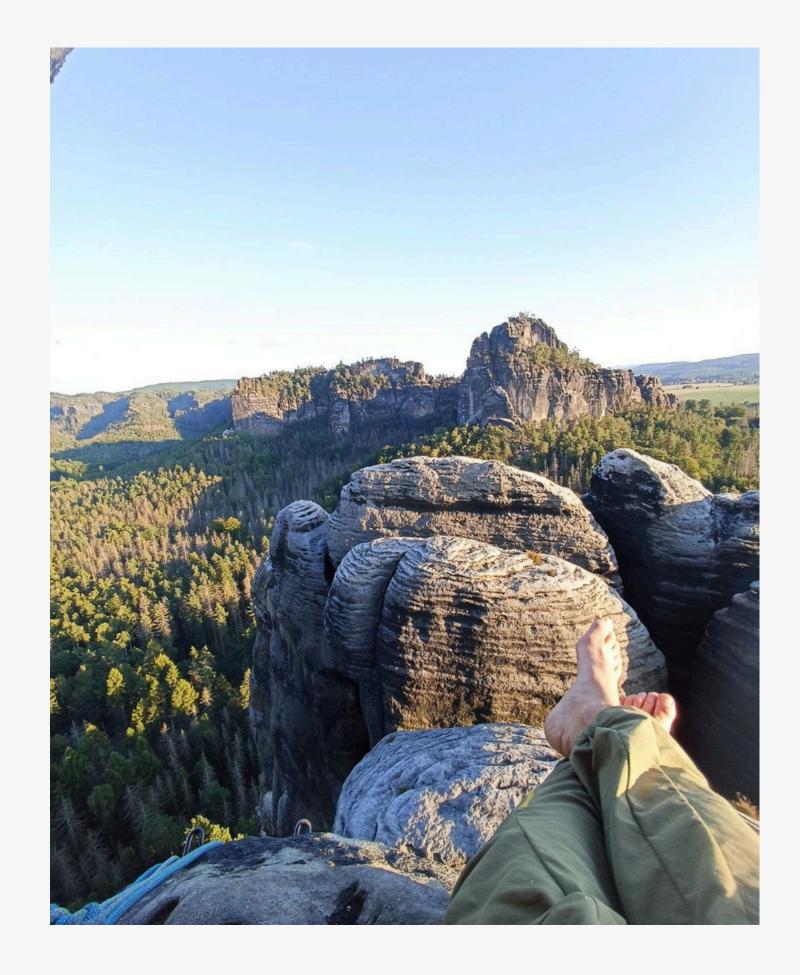
Strengthen practical competence in navigation, equipment use, and expedition logistics, while applying sustainable approaches to mobility and resource planning.

Inclusive Outdoor Facilitation

Explore methods for creating outdoor learning environments that are inclusive, accessible, youth-centred, and built on respect, participation, and trust.

Recognition & Dissemination

Consolidate learning through Youthpass and co-create open educational resources that allow knowledge and practice to be shared beyond the training.



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REIMBURSEMENT

The travel costs will be reimbursed within 3 weeks after the project by banks transfer in euro. The travel distance represents a single way distance from the place of origin to the venue, whereas the amount covers the contribution to the return travel to and from the venue.

Travel Distances	Standard Travel Amount	Green Travel Amount
Between 0 and 99KM	28 EUR	56 EUR
Between 100 and 499KM	211 EUR	285 EUR
Between 500 and 1999KM	309 EUR	417 EUR
Between 2000 and 2999KM	395 EUR	535 EUR
Between 3000 and 3999KM	580 EUR	785 EUR
Between 4000 and 7999KM	1188 EUR	1188 EUR
8000 KM or more:	1735 EUR	1735 EUR

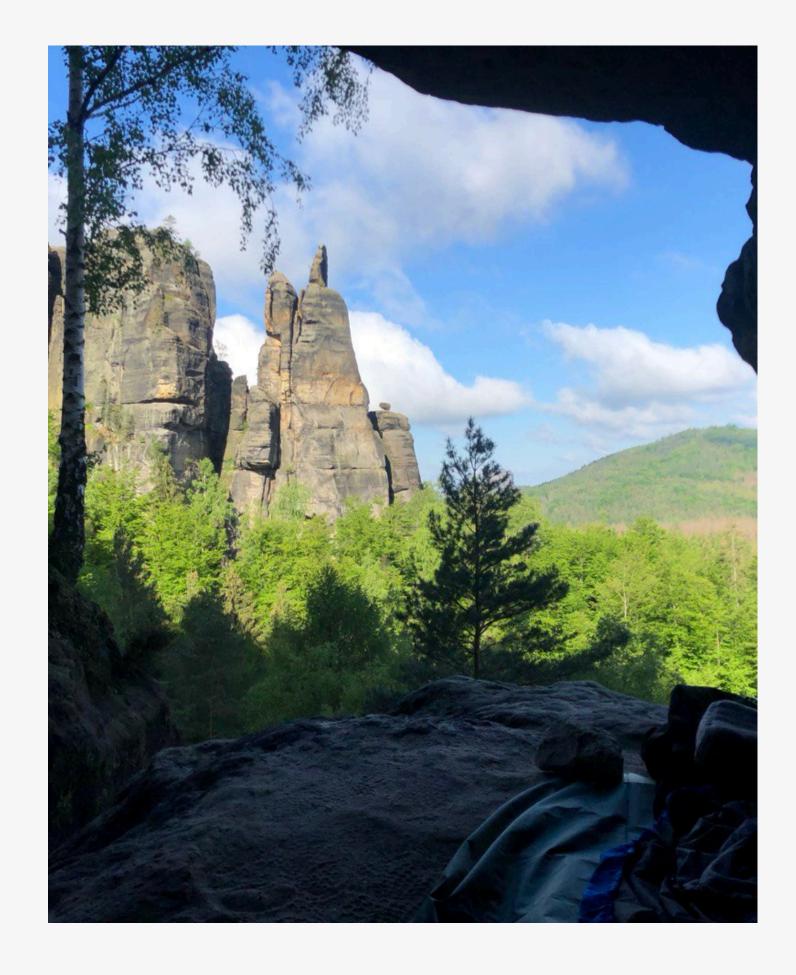
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TRAVEL TO GERMANY

The travel cost will be reimbursed after the project by bank transfer in euros.

