

# A CULTURE OF INCLUSION: Towards a value-based youth work



**Vienna, AUSTRIA**



Funded by  
the European Union



**CALL FOR PARTICIPANTS -  
ERASMUS + MOBILITY**

**03-07 November 2025  
(excluding arrival and  
departure-day)**

# Background of the project

## Who is Grenzenlos?

Grenzenlos is a non-profit and independent association, established with a profound commitment to promoting intercultural exchange, international training and fostering local initiatives centred on the inclusion of marginalized people, such as People with Disabilities and migrants. With a legacy spanning 75 years, Grenzenlos has collected extensive experience in connecting diverse cultures and empowering individuals through education programs and international projects.

In the last years, we dedicated our trainings to the topics of civil courage, human rights, peace-work and crisis management. In this training, we want to address the issues of values and what it means in relation to youth work. We want to raise awareness on the topic while also empowering youth workers to foster inclusive, value-based thinking and develop approaches for addressing related issues in their work.

## What will the training be about?

Plurality and diversity characterize our society but are also embedded in power structures. As part of the seminar, participants will reflect on their own experiences and expand their knowledge of diversity and inclusion. They will interrogate how these concepts relate to their own identity and their work, approach ways of contributing to a culture of inclusion, reflecting on organizational values as well as their own and their various roles and the varying expectations coming with them and what accountability means in the context of youth work.

In this training setting, we want to empower youth workers to open dialogue spaces around inclusion, youth work and values in a transformative way.

The training focuses on the participants, aiming to engage them through their interests and ideas in a participatory learning process. This approach ensures that all participants can engage meaningfully, regardless of their prior knowledge, skills, or abilities. The goal is to create an inclusive environment where everyone can contribute and learn through direct experience and collaboration.

## Our approach

The training will apply a non-formal learning approach. We want to enable the personal and social development for all participants through different interactive methods. The training consists of a mix of theoretical input, participatory and transformative methods, as well as group work.

## Aims and objectives

The training aims to:

- promote dialogue and foster inclusive thinking
- offer a space for reflection on the challenges of youth work
- contribute to bringing organizational and own values to the core of our work
- share methods on how to encourage volunteers, mentors, and youth workers to seek ways of recognising and working with people with fewer opportunities
- support organizational and individual transformation towards more inclusive organizations
- create a supportive and inclusive environment for learning



## Who can participate ?

We invite participants from organisations from partner and program countries to the training. We intend to host 2 to 3 participants/country.

We are happy to host participants with a physical disability or from other marginalized groups. Please reach out to see how we can make sure you can participate.

Please note that we are looking for participants who are active in your organization (youth workers, volunteers, staff, trainers). All participants should be:

- 18+ (no upper age limit!).
- Engaged in the work of your organisation (as volunteers, staff member, youth workers or as part of the organisation's board).
- Able to attend the whole duration of the training course.
- Able to work in English (if this is not possible, please let us know, so we can arrange an interpreter).
- Ready to pass the knowledge on in your organisation and train colleagues after the training.

The main working language will be English.

## Venue and Date

The training will take place in Vienna from

**Monday, 03.11. to Friday, 07.11.2025**

**ARRIVAL DAY 02.11.2025**

**DEPARTURE DAY 08.11.2025**

at the Vienna Youth Hostel Brigittenau.

Link: [Youth Hostel Brigittenau](#)

**The venue is accessible for wheelchair users!**



**\*Vienna is well connected by train or bus. If possible, please use sustainable means of transport to reach our venue.**

## Financial Conditions

Boarding and lodging, local transports (if part of the programme), materials and the content of the activities are covered. Travel costs to and from the venue are covered according to the Erasmus+ (Key Action I) scheme, based on the travel distance per participant. Travel distances must be calculated using the distance calculator supported by European Commission (Link: [Distance Calculator](#))

Travel distance	Travel by plane	Green travel
100 -499km	211€	285€
500-1999km	309€	417€
2000-2999km	395€	535€

We will refund the real costs up to the maximum lumpsum according to the travel distance band.

We request from each participant a participation fee of 50 Euro. The costs will be reduced from your travel reimbursement. Participants with disabilities, or financial difficulties won't need to pay the participation fee.

Please note that the refund process can take around 3-4 months (in case we have received all needed invoices and boarding passes and after you have completed your mobility report), and it will be done directly to the sending organisations bank account.

## Insurance

Please make sure to bring your EHIC  
or buy a travel health insurance.

## Registration

Please send us your applications latest by **30.09.2025**.  
We are looking forward to receiving your expressions  
of interest!

For the registration, we kindly ask you participants to  
fill out the registration form:

<https://forms.office.com/e/mgZSS7Y68L>

For questions or support  
please contact:

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