The travel distance presents a one-way distance from the place of origin to the venue, whereas the amount covers the contribution to the return travel to and from the venue. Additionally, you will get a PDF document "Important information about travel reimbursement" where you can see detailed information about traveling rules.

NTERRAIL: A good option for those travelling long distances is the INTERRAIL 4-day global pass for 194 EUR, allowing you 2 travel dates to arrive at the project and to return home. Participants using green travel (more than 500 KM) can also stay up to 2 nights in total in a hotel/hostel and get reimbursement for up to 70 EUR in total if the travel includes an overnight stay.





ACCOMMODATION

We will be staying in the "Auf dem Kulm" project space and campsite

The project space is located in the town of Weissig overlooking some of the most beautiful scenery of the Swiss-Saxony national park.

ACCOMMODATION will be in shared rooms accommodating between 4-8 people. There will not be internet available in the Venue. There is night-time silence on the entire premises from 10 p.m.

****Please bring your own sleeping bag***

You can find more information about the house on the website: https://www.herberge-auf-dem-kulm.de

During the project, participants will be in charge of preparing their food with the group.

During the project, we plan a lot of outdoor activities according to the weather. Be prepared for rainy days as well. A detailed schedule will be provided during the online meeting.

EQUIPMENT

PLEASE ENSURE THAT YOU BRING THE FOLLOWING EQUIPMENT IN ORDER TO BE ABLE TO PARTICIPATE IN ALL ACTIVITIES

TECHNICAL EQUIPMENT

- -RUCKSACK (60-80 LITER)
- -HIKING SHOES
- -HARDSHELL JACKET
- -INSULATION JACKET
- -HIKING TROUSERS (SOFT SHELL IS BEST)
- -HARDSHELL RAIN TROUSERS
- -BASE LAYER (RECOMMENDED WOOL)
- -WOOL HAT
- -GLOVES
- -HEAD TORCH
- -WATER BOTTLE
- -SLEEPING BAG (MIN COMFORT -2C)
- -SLEEPING MAT

DURING THE PROJECT EXPEDITIONS (2-3 NIGHTS), WE WILL STAY OUTDOORS IN THE SAXON SWITZERLAND NATIONAL PARK, SLEEPING IN SIMPLE BIVOUACS UNDER THE STARS. THIS UNIQUE ADVENTURE OFFERS A CHANCE TO CONNECT DIRECTLY WITH NATURE AND EXPERIENCE SOME OF THE MOST STUNNING LANDSCAPES IN THE REGION.

ACCOMMODATION WILL BE ENTIRELY OUTDOORS IN BIVOUAC STYLE - NO CABINS OR TENTS ARE PROVIDED. NIGHTS WILL BE SPENT IN THE OPEN AIR, SO IT IS ESSENTIAL TO BRING A HIGH-QUALITY SLEEPING BAG AND AN INSULATING MAT FOR COMFORT AND SAFETY.

PLEASE NOTE: THERE IS NO INTERNET ACCESS IN THE FOREST OR NATURAL AREAS.

ADDITIONAL INFORMATION

THE LOCAL CURRENCY IS THE EURO; YOU CAN EASILY EXCHANGE OR PAY IN CASH OR BY CARD.

YOU CAN ARRIVE UP TO 7 DAYS BEFORE AND STAY 7 DAYS AFTER THE PROJECT AT YOUR OWN EXPENSE.

WE KINDLY ASK FOR A VOLUNTARY DONATION OF €50 TO SUPPORT ADDITIONAL COSTS OF THE PROJECT SUCH AS TRAVEL IN RURAL AREAS.

YOUR SENDING ORGANISATION MAY CHOOSE TO ADD AN ADDITIONAL ADMINISTRATIVE FEE TO COVER ADMINISTRATIVE COSTS OF SELECTING AND PREPARING PARTICIPANTS.



TRAINERS



Hanga Czedulas

Hanga is a project coordinator at Lernlabor, who recently completed her long-term ESC volunteership. With a background in theatre, contemporary dance, and graphic design, she brings a diverse creative perspective to her work. Hanga is an enthusiastic climber and outdoor leader with experience in numerous Outdoor Education projects.



Dr. Peter Mitchell

Peter is co-founder and Executive Director of Lernlabor. He is a German Alpine Club Trainer in Mountaineering and Alpine Climbing. Peter is an experienced non-formal education facilitator who holds a PhD in modern European history from the University of Edinburgh. He has implemented numerous Outdoor Education projects in Germany, Ukraine, Greece, Turkey, Poland, Norway, Spain and Georgia and he has extensive experience in the Alps, Caucasus, Atlas, Carpathian and Simien mountain ranges.



Marko Boyko

Marko is the head of NGO Logos Poland and co-founder of Lernlabor. He is an expert in non-formal education, group dynamics, and outdoor management processes. With extensive experience in climbing, hiking, and outdoor education, he has implemented numerous projects across Germany, Ukraine, Norway, and Georgia. In addition, he has served as a humanitarian first responder in both natural and human-made disasters.

CONTACT DETAILS



For questions marko@lernlabor.berlin



